

Prof. Dr. ZÜHAL ALTAY

Kişisel Bilgiler

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Eğitim Bilgileri

Tıpta Uzmanlık, İnönü Üniversitesi, Tıp Fakültesi, Dahili Tıp Bilimleri Bölümü, Türkiye 2013 - Devam Ediyor

Yabancı Diller

İngilizce, B2 Orta Üstü

Araştırma Alanları

Tıp, Sağlık Bilimleri, Dahili Tıp Bilimleri, Fiziksel Tıp ve Rehabilitasyon

Akademik Unvanlar / Görevler

Prof. Dr., İnönü Üniversitesi, Tıp Fakültesi, Dahili Tıp Bilimleri Bölümü, 2010 - Devam Ediyor

Verdiği Dersler

SIRT AĞRILARI, Lisans, 2013-2014

BEL AĞRILARI, Lisans, 2013-2014

KAS İSKELET MUAYENESİ, Lisans, 2013-2014

ARTRİTLİ HASTAYA YAKLAŞIM, Lisans, 2013-2014

FİZİK TEDAVİ AJANLARI, Lisans, 2013-2014

Yönetilen Tezler

ALTAY Z., Akut disk prolapsusu veya atağı tanısı konan hastalarda statik ve intermittent fraksiyonun karşılaştırılması, Tıpta Uzmanlık, A.ÖZGÜL(Öğrenci), 1999

ALTAY Z., Mekanik nedenli kronik bel ağrılı olgularda yüksek doz traksiyon ve düşük doz traksiyonun etkinliği, Tıpta Uzmanlık, O.ÖZ(Öğrenci), 1999

ALTAY Z., Romatoid artritte pulse metilprednizolon tedavisi, Tıpta Uzmanlık, G.DEVRİMSEL(Öğrenci), 1996

SCI, SSCI ve AHCI İndekslerine Giren Dergilerde Yayınlanan Makaleler

- I. Effects of scapular stabilization exercises in patients of chronic neck pain with scapular dyskinesis:

A quasi-experimental study

ÖZDEMİR F., Toy S., KIZILAY F., Avcı Z. T., ALTAY Z., ÇOLAK C.

TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, cilt.67, sa.1, ss.77-83, 2021 (SCI-Expanded)

II. Injection Therapy in Patients with Lateral Epicondylalgia: Hyaluronic Acid or Dextrose

Prolotherapy? A Single-Blind, Randomized Clinical Trial

APAYDIN H., Bazancır Z., ALTAY Z.

JOURNAL OF ALTERNATIVE AND COMPLEMENTARY MEDICINE, cilt.26, sa.12, ss.1169-1175, 2020 (SCI-Expanded)

III. Turkish League Against Rheumatism (TLAR) Recommendations for the Pharmacological management of Rheumatoid Arthritis: 2018 Update Under Guidance of Current Recommendations

Ataman S., Sunar I., Yilmaz G., BODUR H., Nas K., AYHAN F. F., AKGÜL Ö., AKINCI A., ALTAY Z., Birtani M., et al.
ARCHIVES OF RHEUMATOLOGY, cilt.33, sa.3, ss.251-272, 2018 (SCI-Expanded)

IV. Management of Psoriatic Arthritis: Turkish League Against Rheumatism (TLAR) Expert Opinions

Nas K., Kilic E., ÇEVİK R., BODUR H., Ataman S., Ayhan F., AKGÜL Ö., AKINCI A., ALTAY Z., ÇAPKIN E., et al.
ARCHIVES OF RHEUMATOLOGY, cilt.33, sa.2, ss.108-127, 2018 (SCI-Expanded)

V. Prevalence of Rheumatoid Arthritis and Spondyloarthritis in Turkey: A Nationwide Study

TUNCER T., Gilgil E., KAÇAR C., KURTAŞ Y., KUTLAY Ş., BÜTÜN B., Yalcin P., Akarirmak U., Altan L., ARDIÇ F., et al.
ARCHIVES OF RHEUMATOLOGY, cilt.33, sa.2, ss.128-136, 2018 (SCI-Expanded)

VI. Turkish League Against Rheumatism Consensus Report: Recommendations For Management of Axial Spondyloarthritis

BODUR H., Yurdakul F. G., Ataman S., Garip Y., Nas K., AYHAN F. F., AKGÜL Ö., AKINCI A., ALTAY Z., BİRTANE M., et al.

ARCHIVES OF RHEUMATOLOGY, cilt.33, sa.1, ss.1-16, 2018 (SCI-Expanded)

VII. Improvement in Work and Household Productivity for Patients with Rheumatoid Arthritis and Ankylosing Spondylitis Treated with Anti-TNFs in Routine Clinical Practice in Turkey

Ataman S., KIRNAP M., Seferoglu B., ALTAY Z., Rezvani A., Kuru O., ÇAPKIN E., Bugdayci N. D., Sezer I., Cay H. F., et al.
ARTHRITIS & RHEUMATOLOGY, cilt.67, 2015 (SCI-Expanded)

VIII. Turkish Compliance and Adaptation of EULAR 2013 Recommendations for the Management of Rheumatoid Arthritis with Synthetic and Biological Disease-Modifying Antirheumatic Drugs: Expert Opinion of TLAR

Ataman S., Surmeli Z. S., Sunar I., Ozdemirel E., AKINCI A., Bodur H., AKGÜL Ö., Altan L., ALTAY Z., Ayhan F., et al.
ARCHIVES OF RHEUMATOLOGY, cilt.30, sa.4, ss.271-284, 2015 (SCI-Expanded)

IX. Characteristics of Patients With Rheumatoid Arthritis in Turkey: Results From the Turkish League Against Rheumatism Rheumatoid Arthritis Registry

Bal A., Ataman S., Bodur H., Rezvani A., Paker N., TAŞTEKİN N., Karatepe A. G., Borman P., Yener M., Nas K., et al.
ARCHIVES OF RHEUMATOLOGY, cilt.30, sa.1, ss.16-22, 2015 (SCI-Expanded)

X. Correlations among enthesitis, clinical, radiographic and quality of life parameters in patients with ankylosing spondylitis

Rezvani A., Bodur H., Ataman S., Kaya T., Bugdayci D. S., Demir S. E., Kocigit H., Altan L., Ugurlu H., KIRNAP M., et al.
MODERN RHEUMATOLOGY, cilt.24, sa.4, ss.651-656, 2014 (SCI-Expanded)

XI. Femoral cartilage thickness measurements in healthy individuals: Learning, practicing and publishing with TURK-MUSCULUS

ÖZÇAKAR L., Tunc H., Oken O., ÜNLÜ Z., Durmus B., Baysal O., ALTAY Z., Tok F., AKKAYA N., Dogu B., et al.

JOURNAL OF BACK AND MUSCULOSKELETAL REHABILITATION, cilt.27, sa.2, ss.117-124, 2014 (SCI-Expanded)

XII. Prevalence of atopic disorders in rheumatic diseases

Karatay S., Yildirim K., Ugur M., Senel K., ERDAL A., Durmus B., Baysal O., ALTAY Z., Sarac A. J., GÜR A., et al.
MODERN RHEUMATOLOGY, cilt.23, sa.2, ss.351-356, 2013 (SCI-Expanded)

XIII. Isokinetic strength of the trunk flexors and extensors in ankylosing spondylitis

Durmus B., Sahin N., Baysal O., ERSOY Y., Baysal T., Koca T. T., ALTAY Z.

ISOKINETICS AND EXERCISE SCIENCE, cilt.21, sa.4, ss.293-299, 2013 (SCI-Expanded)

XIV. Does vitamin D affect disease severity in patients with ankylosing spondylitis?

Durmus B., Altay Z., Baysal O., Ersoy Y.

- CHINESE MEDICAL JOURNAL, cilt.125, sa.14, ss.2511-2515, 2012 (SCI-Expanded)
- XV. Expert opinion and key recommendations for the physical therapy and rehabilitation of patients with ankylosing spondylitis
 Ozgocmen S., Akgul O., ALTAY Z., ALTINDAĞ Ö., Baysal O., ÇALIŞ M., ÇAPKIN E., ÇEVİK R., Durmus B., GÜR A., et al.
 INTERNATIONAL JOURNAL OF RHEUMATIC DISEASES, cilt.15, sa.3, ss.229-238, 2012 (SCI-Expanded)
- XVI. Management of Rheumatoid Arthritis: Consensus Recommendations From the Turkish League Against Rheumatism
 Ataman S., Borman P., Evcik D., Aydog E., Ayhan F., Yildizlar D., Bodur H., ALTAY Z., BİRTANE M., BÜTÜN B., et al.
 TURKISH JOURNAL OF RHEUMATOLOGY, cilt.26, sa.4, ss.273-294, 2011 (SCI-Expanded)
- XVII. Clinical Use of Chest Expansion Corrected for Age and Sex in Patients with Ankylosing Spondylitis
 Durmus B., ALTAY Z., Baysal O., ERSOY Y., HACIEVLİYAGİL S. S., Baysal T., AYTEMUR Z. A., Dogan E.
 TURKIYE FİZİKSEL TIP VE REHABİLİTASYON DERGİSİ-TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, cilt.57, sa.3, ss.128-133, 2011 (SCI-Expanded)
- XVIII. Relationship between psychological status and disease activity and quality of life in ankylosing spondylitis
 Baysal O., Durmus B., ERSOY Y., ALTAY Z., Senel K., NAS K., Ugur M., KAYA A., GÜR A., ERDAL A., et al.
 RHEUMATOLOGY INTERNATIONAL, cilt.31, sa.6, ss.795-800, 2011 (SCI-Expanded)
- XIX. Quality of life and related variables in patients with ankylosing spondylitis
 Bodur H., Ataman S., Rezvani A., Bugdayci D. S., ÇEVİK R., BİRTANE M., AKINCI A., ALTAY Z., Gunaydin R., Yener M., et al.
 QUALITY OF LIFE RESEARCH, cilt.20, sa.4, ss.543-549, 2011 (SCI-Expanded)
- XX. Turkish League Against Rheumatism National Recommendations for the Management of Ankylosing Spondylitis
 Bodur H., Sivas F., Yilmaz O., Ozgocmen S., Gunaydin R., Kaya T., Ataman S., Altan L., ALTAY Z., Aydog E., et al.
 TURKISH JOURNAL OF RHEUMATOLOGY, cilt.26, sa.3, ss.173-186, 2011 (SCI-Expanded)
- XXI. Psychological status is associated with health related quality of life in patients with rheumatoid arthritis
 NAS K., Sarac A. J., GÜR A., ÇEVİK R., ALTAY Z., ERDAL A., ERSOY Y., KAYA A., Tekeoglu I., Ugur M., et al.
 JOURNAL OF BACK AND MUSCULOSKELETAL REHABILITATION, cilt.24, sa.2, ss.95-100, 2011 (SCI-Expanded)
- XXII. Discrimination ability of ASDAS estimating disease activity status in patients with ankylosing spondylitis
 NAS K., Yildirim K., ÇEVİK R., Karatay S., ERDAL A., Baysal O., ALTAY Z., Kamanli A., ERSOY Y., KAYA A., et al.
 INTERNATIONAL JOURNAL OF RHEUMATIC DISEASES, cilt.13, sa.3, ss.240-245, 2010 (SCI-Expanded)
- XXIII. Lower extremity isokinetic muscle strength in patients with Parkinson's disease
 Durmus B., Baysal O., ALTINAYAR S., ALTAY Z., ERSOY Y., Ozcan C.
 JOURNAL OF CLINICAL NEUROSCIENCE, cilt.17, sa.7, ss.893-896, 2010 (SCI-Expanded)
- XXIV. Postural stability in patients with ankylosing spondylitis
 Durmus B., Altay Z., Ersøy Y., Baysal O., Dogan E.
 DISABILITY AND REHABILITATION, cilt.32, sa.14, ss.1156-1162, 2010 (SCI-Expanded)
- XXV. Pattern of Disease Onset, Diagnostic Delay, and Clinical Features in Juvenile Onset and Adult Onset Ankylosing Spondylitis
 Ozgocmen S., Ardicoglu O., Kamanli A., KAYA A., Durmus B., Yildirim K., Baysal O., GÜR A., Karatay S., ALTAY Z., et al.
 JOURNAL OF RHEUMATOLOGY, cilt.36, sa.12, ss.2830-2833, 2009 (SCI-Expanded)

Düger Dergilerde Yayınlanan Makaleler

- I. Rectus femoris tendinopathy: a case report
 ÖZDEMİR F., KIZILAY F., Toy Ş., ALTAY Z.
 THE EUROPEAN RESEARCH JOURNAL, cilt.5, sa.6, ss.1031-1035, 2019 (Hakemli Dergi)
- II. Effect of increase in cortisol level due to stress in healthy young individuals on dynamic and static

balance scores

Cay M., UÇAR C., ŞENOL D., ÇEVİRGEN F., ÖZBAĞ D., ALTAY Z., YILDIZ S.

NORTHERN CLINICS OF ISTANBUL, cilt.5, sa.4, ss.295-301, 2018 (ESCI)

- III. **The effects of pre-obesity on quality of life, disease activity, and functional status in patients with ankylosing spondylitis**

TOY S., ÖZBAĞ D., ALTAY Z.

NORTHERN CLINICS OF ISTANBUL, cilt.4, sa.1, ss.52-59, 2017 (ESCI)

- IV. **Rehabilitation before reimplantation in degenerative hip arthritis-case report**

Toy S., ÖZDEMİR F., KIZILAY E., ALTAY Z.

Annals of Medical Research, cilt.24, sa.4, ss.506-507, 2017 (Hakemli Dergi)

- V. **Ankilogan spondilitli hastalarda etanercept tedavisinin etkinliği ve güvenilirliği.**

ERSOY Y., DURMUŞ B., ALTAY Z., ERSOY Y.

İnönü Üniversitesi Tıp Fakültesi Dergisi, cilt.17, sa.2, ss.91-96, 2010 (Hakemli Dergi)

Kitap & Kitap Bölümleri

- I. **Santral Sinir Sistemi Tümörleri**

ALTAY Z., KOCA T. T.

Nörolojik Hastalıkların Rehabilitasyonu, Turgut Gürsoy, Editör, Bilmedya grup (Bilimsel Medikal Yayıncılık), İstanbul, 2017

- II. **Kas İskelet Sisteminin Klinik Değerlendirilmesi: Öykü- Genel Fizik Muayene**

ALTAY Z.

Fiziksel Tıp Ve Rehabilitasyon, Prof.Dr. Mehmet Beyzova, Prof. Dr. Yeşim Gökçe Kutsal, Editör, Güneş Tıp Kitapevleri, 2016

Hakemli Kongre / Sempozyum Bildiri Kitaplarında Yer Alan Yayınlar

- I. **The Incidence of Spinal Deformity in Individuals Who Care for Children with Physical Disabilities**

ÖZDEMİR F., ÇAĞAN Ö., DOĞAN Z., ALTAY Z.

European Academy of Childhood Disability (EACD), Kopenhang, Danimarka, 27 - 30 Mayıs 2015

- II. **Balance Abilities in Osteoporotic Women- Is There a Difference Between Those Who Fear of Falling and Those Who Do Not?**

ERSOY Y., MACWALTER R. S., DURMUŞ B., BAYSAL Ö., ALTAY Z., YILDIRIM T.

5th World Congress of the International Society of Phsical and Rehabilitation Medicine7. Ulusal Fiziksel Tıp ve Rehabilitasyon Kongresi, İstanbul, Türkiye, 13 - 17 Haziran 2009

- III. **Can Disease activity some measures in rheumatoid arthritis**

Durmuş B., Altay Z., Baysal Ö., Ersøy Y., Erdal A., Çevik R., Ardiçoğlu Ö., Tekeoğlu İ., Yıldırım K., Sarac A. J., et al. EULAR 2009, Kobenhavn, Danimarka, 10 - 13 Haziran 2009

- IV. **Disease activity and health related outcome measures in rheumatoid arthritis. THU0148**

DURMUŞ B., ALTAY Z., BAYSAL Ö., ERSOY Y., ERDAL A., ÇEVİK R., ARDIÇOĞLU Ö., TEKEĞLU İ., YILDIRIM K., SARAÇ A. J., et al.

Annual European Congress of Rheumatology EULAR 2009, Copenhagen, Danimarka, 10 - 13 Haziran 2009, cilt.68

- V. **Antiepileptik İlaç Kullanımının Kemik Mineral Yoğunluğu Üzerine Etkisi**

KARATUTLU İ., ALTAY Z., YILDIRIM T., BAYSAL Ö., ERSOY Y.

3 .Ulusal Osteoporoz Kongresi, Antalya, Türkiye, 15 - 19 Ekim 2008

Desteklenen Projeler

**ALTAY Z., APAYDIN H., Yükseköğretim Kurumları Destekli Proje, Lateral Epikondilitli Hastalarda Hiyaluronik Asit ve
Proloterapi Enjeksiyonlarının Etkinliklerinin Karşılaştırılması, 2018 - 2019**

Metrikler

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