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Foreign Languages

English, B1 Intermediate

Journal articles indexed in SCI, SSCI, and AHCI

- I. **Effect of single or combined caffeine and L-Theanine supplementation on shooting and cognitive performance in elite curling athletes: a double-blind, placebo-controlled study**
Yilmaz U., Buzdaglı Y., Polat M. L., Bakir Y., Ozhanci B., Alkazan S., Ucar H.
Journal of the International Society of Sports Nutrition, vol.20, no.1, pp.879-895, 2023 (SSCI)

Articles Published in Other Journals

- I. **The effect of high-intensity intermittent and moderate-intensity continuous exercises on neurobiological markers and cognitive performance**
Uçar H.
BMC Sports Science, Medicine and Rehabilitation, vol.16, no.1, pp.1-12, 2024 (Peer-Reviewed Journal)
- II. **Investigation of Speed, Agility, Endurance and Strength Performances of Young Football Players: Evaluation of H/Q and D/ND Ratios**
BUZDAĞLI Y., uçan i., Eyipınar C. D., ŞIKTAR E., OZAN M., Uçar H.
CBÜ Beden Eğitimi ve Spor Bilimleri Dergisi, vol.18, no.1, pp.228-241, 2023 (Peer-Reviewed Journal)

Metrics

Publication: 3