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Personal Information

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Education Information

Doctorate, Fırat University, Sağlık Bilimleri Enstitüsü, Beden Eğitimi Ve Spor, Turkey 2008 - 2011

Post Graduate, Inonu University, Sosyal Bilimler Enstitüsü, Beden Eğitimi Ve Spor, Turkey 2006 - 2008

Under Graduate, Inonu University, Eğitim Fakültesi, Beden Eğitimi Ve Spor, Turkey 2000 - 2006

Foreign Languages

English, B2 Upper Intermediate

Certificates, Courses and Trainings

Health&Medicine, Kinesiyolojik EMG Eğitimi, Hacettepe Üniversitesi, 2016

Dissertations

Doctorate, Yapay ve Doğal Çim Saha Farklılıklarının Oksidatif Stres ile İlişkisinin Araştırılması, Inonu University, Sağlık Bilimleri Enstitüsü, Beden Eğitimi Ve Spor, 2011

Post Graduate, Yıldız Erkek Milli ve Amatör Badmintoncuların Bazı Fiziksel, Fizyolojik ve Antropometrik Parametrelerinin Karşılaştırılması, Inonu University, Sosyal Bilimler Enstitüsü, Beden Eğitimi Ve Spor, 2008

Research Areas

Medicine, Health Sciences, Fundamental Medical Sciences, Human Physiology, Sport Physiology, Social Sciences and Humanities, Education, Sports Sciences and Technology

Academic Titles / Tasks

Associate Professor, Inonu University, Beden Eğitimi Ve Spor Yüksekokulu, Antrenörlük Eğitimi Bölümü, 2015 - Continues

Assistant Professor, Inonu University, Beden Eğitimi Ve Spor Yüksekokulu, Antrenörlük Eğitimi Bölümü, 2011 - 2015

Instructor, Inonu University, Beden Eğitimi Ve Spor Yüksekokulu, Antrenörlük Eğitimi Bölümü, 2009 - 2011

Professional Experience

Head of Department, Inonu University, Beden Eğitimi Ve Spor Yüksekokulu, Antrenörlük Eğitimi Bölümü, 2015 - 2017
Deputy Director of Junior College, Inonu University, Beden Eğitimi Ve Spor Yüksekokulu, Antrenörlük Eğitimi Bölümü, 2015 - 2017
Deputy Director of Junior College, Inonu University, Beden Eğitimi Ve Spor Yüksekokulu, Antrenörlük Eğitimi Bölümü, 2013 - 2014

Advising Theses

KAFKAS M. E. , Somatotip özellikler açısından bazı motorik parametrelerin incelenmesi, Post Graduate, F.SAFA(Student), 2016
KAFKAS M. E. , 8-10 yaş çocuklarda doğum ağırlığının bazı fiziksel uygunluk parametreleri üzerine etkisi, Post Graduate, G.ÖZEN(Student), 2014

Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- I. **The Effect of Intense Physical Exercise on The Levels of Selected Pro-inflammatory Cytokines and Parameters of Iron Metabolism During Two Different Periods of The Training Cycle**
Skarpanska-Stejnborn A., Basta P., Trzeciak J., KAFKAS M. E. , Latour E., Cieslicka M.
SCIENCE & SPORTS, vol.34, no.3, pp.167-174, 2019 (Journal Indexed in SCI Expanded)
- II. **The effects of different stretching and warm-up exercise protocols on 50-meter swimming performance in sub-elite women swimmers**
ŞAHİN KAFKAS A., EKEN Ö., KURT C., KAFKAS M. E.
ISOKINETICS AND EXERCISE SCIENCE, vol.27, no.4, pp.289-297, 2019 (Journal Indexed in SCI)
- III. **ANALYSIS OF THE INFLUENCE OF SOMATOTYPE DIFFERENCE ON MOTORIC PARAMETERS SUCH AS VERTICAL JUMP, SIT AND REACH FLEXIBILITY AND 30 M SPRINT**
ŞENOL D., ÖZBAĞ D., KAFKAS M. E. , AÇAK M., ŞAHİN KAFKAS A., TAŞKIRAN C.
MEDICINA DELLO SPORT, vol.71, no.4, 2018 (Journal Indexed in SCI Expanded)
- IV. **Analysis of the influence of somatotype difference on motoric parameters such as vertical jump, sit and reach flexibility and 30-m sprint**
ŞENOL D., ÖZBAĞ D., KAFKAS M. E. , AÇAK M., Baysal O., ŞAHİN KAFKAS A., TAŞKIRAN C., Cay M., Yagar D., Ozen G., et al.
MEDICINA DELLO SPORT, vol.71, no.3, pp.345-357, 2018 (Journal Indexed in SCI)
- V. **The clinical effects of somatotype difference on isokinetic knee muscle strength and dynamic balance scores,**
ŞENOL D., ÖZBAĞ D., KAFKAS M. E. , AÇAK M., ŞAHİN KAFKAS A., TAŞKIRAN C.
TÜRKİYE FİZİKSEL TIP VE REHABILITASYON DERGİSİ-TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.64, no.1, pp.28-36, 2018 (Journal Indexed in SCI Expanded)
- VI. **The clinical effects of somatotype difference on isokinetic knee muscle strength and dynamic balance scores**
ŞENOL D., ÖZBAĞ D., KAFKAS M. E. , AÇAK M., Baysal O., ŞAHİN KAFKAS A., TAŞKIRAN C., Cay M., Yagar D., Ozen G.
TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.64, no.1, pp.28-36, 2018 (Journal Indexed in SCI)
- VII. **Influence of traditional and cluster set plyometric warm-ups on reactive strength index and leg stiffness in male rugby players**
KURT C., KAFKAS M. E. , Kurtdere I., Selalmaz O.
ISOKINETICS AND EXERCISE SCIENCE, vol.26, no.3, pp.237-244, 2018 (Journal Indexed in SCI)
- VIII. **Effects of cranberry (Vaccinum macrocarpon) supplementation on iron status and inflammatory markers in rowers**
SKARPANSKA-STEJNBORN A., BASTA P., TRZECIAK J., MICHALSKA A., KAFKAS M. E. , WOITAS-SLUBOWSKA D.

JOURNAL OF THE INTERNATIONAL SOCIETY OF SPORTS NUTRITION, vol.14, 2017 (Journal Indexed in SCI)

- IX. **Acute physiological changes in elite free-style wrestlers during a one-day tournament**
KAFKAS M. E. , TAŞKIRAN C., Kafkas A. S. , OZEN G., Taskapan C., OZYALIN F., SKARPANSKA-STEJNBORN A.
JOURNAL OF SPORTS MEDICINE AND PHYSICAL FITNESS, vol.56, no.10, pp.1113-1119, 2016 (Journal Indexed in SCI)
- X. **Effects of a tennis tournament on players' hand grip strength, pressure pain threshold and visual analogue scale**
Kafkas A. S. , KAFKAS M. E. , DURMUS B., AÇAK M.
MEDICINA DELLO SPORT, vol.67, no.4, pp.569-579, 2014 (Journal Indexed in SCI)
- XI. **Influence of Training Frequency on Serum Concentrations of Some Essential Trace Elements and Electrolytes in Male Swimmers**
DÖKER S., HAZAR M., Uslu M., OKAN İ., KAFKAS M. E. , BOŞGELMEZ İ. İ.
BIOLOGICAL TRACE ELEMENT RESEARCH, vol.158, no.1, pp.15-21, 2014 (Journal Indexed in SCI)
- XII. **The effect of strength exercises at different angular velocities on muscular LDH and CK**
Kafkas M. E.
ISOKINETICS AND EXERCISE SCIENCE, vol.22, no.1, pp.63-68, 2014 (Journal Indexed in SCI)
- XIII. **The Effect of Aerobic and Anaerobic Swimming Exercises on MDA, SOD and GSH Levels of Elite Swimmers**
KAFKAS M. E. , ŞAHİN KAFKAS A., BAY KARABULUT A., SAVAŞ S., HAZAR M.
HEALTHMED, vol.7, no.8, pp.2459-2465, 2013 (Journal Indexed in SCI)
- XIV. **The Analysis of Serum Creatin Kinase (CK) and Lactate Dehydrogenase (LDH) Concentration of Elite Handball Players During A Tournament.**
KOÇ H., KAFKAS M. E. , ÇEBİ M., EROL A. E.
HEALTHMED, vol.7, no.12, pp.3188-3192, 2013 (Journal Indexed in SCI Expanded)
- XV. **The Effect of Different Fields on Oxidant and Antioxidant situations.**
KAFKAS M. E. , BİÇER Y., ŞAHİN KAFKAS A., SAVAŞ S.
HEALTHMED, vol.7, no.7, pp.2186-2190, 2013 (Journal Indexed in SCI Expanded)
- XVI. **The Compare of Effect of Exhaustive Exercise on MDA, ADA, GSH and SOD Activity in Women**
KAFKAS M. E. , ŞAHİN KAFKAS A., SAVAŞ S., KARABULUT A. B.
HEALTHMED, vol.7, no.4, pp.1323-1328, 2013 (Journal Indexed in SCI Expanded)

Articles Published in Other Journals

- I. **The Examination of Relation Between Performance Scores and Estimated Percentage of Fast Twitch Muscle Fibers for the Vastus Lateralis.**
ÇINARLI F. S. , KAFKAS M. E.
The Examination of Relation Between Performance Scores and Estimated Percentage of Fast Twitch Muscle Fibers for the Vastus Lateralis., vol.11, no.2, pp.82-89, 2019 (Refereed Journals of Other Institutions)
- II. **The Influence of Birth Weight on Physical Fitness in Children Between 8 to 10 Years**
ÖZEN G., KAFKAS M. E. , AKALAN C.
Turkish Journal of Sports Medicine, vol.54, no.1, pp.9-16, 2019 (Refereed Journals of Other Institutions)
- III. **Hypertrophy: The Rationalize Cellular Mechanism**
KAFKAS M. E. , KURT C.
Turkiye Klinikleri Journal of Sport Sciences, vol.11, no.1, pp.41-54, 2019 (Other Refereed National Journals)
- IV. **Acute effect of different stretching exercise protocols on some anaerobic motoric tests**
AYDIN Y., ŞAHİN KAFKAS A., ÇINARLI F. S. , EKEN Ö., KURT C., KAFKAS M. E.
Turk J Sports Med, vol.54, no.2, pp.99-107, 2019 (Refereed Journals of Other Institutions)
- V. **Resistance Training: Nutrient Timing in Terms of Protein Consumption**
ŞAHİN KAFKAS A., KAFKAS M. E.
Journal of Athletic Performance and Nutrition, 2019 (Refereed Journals of Other Institutions)

- VI. **Acute Effect of Different Stretching Protocols on Flexibility, Yoyo IR-1 and Repeated Sprint Ability Performance**
ŞAHİN KAFKAS A., AYDIN Y., EKEN Ö., ÇINARLI F. S. , KAFKAS M. E.
Turkish Journal of Sport and Exercise, vol.21, no.2, pp.196-203, 2019 (International Refereed University Journal)
- VII. **The Examination of Relationship Between Performance Scores and Estimated Percentage of Fast Twitch Muscle Fibers for the Vastus Lateralis**
ÇINARLI F. S. , KAFKAS M. E.
Turkiye Klinikleri Journal of Sports Sciences, vol.11, no.2, pp.82-89, 2019 (Refereed Journals of Other Institutions)
- VIII. **Farklı Germe Egzersizi Protokollerinin Bazı Anaerobik Motorik Testler Üzerine Akut Etkileri**
ŞAHİN KAFKAS A., AYDIN Y., EKEN Ö., ÇINARLI F. S. , KAFKAS M. E.
Spor Hekimliği Dergisi, vol.54, no.2, pp.99-107, 2019 (Refereed Journals of Other Institutions)
- IX. **Hypertrophy: The Rationalize Cellular Mechanisms**
KAFKAS M. E. , KURT C.
Turkiye Klinikleri Journal of Sports Sciences, vol.11, no.1, pp.41-54, 2019 (Refereed Journals of Other Institutions)
- X. **Acute Effect Different Warm up Protocols on 1-Repetition Maximum Squat Performance**
KAFKAS M. E. , İlbak İ., EKEN Ö., ÇINARLI F. S. , YILMAZ N., ŞAHİN KAFKAS A.
Journal of Sport and Performance Researches, vol.9, no.3, pp.192-205, 2018 (National Refreed University Journal)
- XI. **Farklı Isınma Protokollerinin 1-Maksimum Tekrar Skuat Performansı Üzerine Akut Etkisi**
KAFKAS M. E. , ilbak i., EKEN Ö., ÇINARLI F. S. , YILMAZ N., ŞAHİN KAFKAS A.
Spor ve Performans Araştırmaları Dergisi, vol.9, no.3, pp.192-205, 2018 (Other Refereed National Journals)
- XII. **The longitudinal development of endurance, sprint, agility, strength and jumping performance within college volleyball players**
ŞAHİN KAFKAS A., ÇINARLI F. S. , KAFKAS M. E.
Journal of Athletic Performance and Nutrition, vol.5, no.2, pp.1-16, 2018 (Refereed Journals of Other Institutions)
- XIII. **FARKLI ISINMA PROTOKOLLERİNİN 1-MAKSİMUM TEKRAR SKUAT PERFORMANSI ÜZERİNE AKUT ETKİSİ**
KAFKAS M. E. , İLBAK i., EKEN Ö., ÇINARLI F. S. , YILMAZ N., ŞAHİN KAFKAS A.
Spor ve Performans Araştırmaları Dergisi, vol.9, pp.192-205, 2018 (Refereed Journals of Other Institutions)
- XIV. **Ultrasound Characteristics of Patellar Tendon and Femoral Condylar Cartilage Thickness in Football and Basketball Players**
KAFKAS M. E. , KIZILAY E., ŞAHİN KAFKAS A., KIZILAY F., DURMUŞ B., PULUR A.
Journal of Athletic Performance and Nutrition, vol.5, no.1, pp.1-13, 2018 (Refereed Journals of Other Institutions)
- XV. **The protective role of kinesio taping on lateral epicondyle pain and handgrip strength performance during the tennis tournament of college players**
KAFKAS M. E. , ŞAHİN KAFKAS A., ÇINARLI F. S.
Journal of Athletic Performance and Nutrition, vol.5, no.1, pp.32-43, 2018 (Refereed Journals of Other Institutions)
- XVI. **Using Myofascial Release via Foam Roller Exercises as a Regeneration Tool**
KAFKAS M. E. , KURT C.
Inonu University, Journal of Physical Education and Sport Sciences, vol.5, no.2, pp.25-38, 2018 (National Refreed University Journal)
- XVII. **Relationship between Linear Running and Change of Direction Performances of Male Soccer Players**
ÇINARLI F. S. , ŞAHİN KAFKAS A., KAFKAS M. E.
Turkish Journal of Sport and Exercise, vol.20, no.2, pp.93-99, 2018 (Refereed Journals of Other Institutions)
- XVIII. **TÜRKİYE MASA TENİSİ GENÇ MİLLİ TAKIM ADAY SPORCULARININ VÜCUT KOMPOZİSYONU VE BİYOMOTOR PERFORMANS PARAMETRELERİNİN İNCELENMESİ**
ÇINARLI F. S. , KAFKAS M. E. , BASTIK C., ÇİMEN O.
İnönü Üniversitesi, Beden Eğitimi ve Spor Bilimleri Dergisi, vol.4, no.3, pp.22-39, 2017 (Other Refereed National Journals)
- XIX. **Türkiye Masa Tenisi Genç Milli Takım Aday Sporcularının Vücut Kompozisyonu Ve Biyomotor Performans Parametrelerinin İncelenmesi**
ÇINARLI F. S. , KAFKAS M. E. , BASTIK C., ÇİMEN O.

İnönü Üniversitesi Spor Bilimleri Dergisi, vol.4, no.3, pp.22-39, 2017 (Other Refereed National Journals)

- XX. **Egzersiz Alışkanlığı Süresi İle Diyabet Ve Kan Basıncı Arasındaki İlişkinin İncelenmesi**
KAFKAS M. E. , ÇINARLI F. S. , YILMAZ N., EKEN Ö., KIZILAY F., KAYAPINAR M., ŞAHİN KAFKAS A.
İnönü Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, vol.4, no.3, pp.83-89, 2017 (Other Refereed National Journals)
- XXI. **The Waist circumference in Turkish adults: 19 – 75 years age**
KAFKAS M. E. , ÇINARLI F. S. , YILMAZ N., EKEN Ö., KIZILAY F., KAYAPINAR M., ŞAHİN KAFKAS A.
Journal of Athletic Performance and Nutrition, vol.4, no.2, pp.1-10, 2017 (Other Refereed National Journals)
- XXII. **Relationship between sleep duration and body composition, body fat ratio and waist circumference**
KAFKAS M. E. , ÇINARLI F. S. , YILMAZ N., EKEN Ö., KIZILAY F., KAYAPINAR M., ŞAHİN KAFKAS A.
Journal of Sport and Social Sciences, vol.4, no.2, pp.1-8, 2017 (Other Refereed National Journals)
- XXIII. **The Waist Circumference in Turkish Adults: 19-75 years age**
KAFKAS M. E. , ÇINARLI F. S. , YILMAZ N., EKEN Ö., KIZILAY F., KAYAPINAR M., ŞAHİN KAFKAS A.
Journal of Athletic Performance and Nutrition, vol.4, no.2, pp.1-10, 2017 (Refereed Journals of Other Institutions)
- XXIV. **ANABOLİK ETKİYE SAHİP BESİN TAKVİYELERİ: POTANSİYEL MEKANİZMALAR VE KAS GELİŞİMİ**
KAFKAS M. E. , DEMİRTAŞ E., ŞAHİN KAFKAS A.
İnönü Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, vol.4, no.2, pp.48-56, 2017 (Other Refereed National Journals)
- XXV. **THE RELATIONSHIP BETWEEN SLEEP DURATION AND BODY COMPOSITION OF CHILDREN AND ADOLESCENTS IN TURKEY**
KAFKAS M. E. , ÇINARLI F. S. , YILMAZ N., EKEN Ö., KIZILAY F., KAYAPINAR M., ŞAHİN KAFKAS A.
Journal of Sport and Social Sciences, vol.4, no.2, pp.1-8, 2017 (Other Refereed National Journals)
- XXVI. **Anabolik Etkiye Sahip Besin Takviyeleri: Potansiyel Mekanizmalar Ve Kas Gelişimi**
KAFKAS M. E. , DEMİRTAŞ E., ŞAHİN KAFKAS A.
İnönü Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, vol.4, no.2, pp.38-56, 2017 (Other Refereed National Journals)
- XXVII. **Urban and Rural Adolecance Behavioral regulation in exercise according to body weight status**
Özen G., KAFKAS M. E. , AKALAN C.
Pamukkale Journal of Sport Sciences, vol.8, no.3, pp.78-88, 2017 (Other Refereed National Journals)
- XXVIII. **URBAN AND RURAL ADOLESCENTS' BEHAVIORAL REGULATION INEXERCISE ACCORDING TO BODY WEIGHT STATUS**
ÖZEN G., KAFKAS M. E. , AKALAN C.
Pamukkale Journal of Sport Sciences, vol.8, no.3, pp.78-88, 2017 (Refereed Journals of Other Institutions)
- XXIX. **Acute Effect of Static Warm-up Duration on 50 Meter Freestyle and Breaststroke Performance**
EKEN Ö., ŞAHİN KAFKAS A., ÇINARLI F. S. , KAFKAS M. E.
Journal of Athletic Performance and Nutrition, vol.3, no.2, pp.1-10, 2016 (Refereed Journals of Other Institutions)
- XXX. **The Effect of Somatotype Component Differences on Biomotor and Cognitive Abilities**
ŞAHİN KAFKAS A., EKEN Ö., ÇINARLI F. S. , KAFKAS M. E.
Journal of Sport and Social Sciences, vol.3, no.2, pp.1-11, 2016 (Refereed Journals of Other Institutions)
- XXXI. **The Effect Of Somatotype Character Differences On Cognitive And Biomotor Abilities**
ÇINARLI F. S. , ŞAHİN KAFKAS A., EKEN Ö., KAFKAS M. E.
journal of sport and social sciences, vol.3, no.2, pp.1-14, 2016 (Refereed Journals of Other Institutions)
- XXXII. **Effect of different passing training methods on forearm and reception passing techniques in males volleyball players**
KAFKAS M. E. , ŞAHİN KAFKAS A., RUZİCKA I.
Journal of Psychology Research, vol.6, no.9, pp.535-541, 2016 (Refereed Journals of Other Institutions)
- XXXIII. **Acute Effect Of Static Warm Up Duration On 50 Meter Freestyle And Breaststroke Performance**
ŞAHİN KAFKAS A., EKEN Ö., ÇINARLI F. S. , KAFKAS M. E.
Journal of Athletic Performance and Nutrition, vol.3, no.2, pp.1-10, 2016 (Refereed Journals of Other Institutions)
- XXXIV. **Olimpiyat Oyunları Etki Ölçeği nin OOEÖ Uzun Versiyon Geçerlilik veGüvenilirlik Çalışması**
KAFKAS M. E. , BİNBAŞIOĞLU h.

- Anatolia: Turizm Arařtırmaları Dergisi, vol.26, no.1, pp.279-289, 2015 (Other Refereed National Journals)
- XXXV. **Olimpiyat Oyunları Etki Ölçeđi'nin (OOEÖ-Uzun Versiyon) Geçerlilik ve Güvenilirlik Çalışması**
KAFKAS M. E. , BİNBAŐIOĐLU H.
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- XXXVI. **THE EFFECTS OF DIFFERENT EXERCISE PROGRAMS ON KNEE MUSCLE STRENGTH AND H Q RATIOS OF SEDENTARY MALES AND FEMALES**
KAFKAS M. E. , BEKİR d., ŐAHİN KAFKAS A., AÇAK M., AYDIN A.
Journal of Athletic Performance and Nutrition, vol.1, no.2, pp.1-13, 2014 (Other Refereed National Journals)
- XXXVII. **Impact of Acute Exercise on Testosterone Hormone Levels**
GÖKDEMİR K., KOÇ H., KAFKAS M. E. , ÇEBİ M.
GAZZETTA MEDICA ITALIANA ARCHIVIO PER LE SCIENZE MEDICHE, vol.173, no.4, pp.181-184, 2014 (Journal Indexed in ESCI)
- XXXVIII. **Effect of different resting intervals on serum creatine kinase and lactate dehydrogenase during isokinetic muscle strength**
KAFKAS M. E.
Gazz Med Ital, vol.173, no.6, pp.359-364, 2014 (Refereed Journals of Other Institutions)
- XXXIX. **Obezite Farkındalık Ölçeđi nin OFÖ Türkçeye Uyarlanması Bir Geçerlik ve Güvenirlik Çalışması**
KAFKAS M. E. , ÖZEN G.
İnönü Üniversitesi Beden Eğitimi Spor Bilimleri Dergisi, vol.2, no.1, pp.1-11, 2014 (Other Refereed National Journals)
- XL. **Beden Eğitimi ve Spor Yüksekokulu Özel Yetenek Sınavına Giren Adayların Kaygı Düzeyleri ile Özel Yetenek Sınav Performansları Arasındaki İlişkinin İncelenmesi**
ŐAHİN KAFKAS A., YILDIRIM T., KAFKAS M. E. , ÖZEN G.
İnönü Üniversitesi Beden Eğitimi Spor Bilimleri Dergisi, vol.1, no.1, pp.1-13, 2014 (Other Refereed National Journals)
- XLI. **Beden eğitimi ve spor yüksekokulu özel yetenek sınavına giren adayların kaygı düzeyleri ile özel yetenek sınav performansları arasındaki ilişkinin incelenmesi**
ŐAHİN KAFKAS A., YILDIRIM T., KAFKAS M. E. , ÖZEN G.
İnönü Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, vol.1, no.1, pp.1-13, 2014 (National Refreed University Journal)
- XLII. **The effect of regular exercise and massage oxidant and antioxidant parameters**
BAY KARABULUT A., KAFKAS M. E. , ŐAHİN KAFKAS A., ÖNAL Y., KIRAN T. R.
Indian J Physiol Pharmacol, vol.57, no.4, pp.378-383, 2013 (Refereed Journals of Other Institutions)
- XLIII. **The effect of regular exercise and massage on oxidant and antioxidant parameters.**
KARABULUT A., Kafkas M. E. , Kafkas A., Onal Y., Kiran T. R.
Indian journal of physiology and pharmacology, vol.57, pp.378-83, 2013 (Refereed Journals of Other Institutions)
- XLIV. **The Effect of Apricot Kernel Grease Massage and Exhaustive Acute Exercises Upon The Oxidant and Antioxidant Activities of Obese Women.**
KAFKAS M. E. , BAY KARABULUT A., ŐAHİN KAFKAS A., OTLU Ö.
GAZZETTA MEDICA ITALIANA ARCHIVIO PER LE SCIENZE MEDICHE, vol.172, no.3, pp.145-151, 2013 (Journal Indexed in ESCI)
- XLV. **Fan Motivation Questionnaire A Study of Validity and Reliability**
KAFKAS M. E. , ÇOBAN B., ŐAHİN KAFKAS A.
Niđe University Journal of Physical Education and Sport Sciences, vol.6, no.1, pp.34-41, 2012 (Other Refereed National Journals)
- XLVI. **The Sport Imagery Qestionnaire A Study of Validity and Reliability**
KAFKAS M. E.
Niđe University Journal of Physical Education and Sport Sciences, vol.5, no.2, pp.101-109, 2011 (Other Refereed National Journals)
- XLVII. **An Analysis of Job Satisfaction and Life Quality of Physical Education Teachers**

- KAFKAS M. E. , ŞAHİN KAFKAS A., KARADEMİR T., KOÇ H.
Pakistan Journal of Social Sciences, vol.8, no.6, pp.284-288, 2011 (Refereed Journals of Other Institutions)
- XLVIII. **Contribution of Physical Education Programs to Lifelong Sport: Evaluating The Long-Term Efficacy of Turkish Physical Education Curricul**
ŞAD S. N. , AÇAK M., KAFKAS M. E.
World Applied Sciences Journal, vol.15, no.4, pp.537-543, 2011 (Refereed Journals of Other Institutions)
- XLIX. **Effect of Exhaustive Exercise on Oxidative Stress and Adenosine Deaminase Activities in Women Compared to Men**
BAY KARABULUT A., KAFKAS M. E. , SAVAŞ S., HAZAR M., KIRAN T. R.
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International Congress of Sport for All and Sport Tourism, Antalya, Turkey, 5 - 08 November 2009, vol.1, no.1, pp.4
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Supported Projects

KAFKAS M. E. , TUBITAK Project, Propriyoseptif Nöromusküler Fasilitasyon Tekniginin 1 Maksimum Tekrar Üzerine Etkisi, 2016 - 2017

Activities in Scientific Journals

Inönü Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, First Editor, 2014 - Continues

Journal of Athletic Performance and Nutrition, First Editor, 2014 - Continues

Memberships / Tasks in Scientific Organizations

Medikal Egzersiz ve Fitness Antrenörleri Derneği, Chairman, 2018 - Continues

European Sport and Social Sciences, Member, 2017 - Continues

Spor Bilimleri Derneği, Member, 2014 - Continues

Scientific Refereeing

Journal of Sport Rehabilitation, SCI Journal, January 2017

International Journal of Sports Physiology and Performance, SCI Journal, January 2017

Invited Congress and Symposium Activities

International Conference of Personal Trainer, Moderator, İstanbul, Turkey, 2019
International Conference of Personal Trainer, Invited Speaker, İstanbul, Turkey, 2019
International Conference of Personal Trainer, Attendee, İstanbul, Turkey, 2019
16th International Sport Sciences Congress, Attendee, Antalya, Turkey, 2018
16th International Sport Sciences Congress, Session Moderator, Antalya, Turkey, 2018
International Conference of Medical Fitness and Corrective Exercise, Invited Speaker, İstanbul, Turkey, 2018
International Conference of Medical Fitness and Corrective Exercise, Moderator, İstanbul, Turkey, 2018
International Conference of Medical Fitness and Corrective Exercise, Attendee, İstanbul, Turkey, 2018
World Congress of Sport Sciences Researches, Attendee, Turkey, 2017
15. International Sport Sciences Congress,, Session Moderator, Antalya, Turkey, 2017
15. Uluslararası Spor Bilimleri Kongresi, Attendee, Turkey, 2017
European Conference on Science, Art & Culture, Attendee, Praha, Czech Republic, 2017
International Conference of Strategic Research in Social Science and Education, Attendee, Antalya, Turkey, 2017
European Conference on Science, Art & Culture, Invited Speaker, Praha, Czech Republic, 2017
22nd European College of Sport Science, Attendee, Dortmund, Germany, 2017
8th International Scientific Conference on Kinesiology, Attendee, Zagreb, Croatia, 2017
14. Uluslararası Spor Bilimleri Kongresi, Attendee, Antalya, Turkey, 2016
ERPA International Congresses on Education, Attendee, Sarajevo, Bosnia And Herzegovina, 2016
ERPA International Congresses on Education, Session Moderator, Sarajevo, Bosnia And Herzegovina, 2016
V. Exercise Physiology Symposium, Attendee, Konya, Turkey, 2015
ERPA International Congresses on Education, Attendee, Athens, Greece, 2015
13. Uluslararası Spor Bilimleri Kongresi, Attendee, Konya, Turkey, 2014
16th National Anatomy Congress, Attendee, Malatya, Turkey, 2014
2nd International Physical Education and Sports Congress for the Disabled, Attendee, Batman, Turkey, 2014
12. Uluslararası Spor Bilimleri Kongresi, Attendee, Denizli, Turkey, 2012
11. Uluslararası Spor Bilimleri Kongresi, Attendee, Antalya, Turkey, 2010
XXII. National Biochemistry Congress, Attendee, Eskişehir, Turkey, 2010
2nd International Congress of Educational Research, Attendee, Antalya, Turkey, 2010
International Congress of Sport for All and Sport Tourism, Attendee, Turkey, 2009
18. National Congress of Educational Sciences, Attendee, İzmir, Turkey, 2009
The European Conference on Educational Research, Attendee, Vienna, Austria, 2009
1st International Congress of Educational Research, Attendee, Çanakkale, Turkey, 2009

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