Chapter 5

The Eukaryotes of Microbiology

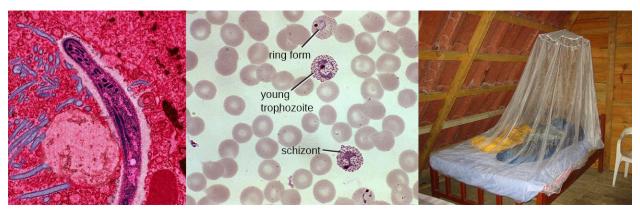


Figure 5.1 Malaria is a disease caused by a eukaryotic parasite transmitted to humans by mosquitos. Micrographs (left and center) show a sporozoite life stage, trophozoites, and a schizont in a blood smear. On the right is depicted a primary defense against mosquito-borne illnesses like malaria—mosquito netting. (credit left: modification of work by Ute Frevert; credit middle: modification of work by Centers for Disease Control and Prevention; credit right: modification of work by Tjeerd Wiersma)

Chapter Outline

- 5.1 Unicellular Eukaryotic Parasites
- 5.2 Parasitic Helminths
- 5.3 Fungi
- 5.4 Algae
- 5.5 Lichens

Introduction

Although bacteria and viruses account for a large number of the infectious diseases that afflict humans, many serious illnesses are caused by eukaryotic organisms. One example is malaria, which is caused by *Plasmodium*, a eukaryotic organism transmitted through mosquito bites. Malaria is a major cause of morbidity (illness) and mortality (death) that threatens 3.4 billion people worldwide.^[1] In severe cases, organ failure and blood or metabolic abnormalities contribute to medical emergencies and sometimes death. Even after initial recovery, relapses may occur years later. In countries where malaria is endemic, the disease represents a major public health challenge that can place a tremendous strain on developing economies.

Worldwide, major efforts are underway to reduce malaria infections. Efforts include the distribution of insecticidetreated bed nets and the spraying of pesticides. Researchers are also making progress in their efforts to develop effective vaccines.^[2] The President's Malaria Initiative, started in 2005, supports prevention and treatment. The Bill and Melinda Gates Foundation has a large initiative to eliminate malaria. Despite these efforts, malaria continues to cause long-term morbidity (such as intellectual disabilities in children) and mortality (especially in children younger than 5 years), so we still have far to go.

1. Centers for Disease Control and Prevention. "Impact of Malaria." September 22, 2015. http://www.cdc.gov/malaria/malaria_worldwide/ impact.html. Accessed January 18, 2016.

2. RTS, S Clinical Trials Partnership. "Efficacy and safety of RTS,S/AS01 malaria vaccine with or without a booster dose in infants and children in Africa: final results of a phase 3, individually randomised, controlled trial." The Lancet 23 April 2015. DOI: http://dx.doi.org/ 10.1016/S0140-6736(15)60721-8.

5.1 Unicellular Eukaryotic Parasites

Learning Objectives

- Summarize the general characteristics of unicellular eukaryotic parasites
- Describe the general life cycles and modes of reproduction in unicellular eukaryotic parasites
- · Identify challenges associated with classifying unicellular eukaryotes
- · Explain the taxonomic scheme used for unicellular eukaryotes
- · Give examples of infections caused by unicellular eukaryotes

Eukaryotic microbes are an extraordinarily diverse group, including species with a wide range of life cycles, morphological specializations, and nutritional needs. Although more diseases are caused by viruses and bacteria than by microscopic eukaryotes, these eukaryotes are responsible for some diseases of great public health importance. For example, the protozoal disease malaria was responsible for 584,000 deaths worldwide (primarily children in Africa) in 2013, according to the World Health Organization (WHO). The protist parasite *Giardia* causes a diarrheal illness (giardiasis) that is easily transmitted through contaminated water supplies. In the United States, *Giardia* is the most common human intestinal parasite (**Figure 5.3**). Although it may seem surprising, parasitic worms are included within the study of microbiology because identification depends on observation of microscopic adult worms or eggs. Even in developed countries, these worms are important parasites of humans and of domestic animals. There are fewer fungal pathogens, but these are important causes of illness, as well. On the other hand, fungi have been

Clinical Focus

Part 1

Upon arriving home from school, 7-year-old Sarah complains that a large spot on her arm will not stop itching. She keeps scratching at it, drawing the attention of her parents. Looking more closely, they see that it is a red circular spot with a raised red edge (Figure 5.2). The next day, Sarah's parents take her to their doctor, who examines the spot using a Wood's lamp. A Wood's lamp produces ultraviolet light that causes the spot on Sarah's arm to fluoresce, which confirms what the doctor already suspected: Sarah has a case of ringworm.

Sarah's mother is mortified to hear that her daughter has a "worm." How could this happen?

· What are some likely ways that Sarah might have contracted ringworm?



Figure 5.2 Ringworm presents as a raised, red ring on the skin. (credit: Centers for Disease Control and Prevention)

Jump to the **next** Clinical Focus box.

important in producing antimicrobial substances such as penicillin. In this chapter, we will examine characteristics of protists, worms, and fungi while considering their roles in causing disease.

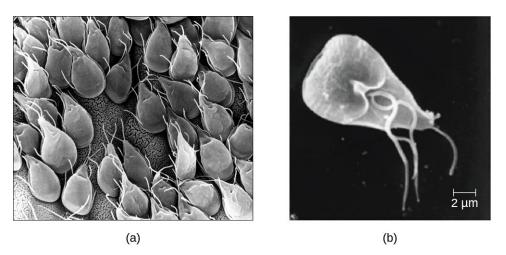


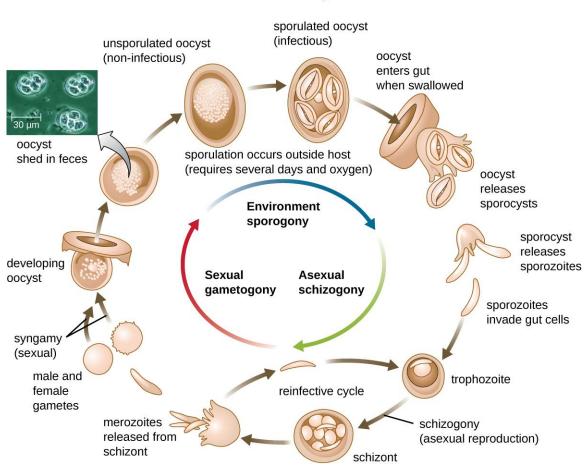
Figure 5.3 (a) A scanning electron micrograph shows many *Giardia* parasites in the trophozoite, or feeding stage, in a gerbil intestine. (b) An individual trophozoite of *G. lamblia*, visualized here in a scanning electron micrograph. This waterborne protist causes severe diarrhea when ingested. (credit a, b: modification of work by Centers for Disease Control and Prevention)

Characteristics of Protists

The word *protist* is a historical term that is now used informally to refer to a diverse group of microscopic eukaryotic organisms. It is not considered a formal taxonomic term because the organisms it describes do not have a shared evolutionary origin. Historically, the protists were informally grouped into the "animal-like" protozoans, the "plant-like" algae, and the "fungus-like" protists such as water molds. These three groups of protists differ greatly in terms of their basic characteristics. For example, algae are photosynthetic organisms that can be unicellular or multicellular. Protozoa, on the other hand, are nonphotosynthetic, motile organisms that are always unicellular. Other informal terms may also be used to describe various groups of protists. For example, microorganisms that drift or float in water, moved by currents, are referred to as **plankton**. Types of plankton include **zooplankton**, which are motile and nonphotosynthetic, and **phytoplankton**, which are photosynthetic.

Protozoans inhabit a wide variety of habitats, both aquatic and terrestrial. Many are free-living, while others are parasitic, carrying out a life cycle within a host or hosts and potentially causing illness. There are also beneficial symbionts that provide metabolic services to their hosts. During the feeding and growth part of their life cycle, they are called **trophozoites**; these feed on small particulate food sources such as bacteria. While some types of protozoa exist exclusively in the trophozoite form, others can develop from trophozoite to an encapsulated cyst stage when environmental conditions are too harsh for the trophozoite. A **cyst** is a cell with a protective wall, and the process by which a trophozoite becomes a cyst is called **encystment**. When conditions become more favorable, these cysts are triggered by environmental cues to become active again through **excystment**.

One protozoan genus capable of encystment is *Eimeria*, which includes some human and animal pathogens. **Figure 5.4** illustrates the life cycle of *Eimeria*.



Eimeria Life Cycle

Figure 5.4 In the sexual/asexual life cycle of *Eimeria*, oocysts (inset) are shed in feces and may cause disease when ingested by a new host. (credit "life cycle," "micrograph": modification of work by USDA)

Protozoans have a variety of reproductive mechanisms. Some protozoans reproduce asexually and others reproduce sexually; still others are capable of both sexual and asexual reproduction. In protozoans, asexual reproduction occurs by binary fission, budding, or schizogony. In **schizogony**, the nucleus of a cell divides multiple times before the cell divides into many smaller cells. The products of schizogony are called merozoites and they are stored in structures known as schizonts. Protozoans may also reproduce sexually, which increases genetic diversity and can lead to complex life cycles. Protozoans can produce haploid gametes that fuse through **syngamy**. However, they can also exchange genetic material by joining to exchange DNA in a process called conjugation. This is a different process than the conjugation that occurs in bacteria. The term protist conjugation refers to a true form of eukaryotic sexual reproduction between two cells of different mating types. It is found in **ciliates**, a group of protozoans, and is described later in this subsection.

All protozoans have a plasma membrane, or **plasmalemma**, and some have bands of protein just inside the membrane that add rigidity, forming a structure called the **pellicle**. Some protists, including protozoans, have distinct layers of cytoplasm under the membrane. In these protists, the outer gel layer (with microfilaments of actin) is called the **ectoplasm**. Inside this layer is a sol (fluid) region of cytoplasm called the **endoplasm**. These structures contribute to complex cell shapes in some protozoans, whereas others (such as amoebas) have more flexible shapes (**Figure 5.5**).

Different groups of protozoans have specialized feeding structures. They may have a specialized structure for taking in food through phagocytosis, called a **cytostome**, and a specialized structure for the exocytosis of wastes called a **cytoproct**. Oral grooves leading to cytostomes are lined with hair-like cilia to sweep in food particles. Protozoans are heterotrophic. Protozoans that are **holozoic** ingest whole food particles through phagocytosis. Forms that are

saprozoic ingest small, soluble food molecules.

Many protists have whip-like flagella or hair-like cilia made of microtubules that can be used for locomotion (**Figure 5.5**). Other protists use cytoplasmic extensions known as pseudopodia ("false feet") to attach the cell to a surface; they then allow cytoplasm to flow into the extension, thus moving themselves forward.

Protozoans have a variety of unique organelles and sometimes lack organelles found in other cells. Some have **contractile vacuoles**, organelles that can be used to move water out of the cell for osmotic regulation (salt and water balance) (**Figure 5.5**). Mitochondria may be absent in parasites or altered to kinetoplastids (modified mitochondria) or hydrogenosomes (see **Unique Characteristics of Prokaryotic Cells** for more discussion of these structures).

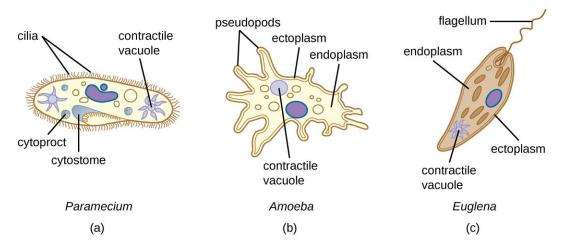


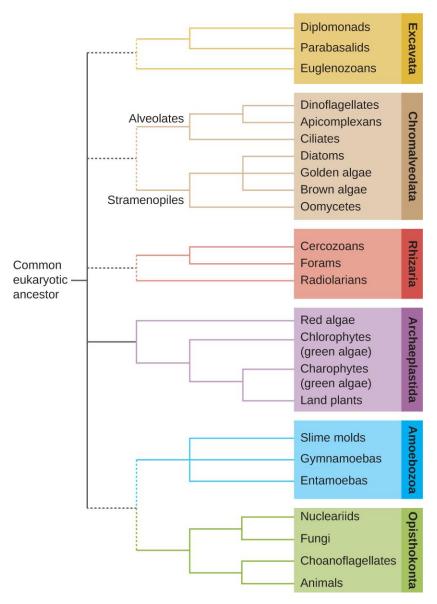
Figure 5.5 (a) *Paramecium* spp. have hair-like appendages called cilia for locomotion. (b) *Amoeba* spp. use lobe-like pseudopodia to anchor the cell to a solid surface and pull forward. (c) *Euglena* spp. use a whip-like structure called a flagellum to propel the cell.



· What is the sequence of events in reproduction by schizogony and what are the cells produced called?

Taxonomy of Protists

The protists are a **polyphyletic** group, meaning they lack a shared evolutionary origin. Since the current taxonomy is based on evolutionary history (as determined by biochemistry, morphology, and genetics), protists are scattered across many different taxonomic groups within the domain Eukarya. Eukarya is currently divided into six supergroups that are further divided into subgroups, as illustrated in (**Figure 5.6**). In this section, we will primarily be concerned with the supergroups Amoebozoa, Excavata, and Chromalveolata; these supergroups include many protozoans of clinical significance. The supergroups Opisthokonta and Rhizaria also include some protozoans, but few of clinical significance. In addition to protozoans, Opisthokonta also includes animals and fungi, some of which we will discuss in **Parasitic Helminths** and **Fungi**. Some examples of the Archaeplastida will be discussed in **Algae. Figure 5.7** and **Figure 5.8** summarize the characteristics of each supergroup and subgroup and list representatives of each.



Eukaryotic Supergroups

Figure 5.6 This tree shows a proposed classification of the domain Eukarya based on evolutionary relationships. Currently, the domain Eukarya is divided into six supergroups. Within each supergroup are multiple kingdoms. Dotted lines indicate suggested evolutionary relationships that remain under debate.

The Eukaryote Supergroups and Some Examples							
Supergroup	Subgroups	Distinguishing Features	Examples	Clinical Notes			
Excavata	Fornicata	Form cysts Pair of equal nuclei No mitochondria Often parasitic Four free flagella	Giardia lamblia	Giardiasis			
	Parabasalids	No mitochondria Four free flagella One attached flagellum No cysts Parasitic or symbiotic Basal bodies Kinetoplastids	Trichomonas	Trichomoniasis			
	Euglenozoans	Photosynthetic or heterotrophic Flagella	Euglena	N/a			
			Trypanosoma	African sleeping sickness, Chagas disease			
			Leishmania	Leishmaniasis			
Chromalveolata	Dinoflagellates	Cellulose theca Two dissimilar flagella	Gonyaulax	Red tides			
			Alexandrium	Paralytic shellfish poisoning			
			Pfiesteria	Harmful algal blooms			
	Apicomplexans	Intracellular parasite Apical organelles	Plasmodium	Malaria			
			Cryptosporidium	Cryptosporidiosis			
			Theileria (Babesia)	Babesiosis			
			Toxoplasma	Toxoplasmosis			
	Ciliates	Cilia	Balantidium	Balantidiasis			
			Paramecium	N/a			
			Stentor	N/a			
	Öomycetes/ peronosporomy- cetes	"Water molds" Generally diploid Cellulose cell walls	Phytophthora	Diseases in crops			

Figure 5.7

The Eukaryote Supergroups and Some Examples (continued)						
Supergroup	Subgroups	Distinguishing Features	Examples	Clinical Notes		
Rhizaria	Foraminifera	Amoeboid Threadlike pseudopodia Calcium carbonate shells	Astrolonche	N/a		
	Radiolaria	Amoeboid Threadlike pseudopodia Silica shells	Actinomma	N/a		
	Cercozoa	Amoeboid Threadlike pseudopodia	Spongospora subterranea	Powdery scab (potato disease)		
		Complex shells Parasitic forms	Plasmodiophora brassicae	Cabbage clubroot		
Archaeplastida	Red algae	Chlorophyll a Phycoerythrin Phycocyanin Floridean starch Agar in cell walls	Gelidium	Source of agar		
			Gracilaria	Source of agar		
	Chlorophytes	Chlorophyll a Chlorophyll b Cellulose cell walls Starch storage	Acetabularia	N/a		
			Ulva	N/a		
Amoebozoa	Slime molds	Plasmodial and cellular forms	Dictyostelium	N/a		
	Entamoebas	Trophozoites Form cysts	Entamoeba	Amoebiasis		
			Naegleria	Primary amoebic meningoencephalitis		
			Acanthamoeba	Keratitis, granulomatous amoebic encephalitis		
Opisthokonta	Fungi	Chitin cell walls Unicellular or multicellular Often hyphae	Zygomycetes	Zygomycosis		
			Ascomycetes	Candidiasis		
			Basidiomycetes	Cryptococcosis		
			Microsporidia	Microsporidiosis		
	Animals	Multicellular heterotrophs No cell walls	Nematoda	Trichinosis; hookworm and pinworm infections		
			Trematoda	Schistosomiasis		
			Cestoda	Tapeworm infections		

Figure 5.8



• Which supergroups contain the clinically significant protists?

Amoebozoa

The supergroup Amoebozoa includes protozoans that use amoeboid movement. Actin microfilaments produce pseudopodia, into which the remainder of the protoplasm flows, thereby moving the organism. The genus *Entamoeba* includes commensal or parasitic species, including the medically important *E. histolytica*, which is transmitted by cysts in feces and is the primary cause of amoebic dysentery. The notorious "brain-eating amoeba," *Naegleria fowleri*, is also classified within the Amoebozoa. This deadly parasite is found in warm, fresh water and causes primary amoebic meningoencephalitis (PAM). Another member of this group is *Acanthamoeba*, which can cause keratitis (corneal inflammation) and blindness.

The Eumycetozoa are an unusual group of organisms called slime molds, which have previously been classified as animals, fungi, and plants (**Figure 5.9**). Slime molds can be divided into two types: cellular slime molds and plasmodial slime molds. The cellular slime molds exist as individual amoeboid cells that periodically aggregate into a mobile slug. The aggregate then forms a fruiting body that produces haploid spores. Plasmodial slime molds exist as large, multinucleate amoeboid cells that form reproductive stalks to produce spores that divide into gametes. One cellular slime mold, *Dictyostelium discoideum*, has been an important study organism for understanding cell differentiation, because it has both single-celled and multicelled life stages, with the cells showing some degree of differentiation in the multicelled form. **Figure 5.10** and **Figure 5.11** illustrate the life cycles of cellular and plasmodial slime molds, respectively.



Figure 5.9 (a) The cellular slime mold *Dictyostelium discoideum* can be grown on agar in a Petri dish. In this image, individual amoeboid cells (visible as small spheres) are streaming together to form an aggregation that is beginning to rise in the upper right corner of the image. The primitively multicellular aggregation consists of individual cells that each have their own nucleus. (b) *Fuligo septica* is a plasmodial slime mold. This brightly colored organism consists of a large cell with many nuclei.

Haploid and Asexual Reproduction

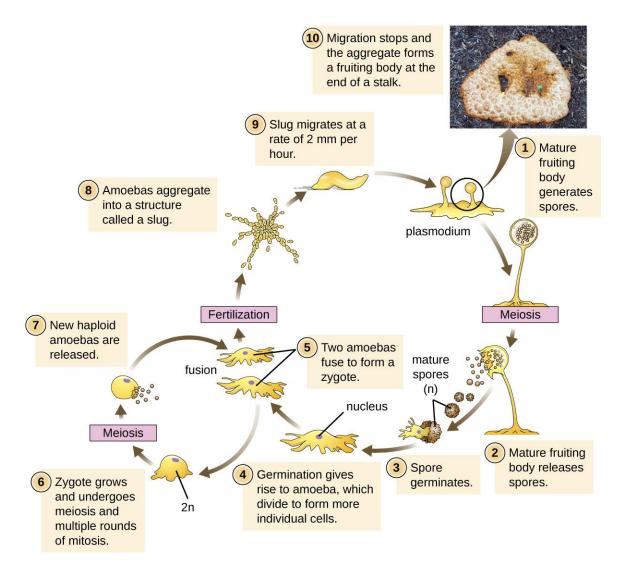


Figure 5.10 The life cycle of the cellular slime mold *Dictyostelium discoideum* primarily involves individual amoebas but includes the formation of a multinucleate plasmodium formed from a uninucleate zygote (the result of the fusion of two individual amoeboid cells). The plasmodium is able to move and forms a fruiting body that generates haploid spores. (credit "photo": modification of work by "thatredhead4"/Flickr)

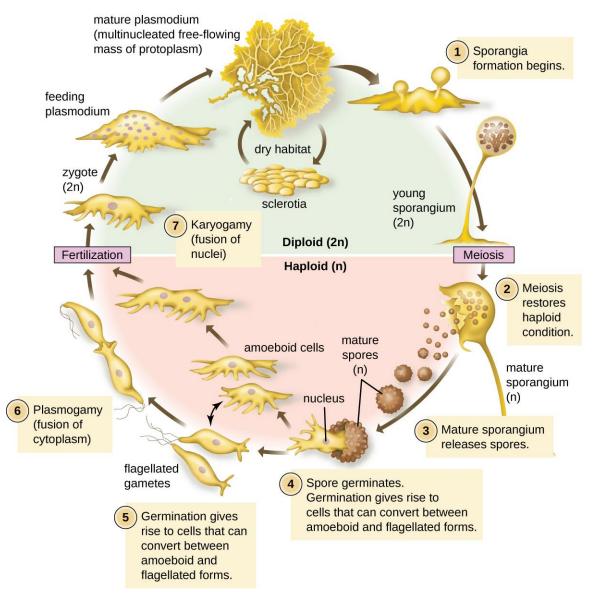


Figure 5.11 Plasmodial slime molds exist as large multinucleate amoeboid cells that form reproductive stalks to produce spores that divide into gametes.

Chromalveolata

The supergroup Chromalveolata is united by similar origins of its members' plastids and includes the apicomplexans, ciliates, diatoms, and dinoflagellates, among other groups (we will cover the diatoms and dinoflagellates in Algae). The apicomplexans are intra- or extracellular parasites that have an apical complex at one end of the cell. The apical complex is a concentration of organelles, vacuoles, and microtubules that allows the parasite to enter host cells (Figure 5.12). Apicomplexans have complex life cycles that include an infective sporozoite that undergoes schizogony to make many merozoites (see the example in Figure 5.4). Many are capable of infecting a variety of animal cells, from insects to livestock to humans, and their life cycles often depend on transmission between multiple hosts. The genus *Plasmodium* is an example of this group.

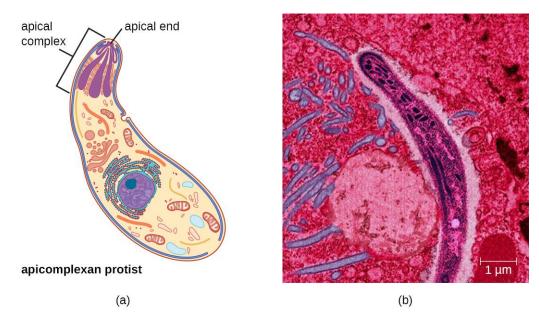


Figure 5.12 (a) Apicomplexans are parasitic protists. They have a characteristic apical complex that enables them to infect host cells. (b) A colorized electron microscope image of a *Plasmodium* sporozoite. (credit b: modification of work by Ute Frevert)

Other apicomplexans are also medically important. *Cryptosporidium parvum* causes intestinal symptoms and can cause epidemic diarrhea when the cysts contaminate drinking water. *Theileria (Babesia) microti*, transmitted by the tick *Ixodes scapularis*, causes recurring fever that can be fatal and is becoming a common transfusion-transmitted pathogen in the United States (*Theileria* and *Babesia* are closely related genera and there is some debate about the best classification). Finally, *Toxoplasma gondii* causes toxoplasmosis and can be transmitted from cat feces, unwashed fruit and vegetables, or from undercooked meat. Because toxoplasmosis can be associated with serious birth defects, pregnant women need to be aware of this risk and use caution if they are exposed to the feces of potentially infected cats. A national survey found the frequency of individuals with antibodies for toxoplasmosis (and thus who presumably have a current latent infection) in the United States to be 11%. Rates are much higher in other countries, including some developed countries.^[3] There is also evidence and a good deal of theorizing that the parasite may be responsible for altering infected humans' behavior and personality traits.^[4]

The ciliates (Ciliaphora), also within the Chromalveolata, are a large, very diverse group characterized by the presence of cilia on their cell surface. Although the cilia may be used for locomotion, they are often used for feeding, as well, and some forms are nonmotile. *Balantidium coli* (Figure 5.13) is the only parasitic ciliate that affects humans by causing intestinal illness, although it rarely causes serious medical issues except in the immunocompromised (those having a weakened immune system). Perhaps the most familiar ciliate is *Paramecium*, a motile organism with a clearly visible cytostome and cytoproct that is often studied in biology laboratories (Figure 5.14). Another ciliate, *Stentor*, is sessile and uses its cilia for feeding (Figure 5.15). Generally, these organisms have a **micronucleus** that is diploid, somatic, and used for sexual reproduction by conjugation. They also have a **macronucleus** that is derived from the micronucleus; the macronucleus becomes polyploid (multiple sets of duplicate chromosomes), and has a reduced set of metabolic genes.

Ciliates are able to reproduce through conjugation, in which two cells attach to each other. In each cell, the diploid micronuclei undergo meiosis, producing eight haploid nuclei each. Then, all but one of the haploid micronuclei and the macronucleus disintegrate; the remaining (haploid) micronucleus undergoes mitosis. The two cells then exchange one micronucleus each, which fuses with the remaining micronucleus present to form a new, genetically different,

^{3.} J. Flegr et al. "Toxoplasmosis—A Global Threat. Correlation of Latent Toxoplasmosis With Specific Disease Burden in a Set of 88 Countries." *PloS ONE* 9 no. 3 (2014):e90203.

^{4.} J. Flegr. "Effects of Toxoplasma on Human Behavior." Schizophrenia Bull 33, no. 3 (2007):757–760.

diploid micronucleus. The diploid micronucleus undergoes two mitotic divisions, so each cell has four micronuclei, and two of the four combine to form a new macronucleus. The chromosomes in the macronucleus then replicate repeatedly, the macronucleus reaches its polyploid state, and the two cells separate. The two cells are now genetically different from each other and from their previous versions.

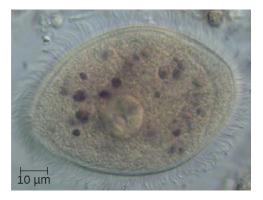


Figure 5.13 This specimen of the ciliate *Balantidium coli* is a trophozoite form isolated from the gut of a primate. *B. coli* is the only ciliate capable of parasitizing humans. (credit: modification of work by Kouassi RYW, McGraw SW, Yao PK, Abou-Bacar A, Brunet J, Pesson B, Bonfoh B, N'goran EK & Candolfi E)

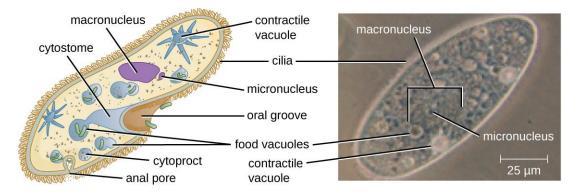


Figure 5.14 *Paramecium* has a primitive mouth (called an oral groove) to ingest food, and an anal pore to excrete it. Contractile vacuoles allow the organism to excrete excess water. Cilia enable the organism to move.

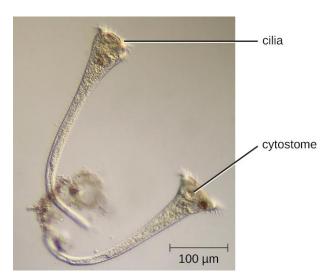


Figure 5.15 This differential interference contrast micrograph (magnification: ×65) of *Stentor roeselie* shows cilia present on the margins of the structure surrounding the cytostome; the cilia move food particles. (credit: modification of work by "picturepest"/Flickr)

Öomycetes have similarities to fungi and were once classified with them. They are also called water molds. However, they differ from fungi in several important ways. Öomycetes have cell walls of cellulose (unlike the chitinous cell walls of fungi) and they are generally diploid, whereas the dominant life forms of fungi are typically haploid. *Phytophthora*, the plant pathogen found in the soil that caused the Irish potato famine, is classified within this group (**Figure 5.16**).



Figure 5.16 A saprobic oomycete, or water mold, engulfs a dead insect. (credit: modification of work by Thomas Bresson)

Link to Learning



Explore the procedures for detecting the presence of an apicomplexan in a public water supply, at **this (https://openstax.org/l/22detpreapicom)** website.

This video (https://openstax.org/l/22feedstentor) shows the feeding of Stentor.

Excavata

The third and final supergroup to be considered in this section is the Excavata, which includes primitive eukaryotes and many parasites with limited metabolic abilities. These organisms have complex cell shapes and structures, often including a depression on the surface of the cell called an excavate. The group Excavata includes the subgroups Fornicata, Parabasalia, and Euglenozoa. The Fornicata lack mitochondria but have flagella. This group includes *Giardia lamblia* (also known as *G. intestinalis* or *G. duodenalis*), a widespread pathogen that causes diarrheal illness and can be spread through cysts from feces that contaminate water supplies (Figure 5.3). Parabasalia are frequent animal endosymbionts; they live in the guts of animals like termites and cockroaches. They have basal bodies and modified mitochondria (kinetoplastids). They also have a large, complex cell structure with an undulating membrane and often have many flagella. The trichomonads (a subgroup of the Parabasalia) include pathogens such as *Trichomonas vaginalis*, which causes the human sexually transmitted disease trichomoniasis. Trichomoniasis often does not cause symptoms in men, but men are able to transmit the infection. In women, it causes vaginal discomfort and discharge and may cause complications in pregnancy if left untreated.

The Euglenozoa are common in the environment and include photosynthetic and nonphotosynthetic species. Members of the genus *Euglena* are typically not pathogenic. Their cells have two flagella, a pellicle, a **stigma** (eyespot) to sense light, and chloroplasts for photosynthesis (**Figure 5.17**). The pellicle of *Euglena* is made of a series of protein bands surrounding the cell; it supports the cell membrane and gives the cell shape.

The Euglenozoa also include the trypanosomes, which are parasitic pathogens. The genus *Trypanosoma* includes *T. brucei*, which causes African trypanosomiasis (African sleeping sickness and *T. cruzi*, which causes American trypanosomiasis (Chagas disease). These tropical diseases are spread by insect bites. In African sleeping sickness, *T. brucei* colonizes the blood and the brain after being transmitted via the bite of a tsetse fly (*Glossina* spp.) (Figure **5.18**). The early symptoms include confusion, difficulty sleeping, and lack of coordination. Left untreated, it is fatal.

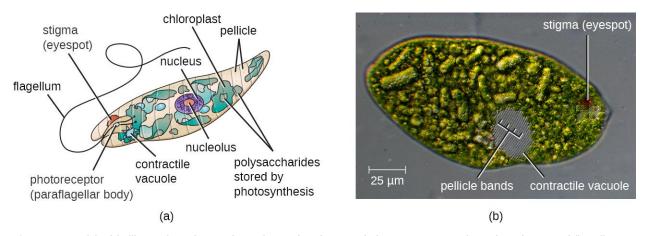


Figure 5.17 (a) This illustration of a *Euglena* shows the characteristic structures, such as the stigma and flagellum. (b) The pellicle, under the cell membrane, gives the cell its distinctive shape and is visible in this image as delicate parallel striations over the surface of the entire cell (especially visible over the grey contractile vacuole). (credit a: modification of work by Claudio Miklos; credit b: modification of work by David Shykind)

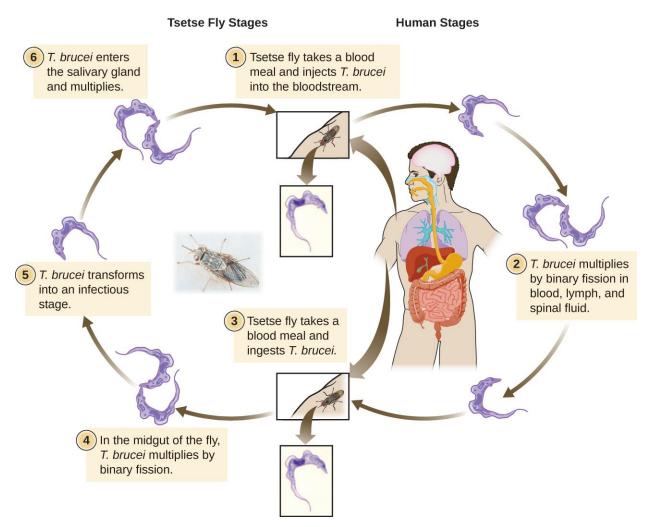
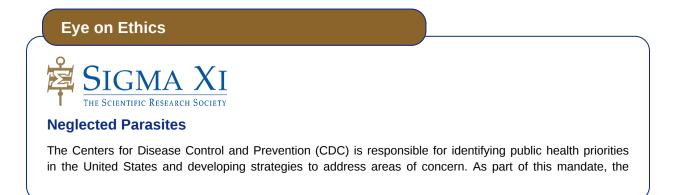


Figure 5.18 *Trypanosoma brucei*, the causative agent of African trypanosomiasis, spends part of its life cycle in the tsetse fly and part in humans. (credit "illustration": modification of work by Centers for Disease Control and Prevention; credit "photo": DPDx/Centers for Disease Control and Prevention)

Chagas' disease originated and is most common in Latin America. The disease is transmitted by *Triatoma* spp., insects often called "kissing bugs," and affects either the heart tissue or tissues of the digestive system. Untreated cases can eventually lead to heart failure or significant digestive or neurological disorders.

The genus *Leishmania* includes trypanosomes that cause disfiguring skin disease and sometimes systemic illness as well.



CDC has officially identified five parasitic diseases it considers to have been neglected (i.e., not adequately studied). These neglected parasitic infections (NPIs) include toxoplasmosis, Chagas disease, toxocariasis (a nematode infection transmitted primarily by infected dogs), cysticercosis (a disease caused by a tissue infection of the tapeworm *Taenia solium*), and trichomoniasis (a sexually transmitted disease caused by the parabasalid *Trichomonas vaginalis*).

The decision to name these specific diseases as NPIs means that the CDC will devote resources toward improving awareness and developing better diagnostic testing and treatment through studies of available data. The CDC may also advise on treatment of these diseases and assist in the distribution of medications that might otherwise be difficult to obtain.^[5]

Of course, the CDC does not have unlimited resources, so by prioritizing these five diseases, it is effectively deprioritizing others. Given that many Americans have never heard of many of these NPIs, it is fair to ask what criteria the CDC used in prioritizing diseases. According to the CDC, the factors considered were the number of people infected, the severity of the illness, and whether the illness can be treated or prevented. Although several of these NPIs may seem to be more common outside the United States, the CDC argues that many cases in the United States likely go undiagnosed and untreated because so little is known about these diseases.^[6]

What criteria should be considered when prioritizing diseases for purposes of funding or research? Are those identified by the CDC reasonable? What other factors could be considered? Should government agencies like the CDC have the same criteria as private pharmaceutical research labs? What are the ethical implications of deprioritizing other potentially neglected parasitic diseases such as leishmaniasis?

5.2 Parasitic Helminths

Learning Objectives

- Explain why we include the study of parasitic worms within the discipline of microbiology
- Compare the basic morphology of the major groups of parasitic helminthes
- Describe the characteristics of parasitic nematodes, and give an example of infective eggs and infective larvae
- Describe the characteristics of parasitic trematodes and cestodes, and give examples of each
- Identify examples of the primary causes of infections due to nematodes, trematodes, and cestodes
- · Classify parasitic worms according to major groups

Parasitic helminths are animals that are often included within the study of microbiology because many species of these worms are identified by their microscopic eggs and larvae. There are two major groups of parasitic helminths: the roundworms (Nematoda) and flatworms (Platyhelminthes). Of the many species that exist in these groups, about half are parasitic and some are important human pathogens. As animals, they are multicellular and have organ systems. However, the parasitic species often have limited digestive tracts, nervous systems, and locomotor abilities. Parasitic forms may have complex reproductive cycles with several different life stages and more than one type of host. Some are **monoecious**, having both male and female reproductive organs in a single individual, while others are **dioecious**, each having either male or female reproductive organs.

^{5.} Centers for Disease Control and Prevention. "Neglected Parasitic Infections (NPIs) in the United States." http://www.cdc.gov/parasites/ npi/. Last updated July 10, 2014.

^{6.} Centers for Disease Control and Prevention. "Fact Sheet: Neglected Parasitic Infections in the United States." http://www.cdc.gov/parasites/resources/pdf/npi_factsheet.pdf

Nematoda (Roundworms)

Phylum **Nematoda** (the roundworms) is a diverse group containing more than 15,000 species, of which several are important human parasites (**Figure 5.19**). These unsegmented worms have a full digestive system even when parasitic. Some are common intestinal parasites, and their eggs can sometimes be identified in feces or around the anus of infected individuals. *Ascaris lumbricoides* is the largest nematode intestinal parasite found in humans; females may reach lengths greater than 1 meter. *A. lumbricoides* is also very widespread, even in developed nations, although it is now a relatively uncommon problem in the United States. It may cause symptoms ranging from relatively mild (such as a cough and mild abdominal pain) to severe (such as intestinal blockage and impaired growth).

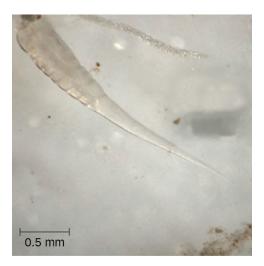


Figure 5.19 A micrograph of the nematode *Enterobius vermicularis*, also known as the pinworm. (credit: modification of work by Centers for Disease Control and Prevention)

Of all nematode infections in the United States, pinworm (caused by *Enterobius vermicularis*) is the most common. Pinworm causes sleeplessness and itching around the anus, where the female worms lay their eggs during the night. *Toxocara canis* and *T. cati* are nematodes found in dogs and cats, respectively, that can be transmitted to humans, causing toxocariasis. Antibodies to these parasites have been found in approximately 13.9% of the U.S. population, suggesting that exposure is common.^[7] Infection can cause larval migrans, which can result in vision loss and eye inflammation, or fever, fatigue, coughing, and abdominal pain, depending on whether the organism infects the eye or the viscera. Another common nematode infection is hookworm, which is caused by *Necator americanus* (the New World or North American hookworm) and *Ancylostoma duodenale* (the Old World hookworm). Symptoms of hookworm infection can include abdominal pain, diarrhea, loss of appetite, weight loss, fatigue, and anemia.

Trichinellosis, also called trichinosis, caused by *Trichinella spiralis*, is contracted by consuming undercooked meat, which releases the larvae and allows them to encyst in muscles. Infection can cause fever, muscle pains, and digestive system problems; severe infections can lead to lack of coordination, breathing and heart problems, and even death. Finally, heartworm in dogs and other animals is caused by the nematode *Dirofilaria immitis*, which is transmitted by mosquitoes. Symptoms include fatigue and cough; when left untreated, death may result.

Clinical Focus

Part 2

The physician explains to Sarah's mother that ringworm can be transferred between people through touch.

7. Won K, Kruszon-Moran D, Schantz P, Jones J. "National seroprevalence and risk factors for zoonotic Toxocara spp. infection." In: Abstracts of the 56th American Society of Tropical Medicine and Hygiene; Philadelphia, Pennsylvania; 2007 Nov 4-8.

"It's common in school children, because they often come in close contact with each other, but anyone can become infected," he adds. "Because you can transfer it through objects, locker rooms and public pools are also a potential source of infection. It's very common among wrestlers and athletes in other contact sports."

Looking very uncomfortable, Sarah says to her mother "I want this worm out of me."

The doctor laughs and says, "Sarah, you're in luck because ringworm is just a name; it is not an actual worm. You have nothing wriggling around under your skin."

"Then what is it?" asks Sarah.

· What type of pathogen causes ringworm?

Jump to the next Clinical Focus box. Go back to the previous Clinical Focus box.



· What is the most common nematode infection in the United States?

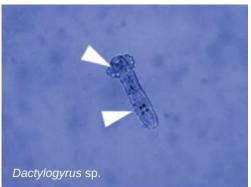
Platyhelminths (Flatworms)

Phylum **Platyhelminthes** (the platyhelminths) are flatworms. This group includes the flukes, tapeworms, and the turbellarians, which include planarians. The flukes and tapeworms are medically important parasites (**Figure 5.20**).

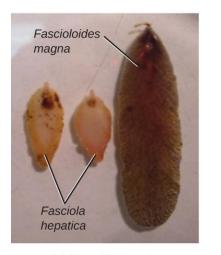
The **flukes** (trematodes) are nonsegmented flatworms that have an oral sucker (**Figure 5.21**) (and sometimes a second ventral sucker) and attach to the inner walls of intestines, lungs, large blood vessels, or the liver. Trematodes have complex life cycles, often with multiple hosts. Several important examples are the liver flukes (*Clonorchis* and *Opisthorchis*), the intestinal fluke (*Fasciolopsis buski*), and the oriental lung fluke (*Paragonimus westermani*). Schistosomiasis is a serious parasitic disease, considered second in the scale of its impact on human populations only to malaria. The parasites *Schistosoma mansoni*, *S. haematobium*, and *S. japonicum*, which are found in freshwater snails, are responsible for schistosomiasis (**Figure 5.22**). Immature forms burrow through the skin into the blood. They migrate to the lungs, then to the liver and, later, other organs. Symptoms include anemia, malnutrition, fever, abdominal pain, fluid buildup, and sometimes death.



(a) Class Turbellaria



(b) Class Monogenea

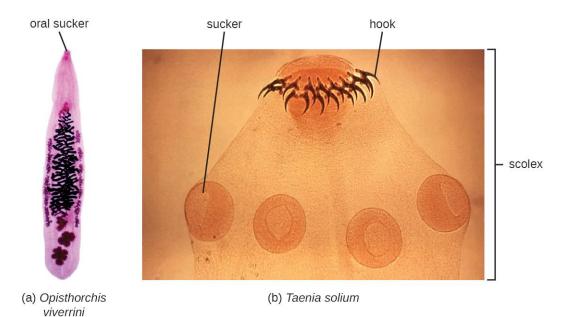


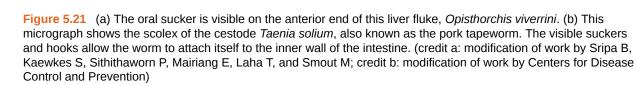
(c) Class Trematoda



(d) Class Cestoda

Figure 5.20 Phylum Platyhelminthes is divided into four classes. (a) Class Turbellaria includes the Bedford's flatworm (*Pseudobiceros bedfordi*), which is about 8–10 cm long. (b) The parasitic class Monogenea includes *Dactylogyrus* spp. Worms in this genus are commonly called gill flukes. The specimen pictured here is about 0.2 mm long and has two anchors, indicated by arrows, that it uses to latch onto the gills of host fish. (c) The Trematoda class includes the common liver fluke *Fasciola hepatica* and the giant liver fluke *Fascioloides magna* (right). The *F. magna* specimen shown here is about 7 cm long. (d) Class Cestoda includes tapeworms such as *Taenia saginata*, which infects both cattle and humans and can reach lengths of 4–10 meters; the specimen shown here is about 4 meters long. (credit c: modification of work by "Flukeman"/Wikimedia Commons)





The other medically important group of platyhelminths are commonly known as **tapeworms** (cestodes) and are segmented flatworms that may have suckers or hooks at the **scolex** (head region) (**Figure 5.21**). Tapeworms use these suckers or hooks to attach to the wall of the small intestine. The body of the worm is made up of segments called **proglottids** that contain reproductive structures; these detach when the gametes are fertilized, releasing gravid proglottids with eggs. Tapeworms often have an intermediate host that consumes the eggs, which then hatch into a larval form called an oncosphere. The oncosphere migrates to a particular tissue or organ in the intermediate host, where it forms cysticerci. After being eaten by the definitive host, the cysticerci develop into adult tapeworms in the host's digestive system (**Figure 5.23**). *Taenia saginata* (the beef tapeworm) and *T. solium* (the pork tapeworm) enter humans through ingestion of undercooked, contaminated meat. The adult worms develop and reside in the intestine, but the larval stage may migrate and be found in other body locations such as skeletal and smooth muscle. The pork tapeworm can cause more serious problems when the larvae leave the intestine and colonize other tissues, including those of the central nervous system. *Diphylobothrium latum* is the largest human tapeworm and can be ingested in undercooked fish. It can grow to a length of 15 meters. *Echinococcus granulosus*, the dog tapeworm, can parasitize humans and uses dogs as an important host.

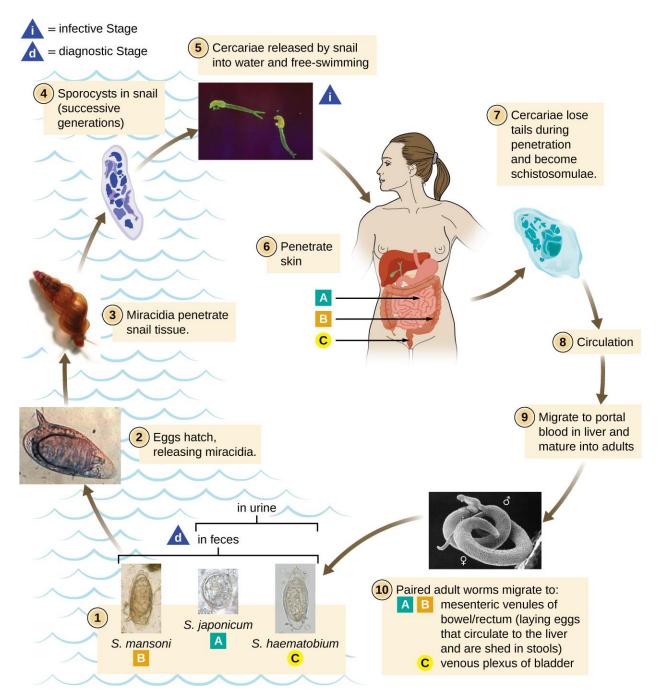


Figure 5.22 The life cycle of *Schistosoma* spp. includes several species of water snails, which serve as secondary hosts. The parasite is transmitted to humans through contact with contaminated water and takes up residence in the veins of the digestive system. Eggs escape the host in the urine or feces and infect a snail to complete the life cycle. (credit "illustration": modification of work by Centers for Disease Control and Prevention; credit "step 3 photo": modification of work by Fred A. Lewis, Yung-san Liang, Nithya Raghavan & Matty Knight)

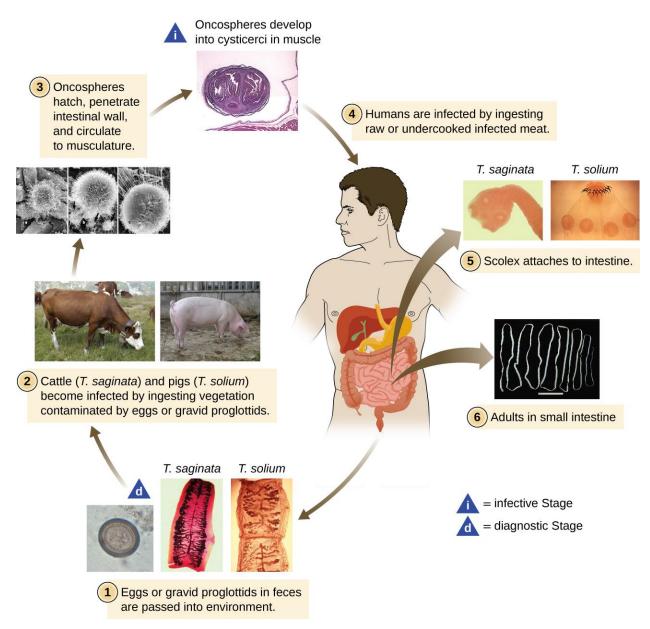


Figure 5.23 Life cycle of a tapeworm. (credit "illustration": modification of work by Centers for Disease Control and Prevention; credit "step 3 micrographs": modification of work by American Society for Microbiology)



· What group of medically important flatworms is segmented and what group is unsegmented?

Micro Connections

Food for Worms?

For residents of temperate, developed countries, it may be difficult to imagine just how common helminth infections are in the human population. In fact, they are quite common and even occur frequently in the United States. Worldwide, approximately 807–1,221 million people are infected with *Ascaris lumbricoides* (perhaps one-sixth of the human population) and far more are infected if all nematode species are considered.^[8] Rates of infection are relatively high even in industrialized nations. Approximately 604–795 million people are infected with whipworm (*Trichuris*) worldwide (*Trichuris* can also infect dogs), and 576–740 million people are infected with hookworm (*Necator americanus* and *Ancylostoma duodenale*).^[9] *Toxocara*, a nematode parasite of dogs and cats, is also able to infect humans. It is widespread in the United States, with about 10,000 symptomatic cases annually. However, one study found 14% of the population (more than 40 million Americans) was seropositive, meaning they had been exposed to the parasite at one time. More than 200 million people have schistosomiasis worldwide. Most of the World Health Organization (WHO) neglected tropical diseases are helminths. In some cases, helminths may cause subclinical illnesses, meaning the symptoms are so mild that that they go unnoticed. In other cases, the effects may be more severe or chronic, leading to fluid accumulation and organ damage. With so many people affected, these parasites constitute a major global public health concern.

Micro Connections

Eradicating the Guinea Worm

Dracunculiasis, or Guinea worm disease, is caused by a nematode called *Dracunculus medinensis*. When people consume contaminated water, water fleas (small crustaceans) containing the nematode larvae may be ingested. These larvae migrate out of the intestine, mate, and move through the body until females eventually emerge (generally through the feet). While Guinea worm disease is rarely fatal, it is extremely painful and can be accompanied by secondary infections and edema (Figure 5.24).



Figure 5.24 The Guinea worm can be removed from a leg vein of an infected person by gradually winding it around a stick, like this matchstick. (credit: Centers for Disease Control and Prevention)

An eradication campaign led by WHO, the CDC, the United Nations Children's Fund (UNICEF), and the Carter Center (founded by former U.S. president Jimmy Carter) has been extremely successful in reducing cases of dracunculiasis. This has been possible because diagnosis is straightforward, there is an inexpensive method of control, there is no animal reservoir, the water fleas are not airborne (they are restricted to still water),

8. Fenwick, A. "The global burden of neglected tropical diseases." Public health 126 no.3 (Mar 2012): 233-6.

9. de Silva, N., et. al. (2003). "Soil-transmitted helminth infections: updating the global picture". *Trends in Parasitology* 19 (December 2003): 547–51.

the disease is geographically limited, and there has been a commitment from the governments involved. Additionally, no vaccines or medication are required for treatment and prevention. In 1986, 3.5 million people were estimated to be affected. After the eradication campaign, which included helping people in affected areas learn to filter water with cloth, only four countries continue to report the disease (Chad, Mali, South Sudan, and Ethiopia) with a total of 126 cases reported to WHO in 2014.^[10]

5.3 Fungi

Learning Objectives

- Explain why the study of fungi such as yeast and molds is within the discipline of microbiology
- Describe the unique characteristics of fungi
- · Describe examples of asexual and sexual reproduction of fungi
- · Compare the major groups of fungi in this chapter, and give examples of each
- · Identify examples of the primary causes of infections due to yeasts and molds
- Identify examples of toxin-producing fungi
- Classify fungal organisms according to major groups

The fungi comprise a diverse group of organisms that are heterotrophic and typically saprozoic. In addition to the well-known macroscopic fungi (such as mushrooms and molds), many unicellular yeasts and spores of macroscopic fungi are microscopic. For this reason, fungi are included within the field of microbiology.

Fungi are important to humans in a variety of ways. Both microscopic and macroscopic fungi have medical relevance, with some pathogenic species that can cause **mycoses** (illnesses caused by fungi). Some pathogenic fungi are opportunistic, meaning that they mainly cause infections when the host's immune defenses are compromised and do not normally cause illness in healthy individuals. Fungi are important in other ways. They act as decomposers in the environment, and they are critical for the production of certain foods such as cheeses. Fungi are also major sources of antibiotics, such as penicillin from the fungus *Penicillium*.

Characteristics of Fungi

Fungi have well-defined characteristics that set them apart from other organisms. Most multicellular fungal bodies, commonly called molds, are made up of filaments called **hyphae**. Hyphae can form a tangled network called a **mycelium** and form the **thallus** (body) of fleshy fungi. Hyphae that have walls between the cells are called **septate hyphae**; hyphae that lack walls and cell membranes between the cells are called nonseptate or **coenocytic hyphae**). (Figure 5.25).

^{10.} World Health Organization. "South Sudan Reports Zero Cases of Guinea-Worm Disease for Seventh Consecutive Month." 2016. http://www.who.int/dracunculiasis/no_new_case_for_seventh_consecutive_months/en/. Accessed May 2, 2016.

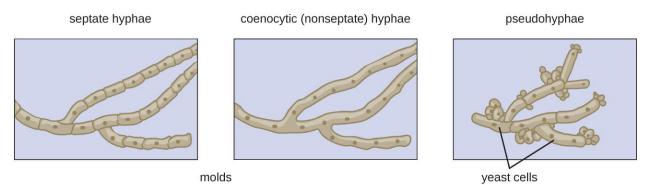


Figure 5.25 Multicellular fungi (molds) form hyphae, which may be septate or nonseptate. Unicellular fungi (yeasts) cells form pseudohyphae from individual yeast cells.

In contrast to molds, yeasts are unicellular fungi. The **budding yeasts** reproduce asexually by budding off a smaller daughter cell; the resulting cells may sometimes stick together as a short chain or **pseudohypha** (Figure 5.25). *Candida albicans* is a common yeast that forms pseudohyphae; it is associated with various infections in humans, including vaginal yeast infections, oral thrush, and candidiasis of the skin.

Some fungi are dimorphic, having more than one appearance during their life cycle. These **dimorphic fungi** may be able to appear as yeasts or molds, which can be important for infectivity. They are capable of changing their appearance in response to environmental changes such as nutrient availability or fluctuations in temperature, growing as a mold, for example, at 25 °C (77 °F), and as yeast cells at 37 °C (98.6 °F). This ability helps dimorphic fungi to survive in diverse environments. *Histoplasma capsulatum*, the pathogen that causes histoplasmosis, a lung infection, is an example of a dimorphic fungus (**Figure 5.26**).

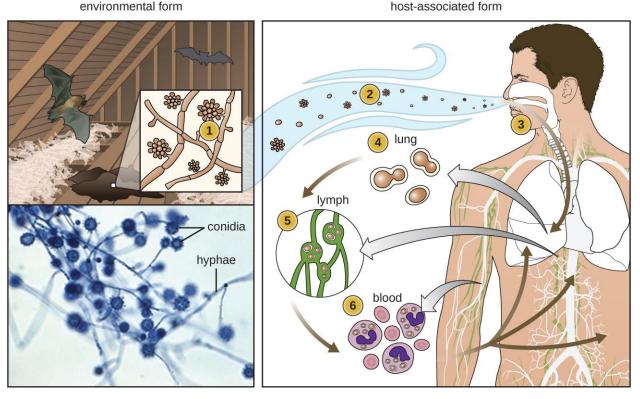


Figure 5.26 *Histoplasma capsulatum* is a dimorphic fungus that grows in soil exposed to bird feces or bat feces (guano) (top left). It can change forms to survive at different temperatures. In the outdoors, it typically grows as a mycelium (as shown in the micrograph, bottom left), but when the spores are inhaled (right), it responds to the high internal temperature of the body (37 °C [98.6 °F]) by turning into a yeast that can multiply in the lungs, causing the chronic lung disease histoplasmosis. (credit: modification of work by Centers for Disease Control and Prevention)

There are notable unique features in fungal cell walls and membranes. Fungal cell walls contain **chitin**, as opposed to the cellulose found in the cell walls of plants and many protists. Additionally, whereas animals have cholesterol in their cell membranes, fungal cell membranes have different sterols called ergosterols. Ergosterols are often exploited as targets for antifungal drugs.

Fungal life cycles are unique and complex. Fungi reproduce sexually either through cross- or self-fertilization. Haploid fungi form hyphae that have gametes at the tips. Two different mating types (represented as "+ type" and "– type") are involved. The cytoplasms of the + and – type gametes fuse (in an event called plasmogamy), producing a cell with two distinct nuclei (a **dikaryotic** cell). Later, the nuclei fuse (in an event called karyogamy) to create a diploid zygote. The zygote undergoes meiosis to form **spores** that germinate to start the haploid stage, which eventually creates more haploid mycelia (**Figure 5.27**). Depending on the taxonomic group, these sexually produced spores are known as zygospores (in Zygomycota), ascospores (in Ascomycota), or basidiospores (in Basidiomycota) (**Figure 5.28**).

Fungi may also exhibit asexual reproduction by mitosis, mitosis with budding, fragmentation of hyphae, and formation of asexual spores by mitosis. These spores are specialized cells that, depending on the organism, may have unique characteristics for survival, reproduction, and dispersal. Fungi exhibit several types of asexual spores and these can be important in classification.

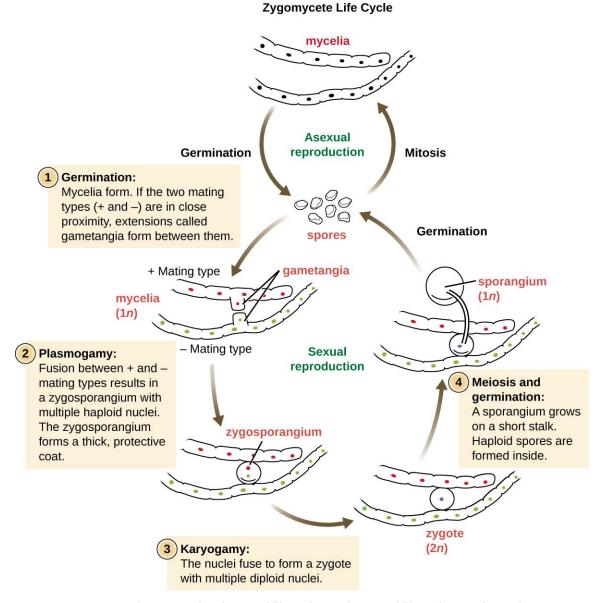


Figure 5.27 Zygomycetes have sexual and asexual life cycles. In the sexual life cycle, + and – mating types conjugate to form a zygosporangium.



(a)

Figure 5.28 These images show asexually produced spores. (a) This brightfield micrograph shows the release of spores from a sporangium at the end of a hypha called a sporangiophore. The organism is a Mucor sp. fungus, a mold often found indoors. (b) Sporangia grow at the ends of stalks, which appear as the white fuzz seen on this bread mold, Rhizopus stolonifer. The tips of bread mold are the dark, spore-containing sporangia. (credit a: modification of work by Centers for Disease Control and Prevention; credit b right: modification of work by "Andrew"/Flickr)



Is a dimorphic fungus a yeast or a mold? Explain.

Fungal Diversity

The fungi are very diverse, comprising seven major groups. Not all of the seven groups contain pathogens. Some of these groups are generally associated with plants and include plant pathogens. For example, Urediniomycetes and Ustilagomycetes include the plant rusts and smuts, respectively. These form reddish or dark masses, respectively, on plants as rusts (red) or smuts (dark). Some species have substantial economic impact because of their ability to reduce crop yields. Glomeromycota includes the mycorrhizal fungi, important symbionts with plant roots that can promote plant growth by acting like an extended root system. The Glomeromycota are obligate symbionts, meaning that they can only survive when associated with plant roots; the fungi receive carbohydrates from the plant and the plant benefits from the increased ability to take up nutrients and minerals from the soil. The Chytridiomycetes (chytrids) are small fungi, but are extremely ecologically important. Chytrids are generally aquatic and have flagellated, motile gametes; specific types are implicated in amphibian declines around the world. Because of their medical importance, we will focus on Zygomycota, Ascomycota, Basidiomycota, and Microsporidia. Figure 5.33 summarizes the characteristics of these medically important groups of fungi.

The Zygomycota (zygomycetes) are mainly saprophytes with coenocytic hyphae and haploid nuclei. They use sporangiospores for asexual reproduction. The group name comes from the zygospores that they use for sexual reproduction (Figure 5.27), which have hard walls formed from the fusion of reproductive cells from two individuals. Zygomycetes are important for food science and as crop pathogens. One example is *Rhizopus stolonifer* (Figure 5.28), an important bread mold that also causes rice seedling blight. *Mucor* is a genus of fungi that can potentially cause necrotizing infections in humans, although most species are intolerant of temperatures found in mammalian bodies (Figure 5.28).

The Ascomycota include fungi that are used as food (edible mushrooms, morels, and truffles), others that are common causes of food spoilage (bread molds and plant pathogens), and still others that are human pathogens. Ascomycota may have septate hyphae and cup-shaped fruiting bodies called **ascocarps**. Some genera of Ascomvcota use sexually produced **ascospores** as well as asexual spores called **conidia**, but sexual phases have not been discovered or described for others. Some produce an **ascus** containing ascospores within an ascocarp (Figure 5.29).

Examples of the Ascomycota include several bread molds and minor pathogens, as well as species capable of causing

more serious mycoses. Species in the genus *Aspergillus* are important causes of allergy and infection, and are useful in research and in the production of certain fermented alcoholic beverages such as Japanese *sake*. The fungus *Aspergillus flavus*, a contaminant of nuts and stored grains, produces an **aflatoxin** that is both a toxin and the most potent known natural carcinogen. *Neurospora crassa* is of particular use in genetics research because the spores produced by meiosis are kept inside the ascus in a row that reflects the cell divisions that produced them, giving a direct view of segregation and assortment of genes (**Figure 5.30**). *Penicillium* produces the antibiotic penicillin (**Figure 5.29**).

Many species of ascomycetes are medically important. A large number of species in the genera *Trichophyton*, *Microsporum*, and *Epidermophyton* are dermatophytes, pathogenic fungi capable of causing skin infections such as athlete's foot, jock itch, and ringworm. *Blastomyces dermatitidis* is a dimorphic fungus that can cause blastomycosis, a respiratory infection that, if left untreated, can become disseminated to other body sites, sometimes leading to death. Another important respiratory pathogen is the dimorphic fungus *Histoplasma capsulatum* (Figure 5.26), which is associated with birds and bats in the Ohio and Mississippi river valleys. *Coccidioides immitis* causes the serious lung disease Valley fever. *Candida albicans*, the most common cause of vaginal and other yeast infections, is also an ascomycete fungus; it is a part of the normal microbiota of the skin, intestine, genital tract, and ear (Figure 5.29). Ascomycetes also cause plant diseases, including ergot infections, Dutch elm disease, and powdery mildews.

Saccharomyces yeasts, including the baker's yeast *S. cerevisiae*, are unicellular ascomycetes with haploid and diploid stages (**Figure 5.31**). This and other *Saccharomyces* species are used for brewing beer.

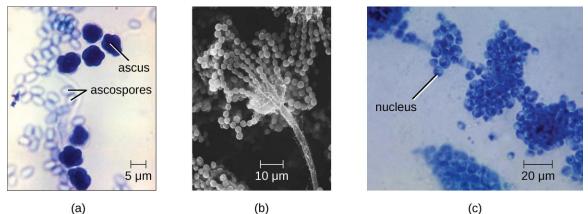


Figure 5.29 (a) This brightfield micrograph shows ascospores being released from asci in the fungus *Talaromyces flavus* var. *flavus*. (b) This electron micrograph shows the conidia (spores) borne on the conidiophore of *Aspergillus*, a type of toxic fungus found mostly in soil and plants. (c) This brightfield micrograph shows the yeast *Candida albicans*, the causative agent of candidiasis and thrush. (credit a, b, c: modification of work by Centers for Disease Control and Prevention)



Figure 5.30 These ascospores, lined up within an ascus, are produced sexually. (credit: Peter G. Werner)

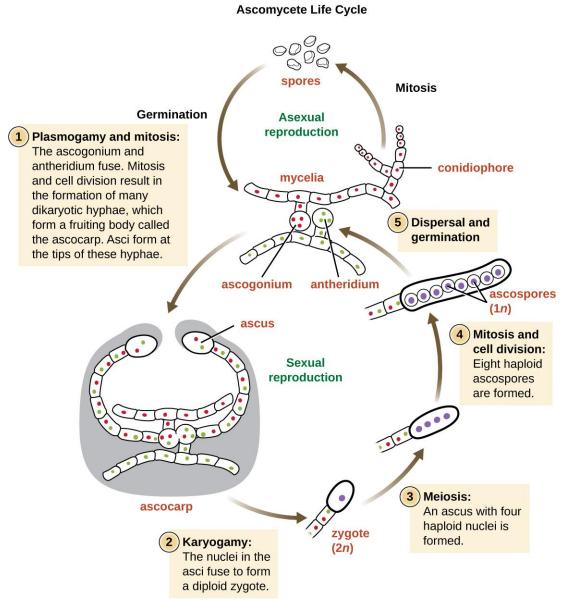
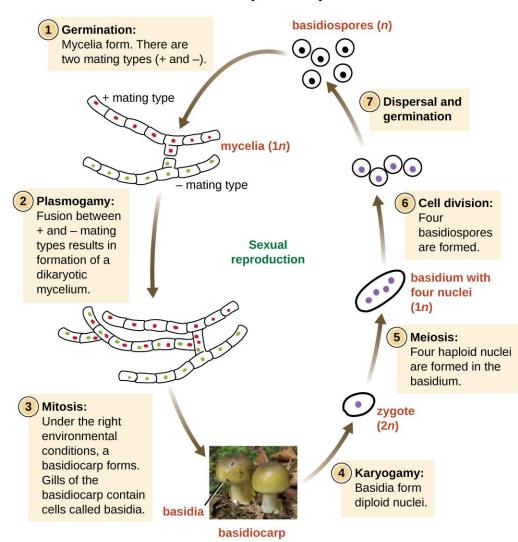


Figure 5.31 The life cycle of an ascomycete is characterized by the production of asci during the sexual phase. The haploid phase is the predominant phase of the life cycle.

The Basidiomycota (basidiomycetes) are fungi that have **basidia** (club-shaped structures) that produce **basidiospores** (spores produced through budding) within fruiting bodies called **basidiocarps** (**Figure 5.32**). They are important as decomposers and as food. This group includes rusts, stinkhorns, puffballs, and mushrooms. Several species are of particular importance. *Cryptococcus neoformans*, a fungus commonly found as a yeast in the environment, can cause serious lung infections when inhaled by individuals with weakened immune systems. The edible meadow mushroom, *Agricus campestris*, is a basidiomycete, as is the poisonous mushroom *Amanita phalloides*, known as the death cap. The deadly toxins produced by *A. phalloides* have been used to study transcription.



Basidiomycete Life Cycle

Figure 5.32 The life cycle of a basidiomycete alternates a haploid generation with a prolonged stage in which two nuclei (dikaryon) are present in the hyphae.

Finally, the **Microsporidia** are unicellular fungi that are obligate intracellular parasites. They lack mitochondria, peroxisomes, and centrioles, but their spores release a unique **polar tubule** that pierces the host cell membrane to allow the fungus to gain entry into the cell. A number of microsporidia are human pathogens, and infections with microsporidia are called microsporidiosis. One pathogenic species is *Enterocystozoan bieneusi*, which can cause symptoms such as diarrhea, cholecystitis (inflammation of the gall bladder), and in rare cases, respiratory illness.

Select Groups of Fungi							
Group	Characteristics	Examples	Medically Important Species	Image			
Ascomycota	Septate hyphae Ascus with ascospores in ascocarp Conidiospores	Cup fungi Edible mushrooms Morels Truffles <i>Neurospora</i> <i>Penicillium</i>	Aspergillus spp. Trichophyton spp. Microsporum spp. Epidermophyton spp. Blastomyces dermititidis Histoplasma capsulatum	Aspergillus niger			
Basidiomycota	Basidia produce basidiospores in a basidiocarp	Club fungi Rusts Stinkhorns Puffballs Mushrooms <i>Cryptococcus</i> <i>neoformans</i> <i>Amanita</i> <i>phalloides</i>	Crytococcus neoformans	Amanita phalloides			
Microsporidia	Lack mitochondria, perioxisomes, centrioles Spores produce a polar tube	Entero- cystozoan bieneusi	Enterocystozoan bieneusi	Microsporidia (unidentified)			
Zygomycota	Mainly saprophytes Coenocytic hyphae Haploid nuclei Zygospores	Rhizopus stolonifera	<i>Mucor</i> spp.	Rhizopus sp.			

Figure 5.33 (credit "Ascomycota": modification of work by Dr. Lucille Georg, Centers for Disease Control and Prevention; credit "Microsporidia": modification of work by Centers for Disease Control and Prevention)

Check Your Understanding

Which group of fungi appears to be associated with the greatest number of human diseases?

Micro Connections

Eukaryotic Pathogens in Eukaryotic Hosts

When we think about antimicrobial medications, antibiotics such as penicillin often come to mind. Penicillin and related antibiotics interfere with the synthesis of peptidoglycan cell walls, which effectively targets bacterial cells. These antibiotics are useful because humans (like all eukaryotes) do not have peptidoglycan cell walls.

Developing medications that are effective against eukaryotic cells but not harmful to human cells is more difficult. Despite huge morphological differences, the cells of humans, fungi, and protists are similar in terms of their ribosomes, cytoskeletons, and cell membranes. As a result, it is more challenging to develop medications that target protozoans and fungi in the same way that antibiotics target prokaryotes.

Fungicides have relatively limited modes of action. Because fungi have ergosterols (instead of cholesterol) in their cell membranes, the different enzymes involved in sterol production can be a target of some medications. The azole and morpholine fungicides interfere with the synthesis of membrane sterols. These are used widely in agriculture (fenpropimorph) and clinically (e.g., miconazole). Some antifungal medications target the chitin cell walls of fungi. Despite the success of these compounds in targeting fungi, antifungal medications for systemic infections still tend to have more toxic side effects than antibiotics for bacteria.

Clinical Focus

Part 3

Sarah is relieved the ringworm is not an actual worm, but wants to know what it really is. The physician explains that ringworm is a fungus. He tells her that she will not see mushrooms popping out of her skin, because this fungus is more like the invisible part of a mushroom that hides in the soil. He reassures her that they are going to get the fungus out of her too.

The doctor cleans and then carefully scrapes the lesion to place a specimen on a slide. By looking at it under a microscope, the physician is able to confirm that a fungal infection is responsible for Sarah's lesion. In **Figure 5.34**, it is possible to see macro- and microconidia in *Trichophyton rubrum*. Cell walls are also visible. Even if the pathogen resembled a helminth under the microscope, the presence of cell walls would rule out the possibility because animal cells lack cell walls.

The doctor prescribes an antifungal cream for Sarah's mother to apply to the ringworm. Sarah's mother asks, "What should we do if it doesn't go away?"

• Can all forms of ringworm be treated with the same antifungal medication?

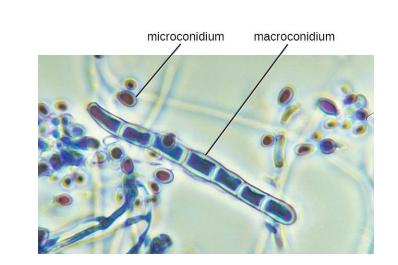


Figure 5.34 This micrograph shows hyphae (macroconidium) and microconidia of *Trichophyton rubrum*, a dermatophyte responsible for fungal infections of the skin. (credit: modification of work by Centers for Disease Control and Prevention)

Jump to the **next** Clinical Focus box. Go back to the **previous** Clinical Focus box.

5.4 Algae

Learning Objectives

- Explain why algae are included within the discipline of microbiology
- Describe the unique characteristics of algae
- Identify examples of toxin-producing algae
- · Compare the major groups of algae in this chapter, and give examples of each
- · Classify algal organisms according to major groups

The **algae** are autotrophic protists that can be unicellular or multicellular. These organisms are found in the supergroups Chromalveolata (dinoflagellates, diatoms, golden algae, and brown algae) and Archaeplastida (red algae and green algae). They are important ecologically and environmentally because they are responsible for the production of approximately 70% of the oxygen and organic matter in aquatic environments. Some types of algae, even those that are microscopic, are regularly eaten by humans and other animals. Additionally, algae are the source for **agar**, agarose, and **carrageenan**, solidifying agents used in laboratories and in food production. Although algae are typically not pathogenic, some produce toxins. Harmful **algal blooms**, which occur when algae grow quickly and produce dense populations, can produce high concentrations of toxins that impair liver and nervous-system function in aquatic animals and humans.

Like protozoans, algae often have complex cell structures. For instance, algal cells can have one or more chloroplasts that contain structures called **pyrenoids** to synthesize and store starch. The chloroplasts themselves differ in their number of membranes, indicative of secondary or rare tertiary endosymbiotic events. Primary chloroplasts have two membranes—one from the original cyanobacteria that the ancestral eukaryotic cell engulfed, and one from the plasma membrane of the engulfing cell. Chloroplasts in some lineages appear to have resulted from secondary endosymbiosis, in which another cell engulfed a green or red algal cell that already had a primary chloroplast within it. The engulfing cell destroyed everything except the chloroplast and possibly the cell membrane of its original cell, leaving three or four membranes around the chloroplast. Different algal groups have different pigments, which are

reflected in common names such as red algae, brown algae, and green algae.

Some algae, the seaweeds, are macroscopic and may be confused with plants. Seaweeds can be red, brown, or green, depending on their photosynthetic pigments. Green algae, in particular, share some important similarities with land plants; however, there are also important distinctions. For example, seaweeds do not have true tissues or organs like plants do. Additionally, seaweeds do not have a waxy cuticle to prevent desiccation. Algae can also be confused with cyanobacteria, photosynthetic bacteria that bear a resemblance to algae; however, cyanobacteria are prokaryotes (see **Nonproteobacteria Gram-negative Bacteria and Phototrophic Bacteria**).

Algae have a variety of life cycles. Reproduction may be asexual by mitosis or sexual using gametes.

Algal Diversity

Although the algae and protozoa were formerly separated taxonomically, they are now mixed into supergroups. The algae are classified within the Chromalveolata and the Archaeplastida. Although the Euglenozoa (within the supergroup Excavata) include photosynthetic organisms, these are not considered algae because they feed and are motile.

The dinoflagellates and stramenopiles fall within the Chromalveolata. The **dinoflagellates** are mostly marine organisms and are an important component of plankton. They have a variety of nutritional types and may be phototrophic, heterotrophic, or mixotrophic. Those that are photosynthetic use chlorophyll *a*, chlorophyll c_2 , and other photosynthetic pigments (Figure 5.35). They generally have two flagella, causing them to whirl (in fact, the name dinoflagellate comes from the Greek word for "whirl": *dini*). Some have cellulose plates forming a hard outer covering, or **theca**, as armor. Additionally, some dinoflagellates produce neurotoxins that can cause paralysis in humans or fish. Exposure can occur through contact with water containing the dinoflagellate toxins or by feeding on organisms that have eaten dinoflagellates.

When a population of dinoflagellates becomes particularly dense, a **red tide** (a type of harmful algal bloom) can occur. Red tides cause harm to marine life and to humans who consume contaminated marine life. Major toxin producers include *Gonyaulax* and *Alexandrium*, both of which cause paralytic shellfish poisoning. Another species, *Pfiesteria piscicida*, is known as a fish killer because, at certain parts of its life cycle, it can produce toxins harmful to fish and it appears to be responsible for a suite of symptoms, including memory loss and confusion, in humans exposed to water containing the species.

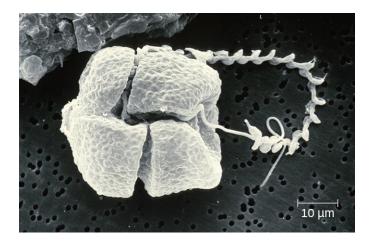


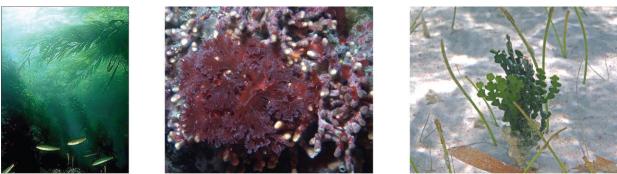
Figure 5.35 The dinoflagellates exhibit great diversity in shape. Many are encased in cellulose armor and have two flagella that fit in grooves between the plates. Movement of these two perpendicular flagella causes a spinning motion. (credit: modification of work by CSIRO)

The **stramenopiles** include the golden algae (Chrysophyta), the brown algae (Phaeophyta), and the **diatoms** (Bacillariophyta). Stramenopiles have chlorophyll *a*, chlorophyll c_1/c_2 , and fucoxanthin as photosynthetic pigments. Their storage carbohydrate is chrysolaminarin. While some lack cell walls, others have scales. Diatoms have

Brown algae (Phaeophyta) are multicellular marine seaweeds. Some can be extremely large, such as the giant kelp (*Laminaria*). They have leaf-like blades, stalks, and structures called holdfasts that are used to attach to substrate. However, these are not true leaves, stems, or roots (**Figure 5.36**). Their photosynthetic pigments are chlorophyll *a*, chlorophyll *c*, β -carotene, and fucoxanthine. They use laminarin as a storage carbohydrate.

The Archaeplastids include the green algae (Chlorophyta), the red algae (Rhodophyta), another group of green algae (Charophyta), and the land plants. The Charaphyta are the most similar to land plants because they share a mechanism of cell division and an important biochemical pathway, among other traits that the other groups do not have. Like land plants, the Charophyta and Chlorophyta have chlorophyll *a* and chlorophyll *b* as photosynthetic pigments, cellulose cell walls, and starch as a carbohydrate storage molecule. *Chlamydomonas* is a green alga that has a single large chloroplast, two flagella, and a stigma (eyespot); it is important in molecular biology research (**Figure 5.37**).

Chlorella is a nonmotile, large, unicellular alga, and *Acetabularia* is an even larger unicellular green alga. The size of these organisms challenges the idea that all cells are small, and they have been used in genetics research since Joachim Hämmerling (1901–1980) began to work with them in 1943. *Volvox* is a colonial, unicellular alga (Figure 5.37). A larger, multicellular green alga is *Ulva*, also known as the sea lettuce because of its large, edible, green blades. The range of life forms within the Chlorophyta—from unicellular to various levels of coloniality to multicellular forms—has been a useful research model for understanding the evolution of multicellularity. The red algae are mainly multicellular but include some unicellular forms. They have rigid cell walls containing agar or carrageenan, which are useful as food solidifying agents and as a solidifier added to growth media for microbes.



(a)

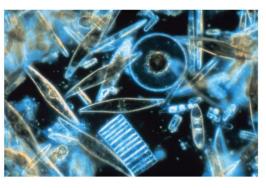
(b)



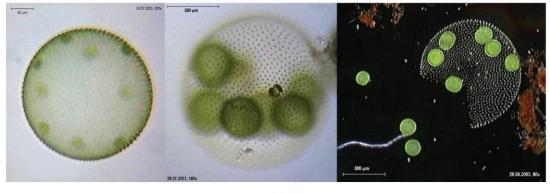




(d)



(e)



(f)

Figure 5.36 (a) These large multicellular kelps are members of the brown algae. Note the "leaves" and "stems" that make them appear similar to green plants. (b) This is a species of red algae that is also multicellular. (c) The green alga Halimeda incrassata, shown here growing on the sea floor in shallow water, appears to have plant-like structures, but is not a true plant. (d) Bioluminesence, visible in the cresting wave in this picture, is a phenomenon of certain dinoflagellates. (e) Diatoms (pictured in this micrograph) produce silicaceous tests (skeletons) that form diatomaceous earths. (f) Colonial green algae, like volvox in these three micrographs, exhibit simple cooperative associations of cells. (credit a, e: modification of work by NOAA; credit b: modification of work by Ed Bierman; credit c: modification of work by James St. John; credit d: modification of work by "catalano82"/Flickr; credit f: modification of work by Dr. Ralf Wagner)

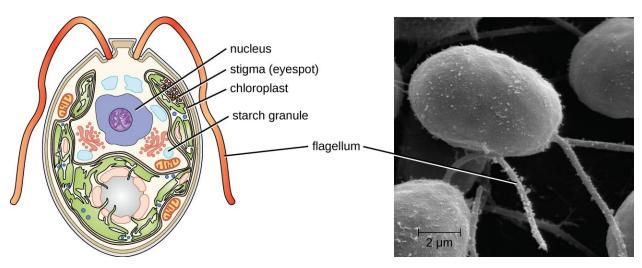


Figure 5.37 Chlamydomonas is a unicellular green alga.

🚺 Check Your Understanding

· Which groups of algae are associated with harmful algal blooms?

5.5 Lichens

Learning Objectives

- Explain why lichens are included in the study of microbiology
- Describe the unique characteristics of a lichen and the role of each partner in the symbiotic relationship of a lichen
- Describe ways in which lichens are beneficial to the environment

No one has to worry about getting sick from a lichen infection, but lichens are interesting from a microbiological perspective and they are an important component of most terrestrial ecosystems. Lichens provide opportunities for study of close relationships between unrelated microorganisms. Lichens contribute to soil production by breaking down rock, and they are early colonizers in soilless environments such as lava flows. The cyanobacteria in some lichens can fix nitrogen and act as a nitrogen source in some environments. Lichens are also important soil stabilizers in some desert environments and they are an important winter food source for caribou and reindeer. Finally, lichens produce compounds that have antibacterial effects, and further research may discover compounds that are medically useful to humans.

Characteristics

A **lichen** is a combination of two organisms, a green alga or cyanobacterium and an ascomycete fungus, living in a symbiotic relationship. Whereas algae normally grow only in aquatic or extremely moist environments, lichens can potentially be found on almost any surface (especially rocks) or as **epiphytes** (meaning that they grow on other plants).

In some ways, the symbiotic relationship between lichens and algae seems like a mutualism (a relationship in which both organisms benefit). The fungus can obtain photosynthates from the algae or cyanobacterium and the algae or

cyanobacterium can grow in a drier environment than it could otherwise tolerate. However, most scientists consider this symbiotic relationship to be a controlled parasitism (a relationship in which one organism benefits and the other is harmed) because the photosynthetic organism grows less well than it would without the fungus. It is important to note that such symbiotic interactions fall along a continuum between conflict and cooperation.

Lichens are slow growing and can live for centuries. They have been used in foods and to extract chemicals as dyes or antimicrobial substances. Some are very sensitive to pollution and have been used as environmental indicators.

Lichens have a body called a thallus, an outer, tightly packed fungal layer called a **cortex**, and an inner, loosely packed fungal layer called a **medulla** (Figure 5.38). Lichens use hyphal bundles called **rhizines** to attach to the substrate.

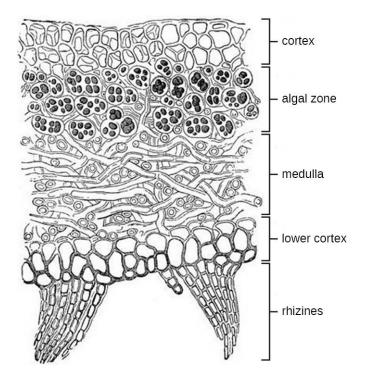


Figure 5.38 This cross-section of a lichen thallus shows its various components. The upper cortex of fungal hyphae provides protection. Photosynthesis occurs in the algal zone. The medulla consists of fungal hyphae. The lower cortex also provides protection. The rhizines anchor the thallus to the substrate.

Lichen Diversity

Lichens are classified as fungi and the fungal partners belong to the Ascomycota and Basidiomycota. Lichens can also be grouped into types based on their morphology. There are three major types of lichens, although other types exist as well. Lichens that are tightly attached to the substrate, giving them a crusty appearance, are called **crustose lichens**. Those that have leaf-like lobes are **foliose lichens**; they may only be attached at one point in the growth form, and they also have a second cortex below the medulla. Finally, **fruticose lichens** have rounded structures and an overall branched appearance. **Figure 5.39** shows an example of each of the forms of lichens.

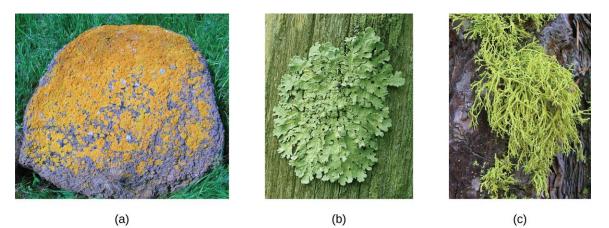


Figure 5.39 Examples of the three types of lichens are shown here. (a) This is a crustose lichen found mostly on marine rocks, *Caloplaca marina*. (b) This is a foliose lichen, *Flavoparmelia caperata*. (c) This is a fruticose lichen, *Letharia vulpina*, which is sufficiently poisonous that it was once used to make arrowheads. (credit b, c: modification of work by Jason Hollinger)

Check Your Understanding

- · What types of organisms are found in lichens?
- · What are the three growth forms of lichens?

Clinical Focus

Resolution

Sarah's mother asks the doctor what she should do if the cream prescribed for Sarah's ringworm does not work. The doctor explains that ringworm is a general term for a condition caused by multiple species. The first step is to take a scraping for examination under the microscope, which the doctor has already done. He explains that he has identified the infection as a fungus, and that the antifungal cream works against the most common fungi associated with ringworm. However, the cream may not work against some species of fungus. If the cream is not working after a couple of weeks, Sarah should come in for another visit, at which time the doctor will take steps to identify the species of the fungus.

Positive identification of dermatophytes requires culturing. For this purpose, Sabouraud's agar may be used. In the case of Sarah's infection, which cleared up within 2 weeks of treatment, the culture would have a granular texture and would appear pale pink on top and red underneath. These features suggest that the fungus is *Trichophyton rubrum*, a common cause of ringworm.

Go back to the previous Clinical Focus box.

Summary

5.1 Unicellular Eukaryotic Parasites

- Protists are a diverse, polyphyletic group of eukaryotic organisms.
- Protists may be unicellular or multicellular. They vary in how they get their nutrition, morphology, method of locomotion, and mode of reproduction.

- Important structures of protists include **contractile vacuoles**, cilia, flagella, **pellicles**, and pseudopodia; some lack organelles such as mitochondria.
- Taxonomy of protists is changing rapidly as relationships are reassessed using newer techniques.
- The protists include important pathogens and parasites.

5.2 Parasitic Helminths

- Helminth parasites are included within the study of microbiology because they are often identified by looking for microscopic eggs and larvae.
- The two major groups of helminth parasites are the roundworms (Nematoda) and the flatworms (Platyhelminthes).
- Nematodes are common intestinal parasites often transmitted through undercooked foods, although they are also found in other environments.
- Platyhelminths include tapeworms and flukes, which are often transmitted through undercooked meat.

5.3 Fungi

- The fungi include diverse saprotrophic eukaryotic organisms with chitin cell walls
- Fungi can be unicellular or multicellular; some (like yeast) and fungal spores are microscopic, whereas some are large and conspicuous
- Reproductive types are important in distinguishing fungal groups
- Medically important species exist in the four fungal groups Zygomycota, Ascomycota, Basidiomycota, and Microsporidia
- Members of Zygomycota, Ascomycota, and Basidiomycota produce deadly toxins
- Important differences in fungal cells, such as ergosterols in fungal membranes, can be targets for antifungal medications, but similarities between human and fungal cells make it difficult to find targets for medications and these medications often have toxic adverse effects

5.4 Algae

- Algae are a diverse group of photosynthetic eukaryotic protists
- Algae may be unicellular or multicellular
- Large, multicellular algae are called seaweeds but are not plants and lack plant-like tissues and organs
- Although algae have little pathogenicity, they may be associated with toxic **algal blooms** that can and aquatic wildlife and contaminate seafood with toxins that cause paralysis
- Algae are important for producing **agar**, which is used as a solidifying agent in microbiological media, and **carrageenan**, which is used as a solidifying agent

5.5 Lichens

- Lichens are a symbiotic association between a fungus and an algae or a cyanobacterium
- The symbiotic association found in lichens is currently considered to be a controlled **parasitism**, in which the fungus benefits and the algae or cyanobacterium is harmed
- Lichens are slow growing and can live for centuries in a variety of habitats
- Lichens are environmentally important, helping to create soil, providing food, and acting as indicators of air pollution

Review Questions

Multiple Choice

1. Which genus includes the causative agent for malaria?

- a. Euglena
- b. Paramecium
- c. Plasmodium
- d. Trypanosoma

2. Which protist is a concern because of its ability to contaminate water supplies and cause diarrheal illness?

- a. Plasmodium vivax
- b. Toxoplasma gondii
- c. Giardia lamblia
- d. Trichomonas vaginalis
- 3. A fluke is classified within which of the following?
 - a. Nematoda
 - b. Rotifera
 - c. Platyhelminthes
 - d. Annelida

4. A nonsegmented worm is found during a routine colonoscopy of an individual who reported having abdominal cramps, nausea, and vomiting. This worm is likely which of the following?

- a. nematode
- b. fluke
- c. trematode
- d. annelid

5. A segmented worm has male and female reproductive organs in each segment. Some use hooks to attach to the intestinal wall. Which type of worm is this?

- a. fluke
- b. nematode
- c. cestode
- d. annelid
- 6. Mushrooms are a type of which of the following?
 - a. conidia
 - b. ascus
 - c. polar tubule
 - d. basidiocarp

7. Which of the following is the most common cause of human yeast infections?

- a. Candida albicans
- b. Blastomyces dermatitidis
- c. Cryptococcus neoformans
- d. Aspergillus fumigatus

8. Which of the following is an ascomycete fungus associated with bat droppings that can cause a respiratory infection if inhaled?

- a. *Candida albicans*
- b. Histoplasma capsulatum
- c. *Rhizopus stolonifera*
- d. Trichophyton rubrum

9. Which polysaccharide found in red algal cell walls is a useful solidifying agent?

- a. chitin
- b. cellulose
- c. phycoerythrin
- d. agar

10. Which is the term for the hard outer covering of some dinoflagellates?

- a. theca
- b. thallus
- c. mycelium
- d. shell
- **11.** Which protists are associated with red tides?
 - a. red algae
 - b. brown algae
 - c. dinoflagellates
 - d. green algae

12. You encounter a lichen with leafy structures. Which term describes this lichen?

- a. crustose
- b. foliose
- c. fruticose
- d. agarose

13. Which of the following is the term for the outer layer of a lichen?

- a. the cortex
- b. the medulla
- c. the thallus
- d. the theca

- **14.** The fungus in a lichen is which of the following?
 - a. a basidiomycete
 - b. an ascomycete
 - c. a zygomycete
 - d. an apicomplexan

Fill in the Blank

- **15.** The plasma membrane of a protist is called the _____.
- **16.** Animals belong to the same supergroup as the kingdom ______
- **17.** Flukes are in class _____
- **18.** A species of worm in which there are distinct male and female individuals is described as _____
- **19.** Nonseptate hyphae are also called ______.
- **20.** Unicellular fungi are called ______.
- **21.** Some fungi have proven medically useful because they can be used to produce ______
- **22.** Structures in chloroplasts used to synthesize and store starch are called ______.
- **23.** Algae with chloroplasts with three or four membranes are a result of _______.

Short Answer

- 24. What are kinetoplastids?
- 25. Aside from a risk of birth defects, what other effect might a toxoplasmosis infection have?
- 26. What is the function of the ciliate macronucleus?
- 27. What is the best defense against tapeworm infection?
- 28. Which genera of fungi are common dermatophytes (fungi that cause skin infections)?
- **29.** What is a dikaryotic cell?
- **30.** What is a distinctive feature of diatoms?
- **31.** Why are algae not considered parasitic?
- 32. Which groups contain the multicellular algae?
- 33. What are three ways that lichens are environmentally valuable?

Critical Thinking

- **34.** The protist shown has which of the following?
 - a. pseudopodia
 - b. flagella
 - c. a shell
 - d. cilia

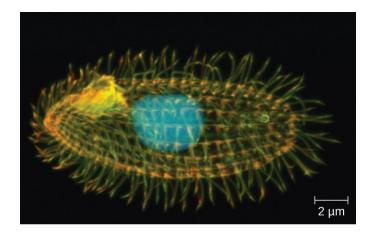
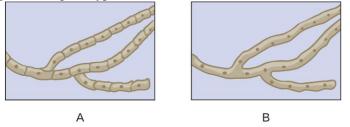


Figure 5.40 (credit: modification of work by Richard Robinson)

35. Protist taxonomy has changed greatly in recent years as relationships have been re-examined using newer approaches. How do newer approaches differ from older approaches?

36. What characteristics might make you think a protist could be pathogenic? Are certain nutritional characteristics, methods of locomotion, or morphological differences likely to be associated with the ability to cause disease?

- 37. Given the life cycle of the *Schistosoma* parasite, suggest a method of prevention of the disease.
- **38.** Which of the drawings shows septate hyphae?



39. Explain the benefit of research into the pathways involved in the synthesis of chitin in fungi.

Chapter 6

Acellular Pathogens

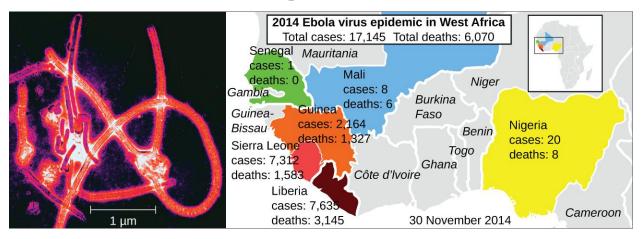


Figure 6.1 The year 2014 saw the first large-scale outbreak of Ebola virus (electron micrograph, left) in human populations in West Africa (right). Such epidemics are now widely reported and documented, but viral epidemics are sure to have plagued human populations since the origin of our species. (credit left: modification of work by Thomas W. Geisbert)

Chapter Outline

- 6.1 Viruses
- 6.2 The Viral Life Cycle
- 6.3 Isolation, Culture, and Identification of Viruses
- 6.4 Viroids, Virusoids, and Prions

Introduction

Public health measures in the developed world have dramatically reduced mortality from viral epidemics. But when epidemics do occur, they can spread quickly with global air travel. In 2009, an outbreak of H1N1 influenza spread across various continents. In early 2014, cases of Ebola in Guinea led to a massive epidemic in western Africa. This included the case of an infected man who traveled to the United States, sparking fears the epidemic might spread beyond Africa.

Until the late 1930s and the advent of the electron microscope, no one had seen a virus. Yet treatments for preventing or curing viral infections were used and developed long before that. Historical records suggest that by the 17th century, and perhaps earlier, inoculation (also known as variolation) was being used to prevent the viral disease smallpox in various parts of the world. By the late 18th century, Englishman Edward Jenner was inoculating patients with cowpox to prevent smallpox, a technique he coined *vaccination*.^[1]

Today, the structure and genetics of viruses are well defined, yet new discoveries continue to reveal their complexities. In this chapter, we will learn about the structure, classification, and cultivation of viruses, and how they impact their hosts. In addition, we will learn about other infective particles such as viroids and prions.

^{1.} S. Riedel "Edward Jenner and the History of Smallpox and Vaccination." *Baylor University Medical Center Proceedings* 18, no. 1 (January 2005): 21–25.

6.1 Viruses

Learning Objectives

- Describe the general characteristics of viruses as pathogens
- Describe viral genomes
- · Describe the general characteristics of viral life cycles
- · Differentiate among bacteriophages, plant viruses, and animal viruses
- Describe the characteristics used to identify viruses as obligate intracellular parasites

Despite their small size, which prevented them from being seen with light microscopes, the discovery of a filterable component smaller than a bacterium that causes tobacco mosaic disease (TMD) dates back to 1892.^[2] At that time, Dmitri Ivanovski, a Russian botanist, discovered the source of TMD by using a porcelain filtering device first invented by Charles Chamberland and Louis Pasteur in Paris in 1884. Porcelain Chamberland filters have a pore size of 0.1 µm, which is small enough to remove all bacteria ≥ 0.2 µm from any liquids passed through the device. An extract obtained from TMD-infected tobacco plants was made to determine the cause of the disease. Initially, the source of the disease was thought to be bacterial. It was surprising to everyone when Ivanovski, using a Chamberland filter, found that the cause of TMD was not removed after passing the extract through the porcelain filter. So if a bacterium was not the cause of TMD, what could be causing the disease? Ivanovski concluded the cause of TMD must be an extremely small bacterium or bacterial spore. Other scientists, including Martinus Beijerinck, continued investigating the cause of TMD. It was Beijerinck, in 1899, who eventually concluded the causative agent was not a bacterium but, instead, possibly a chemical, like a biological poison we would describe today as a toxin. As a result, the word *virus*, Latin for poison, was used to describe the cause of TMD a few years after Ivanovski's initial discovery. Even though he was not able to see the virus that caused TMD, and did not realize the cause was not a bacterium, Ivanovski is credited as the original discoverer of viruses and a founder of the field of virology.

Today, we can see viruses using electron microscopes (**Figure 6.2**) and we know much more about them. Viruses are distinct biological entities; however, their evolutionary origin is still a matter of speculation. In terms of taxonomy, they are not included in the tree of life because they are **acellular** (not consisting of cells). In order to survive and reproduce, viruses must infect a cellular host, making them obligate intracellular parasites. The genome of a virus

Clinical Focus

Part 1

David, a 45-year-old journalist, has just returned to the U.S. from travels in Russia, China, and Africa. He is not feeling well, so he goes to his general practitioner complaining of weakness in his arms and legs, fever, headache, noticeable agitation, and minor discomfort. He thinks it may be related to a dog bite he suffered while interviewing a Chinese farmer. He is experiencing some prickling and itching sensations at the site of the bite wound, but he tells the doctor that the dog seemed healthy and that he had not been concerned until now. The doctor ordered a culture and sensitivity test to rule out bacterial infection of the wound, and the results came back negative for any possible pathogenic bacteria.

- · Based on this information, what additional tests should be performed on the patient?
- What type of treatment should the doctor recommend?

Jump to the **next** Clinical Focus box.

2. H. Lecoq. "[Discovery of the First Virus, the Tobacco Mosaic Virus: 1892 or 1898?]." Comptes Rendus de l'Academie des Sciences – Serie III – Sciences de la Vie 324, no. 10 (2001): 929–933.

enters a host cell and directs the production of the viral components, proteins and nucleic acids, needed to form new virus particles called **virions**. New virions are made in the host cell by assembly of viral components. The new virions transport the viral genome to another host cell to carry out another round of infection. **Table 6.1** summarizes the properties of viruses.

Characteristics of Viruses

Infectious, acellular pathogens

Obligate intracellular parasites with host and cell-type specificity

DNA or RNA genome (never both)

Genome is surrounded by a protein capsid and, in some cases, a phospholipid membrane studded with viral glycoproteins

Lack genes for many products needed for successful reproduction, requiring exploitation of host-cell genomes to reproduce

Table 6.1



(a)

(b)

Figure 6.2 (a) Tobacco mosaic virus (TMV) viewed with transmission electron microscope. (b) Plants infected with tobacco mosaic disease (TMD), caused by TMV. (credit a: modification of work by USDA Agricultural Research Service—scale-bar data from Matt Russell; credit b: modification of work by USDA Forest Service, Department of Plant Pathology Archive North Carolina State University)



Hosts and Viral Transmission

Viruses can infect every type of host cell, including those of plants, animals, fungi, protists, bacteria, and archaea. Most viruses will only be able to infect the cells of one or a few species of organism. This is called the **host range**. However, having a wide host range is not common and viruses will typically only infect specific hosts and only specific cell types within those hosts. The viruses that infect bacteria are called **bacteriophages**, or simply phages. The word *phage* comes from the Greek word for devour. Other viruses are just identified by their host group, such as animal or plant viruses. Once a cell is infected, the effects of the virus can vary depending on the type of virus.

Viruses may cause abnormal growth of the cell or cell death, alter the cell's genome, or cause little noticeable effect in the cell.

Viruses can be transmitted through direct contact, indirect contact with fomites, or through a **vector**: an animal that transmits a pathogen from one host to another. Arthropods such as mosquitoes, ticks, and flies, are typical vectors for viral diseases, and they may act as **mechanical vectors** or **biological vectors**. Mechanical transmission occurs when the arthropod carries a viral pathogen on the outside of its body and transmits it to a new host by physical contact. Biological transmission occurs when the arthropod carries the viral pathogen inside its body and transmits it to the new host through biting.

In humans, a wide variety of viruses are capable of causing various infections and diseases. Some of the deadliest emerging pathogens in humans are viruses, yet we have few treatments or drugs to deal with viral infections, making them difficult to eradicate.

Viruses that can be transmitted from an animal host to a human host can cause zoonoses. For example, the avian influenza virus originates in birds, but can cause disease in humans. Reverse zoonoses are caused by infection of an animal by a virus that originated in a human.

Micro Connections

Fighting Bacteria with Viruses

The emergence of superbugs, or multidrug resistant bacteria, has become a major challenge for pharmaceutical companies and a serious health-care problem. According to a 2013 report by the US Centers for Disease Control and Prevention (CDC), more than 2 million people are infected with drug-resistant bacteria in the US annually, resulting in at least 23,000 deaths.^[3] The continued use and overuse of antibiotics will likely lead to the evolution of even more drug-resistant strains.

One potential solution is the use of phage therapy, a procedure that uses bacteria-killing viruses (bacteriophages) to treat bacterial infections. Phage therapy is not a new idea. The discovery of bacteriophages dates back to the early 20th century, and phage therapy was first used in Europe in 1915 by the English bacteriologist Frederick Twort.^[4] However, the subsequent discovery of penicillin and other antibiotics led to the near abandonment of this form of therapy, except in the former Soviet Union and a few countries in Eastern Europe. Interest in phage therapy outside of the countries of the former Soviet Union is only recently re-emerging because of the rise in antibiotic-resistant bacteria.^[5]

Phage therapy has some advantages over antibiotics in that phages kill only one specific bacterium, whereas antibiotics kill not only the pathogen but also beneficial bacteria of the normal microbiota. Development of new antibiotics is also expensive for drug companies and for patients, especially for those who live in countries with high poverty rates.

Phages have also been used to prevent food spoilage. In 2006, the US Food and Drug Administration approved the use of a solution containing six bacteriophages that can be sprayed on lunch meats such as bologna, ham, and turkey to kill *Listeria monocytogenes*, a bacterium responsible for listeriosis, a form of food poisoning. Some consumers have concerns about the use of phages on foods, however, especially given the rising popularity of organic products. Foods that have been treated with phages must declare "bacteriophage preparation" in the list of ingredients or include a label declaring that the meat has been "treated with antimicrobial solution to reduce microorganisms."^[6]

3. US Department of Health and Human Services, Centers for Disease Control and Prevention. "Antibiotic Resistance Threats in the United States, 2013." http://www.cdc.gov/drugresistance/pdf/ar-threats-2013-508.pdf (accessed September 22, 2015).

^{4.} M. Clokie et al. "Phages in Nature." *Bacteriophage* 1, no. 1 (2011): 31–45.

^{5.} A. Sulakvelidze et al. "Bacteriophage Therapy." Antimicrobial Agents and Chemotherapy 45, no. 3 (2001): 649–659.

^{6.} US Food and Drug Administration. "FDA Approval of *Listeria*-specific Bacteriophage Preparation on Ready-to-Eat (RTE) Meat and Poultry Products." http://www.fda.gov/food/ingredientspackaginglabeling/ucm083572.htm (accessed September 22, 2015).



- Why do humans not have to be concerned about the presence of bacteriophages in their food?
- · What are three ways that viruses can be transmitted between hosts?

Viral Structures

In general, virions (viral particles) are small and cannot be observed using a regular light microscope. They are much smaller than prokaryotic and eukaryotic cells; this is an adaptation allowing viruses to infect these larger cells (see **Figure 6.3**). The size of a virion can range from 20 nm for small viruses up to 900 nm for typical, large viruses (see **Figure 6.4**). Recent discoveries, however, have identified new giant viral species, such as *Pandoravirus salinus* and *Pithovirus sibericum*, with sizes approaching that of a bacterial cell.^[7]

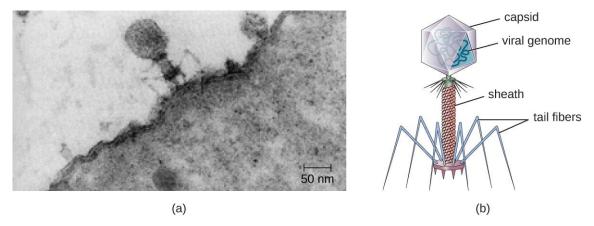


Figure 6.3 (a) In this transmission electron micrograph, a bacteriophage (a virus that infects bacteria) is dwarfed by the bacterial cell it infects. (b) An illustration of the bacteriophage in the micrograph. (credit a: modification of work by U.S. Department of Energy, Office of Science, LBL, PBD)

^{7.} N. Philippe et al. "Pandoraviruses: Amoeba Viruses with Genomes up to 2.5 Mb Reaching that of Parasitic Eukaryotes." Science 341, no. 6143 (2013): 281–286.

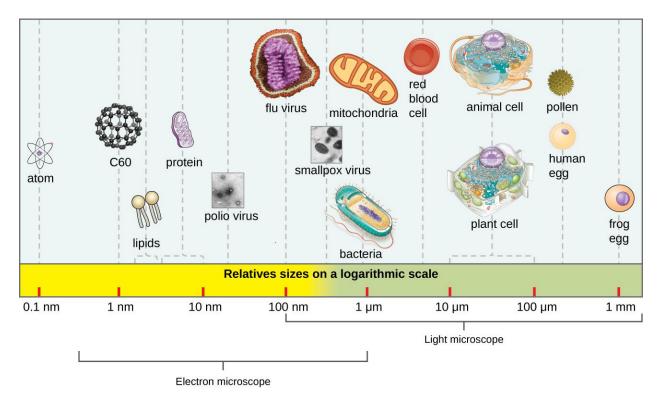


Figure 6.4 The size of a virus is small relative to the size of most bacterial and eukaryotic cells and their organelles.

In 1935, after the development of the electron microscope, Wendell Stanley was the first scientist to crystallize the structure of the tobacco mosaic virus and discovered that it is composed of RNA and protein. In 1943, he isolated *Influenza B virus*, which contributed to the development of an influenza (flu) vaccine. Stanley's discoveries unlocked the mystery of the nature of viruses that had been puzzling scientists for over 40 years and his contributions to the field of virology led to him being awarded the Nobel Prize in 1946.

As a result of continuing research into the nature of viruses, we now know they consist of a nucleic acid (either RNA or DNA, but never both) surrounded by a protein coat called a **capsid** (see **Figure 6.5**). The interior of the capsid is not filled with cytosol, as in a cell, but instead it contains the bare necessities in terms of genome and enzymes needed to direct the synthesis of new virions. Each capsid is composed of protein subunits called **capsomeres** made of one or more different types of capsomere proteins that interlock to form the closely packed capsid.

There are two categories of viruses based on general composition. Viruses formed from only a nucleic acid and capsid are called **naked viruses** or **nonenveloped viruses**. Viruses formed with a nucleic-acid packed capsid surrounded by a lipid layer are called **enveloped viruses** (see **Figure 6.5**). The **viral envelope** is a small portion of phospholipid membrane obtained as the virion buds from a host cell. The viral envelope may either be intracellular or cytoplasmic in origin.

Extending outward and away from the capsid on some naked viruses and enveloped viruses are protein structures called **spikes**. At the tips of these spikes are structures that allow the virus to attach and enter a cell, like the influenza virus hemagglutinin spikes (H) or enzymes like the neuraminidase (N) influenza virus spikes that allow the virus to detach from the cell surface during release of new virions. Influenza viruses are often identified by their H and N spikes. For example, H1N1 influenza viruses were responsible for the pandemics in 1918 and 2009,^[8] H2N2 for the pandemic in 1957, and H3N2 for the pandemic in 1968.

^{8.} J. Cohen. "What's Old Is New: 1918 Virus Matches 2009 H1N1 Strain. Science 327, no. 5973 (2010): 1563–1564.

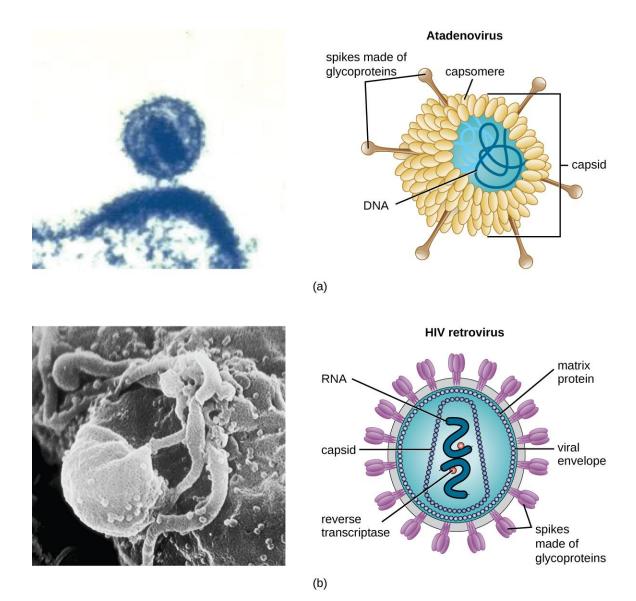


Figure 6.5 (a) The naked atadenovirus uses spikes made of glycoproteins from its capsid to bind to host cells. (b) The enveloped human immunodeficiency virus uses spikes made of glycoproteins embedded in its envelope to bind to host cells (credit a "micrograph": modification of work by NIAID; credit b "micrograph": modification of work by Centers for Disease Control and Prevention)

Viruses vary in the shape of their capsids, which can be either **helical**, **polyhedral**, or **complex**. A helical capsid forms the shape of tobacco mosaic virus (TMV), a naked helical virus, and Ebola virus, an enveloped helical virus. The capsid is cylindrical or rod shaped, with the genome fitting just inside the length of the capsid. Polyhedral capsids form the shapes of poliovirus and rhinovirus, and consist of a nucleic acid surrounded by a polyhedral (many-sided) capsid in the form of an icosahedron. An **icosahedral** capsid is a three-dimensional, 20-sided structure with 12 vertices. These capsids somewhat resemble a soccer ball. Both helical and polyhedral viruses can have envelopes. Viral shapes seen in certain types of bacteriophages, such as T4 phage, and poxviruses, like vaccinia virus, may have features of both polyhedral and helical viruses so they are described as a complex viral shape (see **Figure 6.6**). In the bacteriophage complex form, the genome is located within the polyhedral head and the **sheath** connects the head to the **tail fibers** and **tail pins** that help the virus attach to receptors on the host cell's surface. Poxviruses that have complex shapes are often brick shaped, with intricate surface characteristics not seen in the other categories of capsid.

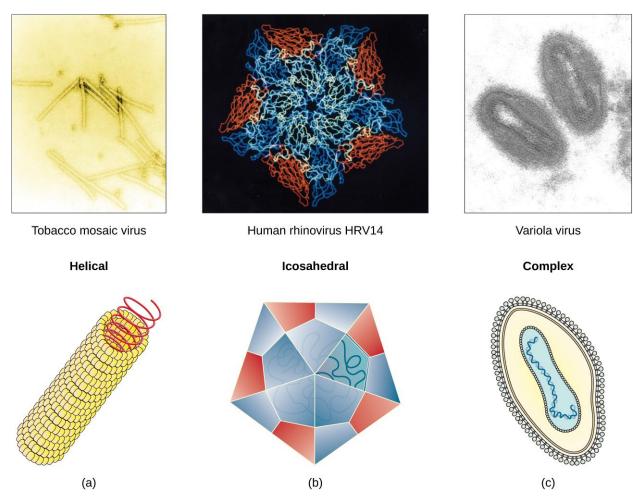


Figure 6.6 Viral capsids can be (a) helical, (b) polyhedral, or (c) have a complex shape. (credit a "micrograph": modification of work by USDA ARS; credit b "micrograph": modification of work by U.S. Department of Energy)



· Which types of viruses have spikes?

Classification and Taxonomy of Viruses

Although viruses are not classified in the three domains of life, their numbers are great enough to require classification. Since 1971, the International Union of Microbiological Societies Virology Division has given the task of developing, refining, and maintaining a universal virus taxonomy to the International Committee on Taxonomy of Viruses (ICTV). Since viruses can mutate so quickly, it can be difficult to classify them into a genus and a species epithet using the binomial nomenclature system. Thus, the ICTV's viral nomenclature system classifies viruses into families and genera based on viral genetics, chemistry, morphology, and mechanism of multiplication. To date, the ICTV has classified known viruses in seven orders, 96 families, and 350 genera. Viral family names end in *-viridae* (e.g., *Parvoviridae*) and genus names end in *-virus* (e.g., *Parvovirus*). The names of viral orders, families, and genera are all italicized. When referring to a viral species, we often use a genus and species epithet such as *Pandoravirus dulcis* or *Pandoravirus salinus*.

The Baltimore classification system is an alternative to ICTV nomenclature. The Baltimore system classifies viruses

according to their genomes (DNA or RNA, single versus double stranded, and mode of replication). This system thus creates seven groups of viruses that have common genetics and biology.



Aside from formal systems of nomenclature, viruses are often informally grouped into categories based on chemistry, morphology, or other characteristics they share in common. Categories may include naked or enveloped structure, single-stranded (ss) or double-stranded (ds) DNA or ss or ds RNA genomes, segmented or nonsegmented genomes, and positive-strand (+) or negative-strand (-) RNA. For example, herpes viruses can be classified as a dsDNA enveloped virus; human immunodeficiency virus (HIV) is a +ssRNA enveloped virus, and tobacco mosaic virus is a +ssRNA virus. Other characteristics such as host specificity, tissue specificity, capsid shape, and special genes or enzymes may also be used to describe groups of similar viruses. **Table 6.2** lists some of the most common viruses that are human pathogens by genome type.

Genome	Family	Example Virus	Clinical Features
dsDNA, enveloped	Poxviridae	Orthopoxvirus	Skin papules, pustules, lesions
	Poxviridae	Parapoxvirus	Skin lesions
	Herpesviridae	Simplexvirus	Cold sores, genital herpes, sexually transmitted disease
dsDNA, naked	Adenoviridae	Atadenovirus	Respiratory infection (common cold)
	Papillomaviridae	Papillomavirus	Genital warts, cervical, vulvar, or vaginal cancer
	Reoviridae	Reovirus	Gastroenteritis severe diarrhea (stomach flu)
ssDNA, naked	Parvoviridae	Adeno-associated dependoparvovirus A	Respiratory tract infection
	Parvoviridae	Adeno-associated dependoparvovirus B	Respiratory tract infection
dsRNA, naked	Reoviridae	Rotavirus	Gastroenteritis
+ssRNA, naked	Picornaviridae	Enterovirus C	Poliomyelitis
	Picornaviridae	Rhinovirus	Upper respiratory tract infection (common cold)
	Picornaviridae	Hepatovirus	Hepatitis
+ssRNA, enveloped	Togaviridae	Alphavirus	Encephalitis, hemorrhagic fever

Common Pathogenic Viruses

Table 6.2

Genome	Family	Example Virus	Clinical Features
	Togaviridae	Rubivirus	Rubella
	Retroviridae	Lentivirus	Acquired immune deficiency syndrome (AIDS)
-ssRNA, enveloped	Filoviridae	Zaire Ebolavirus	Hemorrhagic fever
	Orthomyxoviridae	Influenzavirus A, B, C	Flu
	Rhabdoviridae	Lyssavirus	Rabies

Common Pathogenic Viruses

Table 6.2



What are the types of virus genomes?

Classification of Viral Diseases

While the ICTV has been tasked with the biological classification of viruses, it has also played an important role in the classification of diseases caused by viruses. To facilitate the tracking of virus-related human diseases, the ICTV has created classifications that link to the International Classification of Diseases (ICD), the standard taxonomy of disease that is maintained and updated by the World Health Organization (WHO). The ICD assigns an alphanumeric code of up to six characters to every type of viral infection, as well as all other types of diseases, medical conditions, and causes of death. This ICD code is used in conjunction with two other coding systems (the Current Procedural Terminology, and the Healthcare Common Procedure Coding System) to categorize patient conditions for treatment and insurance reimbursement.

For example, when a patient seeks treatment for a viral infection, ICD codes are routinely used by clinicians to order laboratory tests and prescribe treatments specific to the virus suspected of causing the illness. This ICD code is then used by medical laboratories to identify tests that must be performed to confirm the diagnosis. The ICD code is used by the health-care management system to verify that all treatments and laboratory work performed are appropriate for the given virus. Medical coders use ICD codes to assign the proper code for procedures performed, and medical billers, in turn, use this information to process claims for reimbursement by insurance companies. Vital-records keepers use ICD codes to record cause of death on death certificates, and epidemiologists used ICD codes to calculate morbidity and mortality statistics.



• Identify two locations where you would likely find an ICD code.

Clinical Focus

Part 2

David's doctor was concerned that his symptoms included prickling and itching at the site of the dog bite; these sensations could be early symptoms of rabies. Several tests are available to diagnose rabies in live patients, but no single antemortem test is adequate. The doctor decided to take samples of David's blood, saliva, and skin for testing. The skin sample was taken from the nape of the neck (posterior side of the neck near the hairline). It was about 6-mm long and contained at least 10 hair follicles, including the superficial cutaneous nerve. An immunofluorescent staining technique was used on the skin biopsy specimen to detect rabies antibodies in the cutaneous nerves at the base of the hair follicles. A test was also performed on a serum sample from David's blood to determine whether any antibodies for the rabies virus had been produced.

Meanwhile, the saliva sample was used for reverse transcriptase-polymerase chain reaction (RT-PCR) analysis, a test that can detect the presence of viral nucleic acid (RNA). The blood tests came back positive for the presence of rabies virus antigen, prompting David's doctor to prescribe prophylactic treatment. David is given a series of intramuscular injections of human rabies immunoglobulin along with a series of rabies vaccines.

- Why does the immunofluorescent technique look for rabies antibodies rather than the rabies virus itself?
- If David has contracted rabies, what is his prognosis?

Jump to the **next** Clinical Focus box. Go back to the **previous** Clinical Focus box.

6.2 The Viral Life Cycle

Learning Objectives

- Describe the lytic and lysogenic life cycles
- · Describe the replication process of animal viruses
- Describe unique characteristics of retroviruses and latent viruses
- Discuss human viruses and their virus-host cell interactions
- Explain the process of transduction
- · Describe the replication process of plant viruses

All viruses depend on cells for reproduction and metabolic processes. By themselves, viruses do not encode for all of the enzymes necessary for viral replication. But within a host cell, a virus can commandeer cellular machinery to produce more viral particles. Bacteriophages replicate only in the cytoplasm, since prokaryotic cells do not have a nucleus or organelles. In eukaryotic cells, most DNA viruses can replicate inside the nucleus, with an exception observed in the large DNA viruses, such as the poxviruses, that can replicate in the cytoplasm. RNA viruses that infect animal cells often replicate in the cytoplasm.

The Life Cycle of Viruses with Prokaryote Hosts

The life cycle of bacteriophages has been a good model for understanding how viruses affect the cells they infect, since similar processes have been observed for eukaryotic viruses, which can cause immediate death of the cell or establish a latent or chronic infection. **Virulent phages** typically lead to the death of the cell through cell lysis. **Temperate phages**, on the other hand, can become part of a host chromosome and are replicated with the cell genome until such time as they are induced to make newly assembled viruses, or **progeny viruses**.

The Lytic Cycle

During the **lytic cycle** of virulent phage, the bacteriophage takes over the cell, reproduces new phages, and destroys the cell. T-even phage is a good example of a well-characterized class of virulent phages. There are five stages in the bacteriophage lytic cycle (see **Figure 6.7**). **Attachment** is the first stage in the infection process in which the phage interacts with specific bacterial surface receptors (e.g., lipopolysaccharides and OmpC protein on host surfaces). Most phages have a narrow host range and may infect one species of bacteria or one strain within a species. This unique recognition can be exploited for targeted treatment of bacterial infection by phage therapy or for phage typing to identify unique bacterial subspecies or strains. The second stage of infection is entry or **penetration**. This occurs through contraction of the tail sheath, which acts like a hypodermic needle to inject the viral genome through the cell wall and membrane. The phage head and remaining components remain outside the bacteria.

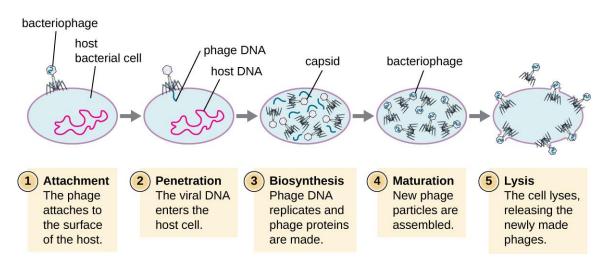


Figure 6.7 A virulent phage shows only the lytic cycle pictured here. In the lytic cycle, the phage replicates and lyses the host cell.

The third stage of infection is **biosynthesis** of new viral components. After entering the host cell, the virus synthesizes virus-encoded endonucleases to degrade the bacterial chromosome. It then hijacks the host cell to replicate, transcribe, and translate the necessary viral components (capsomeres, sheath, base plates, tail fibers, and viral enzymes) for the assembly of new viruses. Polymerase genes are usually expressed early in the cycle, while capsid and tail proteins are expressed later. During the **maturation** phase, new virions are created. To liberate free phages, the bacterial cell wall is disrupted by phage proteins such as holin or lysozyme. The final stage is release. Mature viruses burst out of the host cell in a process called **lysis** and the progeny viruses are liberated into the environment to infect new cells.

The Lysogenic Cycle

In a **lysogenic cycle**, the phage genome also enters the cell through attachment and penetration. A prime example of a phage with this type of life cycle is the lambda phage. During the lysogenic cycle, instead of killing the host, the phage genome integrates into the bacterial chromosome and becomes part of the host. The integrated phage genome is called a **prophage**. A bacterial host with a prophage is called a **lysogen**. The process in which a bacterium is infected by a temperate phage is called **lysogeny**. It is typical of temperate phages to be latent or inactive within the cell. As the bacterium replicates its chromosome, it also replicates the phage's DNA and passes it on to new daughter cells during reproduction. The presence of the phage may alter the phenotype of the bacterium, since it can bring in extra genes (e.g., toxin genes that can increase bacterial virulence). This change in the host phenotype is called **lysogenic conversion** or **phage conversion**. Some bacteria, such as *Vibrio cholerae* and *Clostridium botulinum*, are less virulent in the absence of the prophage. The phages infecting these bacteria carry the toxin genes in their genome and enhance the virulence of the host when the toxin genes are expressed. In the case of *V. cholera*, phage encoded toxin can cause severe diarrhea; in *C. botulinum*, the toxin can cause paralysis. During lysogeny, the prophage will persist in the host chromosome. After

induction has occurred the temperate phage can proceed through a lytic cycle and then undergo lysogeny in a newly infected cell (see **Figure 6.8**).

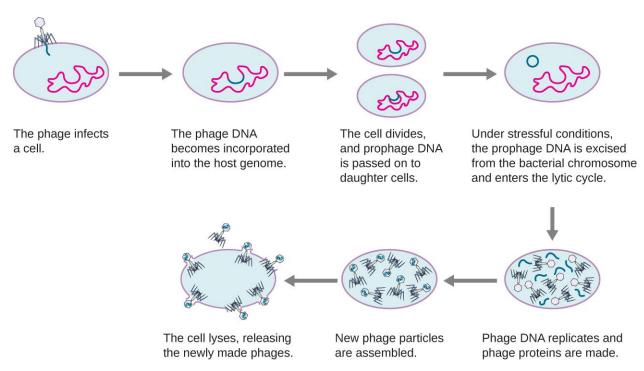
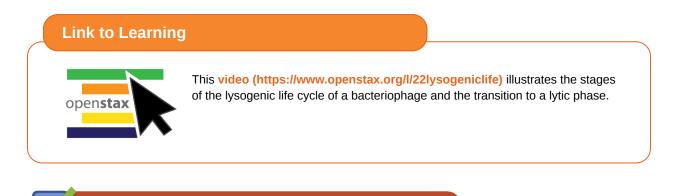


Figure 6.8 A temperate bacteriophage has both lytic and lysogenic cycles. In the lysogenic cycle, phage DNA is incorporated into the host genome, forming a prophage, which is passed on to subsequent generations of cells. Environmental stressors such as starvation or exposure to toxic chemicals may cause the prophage to be excised and enter the lytic cycle.



Is a latent phage undetectable in a bacterium?

Check Your Understanding

Transduction

Transduction occurs when a bacteriophage transfers bacterial DNA from one bacterium to another during sequential infections. There are two types of transduction: generalized and specialized transduction. During the lytic cycle of viral replication, the virus hijacks the host cell, degrades the host chromosome, and makes more viral genomes. As it assembles and packages DNA into the phage head, packaging occasionally makes a mistake. Instead of packaging viral DNA, it takes a random piece of host DNA and inserts it into the capsid. Once released, this virion will then

inject the former host's DNA into a newly infected host. The asexual transfer of genetic information can allow for DNA recombination to occur, thus providing the new host with new genes (e.g., an antibiotic-resistance gene, or a sugar-metabolizing gene). **Generalized transduction** occurs when a random piece of bacterial chromosomal DNA is transferred by the phage during the lytic cycle. **Specialized transduction** occurs at the end of the lysogenic cycle, when the prophage is excised and the bacteriophage enters the lytic cycle. Since the phage is integrated into the host genome, the prophage can replicate as part of the host. However, some conditions (e.g., ultraviolet light exposure or chemical exposure) stimulate the prophage to undergo induction, causing the phage to excise from the genome, enter the lytic cycle, and produce new phages to leave host cells. During the process of excision from the host chromosome, a phage may occasionally remove some bacterial DNA near the site of viral integration. The phage and host DNA from one end or both ends of the integration site are packaged within the capsid and are transferred to the new, infected host. Since the DNA transferred by the phage is not randomly packaged but is instead a specific piece of DNA near the site of integration, this mechanism of gene transfer is referred to as specialized transduction (see **Figure 6.9**). The DNA can then recombine with host chromosome, giving the latter new characteristics. Transduction seems to play an important role in the evolutionary process of bacteria, giving them a mechanism for asexual exchange of genetic information.

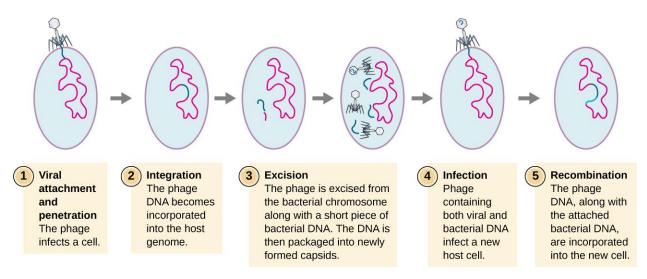


Figure 6.9 This flowchart illustrates the mechanism of specialized transduction. An integrated phage excises, bringing with it a piece of the DNA adjacent to its insertion point. On reinfection of a new bacterium, the phage DNA integrates along with the genetic material acquired from the previous host.



· Which phage life cycle is associated with which forms of transduction?

Life Cycle of Viruses with Animal Hosts

Lytic animal viruses follow similar infection stages to bacteriophages: attachment, penetration, biosynthesis, maturation, and release (see **Figure 6.10**). However, the mechanisms of penetration, nucleic-acid biosynthesis, and release differ between bacterial and animal viruses. After binding to host receptors, animal viruses enter through endocytosis (engulfment by the host cell) or through membrane fusion (viral envelope with the host cell membrane). Many viruses are host specific, meaning they only infect a certain type of host; and most viruses only infect certain types of cells within tissues. This specificity is called a **tissue tropism**. Examples of this are demonstrated by the poliovirus, which exhibits tropism for the tissues of the brain and spinal cord, or the influenza virus, which has a primary tropism for the respiratory tract.

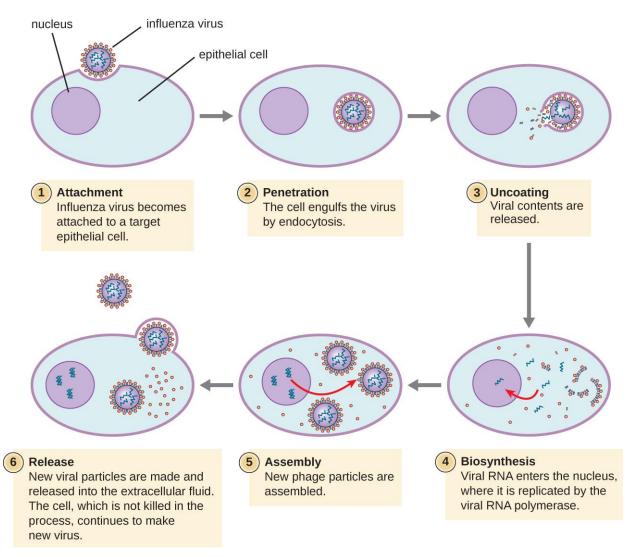
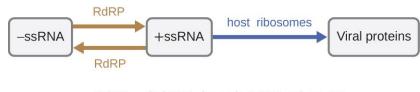


Figure 6.10 In influenza virus infection, viral glycoproteins attach the virus to a host epithelial cell. As a result, the virus is engulfed. Viral RNA and viral proteins are made and assembled into new virions that are released by budding.

Animal viruses do not always express their genes using the normal flow of genetic information—from DNA to RNA to protein. Some viruses have a dsDNA genome like cellular organisms and can follow the normal flow. However, others may have ssDNA, dsRNA, or ssRNA genomes. The nature of the genome determines how the genome is replicated and expressed as viral proteins. If a genome is ssDNA, host enzymes will be used to synthesize a second strand that is complementary to the genome strand, thus producing dsDNA. The dsDNA can now be replicated, transcribed, and translated similar to host DNA.

If the viral genome is RNA, a different mechanism must be used. There are three types of RNA genome: dsRNA, **positive (+) single-strand (+ssRNA)** or **negative (-) single-strand RNA (-ssRNA)**. If a virus has a +ssRNA genome, it can be translated directly to make viral proteins. Viral genomic +ssRNA acts like cellular mRNA. However, if a virus contains a -ssRNA genome, the host ribosomes cannot translate it until the -ssRNA is replicated into +ssRNA by viral RNA-dependent RNA polymerase (RdRP) (see Figure 6.11). The RdRP is brought in by the virus and can be used to make +ssRNA from the original -ssRNA genome. The RdRP is also an important enzyme for the replication of dsRNA viruses, because it uses the negative strand of the double-stranded genome as a template to create +ssRNA. The newly synthesized +ssRNA copies can then be translated by cellular ribosomes.



RdRP = viral RNA-dependent RNA polymerase +ssRNA = positive (+) single strand -ssRNA = negative (-) single-strand RNA

Figure 6.11 RNA viruses can contain +ssRNA that can be directly read by the ribosomes to synthesize viral proteins. Viruses containing –ssRNA must first use the –ssRNA as a template for the synthesis of +ssRNA before viral proteins can be synthesized.

An alternative mechanism for viral nucleic acid synthesis is observed in the **retroviruses**, which are +ssRNA viruses (see **Figure 6.12**). Single-stranded RNA viruses such as HIV carry a special enzyme called **reverse transcriptase** within the capsid that synthesizes a complementary ssDNA (cDNA) copy using the +ssRNA genome as a template. The ssDNA is then made into dsDNA, which can integrate into the host chromosome and become a permanent part of the host. The integrated viral genome is called a **provirus**. The virus now can remain in the host for a long time to establish a chronic infection. The provirus stage is similar to the prophage stage in a bacterial infection during the lysogenic cycle. However, unlike prophage, the provirus does not undergo excision after splicing into the genome.

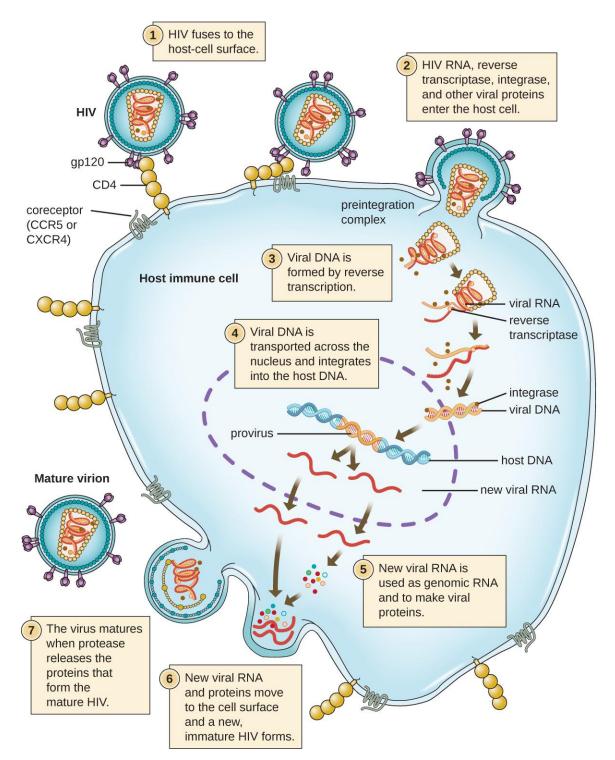


Figure 6.12 HIV, an enveloped, icosahedral retrovirus, attaches to a cell surface receptor of an immune cell and fuses with the cell membrane. Viral contents are released into the cell, where viral enzymes convert the single-stranded RNA genome into DNA and incorporate it into the host genome. (credit: modification of work by NIAID, NIH)

🖌 Check Your Understanding

Is RNA-dependent RNA polymerase made from a viral gene or a host gene?

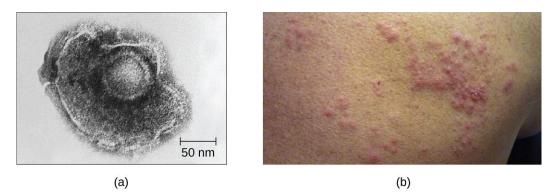
Persistent Infections

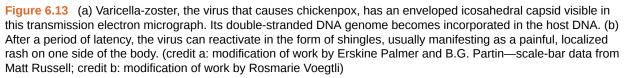
Persistent infection occurs when a virus is not completely cleared from the system of the host but stays in certain tissues or organs of the infected person. The virus may remain silent or undergo productive infection without seriously harming or killing the host. Mechanisms of persistent infection may involve the regulation of the viral or host gene expressions or the alteration of the host immune response. The two primary categories of persistent infections are latent infection and chronic infection. Examples of viruses that cause latent infections include herpes simplex virus (oral and genital herpes), varicella-zoster virus (chickenpox and shingles), and Epstein-Barr virus (mononucleosis). Hepatitis C virus and HIV are two examples of viruses that cause long-term chronic infections.

Latent Infection

Not all animal viruses undergo replication by the lytic cycle. There are viruses that are capable of remaining hidden or dormant inside the cell in a process called latency. These types of viruses are known as **latent viruses** and may cause latent infections. Viruses capable of latency may initially cause an acute infection before becoming dormant.

For example, the varicella-zoster virus infects many cells throughout the body and causes chickenpox, characterized by a rash of blisters covering the skin. About 10 to 12 days postinfection, the disease resolves and the virus goes dormant, living within nerve-cell ganglia for years. During this time, the virus does not kill the nerve cells or continue replicating. It is not clear why the virus stops replicating within the nerve cells and expresses few viral proteins but, in some cases, typically after many years of dormancy, the virus is reactivated and causes a new disease called shingles (**Figure 6.13**). Whereas chickenpox affects many areas throughout the body, shingles is a nerve cell-specific disease emerging from the ganglia in which the virus was dormant.





Latent viruses may remain dormant by existing as circular viral genome molecules outside of the host chromosome. Others become proviruses by integrating into the host genome. During dormancy, viruses do not cause any symptoms of disease and may be difficult to detect. A patient may be unaware that he or she is carrying the virus unless a viral diagnostic test has been performed.

Chronic Infection

A chronic infection is a disease with symptoms that are recurrent or persistent over a long time. Some viral infections can be chronic if the body is unable to eliminate the virus. HIV is an example of a virus that produces a chronic infection, often after a long period of latency. Once a person becomes infected with HIV, the virus can be detected in tissues continuously thereafter, but untreated patients often experience no symptoms for years. However, the virus maintains chronic persistence through several mechanisms that interfere with immune function, including preventing expression of viral antigens on the surface of infected cells, altering immune cells themselves, restricting expression of viral genes, and rapidly changing viral antigens through mutation. Eventually, the damage to the immune system results in progression of the disease leading to acquired immunodeficiency syndrome (AIDS). The various mechanisms that HIV uses to avoid being cleared by the immune system are also used by other chronically infecting viruses, including the hepatitis C virus.



In what two ways can a virus manage to maintain a persistent infection?

Life Cycle of Viruses with Plant Hosts

Plant viruses are more similar to animal viruses than they are to bacteriophages. Plant viruses may be enveloped or non-enveloped. Like many animal viruses, plant viruses can have either a DNA or RNA genome and be single stranded or double stranded. However, most plant viruses do not have a DNA genome; the majority have a +ssRNA genome, which acts like messenger RNA (mRNA). Only a minority of plant viruses have other types of genomes.

Plant viruses may have a narrow or broad host range. For example, the citrus tristeza virus infects only a few plants of the *Citrus* genus, whereas the cucumber mosaic virus infects thousands of plants of various plant families. Most plant viruses are transmitted by contact between plants, or by fungi, nematodes, insects, or other arthropods that act as mechanical vectors. However, some viruses can only be transferred by a specific type of insect vector; for example, a particular virus might be transmitted by aphids but not whiteflies. In some cases, viruses may also enter healthy plants through wounds, as might occur due to pruning or weather damage.

Viruses that infect plants are considered biotrophic parasites, which means that they can establish an infection without killing the host, similar to what is observed in the lysogenic life cycles of bacteriophages. Viral infection can be asymptomatic (latent) or can lead to cell death (lytic infection). The life cycle begins with the penetration of the virus into the host cell. Next, the virus is uncoated within the cytoplasm of the cell when the capsid is removed. Depending on the type of nucleic acid, cellular components are used to replicate the virus must enter a part of the vascular system of the plant, such as the phloem. The time required for systemic infection may vary from a few days to a few weeks depending on the virus, the plant species, and the environmental conditions. The virus life cycle is complete when it is transmitted from an infected plant to a healthy plant.



· What is the structure and genome of a typical plant virus?

Viral Growth Curve

Unlike the growth curve for a bacterial population, the growth curve for a virus population over its life cycle does not follow a sigmoidal curve. During the initial stage, an inoculum of virus causes infection. In the **eclipse phase**, viruses bind and penetrate the cells with no virions detected in the medium. The chief difference that next appears in the viral

growth curve compared to a bacterial growth curve occurs when virions are released from the lysed host cell at the same time. Such an occurrence is called a **burst**, and the number of virions per bacterium released is described as the **burst size**. In a one-step multiplication curve for bacteriophage, the host cells lyse, releasing many viral particles to the medium, which leads to a very steep rise in **viral titer** (the number of virions per unit volume). If no viable host cells remain, the viral particles begin to degrade during the decline of the culture (see **Figure 6.14**).

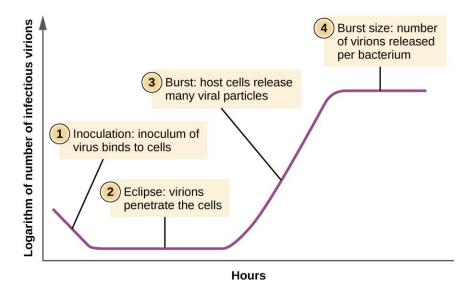
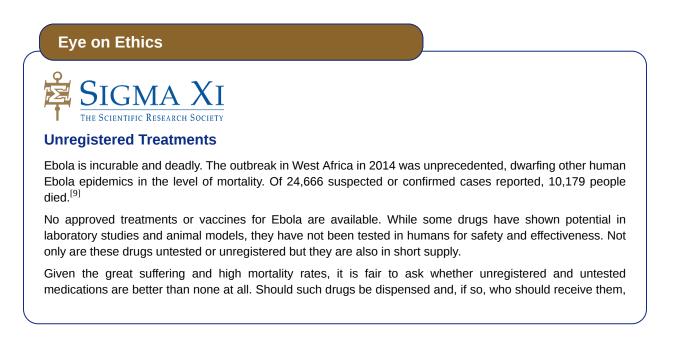


Figure 6.14 The one-step multiplication curve for a bacteriophage population follows three steps: 1) inoculation, during which the virions attach to host cells; 2) eclipse, during which entry of the viral genome occurs; and 3) burst, when sufficient numbers of new virions are produced and emerge from the host cell. The burst size is the maximum number of virions produced per bacterium.



· What aspect of the life cycle of a virus leads to the sudden increase in the growth curve?



in light of their extremely limited supplies? Is it ethical to treat untested drugs on patients with Ebola? On the other hand, is it ethical to withhold potentially life-saving drugs from dying patients? Or should the drugs perhaps be reserved for health-care providers working to contain the disease?

In August 2014, two infected US aid workers and a Spanish priest were treated with ZMapp, an unregistered drug that had been tested in monkeys but not in humans. The two American aid workers recovered, but the priest died. Later that month, the WHO released a report on the ethics of treating patients with the drug. Since Ebola is often fatal, the panel reasoned that it is ethical to give the unregistered drugs and unethical to withhold them for safety concerns. This situation is an example of "compassionate use" outside the well-established system of regulation and governance of therapies.

Case in Point

Ebola in the US

On September 24, 2014, Thomas Eric Duncan arrived at the Texas Health Presbyterian Hospital in Dallas complaining of a fever, headache, vomiting, and diarrhea—symptoms commonly observed in patients with the cold or the flu. After examination, an emergency department doctor diagnosed him with sinusitis, prescribed some antibiotics, and sent him home. Two days later, Duncan returned to the hospital by ambulance. His condition had deteriorated and additional blood tests confirmed that he has been infected with the Ebola virus.

Further investigations revealed that Duncan had just returned from Liberia, one of the countries in the midst of a severe Ebola epidemic. On September 15, nine days before he showed up at the hospital in Dallas, Duncan had helped transport an Ebola-stricken neighbor to a hospital in Liberia. The hospital continued to treat Duncan, but he died several days after being admitted.

The timeline of the Duncan case is indicative of the life cycle of the Ebola virus. The incubation time for Ebola ranges from 2 days to 21 days. Nine days passed between Duncan's exposure to the virus infection and the appearance of his symptoms. This corresponds, in part, to the eclipse period in the growth of the virus population. During the eclipse phase, Duncan would have been unable to transmit the disease to others. However, once an infected individual begins exhibiting symptoms, the disease becomes very contagious. Ebola virus is transmitted through direct contact with droplets of bodily fluids such as saliva, blood, and vomit. Duncan could conceivably have transmitted the disease to others at any time after he began having symptoms, presumably some time before his arrival at the hospital in Dallas. Once a hospital realizes a patient like Duncan is infected with Ebola virus, the patient is immediately quarantined, and public health officials initiate a back trace to identify everyone with whom a patient like Duncan might have interacted during the period in which he was showing symptoms.

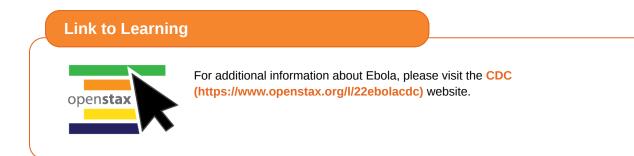
Public health officials were able to track down 10 high-risk individuals (family members of Duncan) and 50 low-risk individuals to monitor them for signs of infection. None contracted the disease. However, one of the nurses charged with Duncan's care did become infected. This, along with Duncan's initial misdiagnosis, made it clear that US hospitals needed to provide additional training to medical personnel to prevent a possible Ebola outbreak in the US.

- What types of training can prepare health professionals to contain emerging epidemics like the Ebola outbreak of 2014?
- What is the difference between a contagious pathogen and an infectious pathogen?

^{9.} World Health Organization. "WHO Ebola Data and Statistics." March 18, 2005. http://apps.who.int/gho/data/view.ebola-sitrep.ebola-summary-20150318?lang=en



Figure 6.15 Researchers working with Ebola virus use layers of defenses against accidental infection, including protective clothing, breathing systems, and negative air-pressure cabinets for bench work. (credit: modification of work by Randal J. Schoepp)



6.3 Isolation, Culture, and Identification of Viruses

Learning Objectives

- · Discuss why viruses were originally described as filterable agents
- Describe the cultivation of viruses and specimen collection and handling
- Compare in vivo and in vitro techniques used to cultivate viruses

At the beginning of this chapter, we described how porcelain Chamberland filters with pores small enough to allow viruses to pass through were used to discover TMV. Today, porcelain filters have been replaced with membrane filters and other devices used to isolate and identify viruses.

Isolation of Viruses

Unlike bacteria, many of which can be grown on an artificial nutrient medium, viruses require a living host cell for replication. Infected host cells (eukaryotic or prokaryotic) can be cultured and grown, and then the growth medium can be harvested as a source of virus. Virions in the liquid medium can be separated from the host cells by either centrifugation or filtration. Filters can physically remove anything present in the solution that is larger than the virions; the viruses can then be collected in the filtrate (see Figure 6.16).

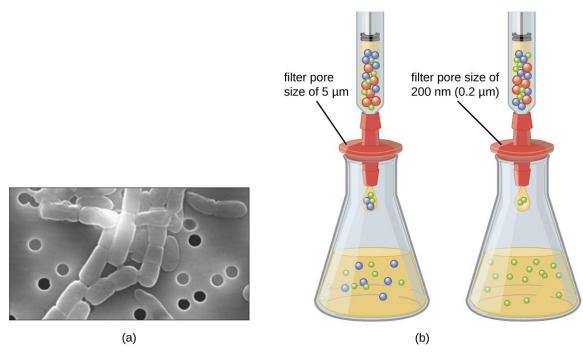


Figure 6.16 Membrane filters can be used to remove cells or viruses from a solution. (a) This scanning electron micrograph shows rod-shaped bacterial cells captured on the surface of a membrane filter. Note differences in the comparative size of the membrane pores and bacteria. Viruses will pass through this filter. (b) The size of the pores in the filter determines what is captured on the surface of the filter (animal [red] and bacteria [blue]) and removed from liquid passing through. Note the viruses (green) pass through the finer filter. (credit a: modification of work by U.S. Department of Energy)



· What size filter pore is needed to collect a virus?

Cultivation of Viruses

Viruses can be grown **in vivo** (within a whole living organism, plant, or animal) or **in vitro** (outside a living organism in cells in an artificial environment, such as a test tube, cell culture flask, or agar plate). Bacteriophages can be grown in the presence of a dense layer of bacteria (also called a **bacterial lawn**) grown in a 0.7 % soft agar in a Petri dish or flat (horizontal) flask (see **Figure 6.17**). The agar concentration is decreased from the 1.5% usually used in culturing bacteria. The soft 0.7% agar allows the bacteriophages to easily diffuse through the medium. For lytic bacteriophages, lysing of the bacterial hosts can then be readily observed when a clear zone called a **plaque** is detected (see **Figure 6.17**). As the phage kills the bacteria, many plaques are observed among the cloudy bacterial lawn.

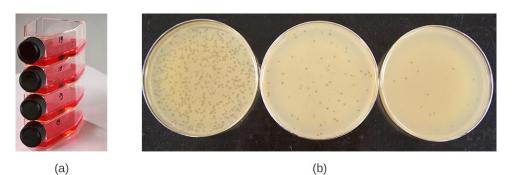
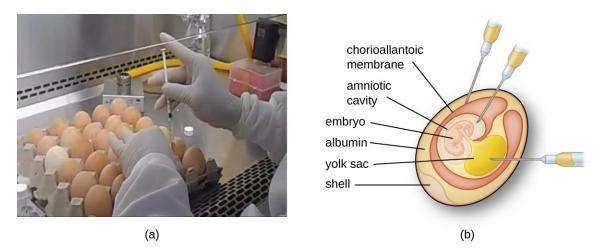
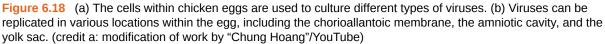


Figure 6.17 (a) Flasks like this may be used to culture human or animal cells for viral culturing. (b) These plates contain bacteriophage T4 grown on an *Escherichia coli* lawn. Clear plaques are visible where host bacterial cells have been lysed. Viral titers increase on the plates to the left. (credit a: modification of work by National Institutes of Health; credit b: modification of work by American Society for Microbiology)

Animal viruses require cells within a host animal or tissue-culture cells derived from an animal. Animal virus cultivation is important for 1) identification and diagnosis of pathogenic viruses in clinical specimens, 2) production of vaccines, and 3) basic research studies. In vivo host sources can be a developing embryo in an embryonated bird's egg (e.g., chicken, turkey) or a whole animal. For example, most of the influenza vaccine manufactured for annual flu vaccination programs is cultured in hens' eggs.

The embryo or host animal serves as an incubator for viral replication (see **Figure 6.18**). Location within the embryo or host animal is important. Many viruses have a tissue tropism, and must therefore be introduced into a specific site for growth. Within an embryo, target sites include the amniotic cavity, the chorioallantoic membrane, or the yolk sac. Viral infection may damage tissue membranes, producing lesions called pox; disrupt embryonic development; or cause the death of the embryo.





For in vitro studies, various types of cells can be used to support the growth of viruses. A primary cell culture is freshly prepared from animal organs or tissues. Cells are extracted from tissues by mechanical scraping or mincing to release cells or by an enzymatic method using trypsin or collagenase to break up tissue and release single cells into suspension. Because of anchorage-dependence requirements, primary cell cultures require a liquid culture medium in a Petri dish or tissue-culture flask so cells have a solid surface such as glass or plastic for attachment and growth. Primary cultures usually have a limited life span. When cells in a primary culture undergo mitosis and a sufficient density of cells is produced, cells come in contact with other cells. When this cell-to-cell-contact occurs, mitosis is

triggered to stop. This is called contact inhibition and it prevents the density of the cells from becoming too high. To prevent contact inhibition, cells from the primary cell culture must be transferred to another vessel with fresh growth medium. This is called a secondary cell culture. Periodically, cell density must be reduced by pouring off some cells and adding fresh medium to provide space and nutrients to maintain cell growth. In contrast to primary cell cultures, continuous cell lines, usually derived from transformed cells or tumors, are often able to be subcultured many times or even grown indefinitely (in which case they are called immortal). Continuous cell lines may not exhibit anchorage dependency (they will grow in suspension) and may have lost their contact inhibition. As a result, continuous cell lines can grow in piles or lumps resembling small tumor growths (see Figure 6.19).

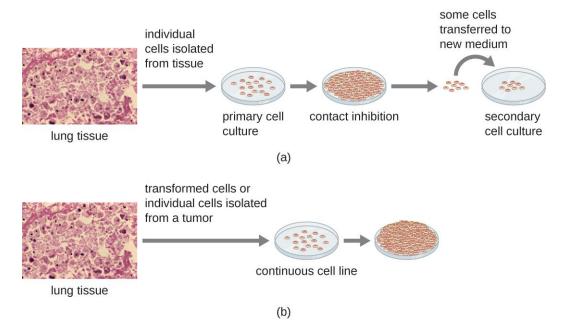
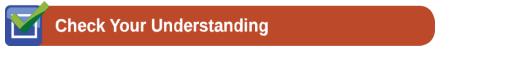


Figure 6.19 Cells for culture are prepared by separating them from their tissue matrix. (a) Primary cell cultures grow attached to the surface of the culture container. Contact inhibition slows the growth of the cells once they become too dense and begin touching each other. At this point, growth can only be sustained by making a secondary culture. (b) Continuous cell cultures are not affected by contact inhibition. They continue to grow regardless of cell density. (credit "micrographs": modification of work by Centers for Disease Control and Prevention)

An example of an immortal cell line is the HeLa cell line, which was originally cultivated from tumor cells obtained from Henrietta Lacks, a patient who died of cervical cancer in 1951. HeLa cells were the first continuous tissueculture cell line and were used to establish tissue culture as an important technology for research in cell biology, virology, and medicine. Prior to the discovery of HeLa cells, scientists were not able to establish tissue cultures with any reliability or stability. More than six decades later, this cell line is still alive and being used for medical research. See **Eye on Ethics: The Immortal Cell Line of Henrietta Lacks** to read more about this important cell line and the controversial means by which it was obtained.



What property of cells makes periodic dilutions of primary cell cultures necessary?

Eye on Ethics



The Immortal Cell Line of Henrietta Lacks

In January 1951, Henrietta Lacks, a 30-year-old African American woman from Baltimore, was diagnosed with cervical cancer at John Hopkins Hospital. We now know her cancer was caused by the human papillomavirus (HPV). Cytopathic effects of the virus altered the characteristics of her cells in a process called transformation, which gives the cells the ability to divide continuously. This ability, of course, resulted in a cancerous tumor that eventually killed Mrs. Lacks in October at age 31. Before her death, samples of her cancerous cells were taken without her knowledge or permission. The samples eventually ended up in the possession of Dr. George Gey, a biomedical researcher at Johns Hopkins University. Gey was able to grow some of the cells from Lacks's sample, creating what is known today as the immortal HeLa cell line. These cells have the ability to live and grow indefinitely and, even today, are still widely used in many areas of research.

According to Lacks's husband, neither Henrietta nor the family gave the hospital permission to collect her tissue specimen. Indeed, the family was not aware until 20 years after Lacks's death that her cells were still alive and actively being used for commercial and research purposes. Yet HeLa cells have been pivotal in numerous research discoveries related to polio, cancer, and AIDS, among other diseases. The cells have also been commercialized, although they have never themselves been patented. Despite this, Henrietta Lacks's estate has never benefited from the use of the cells, although, in 2013, the Lacks family was given control over the publication of the genetic sequence of her cells.

This case raises several bioethical issues surrounding patients' informed consent and the right to know. At the time Lacks's tissues were taken, there were no laws or guidelines about informed consent. Does that mean she was treated fairly at the time? Certainly by today's standards, the answer would be no. Harvesting tissue or organs from a dying patient without consent is not only considered unethical but illegal, regardless of whether such an act could save other patients' lives. Is it ethical, then, for scientists to continue to use Lacks's tissues for research, even though they were obtained illegally by today's standards?

Ethical or not, Lacks's cells are widely used today for so many applications that it is impossible to list them all. Is this a case in which the ends justify the means? Would Lacks be pleased to know about her contribution to science and the millions of people who have benefited? Would she want her family to be compensated for the commercial products that have been developed using her cells? Or would she feel violated and exploited by the researchers who took part of her body without her consent? Because she was never asked, we will never know.

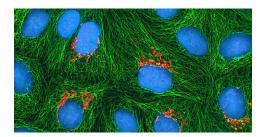


Figure 6.20 A multiphoton fluorescence image of HeLa cells in culture. Various fluorescent stains have been used to show the DNA (cyan), microtubules (green), and Golgi apparatus (orange). (credit: modification of work by National Institutes of Health)

Detection of a Virus

Regardless of the method of cultivation, once a virus has been introduced into a whole host organism, embryo, or

tissue-culture cell, a sample can be prepared from the infected host, embryo, or cell line for further analysis under a brightfield, electron, or fluorescent microscope. **Cytopathic effects (CPEs)** are distinct observable cell abnormalities due to viral infection. CPEs can include loss of adherence to the surface of the container, changes in cell shape from flat to round, shrinkage of the nucleus, vacuoles in the cytoplasm, fusion of cytoplasmic membranes and the formation of multinucleated syncytia, inclusion bodies in the nucleus or cytoplasm, and complete cell lysis (see **Figure 6.21**).

Further pathological changes include viral disruption of the host genome and altering normal cells into transformed cells, which are the types of cells associated with carcinomas and sarcomas. The type or severity of the CPE depends on the type of virus involved. **Figure 6.21** lists CPEs for specific viruses.

Cytopathic Effects of Specific Viruses				
Virus	Cytopathic Effect	Example		
Paramyxovirus	Syncytium and faint basophilic cytoplasmic inclusion bodies	ASM MicrobeLibrary.org © Suchman and Blair		
Poxvirus	Pink eosinophilic cytoplasmic inclusion bodies (arrows) and cell swelling	ASM MicrobeLinney.org © Stehman and Ellar		
Herpesvirus	Cytoplasmic stranding (arrow) and nuclear inclusion bodies (dashed arrow)	ASM MicroleLibrary.org @ Suchman and Blair		
Adenovirus	Cell enlargement, rounding, and distinctive "grape-like" clusters	ASTAT Microbel Library.org © Suchman and Blak		

Figure 6.21 (credit "micrographs": modification of work by American Society for Microbiology)

Link to Learning



Watch this video (https://www.openstax.org/l/22virusesoncell) to learn about the effects of viruses on cells.

Hemagglutination Assay

A serological assay is used to detect the presence of certain types of viruses in patient serum. Serum is the strawcolored liquid fraction of blood plasma from which clotting factors have been removed. Serum can be used in a direct assay called a hemagglutination assay to detect specific types of viruses in the patient's sample. Hemagglutination is the agglutination (clumping) together of erythrocytes (red blood cells). Many viruses produce surface proteins or spikes called hemagglutinins that can bind to receptors on the membranes of erythrocytes and cause the cells to agglutinate. Hemagglutination is observable without using the microscope, but this method does not always differentiate between infectious and noninfectious viral particles, since both can agglutinate erythrocytes.

To identify a specific pathogenic virus using hemagglutination, we must use an indirect approach. Proteins called antibodies, generated by the patient's immune system to fight a specific virus, can be used to bind to components such as hemagglutinins that are uniquely associated with specific types of viruses. The binding of the antibodies with the hemagglutinins found on the virus subsequently prevent erythrocytes from directly interacting with the virus. So when erythrocytes are added to the antibody-coated viruses, there is no appearance of agglutination; agglutination has been inhibited. We call these types of indirect assays for virus-specific antibodies hemagglutination inhibition (HAI) assays. HAI can be used to detect the presence of antibodies specific to many types of viruses that may be causing or have caused an infection in a patient even months or years after infection (see **Figure 6.22**). This assay is described in greater detail in **Agglutination Assays**.

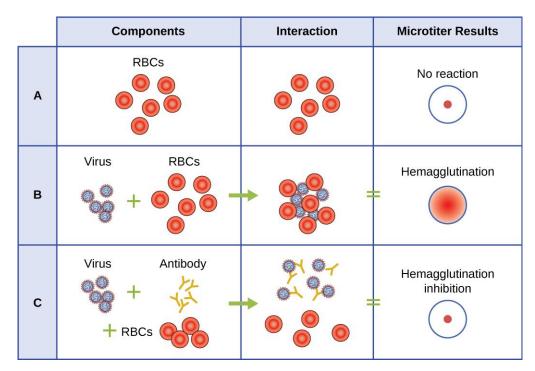


Figure 6.22 This chart shows the possible outcomes of a hemagglutination test. Row A: Erythrocytes do not bind together and will sink to the bottom of the well plate; this becomes visible as a red dot in the center of the well. Row B: Many viruses have hemagglutinins that causes agglutination of erythrocytes; the resulting hemagglutination forms a lattice structure that results in red color throughout the well. Row C: Virus-specific antibody, the viruses, and the erythrocytes are added to the well plate. The virus-specific antibodies inhibit agglutination, as can be seen as a red dot in the bottom of the well. (credit: modification of work by Centers for Disease Control and Prevention)



What is the outcome of a positive HIA test?

Nucleic Acid Amplification Test

Nucleic acid amplification tests (NAAT) are used in molecular biology to detect unique nucleic acid sequences of viruses in patient samples. Polymerase chain reaction (PCR) is an NAAT used to detect the presence of viral DNA in a patient's tissue or body fluid sample. PCR is a technique that amplifies (i.e., synthesizes many copies) of a viral DNA segment of interest. Using PCR, short nucleotide sequences called primers bind to specific sequences of viral DNA, enabling identification of the virus.

Reverse transcriptase-PCR (RT-PCR) is an NAAT used to detect the presence of RNA viruses. RT-PCR differs from PCR in that the enzyme reverse transcriptase (RT) is used to make a cDNA from the small amount of viral RNA in the specimen. The cDNA can then be amplified by PCR. Both PCR and RT-PCR are used to detect and confirm the presence of the viral nucleic acid in patient specimens.

Case in Point

HPV Scare

Michelle, a 21-year-old nursing student, came to the university clinic worried that she might have been exposed to a sexually transmitted disease (STD). Her sexual partner had recently developed several bumps on the base of his penis. He had put off going to the doctor, but Michelle suspects they are genital warts caused by HPV. She is especially concerned because she knows that HPV not only causes warts but is a prominent cause of cervical cancer. She and her partner always use condoms for contraception, but she is not confident that this precaution will protect her from HPV.

Michelle's physician finds no physical signs of genital warts or any other STDs, but recommends that Michelle get a Pap smear along with an HPV test. The Pap smear will screen for abnormal cervical cells and the CPEs associated with HPV; the HPV test will test for the presence of the virus. If both tests are negative, Michelle can be more assured that she most likely has not become infected with HPV. However, her doctor suggests it might be wise for Michelle to get vaccinated against HPV to protect herself from possible future exposure.

· Why does Michelle's physician order two different tests instead of relying on one or the other?

Enzyme Immunoassay

Enzyme immunoassays (EIAs) rely on the ability of antibodies to detect and attach to specific biomolecules called antigens. The detecting antibody attaches to the target antigen with a high degree of specificity in what might be a complex mixture of biomolecules. Also included in this type of assay is a colorless enzyme attached to the detecting antibody. The enzyme acts as a tag on the detecting antibody and can interact with a colorless substrate, leading to the production of a colored end product. EIAs often rely on layers of antibodies to capture and react with antigens, all of which are attached to a membrane filter (see **Figure 6.23**). EIAs for viral antigens are often used as preliminary screening tests. If the results are positive, further confirmation will require tests with even greater sensitivity, such as a western blot or an NAAT. EIAs are discussed in more detail in **EIAs and ELISAs**.

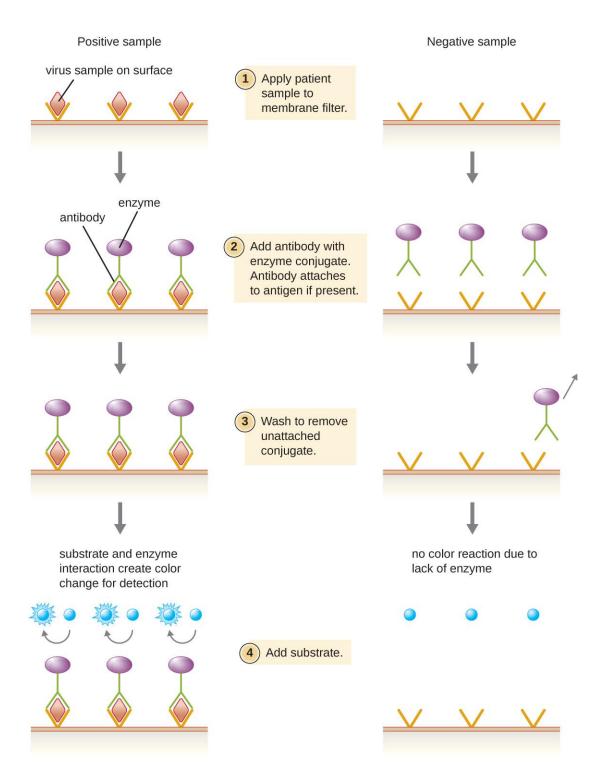


Figure 6.23 Similar to rapid, over-the-counter pregnancy tests, EIAs for viral antigens require a few drops of diluted patient serum or plasma applied to a membrane filter. The membrane filter has been previously modified and embedded with antibody to viral antigen and internal controls. Antibody conjugate is added to the filter, with the targeted antibody attached to the antigen (in the case of a positive test). Excess conjugate is washed off the filter. Substrate is added to activate the enzyme-mediated reaction to reveal the color change of a positive test. (credit: modification of work by "Cavitri"/Wikimedia Commons)



What typically indicates a positive EIA test?

Clinical Focus

Part 3

Along with the RT/PCR analysis, David's saliva was also collected for viral cultivation. In general, no single diagnostic test is sufficient for antemortem diagnosis, since the results will depend on the sensitivity of the assay, the quantity of virions present at the time of testing, and the timing of the assay, since release of virions in the saliva can vary. As it turns out, the result was negative for viral cultivation from the saliva. This is not surprising to David's doctor, because one negative result is not an absolute indication of the absence of infection. It may be that the number of virions in the saliva is low at the time of sampling. It is not unusual to repeat the test at intervals to enhance the chance of detecting higher virus loads.

· Should David's doctor modify his course of treatment based on these test results?

Jump to the next Clinical Focus box. Go back to the previous Clinical Focus box.

6.4 Viroids, Virusoids, and Prions

Learning Objectives

- Describe viroids and their unique characteristics
- Describe virusoids and their unique characteristics
- · Describe prions and their unique characteristics

Research attempts to discover the causative agents of previously uninvestigated diseases have led to the discovery of nonliving disease agents quite different from viruses. These include particles consisting only of RNA or only of protein that, nonetheless, are able to self-propagate at the expense of a host—a key similarity to viruses that allows them to cause disease conditions. To date, these discoveries include viroids, virusoids, and the proteinaceous prions.

Viroids

In 1971, Theodor Diener, a pathologist working at the Agriculture Research Service, discovered an acellular particle that he named a viroid, meaning "virus-like." **Viroids** consist only of a short strand of circular RNA capable of self-replication. The first viroid discovered was found to cause potato tuber spindle disease, which causes slower sprouting and various deformities in potato plants (see **Figure 6.24**). Like viruses, potato spindle tuber viroids (PSTVs) take control of the host machinery to replicate their RNA genome. Unlike viruses, viroids do not have a protein coat to protect their genetic information.



Figure 6.24 These potatoes have been infected by the potato spindle tuber viroid (PSTV), which is typically spread when infected knives are used to cut healthy potatoes, which are then planted. (credit: Pamela Roberts, University of Florida Institute of Food and Agricultural Sciences, USDA ARS)

Viroids can result in devastating losses of commercially important agricultural food crops grown in fields and orchards. Since the discovery of PSTV, other viroids have been discovered that cause diseases in plants. Tomato planta macho viroid (TPMVd) infects tomato plants, which causes loss of chlorophyll, disfigured and brittle leaves, and very small tomatoes, resulting in loss of productivity in this field crop. Avocado sunblotch viroid (ASBVd) results in lower yields and poorer-quality fruit. ASBVd is the smallest viroid discovered thus far that infects plants. Peach latent mosaic viroid (PLMVd) can cause necrosis of flower buds and branches, and wounding of ripened fruit, which leads to fungal and bacterial growth in the fruit. PLMVd can also cause similar pathological changes in plums, nectarines, apricots, and cherries, resulting in decreased productivity in these orchards, as well. Viroids, in general, can be dispersed mechanically during crop maintenance or harvesting, vegetative reproduction, and possibly via seeds and insects, resulting in a severe drop in food availability and devastating economic consequences.

Check Your Understanding

What is the genome of a viroid made of?

Virusoids

A second type of pathogenic RNA that can infect commercially important agricultural crops are the **virusoids**, which are subviral particles best described as non–self-replicating ssRNAs. RNA replication of virusoids is similar to that of viroids but, unlike viroids, virusoids require that the cell also be infected with a specific "helper" virus. There are currently only five described types of virusoids and their associated helper viruses. The helper viruses are all from the family of Sobemoviruses. An example of a helper virus is the subterranean clover mottle virus, which has an associated virusoid packaged inside the viral capsid. Once the helper virus enters the host cell, the virusoids are released and can be found free in plant cell cytoplasm, where they possess ribozyme activity. The helper virus undergoes typical viral replication independent of the activity of the virusoid. The virusoid genomes are small, only 220 to 388 nucleotides long. A virusoid genome does not code for any proteins, but instead serves only to replicate virusoid RNA.

Virusoids belong to a larger group of infectious agents called satellite RNAs, which are similar pathogenic RNAs found in animals. Unlike the plant virusoids, satellite RNAs may encode for proteins; however, like plant virusoids, satellite RNAs must coinfect with a helper virus to replicate. One satellite RNA that infects humans and that has been described by some scientists as a virusoid is the hepatitis delta virus (HDV), which, by some reports, is also called hepatitis delta virusoid. Much larger than a plant virusoid, HDV has a circular, ssRNA genome of 1,700 nucleotides and can direct the biosynthesis of HDV-associated proteins. The HDV helper virus is the hepatitis B virus (HBV). Coinfection with HBV and HDV results in more severe pathological changes in the liver during infection, which is

how HDV was first discovered.



· What is the main difference between a viroid and a virusoid?

Prions

At one time, scientists believed that any infectious particle must contain DNA or RNA. Then, in 1982, Stanley Prusiner, a medical doctor studying scrapie (a fatal, degenerative disease in sheep) discovered that the disease was caused by proteinaceous infectious particles, or **prions**. Because proteins are acellular and do not contain DNA or RNA, Prusiner's findings were originally met with resistance and skepticism; however, his research was eventually validated, and he received the Nobel Prize in Physiology or Medicine in 1997.

A prion is a misfolded rogue form of a normal protein (PrPc) found in the cell. This rogue prion protein (PrPsc), which may be caused by a genetic mutation or occur spontaneously, can be infectious, stimulating other endogenous normal proteins to become misfolded, forming plaques (see **Figure 6.25**). Today, prions are known to cause various forms of **transmissible spongiform encephalopathy** (TSE) in human and animals. TSE is a rare degenerative disorder that affects the brain and nervous system. The accumulation of rogue proteins causes the brain tissue to become sponge-like, killing brain cells and forming holes in the tissue, leading to brain damage, loss of motor coordination, and dementia (see **Figure 6.26**). Infected individuals are mentally impaired and become unable to move or speak. There is no cure, and the disease progresses rapidly, eventually leading to death within a few months or years.

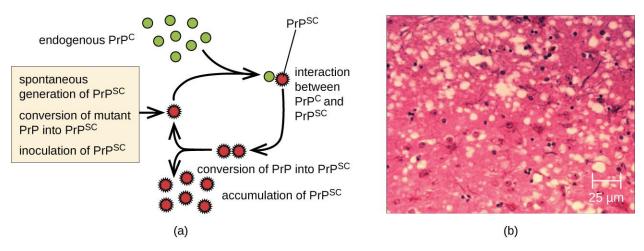
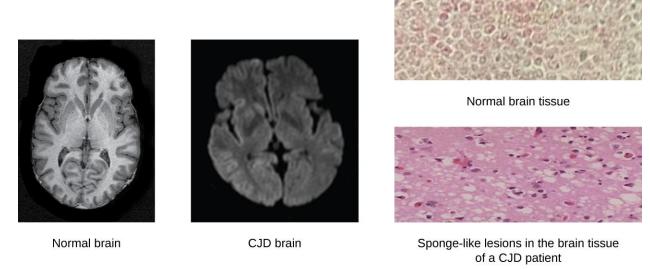


Figure 6.25 Endogenous normal prion protein (PrPc) is converted into the disease-causing form (PrPsc) when it encounters this variant form of the protein. PrPsc may arise spontaneously in brain tissue, especially if a mutant form of the protein is present, or it may originate from misfolded prions consumed in food that eventually find their way into brain tissue. (credit b: modification of work by USDA)



(a)

modification of work by Centers for Disease Control and Prevention)

(b) Figure 6.26 Creutzfeldt-Jakob disease (CJD) is a fatal disease that causes degeneration of neural tissue. (a) These brain scans compare a normal brain to one with CJD. (b) Compared to a normal brain, the brain tissue of a CJD patient is full of sponge-like lesions, which result from abnormal formations of prion protein. (credit a (right): modification of work by Dr. Laughlin Dawes; credit b (top): modification of work by Suzanne Wakim; credit b (bottom):

TSEs in humans include kuru, fatal familial insomnia, Gerstmann-Straussler-Scheinker disease, and Creutzfeldt-Jakob disease (see Figure 6.26). TSEs in animals include mad cow disease, scrapie (in sheep and goats), and chronic wasting disease (in elk and deer). TSEs can be transmitted between animals and from animals to humans by eating contaminated meat or animal feed. Transmission between humans can occur through heredity (as is often the case with GSS and CJD) or by contact with contaminated tissue, as might occur during a blood transfusion or organ transplant. There is no evidence for transmission via casual contact with an infected person. Table 6.3 lists TSEs that affect humans and their modes of transmission.

Disease	Mechanism(s) of Transmission ^[10]
Sporadic CJD (sCJD)	Not known; possibly by alteration of normal prior protein (PrP) to rogue form due to somatic mutation
Variant CJD (vCJD)	Eating contaminated cattle products and by secondary bloodborne transmission
Familial CJD (fCJD)	Mutation in germline PrP gene
latrogenic CJD (iCJD)	Contaminated neurosurgical instruments, corneal graft, gonadotrophic hormone, and, secondarily, by blood transfusion
Kuru	Eating infected meat through ritualistic cannibalism
Gerstmann-Straussler- Scheinker disease (GSS)	Mutation in germline PrP gene

Transmissible Spongiform Encephalopathies (TSEs) in Humans

Table 6.3

^{10.} National Institute of Neurological Disorders and Stroke. "Creutzfeldt-Jakob Disease Fact Sheet." http://www.ninds.nih.gov/disorders/ cjd/detail_cjd.htm (accessed December 31, 2015).

Transmissible Spongiform Encephalopathies (TSEs) in Humans

Disease	Mechanism(s) of Transmission
Fatal familial insomnia (FFI)	Mutation in germline PrP gene

Table 6.3

Prions are extremely difficult to destroy because they are resistant to heat, chemicals, and radiation. Even standard sterilization procedures do not ensure the destruction of these particles. Currently, there is no treatment or cure for TSE disease, and contaminated meats or infected animals must be handled according to federal guidelines to prevent transmission.

Check Your Understanding

• Does a prion have a genome?

Link to Learning



For more information on the handling of animals and prion-contaminated materials, visit the guidelines published on the CDC (https://www.openstax.org/l/22cdccontaminat) and WHO (https://www.openstax.org/l/22whocontaminat) websites.

Clinical Focus

Resolution

A few days later, David's doctor receives the results of the immunofluorescence test on his skin sample. The test is negative for rabies antigen. A second viral antigen test on his saliva sample also comes back negative. Despite these results, the doctor decides to continue David's current course of treatment. Given the positive RT-PCR test, it is best not to rule out a possible rabies infection.

Near the site of the bite, David receives an injection of rabies immunoglobulin, which attaches to and inactivates any rabies virus that may be present in his tissues. Over the next 14 days, he receives a series of four rabies-specific vaccinations in the arm. These vaccines activate David's immune response and help his body recognize and fight the virus. Thankfully, with treatment, David symptoms improve and he makes a full recovery.

Not all rabies cases have such a fortunate outcome. In fact, rabies is usually fatal once the patient starts to exhibit symptoms, and postbite treatments are mainly palliative (i.e., sedation and pain management).

Go back to the previous Clinical Focus box.

Summary

6.1 Viruses

- Viruses are generally ultramicroscopic, typically from 20 nm to 900 nm in length. Some large viruses have been found.
- **Virions** are acellular and consist of a nucleic acid, DNA or RNA, but not both, surrounded by a protein **capsid**. There may also be a phospholipid membrane surrounding the capsid.
- Viruses are obligate intracellular parasites.
- Viruses are known to infect various types of cells found in plants, animals, fungi, protists, bacteria, and archaea. Viruses typically have limited **host ranges** and infect specific cell types.
- Viruses may have **helical**, **polyhedral**, or **complex** shapes.
- Classification of viruses is based on morphology, type of nucleic acid, host range, cell specificity, and enzymes carried within the virion.
- Like other diseases, viral diseases are classified using ICD codes.

6.2 The Viral Life Cycle

- Many viruses target specific hosts or tissues. Some may have more than one host.
- Many viruses follow several stages to infect host cells. These stages include **attachment**, **penetration**, **uncoating**, **biosynthesis**, **maturation**, and **release**.
- Bacteriophages have a **lytic** or **lysogenic cycle**. The lytic cycle leads to the death of the host, whereas the lysogenic cycle leads to integration of phage into the host genome.
- Bacteriophages inject DNA into the host cell, whereas animal viruses enter by endocytosis or membrane fusion.
- Animal viruses can undergo **latency**, similar to lysogeny for a bacteriophage.
- The majority of plant viruses are positive-strand ssRNA and can undergo latency, chronic, or lytic infection, as observed for animal viruses.
- The growth curve of bacteriophage populations is a **one-step multiplication curve** and not a sigmoidal curve, as compared to the bacterial growth curve.
- Bacteriophages transfer genetic information between hosts using either **generalized** or **specialized transduction**.

6.3 Isolation, Culture, and Identification of Viruses

- Viral cultivation requires the presence of some form of host cell (whole organism, embryo, or cell culture).
- Viruses can be isolated from samples by filtration.
- Viral filtrate is a rich source of released virions.
- Bacteriophages are detected by presence of clear **plaques** on bacterial lawn.
- Animal and plant viruses are detected by **cytopathic effects**, molecular techniques (PCR, RT-PCR), enzyme immunoassays, and serological assays (hemagglutination assay, hemagglutination inhibition assay).

6.4 Viroids, Virusoids, and Prions

- Other acellular agents such as **viroids**, **virusoids**, and **prions** also cause diseases. Viroids consist of small, naked ssRNAs that cause diseases in plants. Virusoids are ssRNAs that require other helper viruses to establish an infection. Prions are proteinaceous infectious particles that cause **transmissible spongiform encephalopathies**.
- Prions are extremely resistant to chemicals, heat, and radiation.
- There are no treatments for prion infection.

Review Questions

Multiple Choice

1. The component(s) of a virus that is/are extended from the envelope for attachment is/are the:

- a. capsomeres
- b. spikes
- c. nucleic acid
- d. viral whiskers

2. Which of the following does a virus lack? Select all that apply.

- a. ribosomes
- b. metabolic processes
- c. nucleic acid
- d. glycoprotein
- **3.** The envelope of a virus is derived from the host's a. nucleic acids
 - b. membrane structures
 - c. cytoplasm
 - d. genome
- **4.** In naming viruses, the family name ends with ______. and genus name ends with ______.
 - a. -virus; -viridae
 - b. -viridae; -virus
 - c. -virion; virus
 - d. -virus; virion
- 5. What is another name for a nonenveloped virus?
 - a. enveloped virus
 - b. provirus
 - c. naked virus
 - d. latent virus

6. Which of the following leads to the destruction of the host cells?

- a. lysogenic cycle
- b. lytic cycle
- c. prophage
- d. temperate phage

7. A virus obtains its envelope during which of the following phases?

- a. attachment
- b. penetration
- c. assembly
- d. release

8. Which of the following components is brought into a cell by HIV?

- a. a DNA-dependent DNA polymerase
- b. RNA polymerase
- c. ribosome
- d. reverse transcriptase
- 9. A positive-strand RNA virus:
 - a. must first be converted to a mRNA before it can be translated.
 - b. can be used directly to translate viral proteins.
 - c. will be degraded by host enzymes.
 - d. is not recognized by host ribosomes.

10. What is the name for the transfer of genetic information from one bacterium to another bacterium by a phage?

- a. transduction
- b. penetration
- c. excision
- d. translation

11. Which of the followings cannot be used to culture viruses?

- a. tissue culture
- b. liquid medium only
- c. embryo
- d. animal host

12. Which of the following tests can be used to detect the presence of a specific virus?

- a. EIA
- b. RT-PCR
- c. PCR
- d. all of the above
- **13.** Which of the following is NOT a cytopathic effect?
 - a. transformation
 - b. cell fusion
 - c. mononucleated cell
 - d. inclusion bodies

14. Which of these infectious agents do not have nucleic acid?

- a. viroids
- b. viruses
- c. bacteria
- d. prions

- **15.** Which of the following is true of prions?
 - a. They can be inactivated by boiling at 100 °C.
 - b. They contain a capsid.
 - c. They are a rogue form of protein, PrP.
 - d. They can be reliably inactivated by an autoclave.

True/False

16. True or False: Scientists have identified viruses that are able to infect fungal cells.

Fill in the Blank

17. A virus that infects a bacterium is called a/an ______.

18. A/an ______ virus possesses characteristics of both a polyhedral and helical virus.

19. A virus containing only nucleic acid and a capsid is called a/an ______ virus or ______ virus.

20. The ______ on the bacteriophage allow for binding to the bacterial cell.

21. An enzyme from HIV that can make a copy of DNA from RNA is called ______

22. For lytic viruses, ________ is a phase during a viral growth curve when the virus is not detected.

23. Viruses can be diagnosed and observed using a(n) ______ microscope.

24. Cell abnormalities resulting from a viral infection are called ________.

25. Both viroids and virusoids have a(n) ______ genome, but virusoids require a(n) ______ to reproduce.

Short Answer

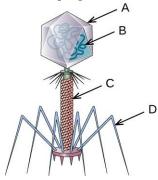
26. Discuss the geometric differences among helical, polyhedral, and complex viruses.

27. What was the meaning of the word "virus" in the 1880s and why was it used to describe the cause of tobacco mosaic disease?

- 28. Briefly explain the difference between the mechanism of entry of a T-even bacteriophage and an animal virus.
- 29. Discuss the difference between generalized and specialized transduction.
- **30.** Differentiate between lytic and lysogenic cycles.
- **31.** Briefly explain the various methods of culturing viruses.
- 32. Describe the disease symptoms observed in animals infected with prions.

Critical Thinking

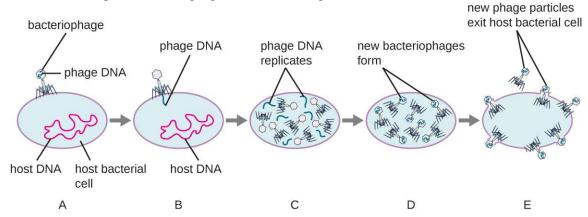
33. Name each labeled part of the illustrated bacteriophage.



34. In terms of evolution, which do you think arises first? The virus or the host? Explain your answer.

35. Do you think it is possible to create a virus in the lab? Imagine that you are a mad scientist. Describe how you would go about creating a new virus.

36. Label the five stages of a bacteriophage infection in the figure:



- 37. Bacteriophages have lytic and lysogenic cycles. Discuss the advantages and disadvantages for the phage.
- 38. How does reverse transcriptase aid a retrovirus in establishing a chronic infection?
- **39.** Discuss some methods by which plant viruses are transmitted from a diseased plant to a healthy one.
- **40.** Label the components indicated by arrows.

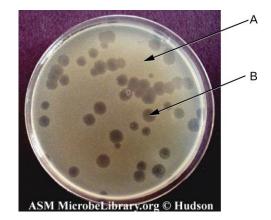


Figure 6.27 (credit: modification of work by American Society for Microbiology)

- **41.** What are some characteristics of the viruses that are similar to a computer virus?
- **42.** Does a prion replicate? Explain.

Chapter 7

Microbial Biochemistry

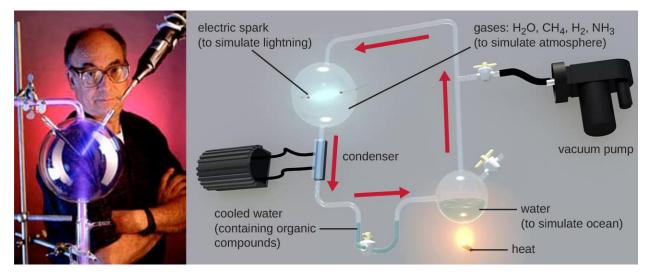


Figure 7.1 Scientist Stanley Miller (pictured) and Harold Urey demonstrated that organic compounds may have originated naturally from inorganic matter. The Miller-Urey experiment illustrated here simulated the effects of lightning on chemical compounds found in the earth's early atmosphere. The resulting reactions yielded amino acids, the chemical building blocks of proteins. (credit "photo": modification of work by NASA; credit "illustration": modification of work by Courtney Harrington)

Chapter Outline

- 7.1 Organic Molecules
- 7.2 Carbohydrates
- 7.3 Lipids
- 7.4 Proteins
- 7.5 Using Biochemistry to Identify Microorganisms

Introduction

The earth is estimated to be 4.6 billion years old, but for the first 2 billion years, the atmosphere lacked oxygen, without which the earth could not support life as we know it. One hypothesis about how life emerged on earth involves the concept of a "primordial soup." This idea proposes that life began in a body of water when metals and gases from the atmosphere combined with a source of energy, such as lightning or ultraviolet light, to form the carbon compounds that are the chemical building blocks of life. In 1952, Stanley Miller (1930–2007), a graduate student at the University of Chicago, and his professor Harold Urey (1893–1981), set out to confirm this hypothesis in a now-famous experiment. Miller and Urey combined what they believed to be the major components of the earth's early atmosphere—water (H_2O), methane (CH_4), hydrogen (H_2), and ammonia (NH_3)—and sealed them in a sterile flask. Next, they heated the flask to produce water vapor and passed electric sparks through the mixture to mimic lightning in the atmosphere (**Figure 7.1**). When they analyzed the contents of the flask a week later, they found amino acids, the structural units of proteins—molecules essential to the function of all organisms.

7.1 Organic Molecules

Learning Objectives

- · Identify common elements and structures found in organic molecules
- Explain the concept of isomerism
- Identify examples of functional groups
- Describe the role of functional groups in synthesizing polymers

Biochemistry is the discipline that studies the chemistry of life, and its objective is to explain form and function based on chemical principles. Organic chemistry is the discipline devoted to the study of carbon-based chemistry, which is the foundation for the study of biomolecules and the discipline of biochemistry. Both biochemistry and organic chemistry are based on the concepts of general chemistry, some of which are presented in Appendix A.

Elements in Living Cells

The most abundant element in cells is hydrogen (H), followed by carbon (C), oxygen (O), nitrogen (N), phosphorous (P), and sulfur (S). We call these elements **macronutrients**, and they account for about 99% of the dry weight of cells. Some elements, such as sodium (Na), potassium (K), magnesium (Mg), zinc (Zn), iron (Fe), calcium (Ca), molybdenum (Mo), copper (Cu), cobalt (Co), manganese (Mn), or vanadium (Va), are required by some cells in very small amounts and are called **micronutrients** or **trace elements**. All of these elements are essential to the function of many biochemical reactions, and, therefore, are essential to life.

The four most abundant elements in living matter (C, N, O, and H) have low atomic numbers and are thus light elements capable of forming strong bonds with other atoms to produce molecules (**Figure 7.2**). Carbon forms four chemical bonds, whereas nitrogen forms three, oxygen forms two, and hydrogen forms one. When bonded together within molecules, oxygen, sulfur, and nitrogen often have one or more "lone pairs" of electrons that play important roles in determining many of the molecules' physical and chemical properties (see **Appendix A**). These traits in combination permit the formation of a vast number of diverse molecular species necessary to form the structures and enable the functions of living organisms.

Clinical Focus

Part 1

Penny is a 16-year-old student who visited her doctor, complaining about an itchy skin rash. She had a history of allergic episodes. The doctor looked at her sun-tanned skin and asked her if she switched to a different sunscreen. She said she had, so the doctor diagnosed an allergic eczema. The symptoms were mild so the doctor told Penny to avoid using the sunscreen that caused the reaction and prescribed an over-the-counter moisturizing cream to keep her skin hydrated and to help with itching.

- What kinds of substances would you expect to find in a moisturizing cream?
- What physical or chemical properties of these substances would help alleviate itching and inflammation of the skin?

Jump to the next Clinical Focus box.

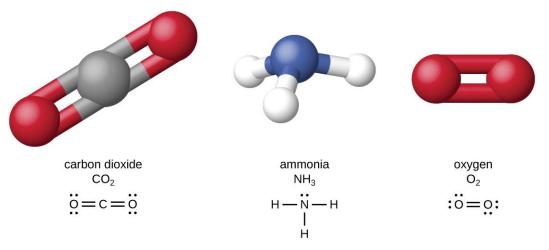


Figure 7.2 Some common molecules include carbon dioxide, ammonia, and oxygen, which consist of combinations of oxygen atoms (red spheres), carbon atoms (gray spheres), hydrogen atoms (white spheres), or nitrogen atoms (blue spheres).

Living organisms contain inorganic compounds (mainly water and salts; see **Appendix A**) and organic molecules. Organic molecules contain carbon; inorganic compounds do not. Carbon oxides and carbonates are exceptions; they contain carbon but are considered inorganic because they do not contain hydrogen. The atoms of an **organic molecule** are typically organized around chains of carbon atoms.

Inorganic compounds make up 1%–1.5% of a living cell's mass. They are small, simple compounds that play important roles in the cell, although they do not form cell structures. Most of the carbon found in organic molecules originates from inorganic carbon sources such as carbon dioxide captured via carbon fixation by microorganisms.

Check Your Understanding

- Describe the most abundant elements in nature.
- Describe the most abundant elements in natureWhat are the differences between organic and inorganic molecules?

Organic Molecules and Isomerism

Organic molecules in organisms are generally larger and more complex than inorganic molecules. Their carbon skeletons are held together by covalent bonds. They form the cells of an organism and perform the chemical reactions that facilitate life. All of these molecules, called **biomolecules** because they are part of living matter, contain carbon, which is the building block of life. Carbon is a very unique element in that it has four valence electrons in its outer orbitals and can form four single covalent bonds with up to four other atoms at the same time (see **Appendix A**). These atoms are usually oxygen, hydrogen, nitrogen, sulfur, phosphorous, and carbon itself; the simplest organic compound is methane, in which carbon binds only to hydrogen (**Figure 7.3**).

As a result of carbon's unique combination of size and bonding properties, carbon atoms can bind together in large numbers, thus producing a chain or **carbon skeleton**. The carbon skeleton of organic molecules can be straight, branched, or ring shaped (cyclic). Organic molecules are built on chains of carbon atoms of varying lengths; most are typically very long, which allows for a huge number and variety of compounds. No other element has the ability to form so many different molecules of so many different sizes and shapes.



Figure 7.3 A carbon atom can bond with up to four other atoms. The simplest organic molecule is methane (CH₄), depicted here.

Molecules with the same atomic makeup but different structural arrangement of atoms are called **isomers**. The concept of isomerism is very important in chemistry because the structure of a molecule is always directly related to its function. Slight changes in the structural arrangements of atoms in a molecule may lead to very different properties. Chemists represent molecules by their **structural formula**, which is a graphic representation of the molecular structure, showing how the atoms are arranged. Compounds that have identical molecular formulas but differ in the bonding sequence of the atoms are called **structural isomers**. The monosaccharides glucose, galactose, and fructose all have the same molecular formula, $C_6H_{12}O_6$, but we can see from **Figure 7.4** that the atoms are bonded together differently.

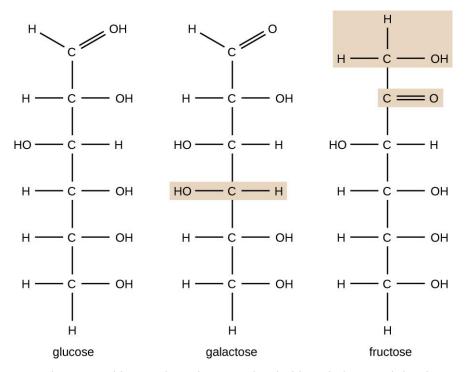


Figure 7.4 Glucose, galactose, and fructose have the same chemical formula ($C_6H_{12}O_6$), but these structural isomers differ in their physical and chemical properties.

Isomers that differ in the spatial arrangements of atoms are called **stereoisomers**; one unique type is **enantiomers**. The properties of enantiomers were originally discovered by Louis Pasteur in 1848 while using a microscope to analyze crystallized fermentation products of wine. Enantiomers are molecules that have the characteristic of **chirality**, in which their structures are nonsuperimposable mirror images of each other. Chirality is an important characteristic in many biologically important molecules, as illustrated by the examples of structural differences in the enantiomeric forms of the monosaccharide glucose or the amino acid alanine (**Figure 7.5**).

Many organisms are only able to use one enantiomeric form of certain types of molecules as nutrients and as building blocks to make structures within a cell. Some enantiomeric forms of amino acids have distinctly different tastes and smells when consumed as food. For example, L-aspartame, commonly called aspartame, tastes sweet, whereas Daspartame is tasteless. Drug enantiomers can have very different pharmacologic affects. For example, the compound methorphan exists as two enantiomers, one of which acts as an antitussive (*dextromethorphan*, a cough suppressant), whereas the other acts as an analgesic (*levomethorphan*, a drug similar in effect to codeine).

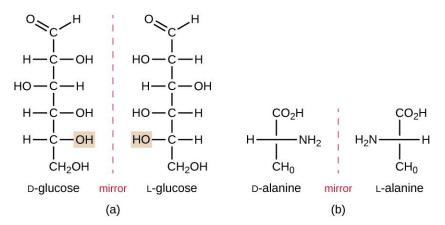


Figure 7.5 Enantiomers are stereoisomers that exhibit chirality. Their chemical structures are nonsuperimposable mirror images of each other. (a) D-glucose and L-glucose are monosaccharides that are enantiomers. (b) The enantiomers D-alanine and L-alanine are enantiomers found in bacterial cell walls and human cells, respectively.

Enantiomers are also called optical isomers because they can rotate the plane of polarized light. Some of the crystals Pasteur observed from wine fermentation rotated light clockwise whereas others rotated the light counterclockwise. Today, we denote enantiomers that rotate polarized light clockwise (+) as *d* forms, and the mirror image of the same molecule that rotates polarized light counterclockwise (-) as the *l* form. The *d* and *l* labels are derived from the Latin words *dexter* (on the right) and *laevus* (on the left), respectively. These two different optical isomers often have very different biological properties and activities. Certain species of molds, yeast, and bacteria, such as *Rhizopus*, *Yarrowia*, and *Lactobacillus* spp., respectively, can only metabolize one type of optical isomers is the therapeutic use of these types of chemicals for drug treatment, because some microorganisms can only be affected by one specific optical isomer.

🚹 Check Your Understanding

We say that life is carbon based. What makes carbon so suitable to be part of all the macromolecules of living
organisms?

Biologically Significant Functional Groups

In addition to containing carbon atoms, biomolecules also contain **functional groups**—groups of atoms within molecules that are categorized by their specific chemical composition and the chemical reactions they perform, regardless of the molecule in which the group is found. Some of the most common functional groups are listed in **Figure 7.6**. In the formulas, the symbol R stands for "residue" and represents the remainder of the molecule. R might symbolize just a single hydrogen atom or it may represent a group of many atoms. Notice that some functional groups are relatively simple, consisting of just one or two atoms, while some comprise two of these simpler functional groups. For example, a carbonyl group is a functional group composed of a carbon atom double bonded to an oxygen atom: C=O. It is present in several classes of organic compounds as part of larger functional groups such as ketones, aldehydes, carboxylic acids, and amides. In ketones, the carbonyl is present as an internal group, whereas in aldehydes it is a terminal group.

Common Functional Groups Found in Biomolecules				
Name	Functional Group	Compounds		
Aldehyde	R-C-H	Carbohydrates		
Amide	O II R-C-N-R' I H	Proteins		
Amino	R-NH ₂	Amino acids, proteins		
Carbonyl	R ^C R'	Ketones, aldehydes, carboxylic acids, amides		
Carboxylic acid	0 II R-С-О-Н	Amino acids, proteins, fatty acids		
Ester	0 II R-C-0-R'	Lipids, nucleic acids		
Ether	R - 0-R'	Disaccharides, polysaccharides, lipids		
Hydroxyl	R-O-H	Alcohols, monosaccharides, amino acids, nucleic acids		
Ketone		Carbohydrates		
Methyl	R-CH ₃	Methylated compounds such as methyl alcohols and methyl esters		
Phosphate	R-PO ₃ H ₂	Nucleic acids, phospholipids, ATP		
Sulfhydryl	R—S—H	Amino acids, proteins		

*Functional groups are represented in pink. Ketone and aldehyde both contain a carbonyl group, highlighted in blue.

Figure 7.6

Macromolecules

Carbon chains form the skeletons of most organic molecules. Functional groups combine with the chain to form

biomolecules. Because these biomolecules are typically large, we call them **macromolecules**. Many biologically relevant macromolecules are formed by linking together a great number of identical, or very similar, smaller organic molecules. The smaller molecules act as building blocks and are called **monomers**, and the macromolecules that result from their linkage are called **polymers**. Cells and cell structures include four main groups of carbon-containing macromolecules: polysaccharides, proteins, lipids, and nucleic acids. The first three groups of molecules will be studied throughout this chapter. The biochemistry of nucleic acids will be discussed in **Biochemistry of the Genome**.

Of the many possible ways that monomers may be combined to yield polymers, one common approach encountered in the formation of biological macromolecules is **dehydration synthesis**. In this chemical reaction, monomer molecules bind end to end in a process that results in the formation of water molecules as a byproduct:

H-monomer-OH + H-monomer-OH \rightarrow H-monomer-MH + H₂O

Figure 7.7 shows dehydration synthesis of glucose binding together to form maltose and a water molecule. **Table 7.1** summarizes macromolecules and some of their functions.

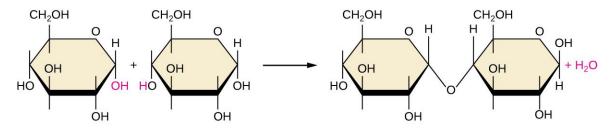
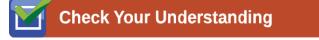


Figure 7.7 In this dehydration synthesis reaction, two molecules of glucose are linked together to form maltose. In the process, a water molecule is formed.

Some Functions of Macromolecules

Macromolecule	Functions
Carbohydrates	Energy storage, receptors, food, structural role in plants, fungal cell walls, exoskeletons of insects
Lipids	Energy storage, membrane structure, insulation, hormones, pigments
Nucleic acids	Storage and transfer of genetic information
Proteins	Enzymes, structure, receptors, transport, structural role in the cytoskeleton of a cell and the extracellular matrix

Table 7.1



· What is the byproduct of a dehydration synthesis reaction?

7.2 Carbohydrates

Learning Objectives

- · Give examples of monosaccharides and polysaccharides
- Describe the function of monosaccharides and polysaccharides within a cell

The most abundant biomolecules on earth are **carbohydrates**. From a chemical viewpoint, carbohydrates are primarily a combination of carbon and water, and many of them have the empirical formula $(CH_2O)_n$, where *n* is the number of repeated units. This view represents these molecules simply as "hydrated" carbon atom chains in which water molecules attach to each carbon atom, leading to the term "carbohydrates." Although all carbohydrates contain carbon, hydrogen, and oxygen, there are some that also contain nitrogen, phosphorus, and/or sulfur. Carbohydrates have myriad different functions. They are abundant in terrestrial ecosystems, many forms of which we use as food sources. These molecules are also vital parts of macromolecular structures that store and transmit genetic information (i.e., DNA and RNA). They are the basis of biological polymers that impart strength to various structural components of organisms (e.g., cellulose and chitin), and they are the primary source of energy storage in the form of starch and glycogen.

Monosaccharides: The Sweet Ones

In biochemistry, carbohydrates are often called **saccharides**, from the Greek *sakcharon*, meaning sugar, although not all the saccharides are sweet. The simplest carbohydrates are called **monosaccharides**, or simple sugars. They are the building blocks (monomers) for the synthesis of polymers or complex carbohydrates, as will be discussed further in this section. Monosaccharides are classified based on the number of carbons in the molecule. General categories are identified using a prefix that indicates the number of carbons and the suffix *–ose*, which indicates a saccharide; for example, triose (three carbons), tetrose (four carbons), pentose (five carbons), and hexose (six carbons) (**Figure 7.8**). The hexose D-glucose is the most abundant monosaccharide in nature. Other very common and abundant hexose monosaccharides are galactose, used to make the disaccharide milk sugar lactose, and the fruit sugar fructose.

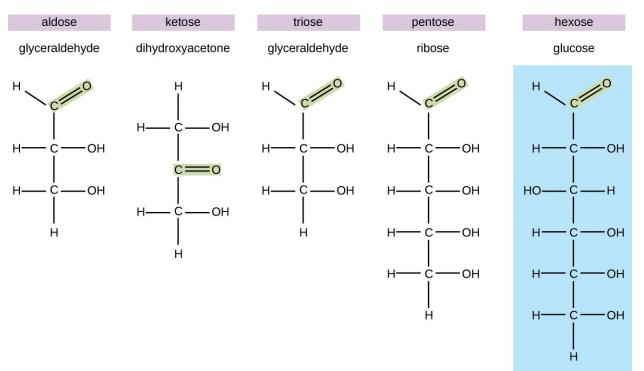


Figure 7.8 Monosaccharides are classified based on the position of the carbonyl group and the number of carbons in the backbone.

Monosaccharides of four or more carbon atoms are typically more stable when they adopt cyclic, or ring, structures. These ring structures result from a chemical reaction between functional groups on opposite ends of the sugar's flexible carbon chain, namely the carbonyl group and a relatively distant hydroxyl group. Glucose, for example, forms a six-membered ring (Figure 7.9).

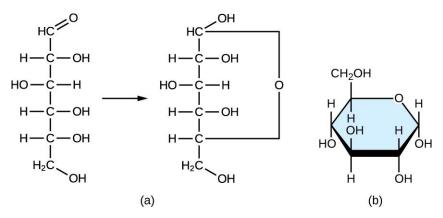


Figure 7.9 (a) A linear monosaccharide (glucose in this case) forms a cyclic structure. (b) This illustration shows a more realistic depiction of the cyclic monosaccharide structure. Note in these cyclic structural diagrams, the carbon atoms composing the ring are not explicitly shown.

Monosaccharides



Why do monosaccharides form ring structures?

Disaccharides

Two monosaccharide molecules may chemically bond to form a **disaccharide**. The name given to the covalent bond between the two monosaccharides is a **glycosidic bond**. Glycosidic bonds form between hydroxyl groups of the two saccharide molecules, an example of the dehydration synthesis described in the previous section of this chapter:

 $\frac{\text{monosaccharide} - \text{OH} + \text{HO} - \text{monosaccharide}}{\frac{\text{monosaccharide} - \text{O} - \text{monosaccharide}}{\frac{\text{disaccharide}}{\text{disaccharide}}}$

Common disaccharides are the grain sugar maltose, made of two glucose molecules; the milk sugar lactose, made of a galactose and a glucose molecule; and the table sugar sucrose, made of a glucose and a fructose molecule (Figure 7.10).

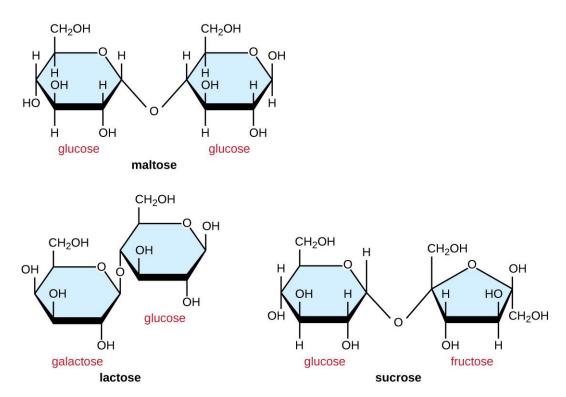


Figure 7.10 Common disaccharides include maltose, lactose, and sucrose.

Polysaccharides

Polysaccharides, also called glycans, are large polymers composed of hundreds of monosaccharide monomers. Unlike mono- and disaccharides, **polysaccharides** are not sweet and, in general, they are not soluble in water. Like disaccharides, the monomeric units of polysaccharides are linked together by glycosidic bonds.

Polysaccharides are very diverse in their structure. Three of the most biologically important polysaccharides—starch, **glycogen**, and **cellulose**—are all composed of repetitive glucose units, although they differ in their structure (**Figure 7.11**). Cellulose consists of a linear chain of glucose molecules and is a common structural component of cell walls in plants and other organisms. Glycogen and starch are branched polymers; glycogen is the primary energy-storage

molecule in animals and bacteria, whereas plants primarily store energy in starch. The orientation of the glycosidic linkages in these three polymers is different as well and, as a consequence, linear and branched macromolecules have different properties.

Modified glucose molecules can be fundamental components of other structural polysaccharides. Examples of these types of structural polysaccharides are N-acetyl glucosamine (NAG) and N-acetyl muramic acid (NAM) found in bacterial cell wall peptidoglycan. Polymers of NAG form chitin, which is found in fungal cell walls and in the exoskeleton of insects.

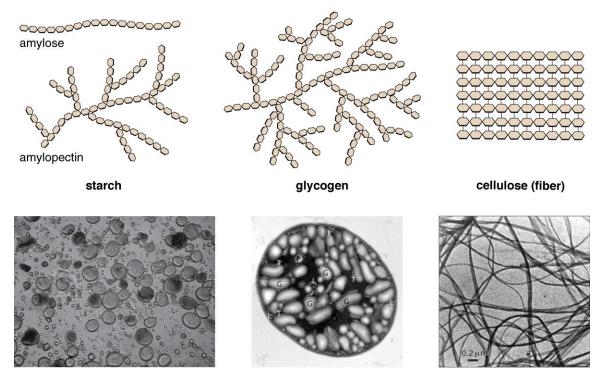


Figure 7.11 Starch, glycogen, and cellulose are three of the most important polysaccharides. In the top row, hexagons represent individual glucose molecules. Micrographs (bottom row) show wheat starch granules stained with iodine (left), glycogen granules (G) inside the cell of a cyanobacterium (middle), and bacterial cellulose fibers (right). (credit "iodine granules": modification of work by Kiselov Yuri; credit "glycogen granules": modification of work by Stöckel J, Elvitigala TR, Liberton M, Pakrasi HB; credit "cellulose": modification of work by American Society for Microbiology)



• What are the most biologically important polysaccharides and why are they important?

7.3 Lipids

Learning Objectives

Describe the chemical composition of lipids

- · Describe the unique characteristics and diverse structures of lipids
- Compare and contrast triacylglycerides (triglycerides) and phospholipids.
- Describe how phospholipids are used to construct biological membranes.

Although they are composed primarily of carbon and hydrogen, **lipid** molecules may also contain oxygen, nitrogen, sulfur, and phosphorous. Lipids serve numerous and diverse purposes in the structure and functions of organisms. They can be a source of nutrients, a storage form for carbon, energy-storage molecules, or structural components of membranes and hormones. Lipids comprise a broad class of many chemically distinct compounds, the most common of which are discussed in this section.

Fatty Acids and Triacylglycerides

The **fatty acids** are lipids that contain long-chain hydrocarbons terminated with a carboxylic acid functional group. Because the long hydrocarbon chain, fatty acids are **hydrophobic** ("water fearing") or nonpolar. Fatty acids with hydrocarbon chains that contain only single bonds are called **saturated fatty acids** because they have the greatest number of hydrogen atoms possible and are, therefore, "saturated" with hydrogen. Fatty acids with hydrocarbon chains containing at least one double bond are called **unsaturated fatty acids** because they have fewer hydrogen atoms. Saturated fatty acids have a straight, flexible carbon backbone, whereas unsaturated fatty acids have "kinks" in their carbon skeleton because each double bond causes a rigid bend of the carbon skeleton. These differences in saturated versus unsaturated fatty acid structure result in different properties for the corresponding lipids in which the fatty acids are incorporated. For example, lipids containing saturated fatty acids are solids at room temperature, whereas lipids containing unsaturated fatty acids are liquids.

A **triacylglycerol**, or **triglyceride**, is formed when three fatty acids are chemically linked to a glycerol molecule (**Figure 7.12**). Triglycerides are the primary components of adipose tissue (body fat), and are major constituents of sebum (skin oils). They play an important metabolic role, serving as efficient energy-storage molecules that can provide more than double the caloric content of both carbohydrates and proteins.

Three fatty acid chains are bound to glycerol by dehydration synthesis.

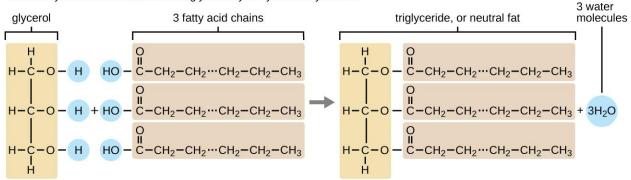


Figure 7.12 Triglycerides are composed of a glycerol molecule attached to three fatty acids by a dehydration synthesis reaction.



• Explain why fatty acids with hydrocarbon chains that contain only single bonds are called saturated fatty acids.

Phospholipids and Biological Membranes

Triglycerides are classified as simple lipids because they are formed from just two types of compounds: glycerol and fatty acids. In contrast, complex lipids contain at least one additional component, for example, a phosphate group (**phospholipids**) or a carbohydrate moiety (**glycolipids**). Figure 7.13 depicts a typical phospholipid composed of two fatty acids linked to glycerol (a diglyceride). The two fatty acid carbon chains may be both saturated, both unsaturated, or one of each. Instead of another fatty acid molecule (as for triglycerides), the third binding position on the glycerol molecule is occupied by a modified phosphate group.

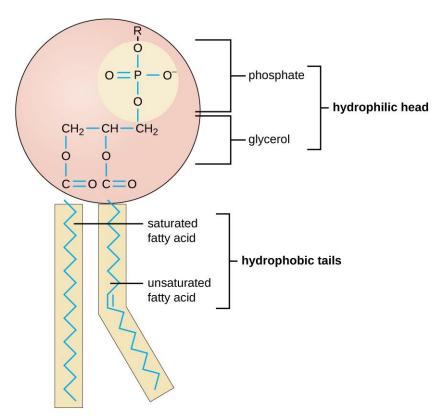


Figure 7.13 This illustration shows a phospholipid with two different fatty acids, one saturated and one unsaturated, bonded to the glycerol molecule. The unsaturated fatty acid has a slight kink in its structure due to the double bond.

The molecular structure of lipids results in unique behavior in aqueous environments. **Figure 7.12** depicts the structure of a triglyceride. Because all three substituents on the glycerol backbone are long hydrocarbon chains, these compounds are nonpolar and not significantly attracted to polar water molecules—they are hydrophobic. Conversely, phospholipids such as the one shown in **Figure 7.13** have a negatively charged phosphate group. Because the phosphate is charged, it is capable of strong attraction to water molecules and thus is **hydrophilic**, or "water loving." The hydrophilic portion of the phospholipid is often referred to as a polar "head," and the long hydrocarbon chains as nonpolar "tails." A molecule presenting a hydrophobic portion and a hydrophilic moiety is said to be **amphipathic**. Notice the "R" designation within the hydrophilic head depicted in **Figure 7.13**, indicating that a polar head group can be more complex than a simple phosphate moiety. Glycolipids are examples in which carbohydrates are bonded to the lipids' head groups.

The amphipathic nature of phospholipids enables them to form uniquely functional structures in aqueous environments. As mentioned, the polar heads of these molecules are strongly attracted to water molecules, and the nonpolar tails are not. Because of their considerable lengths, these tails are, in fact, strongly attracted to one another. As a result, energetically stable, large-scale assemblies of phospholipid molecules are formed in which the hydrophobic tails congregate within enclosed regions, shielded from contact with water by the polar heads (Figure 7.14). The simplest of these structures are **micelles**, spherical assemblies containing a hydrophobic interior of phospholipid tails and an outer surface of polar head groups. Larger and more complex structures are created from **lipid-bilayer** sheets, or **unit membranes**, which are large, two-dimensional assemblies of phospholipids congregated tail to tail. The cell membranes of nearly all organisms are made from lipid-bilayer sheets, as are the membranes of many intracellular components. These sheets may also form lipid-bilayer spheres that are the structural basis of vesicles and liposomes, subcellular components that play a role in numerous physiological functions.

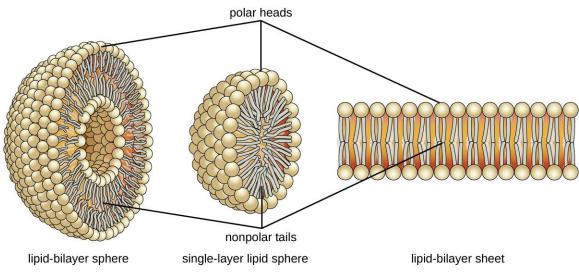


Figure 7.14 Phospholipids tend to arrange themselves in aqueous solution forming liposomes, micelles, or lipid bilayer sheets. (credit: modification of work by Mariana Ruiz Villarreal)

Check Your Understanding

How is the amphipathic nature of phospholipids significant?

Isoprenoids and Sterols

The **isoprenoids** are branched lipids, also referred to as terpenoids, that are formed by chemical modifications of the isoprene molecule (Figure 7.15). These lipids play a wide variety of physiological roles in plants and animals, with many technological uses as pharmaceuticals (capsaicin), pigments (e.g., orange beta carotene, xanthophylls), and fragrances (e.g., menthol, camphor, limonene [lemon fragrance], and pinene [pine fragrance]). Long-chain isoprenoids are also found in hydrophobic oils and waxes. Waxes are typically water resistant and hard at room temperature, but they soften when heated and liquefy if warmed adequately. In humans, the main wax production occurs within the sebaceous glands of hair follicles in the skin, resulting in a secreted material called sebum, which consists mainly of triacylglycerol, wax esters, and the hydrocarbon squalene. There are many bacteria in the microbiota on the skin that feed on these lipids. One of the most prominent bacteria that feed on lipids is *Propionibacterium acnes*, which uses the skin's lipids to generate short-chain fatty acids and is involved in the production of acne.

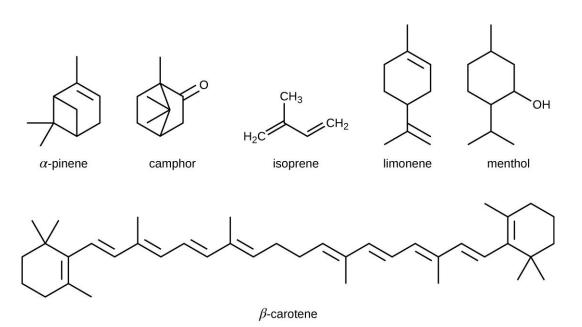


Figure 7.15 Five-carbon isoprene molecules are chemically modified in various ways to yield isoprenoids.

Another type of lipids are **steroids**, complex, ringed structures that are found in cell membranes; some function as hormones. The most common types of steroids are **sterols**, which are steroids containing an OH group. These are mainly hydrophobic molecules, but also have hydrophilic hydroxyl groups. The most common sterol found in animal tissues is cholesterol. Its structure consists of four rings with a double bond in one of the rings, and a hydroxyl group at the sterol-defining position. The function of cholesterol is to strengthen cell membranes in eukaryotes and in bacteria without cell walls, such as *Mycoplasma*. Prokaryotes generally do not produce cholesterol, although bacteria produce similar compounds called hopanoids, which are also multiringed structures that strengthen bacterial membranes (**Figure 7.16**). Fungi and some protozoa produce a similar compound called ergosterol, which strengthens the cell membranes of these organisms.

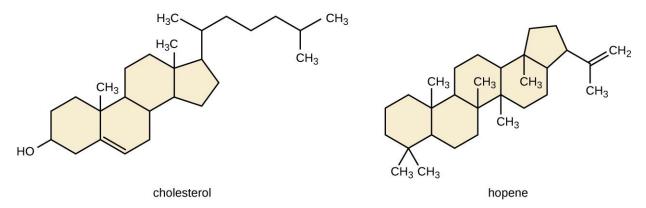


Figure 7.16 Cholesterol and hopene (a hopanoid compound) are molecules that reinforce the structure of the cell membranes in eukaryotes and prokaryotes, respectively.

Link to Learning

Liposomes



This video (https://openstax.org/l/22liposomes) provides additional information about phospholipids and liposomes.

Check Your Understanding

· How are isoprenoids used in technology?

Clinical Focus

Part 2

The moisturizing cream prescribed by Penny's doctor was a topical corticosteroid cream containing hydrocortisone. Hydrocortisone is a synthetic form of cortisol, a corticosteroid hormone produced in the adrenal glands, from cholesterol. When applied directly to the skin, it can reduce inflammation and temporarily relieve minor skin irritations, itching, and rashes by reducing the secretion of histamine, a compound produced by cells of the immune system in response to the presence of pathogens or other foreign substances. Because histamine triggers the body's inflammatory response, the ability of hydrocortisone to reduce the local production of histamine in the skin effectively suppresses the immune system and helps limit inflammation and accompanying symptoms such as pruritus (itching) and rashes.

• Does the corticosteroid cream treat the cause of Penny's rash, or just the symptoms?

Jump to the next Clinical Focus box. Go back to the previous Clinical Focus box.

7.4 Proteins

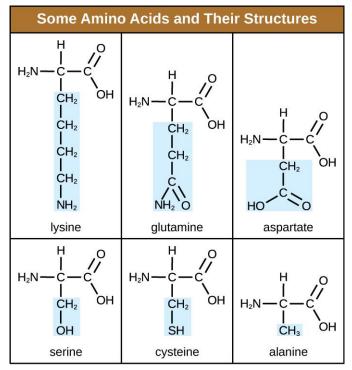
Learning Objectives

- · Describe the fundamental structure of an amino acid
- · Describe the chemical structures of proteins
- · Summarize the unique characteristics of proteins

At the beginning of this chapter, a famous experiment was described in which scientists synthesized amino acids under conditions simulating those present on earth long before the evolution of life as we know it. These compounds are capable of bonding together in essentially any number, yielding molecules of essentially any size that possess a wide array of physical and chemical properties and perform numerous functions vital to all organisms. The molecules derived from amino acids can function as structural components of cells and subcellular entities, as sources of nutrients, as atom- and energy-storage reservoirs, and as functional species such as hormones, enzymes, receptors, and transport molecules.

Amino Acids and Peptide Bonds

An **amino acid** is an organic molecule in which a hydrogen atom, a carboxyl group (–COOH), and an amino group (–NH₂) are all bonded to the same carbon atom, the so-called α carbon. The fourth group bonded to the α carbon varies among the different amino acids and is called a residue or a **side chain**, represented in structural formulas by the letter *R*. A residue is a monomer that results when two or more amino acids combine and remove water molecules. The primary structure of a protein, a peptide chain, is made of amino acid residues. The unique characteristics of the functional groups and *R* groups allow these components of the amino acids to form hydrogen, ionic, and disulfide bonds, along with polar/nonpolar interactions needed to form secondary, tertiary, and quaternary protein structures. These groups are composed primarily of carbon, hydrogen, oxygen, nitrogen, and sulfur, in the form of hydrocarbons, acids, amides, alcohols, and amines. A few examples illustrating these possibilities are provided in **Figure 7.17**.



*Blue shading indicates R group.

Figure 7.17

Amino acids may chemically bond together by reaction of the carboxylic acid group of one molecule with the amine group of another. This reaction forms a **peptide bond** and a water molecule and is another example of dehydration synthesis (**Figure 7.18**). Molecules formed by chemically linking relatively modest numbers of amino acids (approximately 50 or fewer) are called peptides, and prefixes are often used to specify these numbers: dipeptides (two amino acids), tripeptides (three amino acids), and so forth. More generally, the approximate number of amino acids is designated: **oligopeptides** are formed by joining up to approximately 20 amino acids, whereas **polypeptides** are synthesized from up to approximately 50 amino acids. When the number of amino acids linked together becomes very large, or when multiple polypeptides are used as building subunits, the macromolecules that result are called **proteins**. The continuously variable length (the number of monomers) of these biopolymers, along with the variety of possible *R* groups on each amino acid, allows for a nearly unlimited diversity in the types of proteins that may be formed.

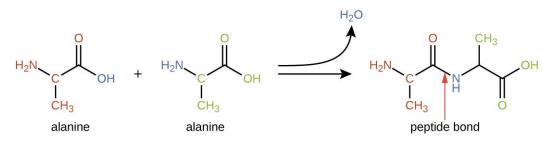


Figure 7.18 Peptide bond formation is a dehydration synthesis reaction. The carboxyl group of the first amino acid (alanine) is linked to the amino group of the incoming second amino acid (alanine). In the process, a molecule of water is released.



· How many amino acids are in polypeptides?

Protein Structure

The size (length) and specific amino acid sequence of a protein are major determinants of its shape, and the shape of a protein is critical to its function. For example, in the process of biological nitrogen fixation (see **Biogeochemical Cycles**), soil microorganisms collectively known as rhizobia symbiotically interact with roots of legume plants such as soybeans, peanuts, or beans to form a novel structure called a nodule on the plant roots. The plant then produces a carrier protein called leghemoglobin, a protein that carries nitrogen or oxygen. Leghemoglobin binds with a very high affinity to its substrate oxygen at a specific region of the protein where the shape and amino acid sequence are appropriate (the active site). If the shape or chemical environment of the active site is altered, even slightly, the substrate may not be able to bind as strongly, or it may not bind at all. Thus, for the protein to be fully active, it must have the appropriate shape for its function.

Protein structure is categorized in terms of four levels: primary, secondary, tertiary, and quaternary. The **primary structure** is simply the sequence of amino acids that make up the polypeptide chain. **Figure 7.19** depicts the primary structure of a protein.

The chain of amino acids that defines a protein's primary structure is not rigid, but instead is flexible because of the nature of the bonds that hold the amino acids together. When the chain is sufficiently long, hydrogen bonding may occur between amine and carbonyl functional groups within the peptide backbone (excluding the *R* side group), resulting in localized folding of the polypeptide chain into helices and sheets. These shapes constitute a protein's **secondary structure**. The most common secondary structures are the α -helix and β -pleated sheet. In the α -helix structure, the helix is held by hydrogen bonds between the oxygen atom in a carbonyl group of one amino acid and the hydrogen atom of the amino group that is just four amino acid units farther along the chain. In the β -pleated sheet, the pleats are formed by similar hydrogen bonds between continuous sequences of carbonyl and amino groups that are further separated on the backbone of the polypeptide chain (Figure 7.20).

The next level of protein organization is the **tertiary structure**, which is the large-scale three-dimensional shape of a single polypeptide chain. Tertiary structure is determined by interactions between amino acid residues that are far apart in the chain. A variety of interactions give rise to protein tertiary structure, such as **disulfide bridge**s, which are bonds between the sulfhydryl (–SH) functional groups on amino acid side groups; hydrogen bonds; ionic bonds; and hydrophobic interactions between nonpolar side chains. All these interactions, weak and strong, combine to determine the final three-dimensional shape of the protein and its function (**Figure 7.21**).

The process by which a polypeptide chain assumes a large-scale, three-dimensional shape is called protein folding. Folded proteins that are fully functional in their normal biological role are said to possess a **native structure**. When

a protein loses its three-dimensional shape, it may no longer be functional. These unfolded proteins are **denatured**. Denaturation implies the loss of the secondary structure and tertiary structure (and, if present, the quaternary structure) without the loss of the primary structure.

Some proteins are assemblies of several separate polypeptides, also known as protein subunits. These proteins function adequately only when all subunits are present and appropriately configured. The interactions that hold these subunits together constitute the **quaternary structure** of the protein. The overall quaternary structure is stabilized by relatively weak interactions. Hemoglobin, for example, has a quaternary structure of four globular protein subunits: two α and two β polypeptides, each one containing an iron-based heme (Figure 7.22).

Another important class of proteins is the **conjugated proteins** that have a nonprotein portion. If the conjugated protein has a carbohydrate attached, it is called a **glycoprotein**. If it has a lipid attached, it is called a **lipoprotein**. These proteins are important components of membranes. **Figure 7.23** summarizes the four levels of protein structure.

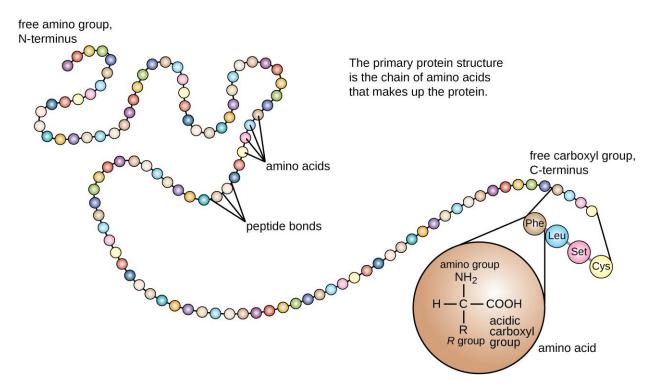


Figure 7.19 The primary structure of a protein is the sequence of amino acids. (credit: modification of work by National Human Genome Research Institute)

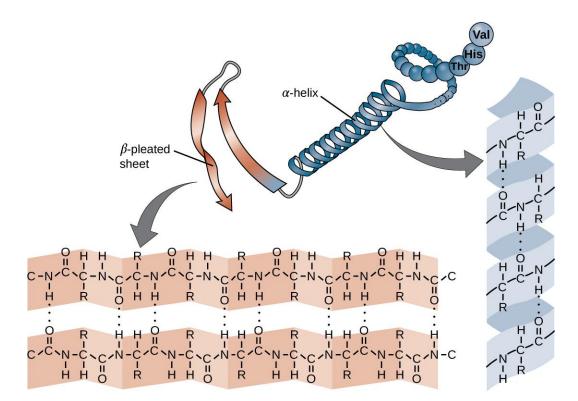


Figure 7.20 The secondary structure of a protein may be an α -helix or a β -pleated sheet, or both.

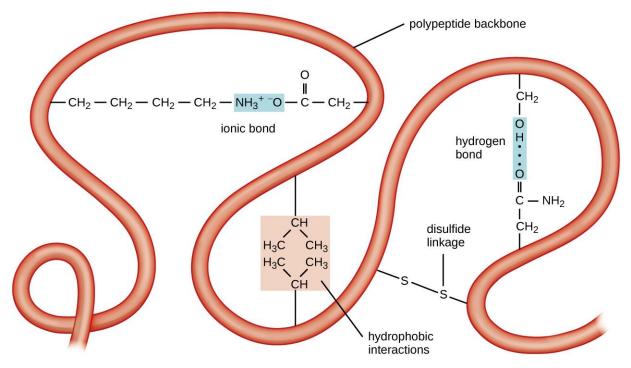


Figure 7.21 The tertiary structure of proteins is determined by a variety of attractive forces, including hydrophobic interactions, ionic bonding, hydrogen bonding, and disulfide linkages.

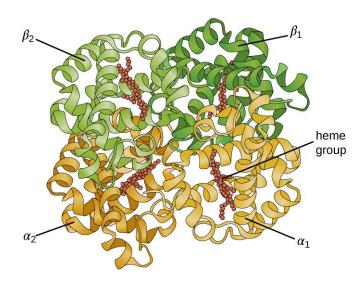


Figure 7.22 A hemoglobin molecule has two α and two β polypeptides together with four heme groups.

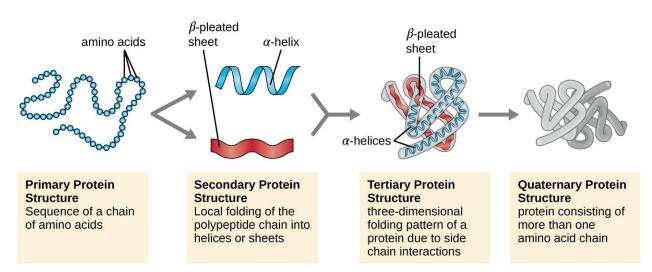


Figure 7.23 Protein structure has four levels of organization. (credit: modification of work by National Human Genome Research Institute)

Check Your Understanding

• What can happen if a protein's primary, secondary, tertiary, or quaternary structure is changed?

Micro Connections

Primary Structure, Dysfunctional Proteins, and Cystic Fibrosis

Proteins associated with biological membranes are classified as extrinsic or intrinsic. Extrinsic proteins, also called peripheral proteins, are loosely associated with one side of the membrane. Intrinsic proteins, or integral proteins, are embedded in the membrane and often function as part of transport systems as transmembrane

proteins. Cystic fibrosis (CF) is a human genetic disorder caused by a change in the transmembrane protein. It affects mostly the lungs but may also affect the pancreas, liver, kidneys, and intestine. CF is caused by a loss of the amino acid phenylalanine in a cystic fibrosis transmembrane protein (CFTR). The loss of one amino acid changes the primary structure of a protein that normally helps transport salt and water in and out of cells (Figure 7.24).

The change in the primary structure prevents the protein from functioning properly, which causes the body to produce unusually thick mucus that clogs the lungs and leads to the accumulation of sticky mucus. The mucus obstructs the pancreas and stops natural enzymes from helping the body break down food and absorb vital nutrients.

In the lungs of individuals with cystic fibrosis, the altered mucus provides an environment where bacteria can thrive. This colonization leads to the formation of biofilms in the small airways of the lungs. The most common pathogens found in the lungs of patients with cystic fibrosis are *Pseudomonas aeruginosa* (Figure 7.25) and *Burkholderia cepacia. Pseudomonas* differentiates within the biofilm in the lung and forms large colonies, called "mucoid" *Pseudomonas*. The colonies have a unique pigmentation that shows up in laboratory tests (Figure 7.25) and provides physicians with the first clue that the patient has CF (such colonies are rare in healthy individuals).

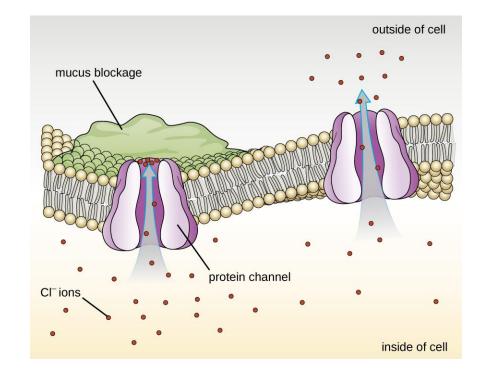


Figure 7.24 The normal CFTR protein is a channel protein that helps salt (sodium chloride) move in and out of cells.

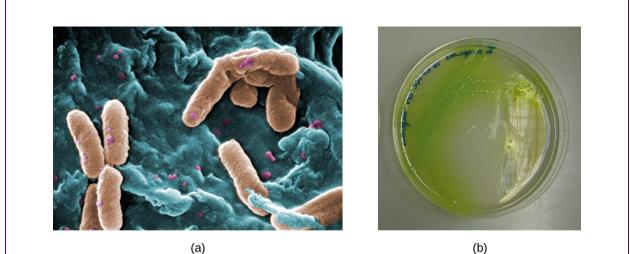


Figure 7.25 (a) A scanning electron micrograph shows the opportunistic bacterium *Pseudomonas aeruginosa*. (b) Pigment-producing *P. aeruginosa* on cetrimide agar shows the green pigment called pyocyanin. (credit a: modification of work by the Centers for Disease Control and Prevention)

Link to Learning



For more information about cystic fibrosis, visit the **Cystic Fibrosis Foundation** (https://openstax.org/l/22cystfibrofoun) website.

7.5 Using Biochemistry to Identify Microorganisms

Learning Objectives

• Describe examples of biosynthesis products within a cell that can be detected to identify bacteria

Accurate identification of bacterial isolates is essential in a clinical microbiology laboratory because the results often inform decisions about treatment that directly affect patient outcomes. For example, cases of food poisoning require accurate identification of the causative agent so that physicians can prescribe appropriate treatment. Likewise, it is important to accurately identify the causative pathogen during an outbreak of disease so that appropriate strategies can be employed to contain the epidemic.

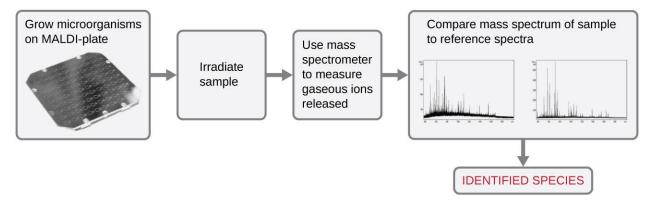
There are many ways to detect, characterize, and identify microorganisms. Some methods rely on phenotypic biochemical characteristics, while others use genotypic identification. The biochemical characteristics of a bacterium provide many traits that are useful for classification and identification. Analyzing the nutritional and metabolic capabilities of the bacterial isolate is a common approach for determining the genus and the species of the bacterium. Some of the most important metabolic pathways that bacteria use to survive will be discussed in **Microbial Metabolism**. In this section, we will discuss a few methods that use biochemical characteristics to identify microorganisms.

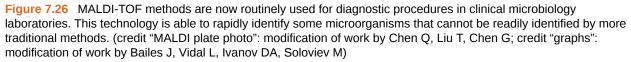
Some microorganisms store certain compounds as granules within their cytoplasm, and the contents of these granules can be used for identification purposes. For example, $poly-\beta$ -hydroxybutyrate (PHB) is a carbon- and energy-storage

compound found in some nonfluorescent bacteria of the genus *Pseudomonas*. Different species within this genus can be classified by the presence or the absence of PHB and fluorescent pigments. The human pathogen *P. aeruginosa* and the plant pathogen *P. syringae* are two examples of fluorescent *Pseudomonas* species that do not accumulate PHB granules.

Other systems rely on biochemical characteristics to identify microorganisms by their biochemical reactions, such as carbon utilization and other metabolic tests. In small laboratory settings or in teaching laboratories, those assays are carried out using a limited number of test tubes. However, more modern systems, such as the one developed by Biolog, Inc., are based on panels of biochemical reactions performed simultaneously and analyzed by software. Biolog's system identifies cells based on their ability to metabolize certain biochemicals and on their physiological properties, including pH and chemical sensitivity. It uses all major classes of biochemicals in its analysis. Identifications can be performed manually or with the semi- or fully automated instruments.

Another automated system identifies microorganisms by determining the specimen's mass spectrum and then comparing it to a database that contains known mass spectra for thousands of microorganisms. This method is based on matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF) and uses disposable MALDI plates on which the microorganism is mixed with a specialized matrix reagent (Figure 7.26). The sample/ reagent mixture is irradiated with a high-intensity pulsed ultraviolet laser, resulting in the ejection of gaseous ions generated from the various chemical constituents of the microorganism. These gaseous ions are collected and accelerated through the mass spectrometer, with ions traveling at a velocity determined by their mass-to-charge ratio (m/z), thus, reaching the detector at different times. A plot of detector signal versus m/z yields a mass spectrum for the organism that is uniquely related to its biochemical composition. Comparison of the mass spectrum to a library of reference spectra obtained from identical analyses of known microorganisms permits identification of the unknown microbe.





Microbes can also be identified by measuring their unique lipid profiles. As we have learned, fatty acids of lipids can vary in chain length, presence or absence of double bonds, and number of double bonds, hydroxyl groups, branches, and rings. To identify a microbe by its lipid composition, the fatty acids present in their membranes are analyzed. A common biochemical analysis used for this purpose is a technique used in clinical, public health, and food laboratories. It relies on detecting unique differences in fatty acids and is called **fatty acid methyl ester (FAME) analysis**. In a FAME analysis, fatty acids are extracted from the membranes of microorganisms, chemically altered to form volatile methyl esters, and analyzed by gas chromatography (GC). The resulting GC chromatogram is compared with reference chromatograms in a database containing data for thousands of bacterial isolates to identify the unknown microorganism (**Figure 7.27**).

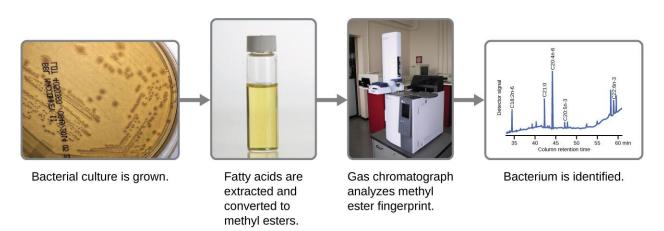


Figure 7.27 Fatty acid methyl ester (FAME) analysis in bacterial identification results in a chromatogram unique to each bacterium. Each peak in the gas chromatogram corresponds to a particular fatty acid methyl ester and its height is proportional to the amount present in the cell. (credit "culture": modification of work by the Centers for Disease Control and Prevention; credit "graph": modification of work by Zhang P. and Liu P.)

A related method for microorganism identification is called **phospholipid-derived fatty acids (PLFA) analysis**. Membranes are mostly composed of phospholipids, which can be saponified (hydrolyzed with alkali) to release the fatty acids. The resulting fatty acid mixture is then subjected to FAME analysis, and the measured lipid profiles can be compared with those of known microorganisms to identify the unknown microorganism.

Bacterial identification can also be based on the proteins produced under specific growth conditions within the human body. These types of identification procedures are called **proteomic analysis**. To perform proteomic analysis, proteins from the pathogen are first separated by high-pressure liquid chromatography (HPLC), and the collected fractions are then digested to yield smaller peptide fragments. These peptides are identified by mass spectrometry and compared with those of known microorganisms to identify the unknown microorganism in the original specimen.

Microorganisms can also be identified by the carbohydrates attached to proteins (glycoproteins) in the plasma membrane or cell wall. Antibodies and other carbohydrate-binding proteins can attach to specific carbohydrates on cell surfaces, causing the cells to clump together. Serological tests (e.g., the Lancefield groups tests, which are used for identification of *Streptococcus* species) are performed to detect the unique carbohydrates located on the surface of the cell.

Clinical Focus

Resolution

Penny stopped using her new sunscreen and applied the corticosteroid cream to her rash as directed. However, after several days, her rash had not improved and actually seemed to be getting worse. She made a follow-up appointment with her doctor, who observed a bumpy red rash and pus-filled blisters around hair follicles (Figure 7.28). The rash was especially concentrated in areas that would have been covered by a swimsuit. After some questioning, Penny told the physician that she had recently attended a pool party and spent some time in a hot tub. In light of this new information, the doctor suspected a case of hot tub rash, an infection frequently caused by the bacterium *Pseudomonas aeruginosa*, an opportunistic pathogen that can thrive in hot tubs and swimming pools, especially when the water is not sufficiently chlorinated. *P. aeruginosa* is the same bacterium that is associated with infections in the lungs of patients with cystic fibrosis.

The doctor collected a specimen from Penny's rash to be sent to the clinical microbiology lab. Confirmatory tests were carried out to distinguish *P. aeruginosa* from enteric pathogens that can also be present in pool and hot-tub water. The test included the production of the blue-green pigment pyocyanin on cetrimide agar and

growth at 42 °C. Cetrimide is a selective agent that inhibits the growth of other species of microbial flora and also enhances the production of *P. aeruginosa* pigments pyocyanin and fluorescein, which are a characteristic blue-green and yellow-green, respectively.

Tests confirmed the presence of *P. aeruginosa* in Penny's skin sample, but the doctor decided not to prescribe an antibiotic. Even though *P. aeruginosa* is a bacterium, *Pseudomonas* species are generally resistant to many antibiotics. Luckily, skin infections like Penny's are usually self-limiting; the rash typically lasts about 2 weeks and resolves on its own, with or without medical treatment. The doctor advised Penny to wait it out and keep using the corticosteroid cream. The cream will not kill the *P. aeruginosa* on Penny's skin, but it should calm her rash and minimize the itching by suppressing her body's inflammatory response to the bacteria.



Figure 7.28 Exposure to *Pseudomonas aeruginosa* in the water of a pool or hot tub can sometimes cause a skin infection that manifests as "hot tub rash." (credit: modification of work by "Lsupellmel"/Wikimedia Commons)

Go back to the previous Clinical Focus box.

Summary

7.1 Organic Molecules

- The most abundant elements in cells are hydrogen, carbon, oxygen, nitrogen, phosphorus, and sulfur.
- Life is carbon based. Each carbon atom can bind to another one producing a **carbon skeleton** that can be straight, branched, or ring shaped.
- The same numbers and types of atoms may bond together in different ways to yield different molecules called **isomers**. Isomers may differ in the bonding sequence of their atoms (**structural isomers**) or in the spatial arrangement of atoms whose bonding sequences are the same (**stereoisomers**), and their physical and chemical properties may vary slightly or drastically.
- **Functional groups** confer specific chemical properties to molecules bearing them. Common functional groups in biomolecules are hydroxyl, methyl, carbonyl, carboxyl, amino, phosphate, and sulfhydryl.
- **Macromolecules** are **polymers** assembled from individual units, the **monomers**, which bind together like building blocks. Many biologically significant macromolecules are formed by **dehydration synthesis**, a process in which monomers bind together by combining their functional groups and generating water molecules as byproducts.

7.2 Carbohydrates

- **Carbohydrates**, the most abundant biomolecules on earth, are widely used by organisms for structural and energy-storage purposes.
- Carbohydrates include individual sugar molecules (**monosaccharides**) as well as two or more molecules chemically linked by **glycosidic bonds**. **Monosaccharides** are classified based on the number of carbons the

molecule as trioses (3 C), tetroses (4 C), pentoses (5 C), and hexoses (6 C). They are the building blocks for the synthesis of polymers or complex carbohydrates.

- **Disaccharides** such as sucrose, lactose, and maltose are molecules composed of two monosaccharides linked together by a glycosidic bond.
- **Polysaccharides**, or **glycans**, are polymers composed of hundreds of monosaccharide monomers linked together by glycosidic bonds. The energy-storage polymers **starch** and **glycogen** are examples of polysaccharides and are all composed of branched chains of glucose molecules.
- The polysaccharide **cellulose** is a common structural component of the cell walls of organisms. Other structural polysaccharides, such as N-acetyl glucosamine (NAG) and N-acetyl muramic acid (NAM), incorporate modified glucose molecules and are used in the construction of peptidoglycan or chitin.

7.3 Lipids

- **Lipids** are composed mainly of carbon and hydrogen, but they can also contain oxygen, nitrogen, sulfur, and phosphorous. They provide nutrients for organisms, store carbon and energy, play structural roles in membranes, and function as hormones, pharmaceuticals, fragrances, and pigments.
- Fatty acids are long-chain hydrocarbons with a carboxylic acid functional group. Their relatively long nonpolar hydrocarbon chains make them **hydrophobic**. Fatty acids with no double bonds are **saturated**; those with double bonds are **unsaturated**.
- Fatty acids chemically bond to glycerol to form structurally essential lipids such as **triglycerides** and **phospholipids**. Triglycerides comprise three fatty acids bonded to glycerol, yielding a hydrophobic molecule. Phospholipids contain both hydrophobic hydrocarbon chains and polar head groups, making them **amphipathic** and capable of forming uniquely functional large scale structures.
- Biological membranes are large-scale structures based on phospholipid bilayers that provide hydrophilic exterior and interior surfaces suitable for aqueous environments, separated by an intervening hydrophobic layer. These bilayers are the structural basis for cell membranes in most organisms, as well as subcellular components such as vesicles.
- **Isoprenoids** are lipids derived from isoprene molecules that have many physiological roles and a variety of commercial applications.
- A wax is a long-chain isoprenoid that is typically water resistant; an example of a wax-containing substance is sebum, produced by sebaceous glands in the skin. **Steroids** are lipids with complex, ringed structures that function as structural components of cell membranes and as hormones. **Sterols** are a subclass of steroids containing a hydroxyl group at a specific location on one of the molecule's rings; one example is cholesterol.
- Bacteria produce hopanoids, structurally similar to cholesterol, to strengthen bacterial membranes. Fungi and protozoa produce a strengthening agent called ergosterol.

7.4 Proteins

- Amino acids are small molecules essential to all life. Each has an α carbon to which a hydrogen atom, carboxyl group, and amine group are bonded. The fourth bonded group, represented by *R*, varies in chemical composition, size, polarity, and charge among different amino acids, providing variation in properties.
- **Peptides** are polymers formed by the linkage of amino acids via dehydration synthesis. The bonds between the linked amino acids are called **peptide bonds.** The number of amino acids linked together may vary from a few to many.
- **Proteins** are polymers formed by the linkage of a very large number of amino acids. They perform many important functions in a cell, serving as nutrients and enzymes; storage molecules for carbon, nitrogen, and energy; and structural components.
- The structure of a protein is a critical determinant of its function and is described by a graduated classification: **primary**, **secondary**, **tertiary**, and **quaternary**. The **native structure** of a protein may be disrupted by **denaturation**, resulting in loss of its higher-order structure and its biological function.
- Some proteins are formed by several separate protein subunits, the interaction of these subunits composing the **quaternary structure** of the protein complex.

• **Conjugated proteins** have a nonpolypeptide portion that can be a carbohydrate (forming a **glycoprotein**) or a lipid fraction (forming a **lipoprotein**). These proteins are important components of membranes.

7.5 Using Biochemistry to Identify Microorganisms

- Accurate identification of bacteria is essential in a clinical laboratory for diagnostic and management of epidemics, pandemics, and food poisoning caused by bacterial outbreaks.
- The phenotypic identification of microorganisms involves using observable traits, including profiles of structural components such as lipids, biosynthetic products such as sugars or amino acids, or storage compounds such as poly-β-hydroxybutyrate.
- An unknown microbe may be identified from the unique mass spectrum produced when it is analyzed by matrix assisted laser desorption/ionization time of flight mass spectrometry (MALDI-TOF).
- Microbes can be identified by determining their lipid compositions, using **fatty acid methyl esters (FAME)** or **phospholipid-derived fatty acids (PLFA) analysis**.
- **Proteomic analysis**, the study of all accumulated proteins of an organism; can also be used for bacterial identification.
- Glycoproteins in the plasma membrane or cell wall structures can bind to lectins or antibodies and can be used for identification.

Review Questions

Multiple Choice

- **1.** Which of these elements is *not* a micronutrient?
 - a. C
 - b. Ca
 - c. Co
 - d. Cu

2. Which of the following is the name for molecules whose structures are nonsuperimposable mirror images?

- a. structural isomers
- b. monomers
- c. polymers
- d. enantiomers

3. By definition, carbohydrates contain which elements?

- a. carbon and hydrogen
- b. carbon, hydrogen, and nitrogen
- c. carbon, hydrogen, and oxygen
- d. carbon and oxygen

4. Monosaccharides may link together to form polysaccharides by forming which type of bond?

- a. hydrogen
- b. peptide
- c. ionic
- d. glycosidic

- 5. Which of the following describes lipids?
 - a. a source of nutrients for organisms
 - b. energy-storage molecules
 - c. molecules having structural role in membranes
 - d. molecules that are part of hormones and pigments
 - e. all of the above

6. Molecules bearing both polar and nonpolar groups are said to be which of the following?

- a. hydrophilic
- b. amphipathic
- c. hydrophobic
- d. polyfunctional

7. Which of the following groups varies among different amino acids?

- a. hydrogen atom
- b. carboxyl group
- c. R group
- d. amino group

8. The amino acids present in proteins differ in which of the following?

- a. size
- b. shape
- c. side groups
- d. all of the above

9. Which of the following bonds are not involved in tertiary structure?

- a. peptide bonds
- b. ionic bonds
- c. hydrophobic interactions
- d. hydrogen bonds

10. Which of the following characteristics/compounds is not considered to be a phenotypic biochemical characteristic used of microbial identification?

- a. poly- β -hydroxybutyrate
- b. small-subunit (16S) rRNA gene
- c. carbon utilization
- d. lipid composition

11. Proteomic analysis is a methodology that deals with which of the following?

- a. the analysis of proteins functioning as enzymes within the cell
- b. analysis of transport proteins in the cell
- c. the analysis of integral proteins of the cell membrane
- d. the study of all accumulated proteins of an organism

12. Which method involves the generation of gas phase ions from intact microorganisms?

- a. FAME
- b. PLFA
- c. MALDI-TOF
- d. Lancefield group testing

13. Which method involves the analysis of membrane-bound carbohydrates?

- a. FAME
- b. PLFA
- c. MALDI-TOF
- d. Lancefield group testing

14. Which method involves conversion of a microbe's lipids to volatile compounds for analysis by gas chromatography?

- a. FAME
- b. proteomic analysis
- c. MALDI-TOF
- d. Lancefield group testing

True/False

15. Aldehydes, amides, carboxylic acids, esters, and ketones all contain carbonyl groups.

16. Two molecules containing the same types and numbers of atoms but different bonding sequences are called enantiomers.

17. Lipids are a naturally occurring group of substances that are not soluble in water but are freely soluble in organic solvents.

18. Fatty acids having no double bonds are called "unsaturated."

19. A triglyceride is formed by joining three glycerol molecules to a fatty acid backbone in a dehydration reaction.

20. A change in one amino acid in a protein sequence always results in a loss of function.

21. MALDI-TOF relies on obtaining a unique mass spectrum for the bacteria tested and then checking the acquired mass spectrum against the spectrum databases registered in the analysis software to identify the microorganism.

22. Lancefield group tests can identify microbes using antibodies that specifically bind cell-surface proteins.

Matching

23. Match each polysaccharide with its description.

____chitin A. energy storage polymer in plants

____glycogen B. structural polymer found in plants

____starch C. structural polymer found in cell walls of fungi and exoskeletons of some animals

____cellulose D. energy storage polymer found in animal cells and bacteria

Fill in the Blank

24. Waxes contain esters formed from long-chain ______ and saturated ______, and they may also contain substituted hydrocarbons.

25. Cholesterol is the most common member of the ______ group, found in animal tissues; it has a tetracyclic carbon ring system with a ______ bond in one of the rings and one free ______ group.

26. The sequence of amino acids in a protein is called its ______.

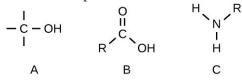
27. Denaturation implies the loss of the ______ and _____ structures without the loss of the ______ structure.

28. A FAME analysis involves the conversion of ______ to more volatile ______ for analysis using ______.

Short Answer

29. Why are carbon, nitrogen, oxygen, and hydrogen the most abundant elements in living matter and, therefore, considered macronutrients?

30. Identify the functional group in each of the depicted structural formulas.



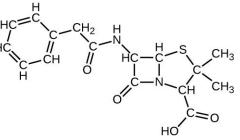
31. What are monosaccharides, disaccharides, and polysaccharides?

32. Describe the structure of a typical phospholipid. Are these molecules polar or nonpolar?

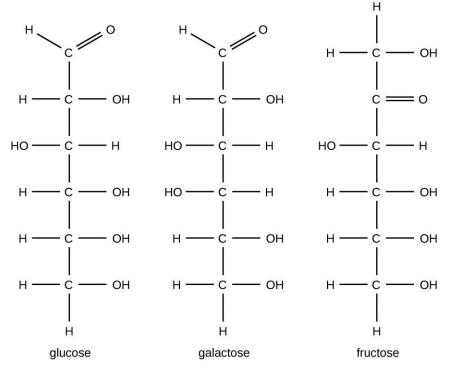
33. Compare MALDI-TOF, FAME, and PLFA, and explain how each technique would be used to identify pathogens.

Critical Thinking

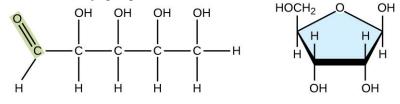
34. The structural formula shown corresponds to penicillin G, a narrow-spectrum antibiotic that is given intravenously or intramuscularly as a treatment for several bacterial diseases. The antibiotic is produced by fungi of the genus *Penicillium*. (a) Identify three major functional groups in this molecule that each comprise two simpler functional groups. (b) Name the two simpler functional groups composing each of the major functional groups identified in (a).



35. The figure depicts the structural formulas of glucose, galactose, and fructose. (a) Circle the functional groups that classify the sugars either an aldose or a ketose, and identify each sugar as one or the other. (b) The chemical formula of these compounds is the same, although the structural formula is different. What are such compounds called?



36. Structural diagrams for the linear and cyclic forms of a monosaccharide are shown. (a) What is the molecular formula for this monosaccharide? (Count the C, H and O atoms in each to confirm that these two molecules have the same formula, and report this formula.) (b) Identify which hydroxyl group in the linear structure undergoes the ring-forming reaction with the carbonyl group.

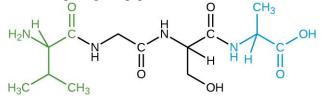


37. The term "dextrose" is commonly used in medical settings when referring to the biologically relevant isomer of the monosaccharide glucose. Explain the logic of this alternative name.

38. Microorganisms can thrive under many different conditions, including high-temperature environments such as hot springs. To function properly, cell membranes have to be in a fluid state. How do you expect the fatty acid content (saturated versus unsaturated) of bacteria living in high-temperature environments might compare with that of bacteria living in more moderate temperatures?

39. Heating a protein sufficiently may cause it to denature. Considering the definition of denaturation, what does this statement say about the strengths of peptide bonds in comparison to hydrogen bonds?

40. The image shown represents a tetrapeptide. (a) How many peptide bonds are in this molecule? (b) Identify the side groups of the four amino acids composing this peptide.



Chapter 8

Microbial Metabolism



Figure 8.1 Prokaryotes have great metabolic diversity with important consequences to other forms of life. Acidic mine drainage (left) is a serious environmental problem resulting from the introduction of water and oxygen to sulfide-oxidizing bacteria during mining processes. These bacteria produce large amounts of sulfuric acid as a byproduct of their metabolism, resulting in a low-pH environment that can kill many aquatic plants and animals. On the other hand, some prokaryotes are essential to other life forms. Root nodules of many plants (right) house nitrogen-fixing bacteria that convert atmospheric nitrogen into ammonia, providing a usable nitrogen source for these plants. (credit left: modification of work by D. Hardesty, USGS Columbia Environment Research Center; credit right: modification of work by Celmow SR, Clairmont L, Madsen LH, and Guinel FC)

Chapter Outline

- 8.1 Energy, Matter, and Enzymes
- 8.2 Catabolism of Carbohydrates
- 8.3 Cellular Respiration
- 8.4 Fermentation
- 8.5 Catabolism of Lipids and Proteins
- 8.6 Photosynthesis
- 8.7 Biogeochemical Cycles

Introduction

Throughout earth's history, microbial metabolism has been a driving force behind the development and maintenance of the planet's biosphere. Eukaryotic organisms such as plants and animals typically depend on organic molecules for energy, growth, and reproduction. Prokaryotes, on the other hand, can metabolize a wide range of organic as well as inorganic matter, from complex organic molecules like cellulose to inorganic molecules and ions such as atmospheric nitrogen (N₂), molecular hydrogen (H₂), sulfide (S^{2–}), manganese (II) ions (Mn²⁺), ferrous iron (Fe²⁺), and ferric iron (Fe³⁺), to name a few. By metabolizing such substances, microbes chemically convert them to other forms. In some cases, microbial metabolism produces chemicals that can be harmful to other organisms; in others, it produces substances that are essential to the metabolism and survival of other life forms (**Figure 8.1**).

8.1 Energy, Matter, and Enzymes

Learning Objectives

- Define and describe metabolism
- · Compare and contrast autotrophs and heterotrophs
- · Describe the importance of oxidation-reduction reactions in metabolism
- Describe why ATP, FAD, NAD⁺, and NADP⁺ are important in a cell
- Identify the structure and structural components of an enzyme
- · Describe the differences between competitive and noncompetitive enzyme inhibitors

The term used to describe all of the chemical reactions inside a cell is **metabolism** (Figure 8.2). Cellular processes such as the building or breaking down of complex molecules occur through series of stepwise, interconnected chemical reactions called metabolic pathways. Reactions that are spontaneous and release energy are **exergonic reactions**, whereas **endergonic reactions** require energy to proceed. The term **anabolism** refers to those endergonic metabolic pathways involved in biosynthesis, converting simple molecular building blocks into more complex molecules, and fueled by the use of cellular energy. Conversely, the term **catabolism** refers to exergonic pathways that break down complex molecules into simpler ones. Molecular energy stored in the bonds of complex molecules is released in catabolic pathways and harvested in such a way that it can be used to produce high-energy molecules, which are used to drive anabolic pathways. Thus, in terms of energy and molecules, cells are continually balancing catabolism with anabolism.

Clinical Focus

Part 1

Hannah is a 15-month-old girl from Washington state. She is spending the summer in Gambia, where her parents are working for a nongovernmental organization. About 3 weeks after her arrival in Gambia, Hannah's appetite began to diminish and her parents noticed that she seemed unusually sluggish, fatigued, and confused. She also seemed very irritable when she was outdoors, especially during the day. When she began vomiting, her parents figured she had caught a 24-hour virus, but when her symptoms persisted, they took her to a clinic. The local physician noticed that Hannah's reflexes seemed abnormally slow, and when he examined her eyes with a light, she seemed unusually light sensitive. She also seemed to be experiencing a stiff neck.

· What are some possible causes of Hannah's symptoms?

Jump to the next Clinical Focus box.

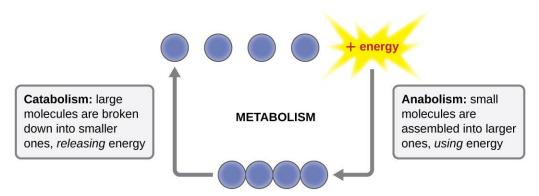


Figure 8.2 Metabolism includes catabolism and anabolism. Anabolic pathways require energy to synthesize larger molecules. Catabolic pathways generate energy by breaking down larger molecules. Both types of pathways are required for maintaining the cell's energy balance.

Classification by Carbon and Energy Source

Organisms can be identified according to the source of carbon they use for metabolism as well as their energy source. The prefixes auto- ("self") and hetero- ("other") refer to the origins of the carbon sources various organisms can use. Organisms that convert inorganic carbon dioxide (CO_2) into organic carbon compounds are **autotrophs**. Plants and cyanobacteria are well-known examples of autotrophs. Conversely, **heterotrophs** rely on more complex organic carbon compounds as nutrients; these are provided to them initially by autotrophs. Many organisms, ranging from humans to many prokaryotes, including the well-studied *Escherichia coli*, are heterotrophic.

Organisms can also be identified by the energy source they use. All energy is derived from the transfer of electrons, but the source of electrons differs between various types of organisms. The prefixes photo- ("light") and chemo- ("chemical") refer to the energy sources that various organisms use. Those that get their energy for electron transfer from light are **phototrophs**, whereas **chemotrophs** obtain energy for electron transfer by breaking chemical bonds. There are two types of chemotrophs: **organotrophs** and **lithotrophs**. Organotrophs, including humans, fungi, and many prokaryotes, are chemotrophs that obtain energy from organic compounds. Lithotrophs ("litho" means "rock") are chemotrophs that get energy from inorganic compounds, including hydrogen sulfide (H₂S) and reduced iron. Lithotrophy is unique to the microbial world.

The strategies used to obtain both carbon and energy can be combined for the classification of organisms according to nutritional type. Most organisms are chemoheterotrophs because they use organic molecules as both their electron and carbon sources. **Table 8.1** summarizes this and the other classifications.

Classifications		Energy Source	Carbon Source	Examples	
Chemoautotrophs		Chemical	Inorganic	Hydrogen-, sulfur-, iron-, nitrogen-, and carbon monoxide-oxidizing bacteria	
Chemotrophs	Chemoheterotrophs	Chemical	Organic compounds	All animals, most fungi, protozoa, and bacteria	
Dhototrophs	Photoautotrophs	Light	Inorganic	All plants, algae, cyanobacteria, and green and purple sulfur bacteria	
Phototrophs	Photoheterotrophs	Light	Organic compounds	Green and purple nonsulfur bacteria, heliobacteria	

Classifications of Organisms by Energy and Carbon Source

Table 8.1

Check Your Understanding

- · Explain the difference between catabolism and anabolism.
- Explain the difference between autotrophs and heterotrophs.

Oxidation and Reduction in Metabolism

The transfer of electrons between molecules is important because most of the energy stored in atoms and used to fuel cell functions is in the form of high-energy electrons. The transfer of energy in the form of electrons allows the cell to transfer and use energy incrementally; that is, in small packages rather than a single, destructive burst. Reactions that remove electrons from donor molecules, leaving them oxidized, are **oxidation reactions**; those that add electrons to acceptor molecules, leaving them reduced, are **reduction reactions**. Because electrons can move from one molecule to another, oxidation and reduction occur in tandem. These pairs of reactions are called oxidation-reduction reactions, or **redox reactions**.

Energy Carriers: NAD⁺, NADP⁺, FAD, and ATP

The energy released from the breakdown of the chemical bonds within nutrients can be stored either through the reduction of electron carriers or in the bonds of adenosine triphosphate (ATP). In living systems, a small class of compounds functions as mobile **electron carriers**, molecules that bind to and shuttle high-energy electrons between compounds in pathways. The principal electron carriers we will consider originate from the B vitamin group and are derivatives of nucleotides; they are **nicotinamide adenine dinucleotide**, **nicotine adenine dinucleotide phosphate**, and **flavin adenine dinucleotide**. These compounds can be easily reduced or oxidized. Nicotinamide adenine dinucleotide (NAD⁺/NADH) is the most common mobile electron carrier used in catabolism. NAD⁺ is the oxidized form of the molecule; NADH is the reduced form of the molecule. Nicotine adenine dinucleotide phosphate (NADP⁺), the oxidized form of an NAD⁺ variant that contains an extra phosphate group, is another important electron carrier; it forms **NADPH** when reduced. The oxidized form of flavin adenine dinucleotide is **FAD**, and its reduced form is **FADH**₂. Both NAD⁺/NADH and FAD/FADH₂ are extensively used in energy extraction from sugars during catabolism in chemoheterotrophs, whereas NADP⁺/NADPH plays an important role in anabolic reactions and photosynthesis. Collectively, FADH₂, NADH, and NADPH are often referred to as having reducing power due to their ability to donate electrons to various chemical reactions.

A living cell must be able to handle the energy released during catabolism in a way that enables the cell to store energy safely and release it for use only as needed. Living cells accomplish this by using the compound **adenosine triphosphate (ATP)**. ATP is often called the "energy currency" of the cell, and, like currency, this versatile compound can be used to fill any energy need of the cell. At the heart of ATP is a molecule of **adenosine monophosphate (AMP)**, which is composed of an adenine molecule bonded to a ribose molecule and a single phosphate group. Ribose is a five-carbon sugar found in RNA, and AMP is one of the nucleotides in RNA. The addition of a second phosphate group to this core molecule results in the formation of **adenosine diphosphate (ADP)**; the addition of a third phosphate group forms ATP (**Figure 8.3**). Adding a phosphate group to a molecule, a process called phosphorylation, requires energy. Phosphate groups are negatively charged and thus repel one another when they are arranged in series, as they are in ADP and ATP. This repulsion makes the ADP and ATP molecules inherently unstable. Thus, the bonds between phosphate groups (one in ADP and two in ATP) are called **high-energy phosphate bonds**. When these high-energy bonds are broken to release one phosphate (called **inorganic phosphate [Pi]**) or two connected phosphate groups (called **pyrophosphate [PPi]**) from ATP through a process called dephosphorylation, energy is released to drive endergonic reactions (**Figure 8.4**).

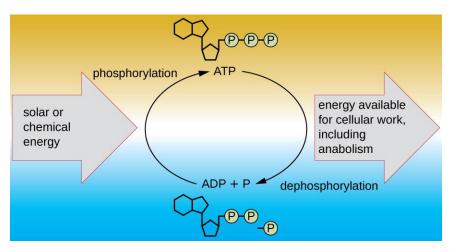


Figure 8.3 The energy released from dephosphorylation of ATP is used to drive cellular work, including anabolic pathways. ATP is regenerated through phosphorylation, harnessing the energy found in chemicals or from sunlight. (credit: modification of work by Robert Bear, David Rintoul)

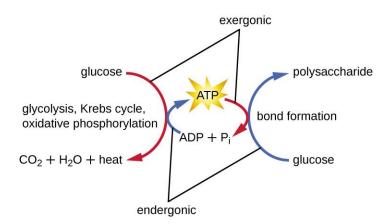


Figure 8.4 Exergonic reactions are coupled to endergonic ones, making the combination favorable. Here, the endergonic reaction of ATP phosphorylation is coupled to the exergonic reactions of catabolism. Similarly, the exergonic reaction of ATP dephosphorylation is coupled to the endergonic reaction of polypeptide formation, an example of anabolism.



Enzyme Structure and Function

A substance that helps speed up a chemical reaction is a **catalyst**. Catalysts are not used or changed during chemical reactions and, therefore, are reusable. Whereas inorganic molecules may serve as catalysts for a wide range of chemical reactions, proteins called **enzyme**s serve as catalysts for biochemical reactions inside cells. Enzymes thus play an important role in controlling cellular metabolism.

An enzyme functions by lowering the **activation energy** of a chemical reaction inside the cell. Activation energy is the energy needed to form or break chemical bonds and convert reactants to products (**Figure 8.5**). Enzymes lower the activation energy by binding to the reactant molecules and holding them in such a way as to speed up the reaction.

The chemical reactants to which an enzyme binds are called **substrates**, and the location within the enzyme where the substrate binds is called the enzyme's **active site**. The characteristics of the amino acids near the active site create a very specific chemical environment within the active site that induces suitability to binding, albeit briefly, to a specific substrate (or substrates). Due to this jigsaw puzzle-like match between an enzyme and its substrates, enzymes are known for their specificity. In fact, as an enzyme binds to its substrate(s), the enzyme structure changes slightly to find the best fit between the transition state (a structural intermediate between the substrate and product) and the active site, just as a rubber glove molds to a hand inserted into it. This active-site modification in the presence of substrate, along with the simultaneous formation of the transition state, is called induced fit (**Figure 8.6**). Overall, there is a specifically matched enzyme for each substrate and, thus, for each chemical reaction; however, there is some flexibility as well. Some enzymes have the ability to act on several different structurally related substrates.

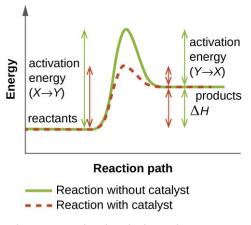


Figure 8.5 Enzymes lower the activation energy of a chemical reaction.

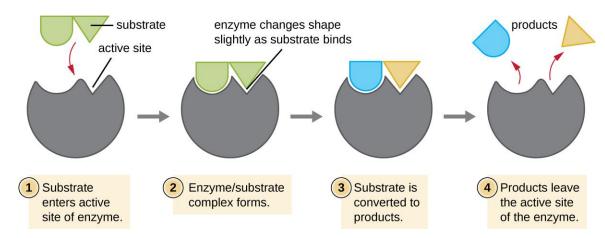


Figure 8.6 According to the induced-fit model, the active site of the enzyme undergoes conformational changes upon binding with the substrate.

Enzymes are subject to influences by local environmental conditions such as pH, substrate concentration, and temperature. Although increasing the environmental temperature generally increases reaction rates, enzyme catalyzed or otherwise, increasing or decreasing the temperature outside of an optimal range can affect chemical bonds within the active site, making them less well suited to bind substrates. High temperatures will eventually cause enzymes, like other biological molecules, to denature, losing their three-dimensional structure and function. Enzymes are also suited to function best within a certain pH range, and, as with temperature, extreme environmental pH values (acidic or basic) can cause enzymes to denature. Active-site amino-acid side chains have their own acidic or basic properties that are optimal for catalysis and, therefore, are sensitive to changes in pH.

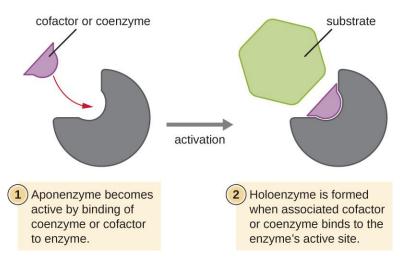
Another factor that influences enzyme activity is substrate concentration: Enzyme activity is increased at higher

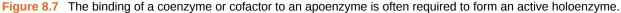
concentrations of substrate until it reaches a saturation point at which the enzyme can bind no additional substrate. Overall, enzymes are optimized to work best under the environmental conditions in which the organisms that produce them live. For example, while microbes that inhabit hot springs have enzymes that work best at high temperatures, human pathogens have enzymes that work best at 37°C. Similarly, while enzymes produced by most organisms work best at a neutral pH, microbes growing in acidic environments make enzymes optimized to low pH conditions, allowing for their growth at those conditions.

Many enzymes do not work optimally, or even at all, unless bound to other specific nonprotein helper molecules, either temporarily through ionic or hydrogen bonds or permanently through stronger covalent bonds. Binding to these molecules promotes optimal conformation and function for their respective enzymes. Two types of helper molecules are **cofactors** and **coenzymes**. Cofactors are inorganic ions such as iron (Fe²⁺) and magnesium (Mg²⁺) that help stabilize enzyme conformation and function. One example of an enzyme that requires a metal ion as a cofactor is the enzyme that builds DNA molecules, DNA polymerase, which requires a bound zinc ion (Zn²⁺) to function.

Coenzymes are organic helper molecules that are required for enzyme action. Like enzymes, they are not consumed and, hence, are reusable. The most common sources of coenzymes are dietary vitamins. Some vitamins are precursors to coenzymes and others act directly as coenzymes.

Some cofactors and coenzymes, like coenzyme A (CoA), often bind to the enzyme's active site, aiding in the chemistry of the transition of a substrate to a product (**Figure 8.7**). In such cases, an enzyme lacking a necessary cofactor or coenzyme is called an **apoenzyme** and is inactive. Conversely, an enzyme with the necessary associated cofactor or coenzyme is called a **holoenzyme** and is active. NADH and ATP are also both examples of commonly used coenzymes that provide high-energy electrons or phosphate groups, respectively, which bind to enzymes, thereby activating them.







What role do enzymes play in a chemical reaction?

Enzyme Inhibitors

Enzymes can be regulated in ways that either promote or reduce their activity. There are many different kinds of molecules that inhibit or promote enzyme function, and various mechanisms exist for doing so (**Figure 8.8**). A **competitive inhibitor** is a molecule similar enough to a substrate that it can compete with the substrate for binding to

the active site by simply blocking the substrate from binding. For a competitive inhibitor to be effective, the inhibitor concentration needs to be approximately equal to the substrate concentration. Sulfa drugs provide a good example of competitive competition. They are used to treat bacterial infections because they bind to the active site of an enzyme within the bacterial folic acid synthesis pathway. When present in a sufficient dose, a sulfa drug prevents folic acid synthesis, and bacteria are unable to grow because they cannot synthesize DNA, RNA, and proteins. Humans are unaffected because we obtain folic acid from our diets.

On the other hand, a **noncompetitive (allosteric) inhibitor** binds to the enzyme at an **allosteric site**, a location other than the active site, and still manages to block substrate binding to the active site by inducing a conformational change that reduces the affinity of the enzyme for its substrate (**Figure 8.9**). Because only one inhibitor molecule is needed per enzyme for effective inhibition, the concentration of inhibitors needed for noncompetitive inhibition is typically much lower than the substrate concentration.

In addition to allosteric inhibitors, there are **allosteric activators** that bind to locations on an enzyme away from the active site, inducing a conformational change that increases the affinity of the enzyme's active site(s) for its substrate(s).

Allosteric control is an important mechanism of regulation of metabolic pathways involved in both catabolism and anabolism. In a most efficient and elegant way, cells have evolved also to use the products of their own metabolic reactions for **feedback inhibition** of enzyme activity. Feedback inhibition involves the use of a pathway product to regulate its own further production. The cell responds to the abundance of specific products by slowing production during anabolic or catabolic reactions (**Figure 8.9**).

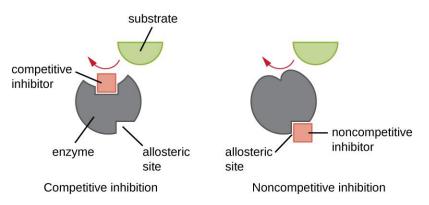
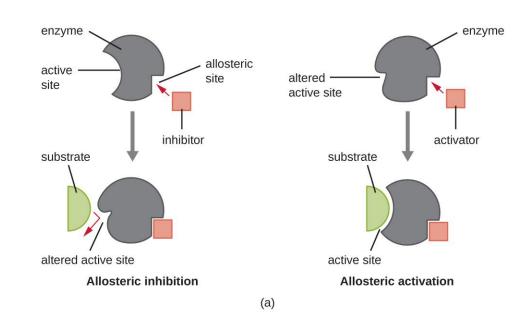


Figure 8.8 Enzyme activity can be regulated by either competitive inhibitors, which bind to the active site, or noncompetitive inhibitors, which bind to an allosteric site.



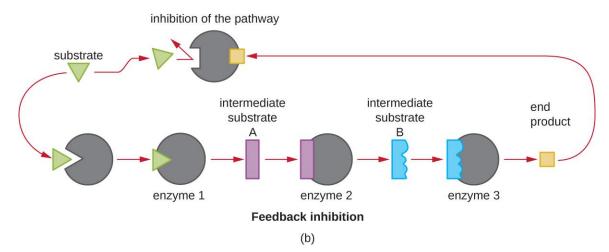


Figure 8.9 (a) Binding of an allosteric inhibitor reduces enzyme activity, but binding of an allosteric activator increases enzyme activity. (b) Feedback inhibition, where the end product of the pathway serves as a noncompetitive inhibitor to an enzyme early in the pathway, is an important mechanism of allosteric regulation in cells.



• Explain the difference between a competitive inhibitor and a noncompetitive inhibitor.

8.2 Catabolism of Carbohydrates

Learning Objectives

- · Describe why glycolysis is not oxygen dependent
- Define and describe the net yield of three-carbon molecules, ATP, and NADH from glycolysis
- Explain how three-carbon pyruvate molecules are converted into two-carbon acetyl groups that can be funneled into the Krebs cycle.
- Define and describe the net yield of CO₂, GTP/ATP, FADH₂, and NADH from the Krebs cycle
- Explain how intermediate carbon molecules of the Krebs cycle can be used in a cell

Extensive enzyme pathways exist for breaking down carbohydrates to capture energy in ATP bonds. In addition, many catabolic pathways produce intermediate molecules that are also used as building blocks for anabolism. Understanding these processes is important for several reasons. First, because the main metabolic processes involved are common to a wide range of chemoheterotrophic organisms, we can learn a great deal about human metabolism by studying metabolism in more easily manipulated bacteria like *E. coli*. Second, because animal and human pathogens are also chemoheterotrophs, learning about the details of metabolism in these bacteria, including possible differences between bacterial and human pathways, is useful for the diagnosis of pathogens as well as for the discovery of antimicrobial therapies targeting specific pathogens. Last, learning specifically about the pathways involved in chemoheterotrophic metabolism also serves as a basis for comparing other more unusual metabolic strategies used by microbes. Although the chemical source of electrons initiating electron transfer is different between chemoheterorophs and chemoautotrophs, many similar processes are used in both types of organisms.

The typical example used to introduce concepts of metabolism to students is carbohydrate catabolism. For chemoheterotrophs, our examples of metabolism start with the catabolism of polysaccharides such as glycogen, starch, or cellulose. Enzymes such as amylase, which breaks down glycogen or starch, and cellulases, which break down cellulose, can cause the hydrolysis of glycosidic bonds between the glucose monomers in these polymers, releasing glucose for further catabolism.

Glycolysis

For bacteria, eukaryotes, and most archaea, **glycolysis** is the most common pathway for the catabolism of glucose; it produces energy, reduced electron carriers, and precursor molecules for cellular metabolism. Every living organism carries out some form of glycolysis, suggesting this mechanism is an ancient universal metabolic process. The process itself does not use oxygen; however, glycolysis can be coupled with additional metabolic processes that are either aerobic or anaerobic. Glycolysis takes place in the cytoplasm of prokaryotic and eukaryotic cells. It begins with a single six-carbon glucose molecule and ends with two molecules of a three-carbon sugar called pyruvate. Pyruvate may be broken down further after glycolysis to harness more energy through aerobic or anaerobic respiration, but many organisms, including many microbes, may be unable to respire; for these organisms, glycolysis may be their only source of generating ATP.

The type of glycolysis found in animals and that is most common in microbes is the **Embden-Meyerhof-Parnas (EMP) pathway**, named after Gustav Embden (1874–1933), Otto Meyerhof (1884–1951), and Jakub Parnas (1884–1949). Glycolysis using the EMP pathway consists of two distinct phases (**Figure 8.10**). The first part of the pathway, called the energy investment phase, uses energy from two ATP molecules to modify a glucose molecule so that the six-carbon sugar molecule can be split evenly into two phosphorylated three-carbon molecules called glyceraldehyde 3-phosphate (G3P). The second part of the pathway, called the energy payoff phase, extracts energy by oxidizing G3P to pyruvate, producing four ATP molecules and reducing two molecules of NAD⁺ to two molecules of NADH, using electrons that originated from glucose. (A discussion and illustration of the full EMP pathway with chemical structures and enzyme names appear in **Appendix C**.)

The ATP molecules produced during the energy payoff phase of glycolysis are formed by substrate-level

phosphorylation (**Figure 8.11**), one of two mechanisms for producing ATP. In substrate-level phosphorylation, a phosphate group is removed from an organic molecule and is directly transferred to an available ADP molecule, producing ATP. During glycolysis, high-energy phosphate groups from the intermediate molecules are added to ADP to make ATP.

Overall, in this process of glycolysis, the net gain from the breakdown of a single glucose molecule is:

- two ATP molecules
- two NADH molecule, and
- two pyruvate molecules.

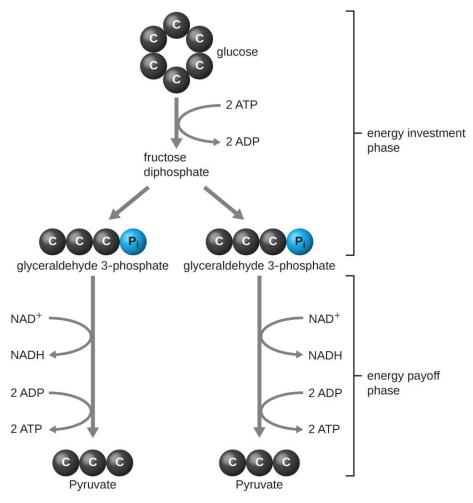


Figure 8.10 The energy investment phase of the Embden-Meyerhof-Parnas glycolysis pathway uses two ATP molecules to phosphorylate glucose, forming two glyceraldehyde 3-phosphate (G3P) molecules. The energy payoff phase harnesses the energy in the G3P molecules, producing four ATP molecules, two NADH molecules, and two pyruvates.

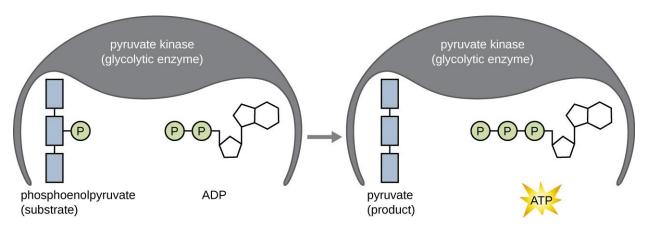


Figure 8.11 The ATP made during glycolysis is a result of substrate-level phosphorylation. One of the two enzymatic reactions in the energy payoff phase of Embden Meyerhof-Parnas glycolysis that produce ATP in this way is shown here.

Other Glycolytic Pathways

When we refer to glycolysis, unless otherwise indicated, we are referring to the EMP pathway used by animals and many bacteria. However, some prokaryotes use alternative glycolytic pathways. One important alternative is the **Entner-Doudoroff (ED) pathway**, named after its discoverers Nathan Entner and Michael Doudoroff (1911–1975). Although some bacteria, including the opportunistic gram-negative pathogen *Pseudomonas aeruginosa*, contain only the ED pathway for glycolysis, other bacteria, like *E. coli*, have the ability to use either the ED pathway or the EMP pathway.

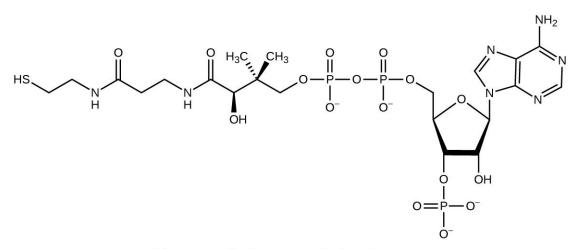
A third type of glycolytic pathway that occurs in all cells, which is quite different from the previous two pathways, is the **pentose phosphate pathway** (PPP) also called the **phosphogluconate pathway** or the **hexose monophosphate shunt**. Evidence suggests that the PPP may be the most ancient universal glycolytic pathway. The intermediates from the PPP are used for the biosynthesis of nucleotides and amino acids. Therefore, this glycolytic pathway may be favored when the cell has need for nucleic acid and/or protein synthesis, respectively. A discussion and illustration of the complete ED pathway and PPP with chemical structures and enzyme names appear in **Appendix C**.



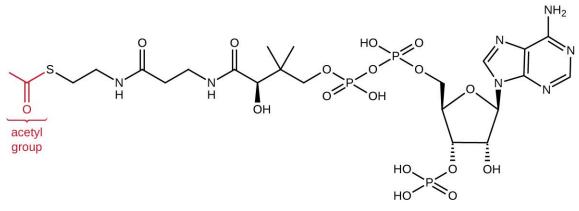
· When might an organism use the ED pathway or the PPP for glycolysis?

Transition Reaction, Coenzyme A, and the Krebs Cycle

Glycolysis produces pyruvate, which can be further oxidized to capture more energy. For pyruvate to enter the next oxidative pathway, it must first be decarboxylated by the enzyme complex pyruvate dehydrogenase to a two-carbon acetyl group in the **transition reaction**, also called the **bridge reaction** (see **Appendix C** and **Figure 8.12**). In the transition reaction, electrons are also transferred to NAD⁺ to form NADH. To proceed to the next phase of this metabolic process, the comparatively tiny two-carbon acetyl must be attached to a very large carrier compound called coenzyme A (CoA). The transition reaction occurs in the mitochondrial matrix of eukaryotes; in prokaryotes, it occurs in the cytoplasm because prokaryotes lack membrane-enclosed organelles.



(a) coenzyme A without an attached acetyl group



(b) coenzyme A with an attached acetyl group

Figure 8.12 (a) Coenzyme A is shown here without an attached acetyl group. (b) Coenzyme A is shown here with an attached acetyl group.

The **Krebs cycle** transfers remaining electrons from the acetyl group produced during the transition reaction to electron carrier molecules, thus reducing them. The Krebs cycle also occurs in the cytoplasm of prokaryotes along with glycolysis and the transition reaction, but it takes place in the mitochondrial matrix of eukaryotic cells where the transition reaction also occurs. The Krebs cycle is named after its discoverer, British scientist Hans Adolf Krebs (1900–1981) and is also called the **citric acid cycle**, or the **tricarboxylic acid cycle (TCA)** because citric acid has three carboxyl groups in its structure. Unlike glycolysis, the Krebs cycle is a closed loop: The last part of the pathway regenerates the compound used in the first step (**Figure 8.13**). The eight steps of the cycle are a series of chemical reaction, which is added to a four-carbon intermediate in the Krebs cycle, producing the six-carbon intermediate citric acid (giving the alternate name for this cycle). As one turn of the cycle returns to the starting point of the four-carbon intermediate, the cycle produces two CO_2 molecules, one ATP molecule (or an equivalent, such as guanosine triphosphate [GTP]) produced by substrate-level phosphorylation, and three molecules of NADH and one of FADH₂. (A discussion and detailed illustration of the full Krebs cycle appear in **Appendix C**.)

Although many organisms use the Krebs cycle as described as part of glucose metabolism, several of the intermediate compounds in the Krebs cycle can be used in synthesizing a wide variety of important cellular molecules, including amino acids, chlorophylls, fatty acids, and nucleotides; therefore, the cycle is both anabolic and catabolic (**Figure 8.14**).

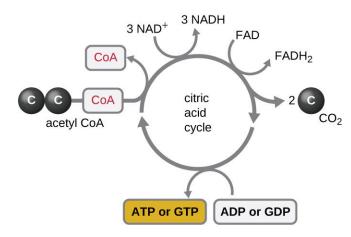


Figure 8.13 The Krebs cycle, also known as the citric acid cycle, is summarized here. Note incoming two-carbon acetyl results in the main outputs per turn of two CO₂, three NADH, one FADH₂, and one ATP (or GTP) molecules made by substrate-level phosphorylation. Two turns of the Krebs cycle are required to process all of the carbon from one glucose molecule.

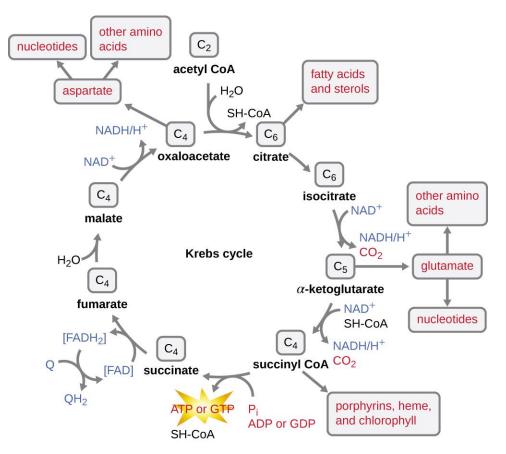


Figure 8.14 Many organisms use intermediates from the Krebs cycle, such as amino acids, fatty acids, and nucleotides, as building blocks for biosynthesis.

8.3 Cellular Respiration

Learning Objectives

- Compare and contrast the electron transport system location and function in a prokaryotic cell and a eukaryotic cell
- · Compare and contrast the differences between substrate-level and oxidative phosphorylation
- · Explain the relationship between chemiosmosis and proton motive force
- Describe the function and location of ATP synthase in a prokaryotic versus eukaryotic cell
- Compare and contrast aerobic and anaerobic respiration

We have just discussed two pathways in glucose catabolism—glycolysis and the Krebs cycle—that generate ATP by substrate-level phosphorylation. Most ATP, however, is generated during a separate process called **oxidative phosphorylation**, which occurs during cellular respiration. Cellular respiration begins when electrons are transferred from NADH and FADH₂—made in glycolysis, the transition reaction, and the Krebs cycle—through a series of chemical reactions to a final inorganic electron acceptor (either oxygen in aerobic respiration or non-oxygen inorganic molecules in anaerobic respiration). These electron transfers take place on the inner part of the cell membrane of prokaryotic cells or in specialized protein complexes in the inner membrane of the mitochondria of eukaryotic cells. The energy of the electrons is harvested to generate an electrochemical gradient across the membrane, which is used to make ATP by oxidative phosphorylation.

Electron Transport System

The **electron transport system (ETS)** is the last component involved in the process of cellular respiration; it comprises a series of membrane-associated protein complexes and associated mobile accessory electron carriers (**Figure 8.15**). Electron transport is a series of chemical reactions that resembles a bucket brigade in that electrons from NADH and FADH₂ are passed rapidly from one ETS electron carrier to the next. These carriers can pass electrons along in the ETS because of their **redox potential**. For a protein or chemical to accept electrons, it must have a more positive redox potential than the electron donor. Therefore, electrons move from electron carriers with more negative redox potential to those with more positive redox potential. The four major classes of electron carriers involved in both eukaryotic and prokaryotic electron transport systems are the cytochromes, flavoproteins, iron-sulfur proteins, and the quinones.

In **aerobic respiration**, the final electron acceptor (i.e., the one having the most positive redox potential) at the end of the ETS is an oxygen molecule (O_2) that becomes reduced to water (H_2O) by the final ETS carrier. This electron carrier, **cytochrome oxidase**, differs between bacterial types and can be used to differentiate closely related bacteria for diagnoses. For example, the gram-negative opportunist *Pseudomonas aeruginosa* and the gram-negative cholera-causing *Vibrio cholerae* use cytochrome c oxidase, which can be detected by the oxidase test, whereas other gram-negative Enterobacteriaceae, like *E. coli*, are negative for this test because they produce different cytochrome oxidase types.

There are many circumstances under which aerobic respiration is not possible, including any one or more of the following:

- The cell lacks genes encoding an appropriate cytochrome oxidase for transferring electrons to oxygen at the end of the electron transport system.
- The cell lacks genes encoding enzymes to minimize the severely damaging effects of dangerous oxygen radicals produced during aerobic respiration, such as hydrogen peroxide (H₂O₂) or superoxide (O₂⁻).
- The cell lacks a sufficient amount of oxygen to carry out aerobic respiration.

One possible alternative to aerobic respiration is **anaerobic respiration**, using an inorganic molecule other than oxygen as a final electron acceptor. There are many types of anaerobic respiration found in bacteria and archaea.

Denitrifiers are important soil bacteria that use nitrate (NO_3^-) and nitrite (NO_2^-) as final electron acceptors, producing nitrogen gas (N_2) . Many aerobically respiring bacteria, including *E. coli*, switch to using nitrate as a final electron acceptor and producing nitrite when oxygen levels have been depleted.

Microbes using anaerobic respiration commonly have an intact Krebs cycle, so these organisms can access the energy of the NADH and FADH₂ molecules formed. However, anaerobic respirers use altered ETS carriers encoded by their genomes, including distinct complexes for electron transfer to their final electron acceptors. Smaller electrochemical gradients are generated from these electron transfer systems, so less ATP is formed through anaerobic respiration.



Do both aerobic respiration and anaerobic respiration use an electron transport chain?

Chemiosmosis, Proton Motive Force, and Oxidative Phosphorylation

In each transfer of an electron through the ETS, the electron loses energy, but with some transfers, the energy is stored as potential energy by using it to pump hydrogen ions (H^+) across a membrane. In prokaryotic cells, H^+ is pumped to the outside of the cytoplasmic membrane (called the periplasmic space in gram-negative and gram-positive bacteria), and in eukaryotic cells, they are pumped from the mitochondrial matrix across the inner mitochondrial membrane into the intermembrane space. There is an uneven distribution of H^+ across the membrane that establishes an electrochemical gradient because H^+ ions are positively charged (electrical) and there is a higher concentration (chemical) on one side of the membrane. This electrochemical gradient formed by the accumulation of H^+ (also known as a proton) on one side of the membrane compared with the other is referred to as the **proton motive force** (PMF). Because the ions involved are H^+ , a pH gradient is also established, with the side of the membrane having the higher concentration of H^+ being more acidic. Beyond the use of the PMF to make ATP, as discussed in this chapter, the PMF can also be used to drive other energetically unfavorable processes, including nutrient transport and flagella rotation for motility.

The potential energy of this electrochemical gradient generated by the ETS causes the H^+ to diffuse across a membrane (the plasma membrane in prokaryotic cells and the inner membrane in mitochondria in eukaryotic cells). This flow of hydrogen ions across the membrane, called **chemiosmosis**, must occur through a channel in the membrane via a membrane-bound enzyme complex called **ATP synthase** (Figure 8.15). The tendency for movement in this way is much like water accumulated on one side of a dam, moving through the dam when opened. ATP synthase (like a combination of the intake and generator of a hydroelectric dam) is a complex protein that acts as a tiny generator, turning by the force of the H^+ diffusing through the enzyme, down their electrochemical gradient from where there are many mutually repelling H^+ to where there are fewer H^+ . In prokaryotic cells, H^+ flows from the intermembrane space to the mitochondrial matrix. The turning of the parts of this molecular machine regenerates ATP from ADP and inorganic phosphate (P_i) by oxidative phosphorylation, a second mechanism for making ATP that harvests the potential energy stored within an electrochemical gradient.

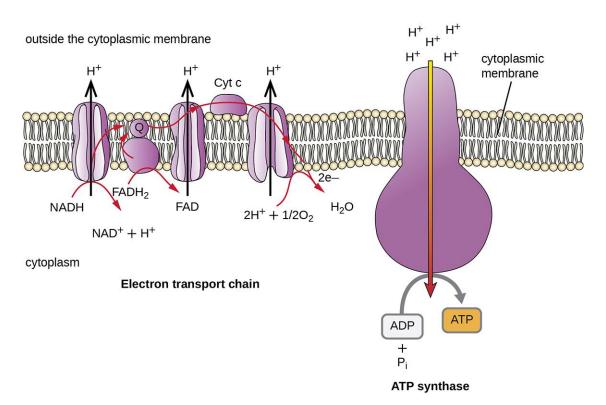


Figure 8.15 The bacterial electron transport chain is a series of protein complexes, electron carriers, and ion pumps that is used to pump H⁺ out of the bacterial cytoplasm into the extracellular space. H⁺ flows back down the electrochemical gradient into the bacterial cytoplasm through ATP synthase, providing the energy for ATP production by oxidative phosphorylation.(credit: modification of work by Klaus Hoffmeier)

The number of ATP molecules generated from the catabolism of glucose varies. For example, the number of hydrogen ions that the electron transport system complexes can pump through the membrane varies between different species of organisms. In aerobic respiration in mitochondria, the passage of electrons from one molecule of NADH generates enough proton motive force to make three ATP molecules by oxidative phosphorylation, whereas the passage of electrons from one molecule of FADH₂ generates enough proton motive force to make only two ATP molecules. Thus, the 10 NADH molecules made per glucose during glycolysis, the transition reaction, and the Krebs cycle carry enough energy to make 30 ATP molecules, whereas the two FADH₂ molecules made per glucose during these processes provide enough energy to make four ATP molecules. Overall, the theoretical maximum yield of ATP made during the complete aerobic respiration of glucose is 38 molecules, with four being made by substrate-level phosphorylation and 34 being made by oxidative phosphorylation (**Figure 8.16**). In reality, the total ATP yield is usually less, ranging from one to 34 ATP molecules, depending on whether the cell is using aerobic respiration or anaerobic respiration; in eukaryotic cells, some energy is expended to transport intermediates from the cytoplasm into the mitochondria, affecting ATP yield.

Figure 8.16 summarizes the theoretical maximum yields of ATP from various processes during the complete aerobic respiration of one glucose molecule.

Source	Carbon Flow	Molecules of Reduced Coenzymes Produced	Net ATP Molecules Made by Substrate- Level Phosphory- lation	Net ATP Molecules Made by Oxidative Phosphory- lation	Theoretical Maximum Yield of ATP Molecules
Glycolysis (EMP)	Glucose (6C) → 2 pyruvates (3C)	2 NADH	2 ATP	6 ATP from 2 NADH	8
Transition reaction	2 pyruvates (3C) \longrightarrow 2 acetyl (2C) + 2 CO ₂	2 NADH		6 ATP from 2 NADH	6
Krebs cycle	2 acetyl (2C) —► 4 CO ₂	6 NADH 2 FADH ₂	2 ATP	18 ATP from 6 NADH 4 ATP from 2 FADH ₂	24
Total:	glucose (6C) —► 6 CO ₂	10 NADH 2 FADH ₂	4 ATP	34 ATP	38 ATP

Figure 8.16

Check Your Understanding

· What are the functions of the proton motive force?

8.4 Fermentation

Learning Objectives

- Define fermentation and explain why it does not require oxygen
- Describe the fermentation pathways and their end products and give examples of microorganisms that use these pathways
- Compare and contrast fermentation and anaerobic respiration

Many cells are unable to carry out respiration because of one or more of the following circumstances:

- 1. The cell lacks a sufficient amount of any appropriate, inorganic, final electron acceptor to carry out cellular respiration.
- 2. The cell lacks genes to make appropriate complexes and electron carriers in the electron transport system.
- 3. The cell lacks genes to make one or more enzymes in the Krebs cycle.

Whereas lack of an appropriate inorganic final electron acceptor is environmentally dependent, the other two conditions are genetically determined. Thus, many prokaryotes, including members of the clinically important

genus *Streptococcus*, are permanently incapable of respiration, even in the presence of oxygen. Conversely, many prokaryotes are facultative, meaning that, should the environmental conditions change to provide an appropriate inorganic final electron acceptor for respiration, organisms containing all the genes required to do so will switch to cellular respiration for glucose metabolism because respiration allows for much greater ATP production per glucose molecule.

If respiration does not occur, NADH must be reoxidized to NAD⁺ for reuse as an electron carrier for glycolysis, the cell's only mechanism for producing any ATP, to continue. Some living systems use an organic molecule (commonly pyruvate) as a final electron acceptor through a process called **fermentation**. Fermentation does not involve an electron transport system and does not directly produce any additional ATP beyond that produced during glycolysis by substrate-level phosphorylation. Organisms carrying out fermentation, called fermenters, produce a maximum of two ATP molecules per glucose during glycolysis. **Table 8.2** compares the final electron acceptors and methods of ATP synthesis in aerobic respiration, anaerobic respiration, and fermentation. Note that the number of ATP molecules shown for glycolysis assumes the Embden-Meyerhof-Parnas pathway. The number of ATP molecules made by substrate-level phosphorylation (SLP) versus oxidative phosphorylation (OP) are indicated.

Type of Metabolism	Example	Final Electron Acceptor	Pathways Involved in ATP Synthesis (Type of Phosphorylation)	Maximum Yield of ATP Molecules
Aerobic respiration	Pseudomonas aeruginosa	0 ₂	EMP glycolysis (SLP) Krebs cycle (SLP) Electron transport and chemiosmosis (OP):	2 2 34
			Total	38
Anaerobic respiration	Paracoccus denitrificans	NO_3^- , SO_4^{-2} , Fe^{+3} , CO_2 , other inorganics	EMP glycolysis (SLP) Krebs cycle (SLP) Electron transport and chemiosmosis (OP):	2 2 1–32
			Total	5–36
Fermentation	Candida albicans	Organics (usually pyruvate)	EMP glycolysis (SLP) Fermentation	2 0
			Total	2

Comparison of Respiration Versus Fermentation

Table 8.2

Microbial fermentation processes have been manipulated by humans and are used extensively in the production of various foods and other commercial products, including pharmaceuticals. Microbial fermentation can also be useful for identifying microbes for diagnostic purposes.

Fermentation by some bacteria, like those in yogurt and other soured food products, and by animals in muscles during oxygen depletion, is lactic acid fermentation. The chemical reaction of lactic acid fermentation is as follows:

Pyruvate + NADH \leftrightarrow lactic acid + NAD⁺

Bacteria of several gram-positive genera, including *Lactobacillus*, *Leuconostoc*, and *Streptococcus*, are collectively known as the lactic acid bacteria (LAB), and various strains are important in food production. During yogurt and cheese production, the highly acidic environment generated by lactic acid fermentation denatures proteins contained in milk, causing it to solidify. When lactic acid is the only fermentation product, the process is said to be **homolactic fermentation**; such is the case for *Lactobacillus delbrueckii* and *S. thermophiles* used in yogurt production. However, many bacteria perform **heterolactic fermentation**, producing a mixture of lactic acid, ethanol and/or acetic acid, and

CO₂ as a result, because of their use of the branched pentose phosphate pathway instead of the EMP pathway for glycolysis. One important heterolactic fermenter is *Leuconostoc mesenteroides*, which is used for souring vegetables like cucumbers and cabbage, producing pickles and sauerkraut, respectively.

Lactic acid bacteria are also important medically. The production of low pH environments within the body inhibits the establishment and growth of pathogens in these areas. For example, the vaginal microbiota is composed largely of lactic acid bacteria, but when these bacteria are reduced, yeast can proliferate, causing a yeast infection. Additionally, lactic acid bacteria are important in maintaining the health of the gastrointestinal tract and, as such, are the primary component of probiotics.

Another familiar fermentation process is alcohol fermentation, which produces ethanol. The ethanol fermentation reaction is shown in **Figure 8.17**. In the first reaction, the enzyme pyruvate decarboxylase removes a carboxyl group from pyruvate, releasing CO_2 gas while producing the two-carbon molecule acetaldehyde. The second reaction, catalyzed by the enzyme alcohol dehydrogenase, transfers an electron from NADH to acetaldehyde, producing ethanol and NAD⁺. The ethanol fermentation of pyruvate by the yeast *Saccharomyces cerevisiae* is used in the production of alcoholic beverages and also makes bread products rise due to CO_2 production. Outside of the food industry, ethanol fermentation of plant products is important in biofuel production.

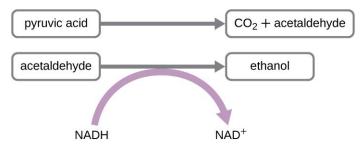


Figure 8.17 The chemical reactions of alcohol fermentation are shown here. Ethanol fermentation is important in the production of alcoholic beverages and bread.

Beyond lactic acid fermentation and alcohol fermentation, many other fermentation methods occur in prokaryotes, all for the purpose of ensuring an adequate supply of NAD⁺ for glycolysis (**Table 8.3**). Without these pathways, glycolysis would not occur and no ATP would be harvested from the breakdown of glucose. It should be noted that most forms of fermentation besides homolactic fermentation produce gas, commonly CO_2 and/or hydrogen gas. Many of these different types of fermentation pathways are also used in food production and each results in the production of different organic acids, contributing to the unique flavor of a particular fermented food product. The propionic acid produced during propionic acid fermentation contributes to the distinctive flavor of Swiss cheese, for example.

Several fermentation products are important commercially outside of the food industry. For example, chemical solvents such as acetone and butanol are produced during acetone-butanol-ethanol fermentation. Complex organic pharmaceutical compounds used in antibiotics (e.g., penicillin), vaccines, and vitamins are produced through mixed acid fermentation. Fermentation products are used in the laboratory to differentiate various bacteria for diagnostic purposes. For example, enteric bacteria are known for their ability to perform mixed acid fermentation, reducing the pH, which can be detected using a pH indicator. Similarly, the bacterial production of acetoin during butanediol fermentation can also be detected. Gas production from fermentation can also be seen in an inverted Durham tube that traps produced gas in a broth culture.

Microbes can also be differentiated according to the substrates they can ferment. For example, *E. coli* can ferment lactose, forming gas, whereas some of its close gram-negative relatives cannot. The ability to ferment the sugar alcohol sorbitol is used to identify the pathogenic enterohemorrhagic O157:H7 strain of *E. coli* because, unlike other *E. coli* strains, it is unable to ferment sorbitol. Last, mannitol fermentation differentiates the mannitol-fermenting *Staphylococcus aureus* from other non–mannitol-fermenting staphylococci.

Pathway	End Products	Example Microbes	Commercial Products	
Acetone- butanol- ethanol	Acetone, butanol, ethanol, CO ₂	Clostridium acetobutylicum	Commercial solvents, gasoline alternative	
Alcohol	Ethanol, CO ₂	Candida, Saccharomyces	Beer, bread	
Butanediol	Formic and lactic acid; ethanol; acetoin; 2,3 butanediol; CO_2 ; hydrogen gas	Klebsiella, Enterobacter	Chardonnay wine	
Butyric acid	Butyric acid, CO ₂ , hydrogen gas	Clostridium butyricum	Butter	
Lactic acid	Lactic acid	Streptococcus, Lactobacillus	Sauerkraut, yogurt, cheese	
Mixed acid	Acetic, formic, lactic, and succinic acids; ethanol, CO ₂ , hydrogen gas	Escherichia, Shigella	Vinegar, cosmetics, pharmaceuticals	
Propionic acid	Acetic acid, propionic acid, CO ₂	Propionibacterium, Bifidobacterium	Swiss cheese	

Common Fermentation Pathways

Table 8.3



• When would a metabolically versatile microbe perform fermentation rather than cellular respiration?

Micro Connections

Identifying Bacteria by Using API Test Panels

Identification of a microbial isolate is essential for the proper diagnosis and appropriate treatment of patients. Scientists have developed techniques that identify bacteria according to their biochemical characteristics. Typically, they either examine the use of specific carbon sources as substrates for fermentation or other metabolic reactions, or they identify fermentation products or specific enzymes present in reactions. In the past, microbiologists have used individual test tubes and plates to conduct biochemical testing. However, scientists, especially those in clinical laboratories, now more frequently use plastic, disposable, multitest panels that contain a number of miniature reaction tubes, each typically including a specific substrate and pH indicator. After inoculation of the test panel with a small sample of the microbe in question and incubation, scientists can compare the results to a database that includes the expected results for specific biochemical reactions for known microbes, thus enabling rapid identification of a sample microbe. These test panels have allowed scientists to reduce costs while improving efficiency and reproducibility by performing a larger number of tests simultaneously.

Many commercial, miniaturized biochemical test panels cover a number of clinically important groups of bacteria and yeasts. One of the earliest and most popular test panels is the Analytical Profile Index (API) panel invented in the 1970s. Once some basic laboratory characterization of a given strain has been performed, such as determining the strain's Gram morphology, an appropriate test strip that contains 10 to 20 different biochemical tests for differentiating strains within that microbial group can be used. Currently, the various API

strips can be used to quickly and easily identify more than 600 species of bacteria, both aerobic and anaerobic, and approximately 100 different types of yeasts. Based on the colors of the reactions when metabolic end products are present, due to the presence of pH indicators, a metabolic profile is created from the results (**Figure 8.18**). Microbiologists can then compare the sample's profile to the database to identify the specific microbe.



Figure 8.18 The API 20NE test strip is used to identify specific strains of gram-negative bacteria outside the Enterobacteriaceae. Here is an API 20NE test strip result for *Photobacterium damselae* ssp. *piscicida*.

Clinical Focus

Part 2

Many of Hannah's symptoms are consistent with several different infections, including influenza and pneumonia. However, her sluggish reflexes along with her light sensitivity and stiff neck suggest some possible involvement of the central nervous system, perhaps indicating meningitis. Meningitis is an infection of the cerebrospinal fluid (CSF) around the brain and spinal cord that causes inflammation of the meninges, the protective layers covering the brain. Meningitis can be caused by viruses, bacteria, or fungi. Although all forms of meningitis are serious, bacterial meningitis is particularly serious. Bacterial meningitis may be caused by several different bacteria, but the bacterium *Neisseria meningitidis*, a gram-negative, bean-shaped diplococcus, is a common cause and leads to death within 1 to 2 days in 5% to 10% of patients.

Given the potential seriousness of Hannah's conditions, her physician advised her parents to take her to the hospital in the Gambian capital of Banjul and there have her tested and treated for possible meningitis. After a 3-hour drive to the hospital, Hannah was immediately admitted. Physicians took a blood sample and performed a lumbar puncture to test her CSF. They also immediately started her on a course of the antibiotic ceftriaxone, the drug of choice for treatment of meningitis caused by *N. meningitidis*, without waiting for laboratory test results.

- How might biochemical testing be used to confirm the identity of N. meningitidis?
- Why did Hannah's doctors decide to administer antibiotics without waiting for the test results?

Jump to the next Clinical Focus box. Go back to the previous Clinical Focus box.

8.5 Catabolism of Lipids and Proteins

Learning Objectives

- Describe how lipids are catabolized
- Describe how lipid catabolism can be used to identify microbes
- Describe how proteins are catabolized
- · Describe how protein catabolism can be used to identify bacteria

Previous sections have discussed the catabolism of glucose, which provides energy to living cells, as well as how

polysaccharides like glycogen, starch, and cellulose are degraded to glucose monomers. But microbes consume more than just carbohydrates for food. In fact, the microbial world is known for its ability to degrade a wide range of molecules, both naturally occurring and those made by human processes, for use as carbon sources. In this section, we will see that the pathways for both lipid and protein catabolism connect to those used for carbohydrate catabolism, eventually leading into glycolysis, the transition reaction, and the Krebs cycle pathways. Metabolic pathways should be considered to be porous—that is, substances enter from other pathways, and intermediates leave for other pathways. These pathways are not closed systems. Many of the substrates, intermediates, and products in a particular pathway are reactants in other pathways.

Lipid Catabolism

Triglycerides are a form of long-term energy storage in animals. They are made of glycerol and three fatty acids (see **Figure 7.12**). Phospholipids compose the cell and organelle membranes of all organisms except the archaea. Phospholipid structure is similar to triglycerides except that one of the fatty acids is replaced by a phosphorylated head group (see **Figure 7.13**). Triglycerides and phospholipids are broken down first by releasing fatty acid chains (and/or the phosphorylated head group, in the case of phospholipids) from the three-carbon glycerol backbone. The reactions breaking down triglycerides are catalyzed by **lipases** and those involving phospholipids are catalyzed by **phospholipases**. These enzymes contribute to the virulence of certain microbes, such as the bacterium *Staphylococcus aureus* and the fungus *Cryptococcus neoformans*. These microbes use phospholipases to destroy lipids and phospholipids in host cells and then use the catabolic products for energy (see **Virulence Factors of Bacterial and Viral Pathogens**).

The resulting products of lipid catabolism, glycerol and fatty acids, can be further degraded. Glycerol can be phosphorylated to glycerol-3-phosphate and easily converted to glyceraldehyde 3-phosphate, which continues through glycolysis. The released fatty acids are catabolized in a process called **\beta-oxidation**, which sequentially removes two-carbon acetyl groups from the ends of fatty acid chains, reducing NAD⁺ and FAD to produce NADH and FADH₂, respectively, whose electrons can be used to make ATP by oxidative phosphorylation. The acetyl groups produced during β -oxidation are carried by coenzyme A to the Krebs cycle, and their movement through this cycle results in their degradation to CO₂, producing ATP by substrate-level phosphorylation and additional NADH and FADH₂ molecules (see **Appendix C** for a detailed illustration of β -oxidation).

Other types of lipids can also be degraded by certain microbes. For example, the ability of certain pathogens, like *Mycobacterium tuberculosis*, to degrade cholesterol contributes to their virulence. The side chains of cholesterol can be easily removed enzymatically, but degradation of the remaining fused rings is more problematic. The four fused rings are sequentially broken in a multistep process facilitated by specific enzymes, and the resulting products, including pyruvate, can be further catabolized in the Krebs cycle.



· How can lipases and phospholipases contribute to virulence in microbes?

Protein Catabolism

Proteins are degraded through the concerted action of a variety of microbial **protease** enzymes. Extracellular proteases cut proteins internally at specific amino acid sequences, breaking them down into smaller peptides that can then be taken up by cells. Some clinically important pathogens can be identified by their ability to produce a specific type of extracellular protease. For example, the production of the extracellular protease gelatinase by members of the genera *Proteus* and *Serratia* can be used to distinguish them from other gram-negative enteric bacteria. Following inoculation and growth of microbes in gelatin broth, degradation of the gelatin protein due to gelatinase production prevents solidification of gelatin when refrigerated. Other pathogens can be distinguished by their ability to degrade casein, the main protein found in milk. When grown on skim milk agar, production of the extracellular protease

caseinase causes degradation of casein, which appears as a zone of clearing around the microbial growth. Caseinase production by the opportunist pathogen *Pseudomonas aeruginosa* can be used to distinguish it from other related gram-negative bacteria.

After extracellular protease degradation and uptake of peptides in the cell, the peptides can then be broken down further into individual amino acids by additional intracellular proteases, and each amino acid can be enzymatically deaminated to remove the amino group. The remaining molecules can then enter the transition reaction or the Krebs cycle.

Check Your Understanding

· How can protein catabolism help identify microbes?

Clinical Focus

Part 3

Because bacterial meningitis progresses so rapidly, Hannah's doctors had decided to treat her aggressively with antibiotics, based on empirical observation of her symptoms. However, laboratory testing to confirm the cause of Hannah's meningitis was still important for several reasons. *N. meningitidis* is an infectious pathogen that can be spread from person to person through close contact; therefore, if tests confirm *N. meningitidis* as the cause of Hannah's symptoms, Hannah's parents and others who came into close contact with her might need to be vaccinated or receive prophylactic antibiotics to lower their risk of contracting the disease. On the other hand, if it turns out that *N. meningitidis* is not the cause, Hannah's doctors might need to change her treatment.

The clinical laboratory performed a Gram stain on Hannah's blood and CSF samples. The Gram stain showed the presence of a bean-shaped gram-negative diplococcus. The technician in the hospital lab cultured Hannah's blood sample on both blood agar and chocolate agar, and the bacterium that grew on both media formed gray, nonhemolytic colonies. Next, he performed an oxidase test on this bacterium and determined that it was oxidase positive. Last, he examined the repertoire of sugars that the bacterium could use as a carbon source and found that the bacterium was positive for glucose and maltose use but negative for lactose and sucrose use. All of these test results are consistent with characteristics of *N. meningitidis*.

- What do these test results tell us about the metabolic pathways of N. meningitidis?
- Why do you think that the hospital used these biochemical tests for identification in lieu of molecular analysis by DNA testing?

Jump to the **next** Clinical Focus box. Go back to the **previous** Clinical Focus box.

8.6 Photosynthesis

Learning Objectives

- Describe the function and locations of photosynthetic pigments in eukaryotes and prokaryotes
- · Describe the major products of the light-dependent and light-independent reactions
- Describe the reactions that produce glucose in a photosynthetic cell
- · Compare and contrast cyclic and noncyclic photophosphorylation

Heterotrophic organisms ranging from E. coli to humans rely on the chemical energy found mainly in carbohydrate

molecules. Many of these carbohydrates are produced by **photosynthesis**, the biochemical process by which phototrophic organisms convert solar energy (sunlight) into chemical energy. Although photosynthesis is most commonly associated with plants, microbial photosynthesis is also a significant supplier of chemical energy, fueling many diverse ecosystems. In this section, we will focus on microbial photosynthesis.

Photosynthesis takes place in two sequential stages: the light-dependent reactions and the light-independent reactions (**Figure 8.19**). In the **light-dependent reactions**, energy from sunlight is absorbed by pigment molecules in photosynthetic membranes and converted into stored chemical energy. In the **light-independent reactions**, the chemical energy produced by the light-dependent reactions is used to drive the assembly of sugar molecules using CO_2 ; however, these reactions are still light dependent because the products of the light-dependent reactions necessary for driving them are short-lived. The light-dependent reactions produce ATP and either NADPH or NADH to temporarily store energy. These energy carriers are used in the light-independent reactions to drive the energetically unfavorable process of "fixing" inorganic CO_2 in an organic form, sugar.

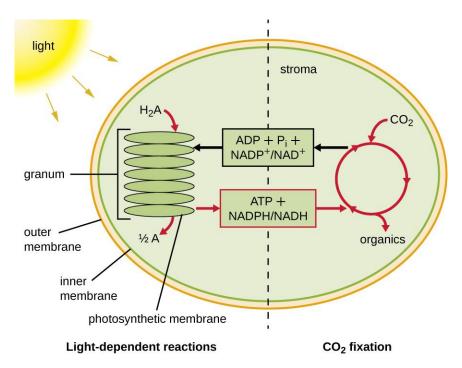


Figure 8.19 The light-dependent reactions of photosynthesis (left) convert light energy into chemical energy, forming ATP and NADPH. These products are used by the light-independent reactions to fix CO₂, producing organic carbon molecules.

Photosynthetic Structures in Eukaryotes and Prokaryotes

In all phototrophic eukaryotes, photosynthesis takes place inside a **chloroplast**, an organelle that arose in eukaryotes by endosymbiosis of a photosynthetic bacterium (see **Unique Characteristics of Eukaryotic Cells**). These chloroplasts are enclosed by a double membrane with inner and outer layers. Within the chloroplast is a third membrane that forms stacked, disc-shaped photosynthetic structures called thylakoids (**Figure 8.20**). A stack of thylakoids is called a granum, and the space surrounding the granum within the chloroplast is called stroma.

Photosynthetic membranes in prokaryotes, by contrast, are not organized into distinct membrane-enclosed organelles; rather, they are infolded regions of the plasma membrane. In cyanobacteria, for example, these infolded regions are also referred to as thylakoids. In either case, embedded within the thylakoid membranes or other photosynthetic bacterial membranes are **photosynthetic pigment** molecules organized into one or more photosystems, where light energy is actually converted into chemical energy.

Photosynthetic pigments within the photosynthetic membranes are organized into **photosystems**, each of which is composed of a light-harvesting (antennae) complex and a reaction center. The **light-harvesting complex** consists of

multiple proteins and associated pigments that each may absorb light energy and, thus, become excited. This energy is transferred from one pigment molecule to another until eventually (after about a millionth of a second) it is delivered to the reaction center. Up to this point, only energy—not electrons—has been transferred between molecules. The **reaction center** contains a pigment molecule that can undergo oxidation upon excitation, actually giving up an electron. It is at this step in photosynthesis that light energy is converted into an excited electron.

Different kinds of light-harvesting pigments absorb unique patterns of wavelengths (colors) of visible light. Pigments reflect or transmit the wavelengths they cannot absorb, making them appear the corresponding color. Examples of photosynthetic pigments (molecules used to absorb solar energy) are bacteriochlorophylls (green, purple, or red), carotenoids (orange, red, or yellow), chlorophylls (green), phycocyanins (blue), and phycoerythrins (red). By having mixtures of pigments, an organism can absorb energy from more wavelengths. Because photosynthetic bacteria commonly grow in competition for sunlight, each type of photosynthetic bacteria is optimized for harvesting the wavelengths of light to which it is commonly exposed, leading to stratification of microbial communities in aquatic and soil ecosystems by light quality and penetration.

Once the light harvesting complex transfers the energy to the reaction center, the reaction center delivers its high-energy electrons, one by one, to an electron carrier in an electron transport system, and electron transfer through the ETS is initiated. The ETS is similar to that used in cellular respiration and is embedded within the photosynthetic membrane. Ultimately, the electron is used to produce NADH or NADPH. The electrochemical gradient that forms across the photosynthetic membrane is used to generate ATP by chemiosmosis through the process of photophosphorylation, another example of oxidative phosphorylation (Figure 8.21).

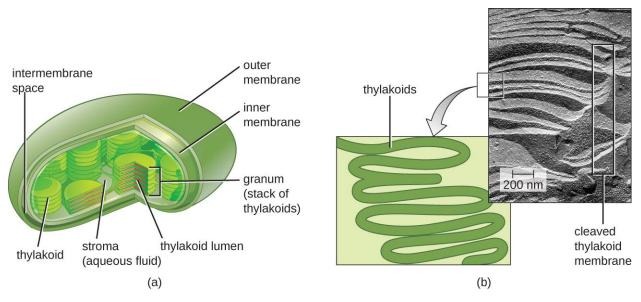


Figure 8.20 (a) Photosynthesis in eukaryotes takes place in chloroplasts, which contain thylakoids stacked into grana. (b) A photosynthetic prokaryote has infolded regions of the plasma membrane that function like thylakoids. (credit: scale bar data from Matt Russell.)

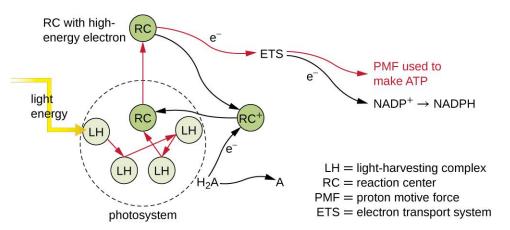


Figure 8.21 This figure summarizes how a photosystem works. Light harvesting (LH) pigments absorb light energy, converting it to chemical energy. The energy is passed from one LH pigment to another until it reaches a reaction center (RC) pigment, exciting an electron. This high-energy electron is lost from the RC pigment and passed through an electron transport system (ETS), ultimately producing NADH or NADPH and ATP. A reduced molecule (H₂A) donates an electron, replacing electrons to the electron-deficient RC pigment.



In a phototrophic eukaryote, where does photosynthesis take place?

Oxygenic and Anoxygenic Photosynthesis

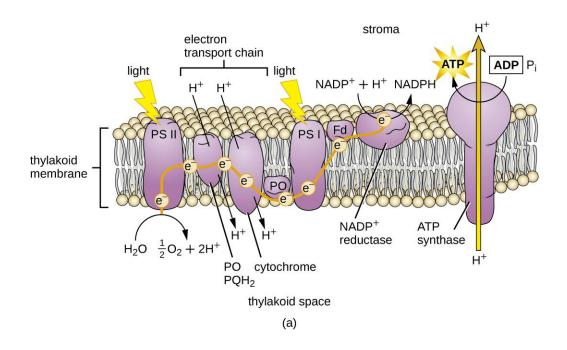
For photosynthesis to continue, the electron lost from the reaction center pigment must be replaced. The source of this electron (H₂A) differentiates the **oxygenic photosynthesis** of plants and cyanobacteria from **anoxygenic photosynthesis** carried out by other types of bacterial phototrophs (**Figure 8.22**). In oxygenic photosynthesis, H₂O is split and supplies the electron to the reaction center. Because oxygen is generated as a byproduct and is released, this type of photosynthesis is referred to as oxygenic photosynthesis. However, when other reduced compounds serve as the electron donor, oxygen is not generated; these types of photosynthesis are called anoxygenic photosynthesis. Hydrogen sulfide (H₂S) or thiosulfate $(S_2O_3^{2-})$ can serve as the electron donor, generating elemental sulfur and sulfate (SO_4^{2-}) ions, respectively, as a result.

Photosystems have been classified into two types: photosystem I (PSI) and photosystem II (PSII) (**Figure 8.23**). Cyanobacteria and plant chloroplasts have both photosystems, whereas anoxygenic photosynthetic bacteria use only one of the photosystems. Both photosystems are excited by light energy simultaneously. If the cell requires both ATP and NADPH for biosynthesis, then it will carry out **noncyclic photophosphorylation**. Upon passing of the PSII reaction center electron to the ETS that connects PSII and PSI, the lost electron from the PSII reaction center is replaced by the splitting of water. The excited PSI reaction center electron is used to reduce NADP⁺ to NADPH and is replaced by the electron exiting the ETS. The flow of electrons in this way is called the **Z-scheme**.

If a cell's need for ATP is significantly greater than its need for NADPH, it may bypass the production of reducing power through **cyclic photophosphorylation**. Only PSI is used during cyclic photophosphorylation; the high-energy electron of the PSI reaction center is passed to an ETS carrier and then ultimately returns to the oxidized PSI reaction center pigment, thereby reducing it.

Oxygenic photosynthesis $6CO_2 + 12H_2O + light energy \longrightarrow C_6H_{12}O_6 + 6O_2 + 6H_2O$ carbon waterglucose oxygen waterdioxideglucose oxygen waterAnoxygenic photosynthesis $CO_2 + 2H_2A + light energy \longrightarrow [CH_2O] + 2A + H_2O$ carbon electroncarbohydrate waterdioxidedonor**H_2A = H_2O, H_2S, H_2, or other electron donor

Figure 8.22 Eukaryotes and cyanobacteria carry out oxygenic photosynthesis, producing oxygen, whereas other bacteria carry out anoxygenic photosynthesis, which does not produce oxygen.



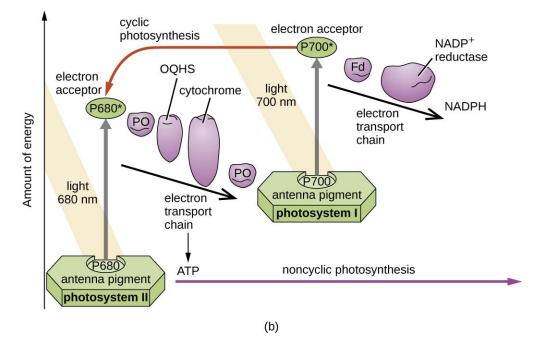


Figure 8.23 (a) PSI and PSII are found on the thylakoid membrane. The high-energy electron from PSII is passed to an ETS, which generates a proton motive force for ATP synthesis by chemiosmosis, and ultimately replaces the electron lost by the PSI reaction center. The PSI reaction center electron is used to make NADPH. (b) When both ATP and NADPH are required, noncyclic photophosphorylation (in cyanobacteria and plants) provides both. The electron flow described here is referred to as the Z-scheme (shown in yellow in [a]). When the cell's ATP needs outweigh those for NADPH, cyanobacteria and plants will use only PSI, and its reaction center electron is passed to the ETS to generate a proton motive force used for ATP synthesis.



Why would a photosynthetic bacterium have different pigments?

Light-Independent Reactions

After the energy from the sun is converted into chemical energy and temporarily stored in ATP and NADPH molecules (having lifespans of millionths of a second), photoautotrophs have the fuel needed to build multicarbon carbohydrate molecules, which can survive for hundreds of millions of years, for long-term energy storage. The carbon comes from CO₂, the gas that is a waste product of cellular respiration.

The **Calvin-Benson cycle** (named for Melvin Calvin [1911–1997] and Andrew Benson [1917–2015]), the biochemical pathway used for fixation of CO_2 , is located within the cytoplasm of photosynthetic bacteria and in the stroma of eukaryotic chloroplasts. The light-independent reactions of the Calvin cycle can be organized into three basic stages: fixation, reduction, and regeneration (see **Appendix C** for a detailed illustration of the Calvin cycle).

- **Fixation**: The enzyme **ribulose bisphosphate carboxylase (RuBisCO)** catalyzes the addition of a CO₂ to ribulose bisphosphate (RuBP). This results in the production of 3-phosphoglycerate (3-PGA).
- **Reduction**: Six molecules of both ATP and NADPH (from the light-dependent reactions) are used to convert 3-PGA into glyceraldehyde 3-phosphate (G3P). Some G3P is then used to build glucose.
- **Regeneration**: The remaining G3P not used to synthesize glucose is used to regenerate RuBP, enabling the system to continue CO₂ fixation. Three more molecules of ATP are used in these regeneration reactions.

The Calvin cycle is used extensively by plants and photoautotrophic bacteria, and the enzyme RuBisCO is said to be the most plentiful enzyme on earth, composing 30%–50% of the total soluble protein in plant chloroplasts.^[1] However, besides its prevalent use in photoautotrophs, the Calvin cycle is also used by many nonphotosynthetic chemoautotrophs to fix CO₂. Additionally, other bacteria and archaea use alternative systems for CO₂ fixation. Although most bacteria using Calvin cycle alternatives are chemoautotrophic, certain green sulfur photoautotrophic bacteria have been also shown to use an alternative CO₂ fixation pathway.



• Describe the three stages of the Calvin cycle.

8.7 Biogeochemical Cycles

Learning Objectives

- Define and describe the importance of microorganisms in the biogeochemical cycles of carbon, nitrogen, and sulfur
- Define and give an example of bioremediation

Energy flows directionally through ecosystems, entering as sunlight for phototrophs or as inorganic molecules for chemoautotrophs. The six most common elements associated with organic molecules—carbon, hydrogen, nitrogen, oxygen, phosphorus, and sulfur—take a variety of chemical forms and may exist for long periods in the atmosphere,

^{1.} A. Dhingra et al. "Enhanced Translation of a Chloroplast-Expressed *RbcS* Gene Restores Small Subunit Levels and Photosynthesis in Nuclear *RbcS* Antisense Plants." *Proceedings of the National Academy of Sciences of the United States of America* 101 no. 16 (2004):6315–6320.

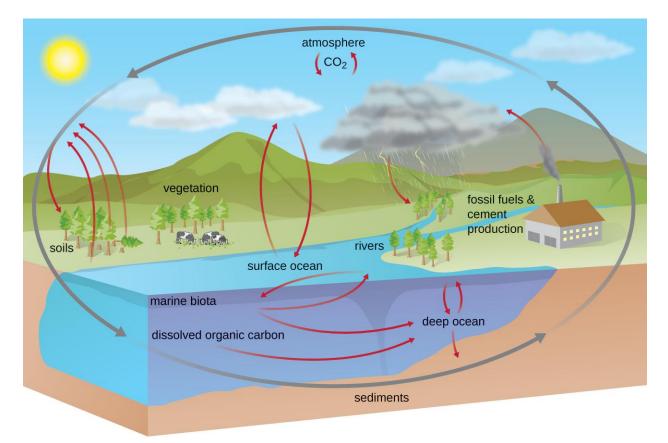
on land, in water, or beneath earth's surface. Geologic processes, such as erosion, water drainage, the movement of the continental plates, and weathering, all are involved in the cycling of elements on earth. Because geology and chemistry have major roles in the study of this process, the recycling of inorganic matter between living organisms and their nonliving environment is called a **biogeochemical cycle**. Here, we will focus on the function of microorganisms in these cycles, which play roles at each step, most frequently interconverting oxidized versions of molecules with reduced ones.

Carbon Cycle

Carbon is one of the most important elements to living organisms, as shown by its abundance and presence in all organic molecules. The carbon cycle exemplifies the connection between organisms in various ecosystems. Carbon is exchanged between heterotrophs and autotrophs within and between ecosystems primarily by way of atmospheric CO₂, a fully oxidized version of carbon that serves as the basic building block that autotrophs use to build multicarbon, high-energy organic molecules such as glucose. Photoautotrophs and chemoautotrophs harness energy from the sun and from inorganic chemical compounds, respectively, to covalently bond carbon atoms together into reduced organic compounds whose energy can be later accessed through the processes of respiration and fermentation (**Figure 8.24**).

Overall, there is a constant exchange of CO_2 between the heterotrophs (which produce CO_2 as a result of respiration or fermentation) and the autotrophs (which use the CO_2 for fixation). Autotrophs also respire or ferment, consuming the organic molecules they form; they do not fix carbon for heterotrophs, but rather use it for their own metabolic needs.

Bacteria and archaea that use methane as their carbon source are called methanotrophs. Reduced one-carbon compounds like methane accumulate in certain anaerobic environments when CO_2 is used as a terminal electron acceptor in anaerobic respiration by archaea called methanogens. Some methanogens also ferment acetate (two carbons) to produce methane and CO_2 . Methane accumulation due to methanogenesis occurs in both natural anaerobic soil and aquatic environments; methane accumulation also occurs as a result of animal husbandry because methanogenes are members of the normal microbiota of ruminants. Environmental methane accumulation due to methanogenesis is of consequence because it is a strong greenhouse gas, and methanotrophs help to reduce atmospheric methane levels.



Carbon cycle

Figure 8.24 This figure summarizes the carbon cycle. Eukaryotes participate in aerobic respiration, fermentation, and oxygenic photosynthesis. Prokaryotes participate in all the steps shown. (credit: modification of work by NOAA)



• Describe the interaction between heterotrophs and autotrophs in the carbon cycle.

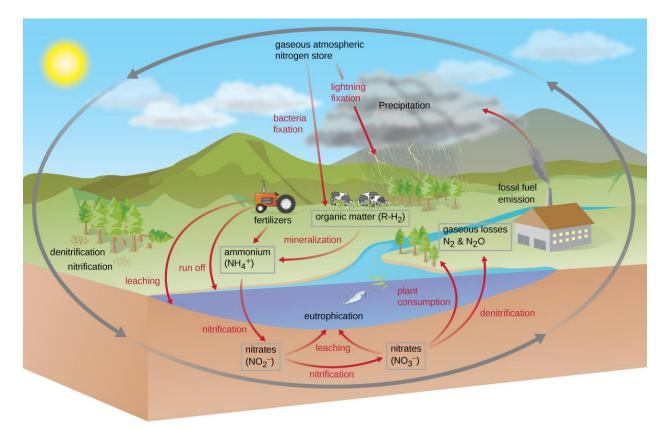
Nitrogen Cycle

Many biological macromolecules, including proteins and nucleic acids, contain nitrogen; however, getting nitrogen into living organisms is difficult. Prokaryotes play essential roles in the nitrogen cycle (**Figure 8.25**), transforming nitrogen between various forms for their own needs, benefiting other organisms indirectly. Plants and phytoplankton cannot incorporate nitrogen from the atmosphere (where it exists as tightly bonded, triple covalent N₂), even though this molecule composes approximately 78% of the atmosphere. Nitrogen enters the living world through freeliving and symbiotic bacteria, which incorporate nitrogen into their macromolecules through specialized biochemical pathways called **nitrogen fixation**. Cyanobacteria in aquatic ecosystems fix inorganic nitrogen (from nitrogen gas) into ammonia (NH₃) that can be easily incorporated into biological macromolecules. *Rhizobium* bacteria (**Figure 8.1**) also fix nitrogen and live symbiotically in the root nodules of legumes (such as beans, peanuts, and peas), providing them with needed organic nitrogen while receiving fixed carbon as sugar in exchange. Free-living bacteria, such as members of the genus *Azotobacter*, are also able to fix nitrogen.

The nitrogen that enters living systems by nitrogen fixation is eventually converted from organic nitrogen back into nitrogen gas by microbes through three steps: ammonification, nitrification, and denitrification. In terrestrial systems,

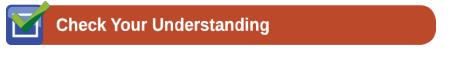
the first step is the ammonification process, in which certain bacteria and fungi convert nitrogenous waste from living animals or from the remains of dead organisms into ammonia (NH₃). This ammonia is then oxidized to nitrite (NO_2^-) , then to nitrate (NO_3^-) , by nitrifying soil bacteria such as members of the genus *Nitrosomonas*, through the process of nitrification. Last, the process of denitrification occurs, whereby soil bacteria, such as members of the genera *Pseudomonas* and *Clostridium*, use nitrate as a terminal electron acceptor in anaerobic respiration, converting it into nitrogen gas that reenters the atmosphere. A similar process occurs in the marine nitrogen cycle, where these three processes are performed by marine bacteria and archaea.

Human activity releases nitrogen into the environment by the use of artificial fertilizers that contain nitrogen and phosphorus compounds, which are then washed into lakes, rivers, and streams by surface runoff. A major effect from fertilizer runoff is saltwater and freshwater eutrophication, in which nutrient runoff causes the overgrowth and subsequent death of aquatic algae, making water sources anaerobic and inhospitable for the survival of aquatic organisms.

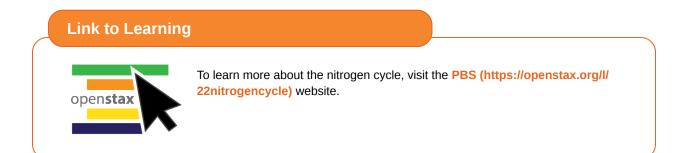


Nitrogen cycle

Figure 8.25 This figure summarizes the nitrogen cycle. Note that specific groups of prokaryotes each participate in every step in the cycle. (credit: modification of work by NOAA)



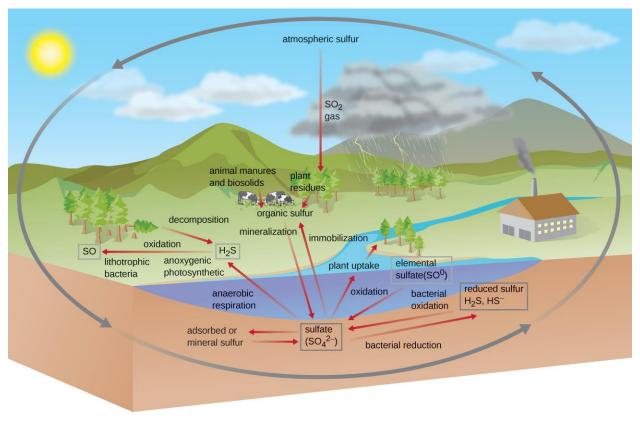
• What are the three steps of the nitrogen cycle?



Sulfur Cycle

Sulfur is an essential element for the macromolecules of living organisms. As part of the amino acids cysteine and methionine, it is involved in the formation of proteins. It is also found in several vitamins necessary for the synthesis of important biological molecules like coenzyme A. Several groups of microbes are responsible for carrying out processes involved in the sulfur cycle (Figure 8.26). Anoxygenic photosynthetic bacteria as well as chemoautotrophic archaea and bacteria use hydrogen sulfide as an electron donor, oxidizing it first to elemental sulfur (S⁰), then to sulfate (SO_4^{2-}) . This leads to stratification of hydrogen sulfide in soil, with levels increasing at deeper, more anaerobic depths.

Many bacteria and plants can use sulfate as a sulfur source. Decomposition dead organisms by fungi and bacteria remove sulfur groups from amino acids, producing hydrogen sulfide, returning inorganic sulfur to the environment.



Sulfur cycle

Figure 8.26 This figure summarizes the sulfur cycle. Note that specific groups of prokaryotes each may participate in every step in the cycle. (credit: modification of work by NOAA)



Which groups of microbes carry out the sulfur cycle?

Other Biogeochemical Cycles

Beyond their involvement in the carbon, nitrogen, and sulfur cycles, prokaryotes are involved in other biogeochemical cycles as well. Like the carbon, nitrogen, and sulfur cycles, several of these additional biogeochemical cycles, such as the iron (Fe), manganese (Mn), and chromium (Cr) cycles, also involve redox chemistry, with prokaryotes playing roles in both oxidation and reduction. Several other elements undergo chemical cycles that do not involve redox chemistry. Examples of these are phosphorus (P), calcium (Ca), and silica (Si) cycles. The cycling of these elements is particularly important in oceans because large quantities of these elements are incorporated into the exoskeletons of marine organisms. These biogeochemical cycles do not involve redox chemistry but instead involve fluctuations in the solubility of compounds containing calcium, phosphorous, and silica. The overgrowth of naturally occurring microbial communities is typically limited by the availability of nitrogen (as previously mentioned), phosphorus, and iron. Human activities introducing excessive amounts of iron, nitrogen, or phosphorus (typically from detergents) may lead to eutrophication.

Bioremediation

Microbial **bioremediation** leverages microbial metabolism to remove **xenobiotics** or other pollutants. Xenobiotics are compounds synthesized by humans and introduced into the environment in much higher concentrations than would naturally occur. Such environmental contamination may involve adhesives, dyes, flame retardants, lubricants, oil and petroleum products, organic solvents, pesticides, and products of the combustion of gasoline and oil. Many xenobiotics resist breakdown, and some accumulate in the food chain after being consumed or absorbed by fish and wildlife, which, in turn, may be eaten by humans. Of particular concern are contaminants like polycyclic aromatic hydrocarbon (PAH), a carcinogenic xenobiotic found in crude oil, and trichloroethylene (TCE), a common groundwater contaminant.

Bioremediation processes can be categorized as in situ or ex situ. Bioremediation conducted at the site of contamination is called in situ bioremediation and does not involve movement of contaminated material. In contrast, ex situ bioremediation involves the removal of contaminated material from the original site so that it can be treated elsewhere, typically in a large, lined pit where conditions are optimized for degradation of the contaminant.

Some bioremediation processes rely on microorganisms that are indigenous to the contaminated site or material. Enhanced bioremediation techniques, which may be applied to either in situ or ex situ processing, involve the addition of nutrients and/or air to encourage the growth of pollution-degrading microbes; they may also involve the addition of non-native microbes known for their ability to degrade contaminants. For example, certain bacteria of the genera *Rhodococcus* and *Pseudomonas* are known for their ability to degrade many environmental contaminants, including aromatic compounds like those found in oil, down to CO₂. The genes encoding their degradatory enzymes are commonly found on plasmids. Others, like *Alcanivorax borkumensis*, produce surfactants that are useful in the solubilization of the hydrophobic molecules found in oil, making them more accessible to other microbes for degradation.



· Compare and contrast the benefits of in situ and ex situ bioremediation.

Clinical Focus

Resolution

Although there is a DNA test specific for *Neisseria meningitidis*, it is not practical for use in some developing countries because it requires expensive equipment and a high level of expertise to perform. The hospital in Banjul was not equipped to perform DNA testing. Biochemical testing, however, is much less expensive and is still effective for microbial identification.

Fortunately for Hannah, her symptoms began to resolve with antibiotic therapy. Patients who survive bacterial meningitis often suffer from long-term complications such as brain damage, hearing loss, and seizures, but after several weeks of recovery, Hannah did not seem to be exhibiting any long-term effects and her behavior returned to normal. Because of her age, her parents were advised to monitor her closely for any signs of developmental issues and have her regularly evaluated by her pediatrician.

N. meningitidis is found in the normal respiratory microbiota in 10%–20% of the human population.^[2] In most cases, it does not cause disease, but for reasons not fully understood, the bacterium can sometimes invade the bloodstream and cause infections in other areas of the body, including the brain. The disease is more common in infants and children, like Hannah.

The prevalence of meningitis caused by *N. meningitidis* is particularly high in the so-called meningitis belt, a region of sub-Saharan African that includes 26 countries stretching from Senegal to Ethiopia (Figure 8.27). The reasons for this high prevalence are not clear, but several factors may contribute to higher rates of transmission, such as the dry, dusty climate; overcrowding and low standards of living; and the relatively low immunocompetence and nutritional status of the population.^[3] A vaccine against four bacterial strains of *N. meningitidis* is available. Vaccination is recommended for 11- and 12-year-old children, with a booster at age 16 years. Vaccination is also recommended for young people who live in close quarters with others (e.g., college dormitories, military barracks), where the disease is more easily transmitted. Travelers visiting the "meningitis belt" should also be vaccinated, especially during the dry season (December through June) when the prevalence is highest.^{[4][5]}

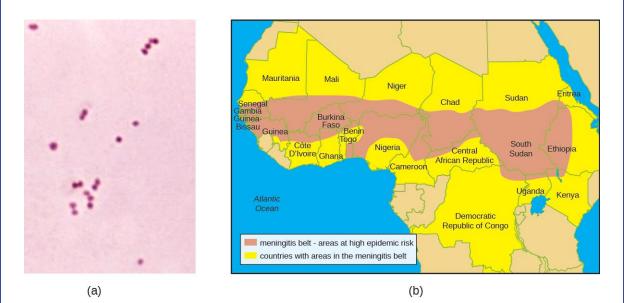


Figure 8.27 (a) *Neisseria meningitidis* is a gram-negative diplococcus, as shown in this gram-stained sample. (b) The "meningitis belt" is the area of sub-Saharan Africa with high prevalence of meningitis caused by *N. meningitidis*. (credit a, b: modification of work by Centers for Disease Control and Prevention)

Go back to the **previous** Clinical Focus box.

2. Centers for Disease Control and Prevention. "Meningococcal Disease: Causes and Transmission." http://www.cdc.gov/meningococcal/

Summary

8.1 Energy, Matter, and Enzymes

- **Metabolism** includes chemical reactions that break down complex molecules (**catabolism**) and those that build complex molecules (**anabolism**).
- Organisms may be classified according to their source of carbon. **Autotrophs** convert inorganic carbon dioxide into organic carbon; **heterotrophs** use fixed organic carbon compounds.
- Organisms may also be classified according to their energy source. **Phototrophs** obtain their energy from light. **Chemotrophs** get their energy from chemical compounds. **Organotrophs** use organic molecules, and **lithotrophs** use inorganic chemicals.
- Cellular electron carriers accept high-energy electrons from foods and later serve as electron donors in subsequent redox reactions. FAD/FADH₂, NAD⁺/NADH, and NADP⁺/NADPH are important electron carriers.
- Adenosine triphosphate (ATP) serves as the energy currency of the cell, safely storing chemical energy in its two high-energy phosphate bonds for later use to drive processes requiring energy.
- **Enzymes** are biological **catalysts** that increase the rate of chemical reactions inside cells by lowering the activation energy required for the reaction to proceed.
- In nature, **exergonic reactions** do not require energy beyond activation energy to proceed, and they release energy. They may proceed without enzymes, but at a slow rate. Conversely, **endergonic reactions** require energy beyond activation energy to occur. In cells, endergonic reactions are coupled to exergonic reactions, making the combination energetically favorable.
- **Substrates** bind to the enzyme's **active site**. This process typically alters the structures of both the active site and the substrate, favoring transition-state formation; this is known as **induced fit**.
- **Cofactors** are inorganic ions that stabilize enzyme conformation and function. **Coenzymes** are organic molecules required for proper enzyme function and are often derived from vitamins. An enzyme lacking a cofactor or coenzyme is an **apoenzyme**; an enzyme with a bound cofactor or coenzyme is a **holoenzyme**.
- **Competitive inhibitors** regulate enzymes by binding to an enzyme's active site, preventing substrate binding. **Noncompetitive (allosteric) inhibitors** bind to **allosteric sites**, inducing a conformational change in the enzyme that prevents it from functioning. **Feedback inhibition** occurs when the product of a metabolic pathway noncompetitively binds to an enzyme early on in the pathway, ultimately preventing the synthesis of the product.

8.2 Catabolism of Carbohydrates

- **Glycolysis** is the first step in the breakdown of glucose, resulting in the formation of ATP, which is produced by **substrate-level phosphorylation**; NADH; and two pyruvate molecules. Glycolysis does not use oxygen and is not oxygen dependent.
- After glycolysis, a three-carbon pyruvate is decarboxylated to form a two-carbon acetyl group, coupled with the formation of NADH. The acetyl group is attached to a large carrier compound called coenzyme A.
- After the transition step, coenzyme A transports the two-carbon acetyl to the **Krebs cycle**, where the two carbons enter the cycle. Per turn of the cycle, one acetyl group derived from glycolysis is further oxidized, producing three NADH molecules, one FADH₂, and one ATP by **substrate-level phosphorylation**, and releasing two CO₂ molecules.
- The Krebs cycle may be used for other purposes. Many of the intermediates are used to synthesize important

about/causes-transmission.html. Accessed September 12, 2016.

^{3.} Centers for Disease Control and Prevention. "Meningococcal Disease in Other Countries." http://www.cdc.gov/meningococcal/global.html. Accessed September 12, 2016.

^{4.} Centers for Disease Control and Prevention. "Health Information for Travelers to the Gambia: Traveler View." http://wwwnc.cdc.gov/ travel/destinations/traveler/none/the-gambia. Accessed September 12, 2016.

^{5.} Centers for Disease Control and Prevention. "Meningococcal: Who Needs to Be Vaccinated?" http://www.cdc.gov/vaccines/vpd-vac/ mening/who-vaccinate.htm. Accessed September 12, 2016.

cellular molecules, including amino acids, chlorophylls, fatty acids, and nucleotides.

8.3 Cellular Respiration

- Most ATP generated during the cellular respiration of glucose is made by oxidative phosphorylation.
- An electron transport system (ETS) is composed of a series of membrane-associated protein complexes and associated mobile accessory electron carriers. The ETS is embedded in the cytoplasmic membrane of prokaryotes and the inner mitochondrial membrane of eukaryotes.
- Each ETS complex has a different redox potential, and electrons move from electron carriers with more negative redox potential to those with more positive redox potential.
- To carry out **aerobic respiration**, a cell requires oxygen as the final electron acceptor. A cell also needs a complete Krebs cycle, an appropriate cytochrome oxidase, and oxygen detoxification enzymes to prevent the harmful effects of oxygen radicals produced during aerobic respiration.
- Organisms performing **anaerobic respiration** use alternative electron transport system carriers for the ultimate transfer of electrons to the final non-oxygen electron acceptors.
- Microbes show great variation in the composition of their electron transport systems, which can be used for diagnostic purposes to help identify certain pathogens.
- As electrons are passed from NADH and FADH₂ through an ETS, the electron loses energy. This energy is stored through the pumping of H⁺ across the membrane, generating a **proton motive force**.
- The energy of this proton motive force can be harnessed by allowing hydrogen ions to diffuse back through the membrane by **chemiosmosis** using **ATP synthase**. As hydrogen ions diffuse through down their electrochemical gradient, components of ATP synthase spin, making ATP from ADP and P_i by oxidative phosphorylation.
- Aerobic respiration forms more ATP (a maximum of 34 ATP molecules) during oxidative phosphorylation than does anaerobic respiration (between one and 32 ATP molecules).

8.4 Fermentation

- Fermentation uses an organic molecule as a final electron acceptor to regenerate NAD⁺ from NADH so that glycolysis can continue.
- Fermentation does not involve an electron transport system, and no ATP is made by the fermentation process directly. Fermenters make very little ATP—only two ATP molecules per glucose molecule during glycolysis.
- Microbial fermentation processes have been used for the production of foods and pharmaceuticals, and for the identification of microbes.
- During lactic acid fermentation, pyruvate accepts electrons from NADH and is reduced to lactic acid. Microbes performing **homolactic fermentation** produce only lactic acid as the fermentation product; microbes performing **heterolactic fermentation** produce a mixture of lactic acid, ethanol and/or acetic acid, and CO₂.
- Lactic acid production by the normal microbiota prevents growth of pathogens in certain body regions and is important for the health of the gastrointestinal tract.
- During ethanol fermentation, pyruvate is first decarboxylated (releasing CO₂) to acetaldehyde, which then accepts electrons from NADH, reducing acetaldehyde to ethanol. Ethanol fermentation is used for the production of alcoholic beverages, for making bread products rise, and for biofuel production.
- Fermentation products of pathways (e.g., propionic acid fermentation) provide distinctive flavors to food products. Fermentation is used to produce chemical solvents (acetone-butanol-ethanol fermentation) and pharmaceuticals (mixed acid fermentation).
- Specific types of microbes may be distinguished by their fermentation pathways and products. Microbes may also be differentiated according to the substrates they are able to ferment.

8.5 Catabolism of Lipids and Proteins

• Collectively, microbes have the ability to degrade a wide variety of carbon sources besides carbohydrates, including lipids and proteins. The catabolic pathways for all of these molecules eventually connect into

glycolysis and the Krebs cycle.

- Several types of lipids can be microbially degraded. Triglycerides are degraded by extracellular **lipases**, releasing fatty acids from the glycerol backbone. Phospholipids are degraded by **phospholipases**, releasing fatty acids and the phosphorylated head group from the glycerol backbone. Lipases and phospholipases act as virulence factors for certain pathogenic microbes.
- Fatty acids can be further degraded inside the cell through **β-oxidation**, which sequentially removes twocarbon acetyl groups from the ends of fatty acid chains.
- Protein degradation involves extracellular **proteases** that degrade large proteins into smaller peptides. Detection of the extracellular proteases gelatinase and caseinase can be used to differentiate clinically relevant bacteria.

8.6 Photosynthesis

- Heterotrophs depend on the carbohydrates produced by autotrophs, many of which are photosynthetic, converting solar energy into chemical energy.
- Different photosynthetic organisms use different mixtures of **photosynthetic pigments**, which increase the range of the wavelengths of light an organism can absorb.
- **Photosystems** (PSI and PSII) each contain a **light-harvesting complex**, composed of multiple proteins and associated pigments that absorb light energy. The **light-dependent reactions** of photosynthesis convert solar energy into chemical energy, producing ATP and NADPH or NADH to temporarily store this energy.
- In **oxygenic photosynthesis**, H₂O serves as the electron donor to replace the reaction center electron, and oxygen is formed as a byproduct. In **anoxygenic photosynthesis**, other reduced molecules like H₂S or thiosulfate may be used as the electron donor; as such, oxygen is not formed as a byproduct.
- **Noncyclic photophosphorylation** is used in oxygenic photosynthesis when there is a need for both ATP and NADPH production. If a cell's needs for ATP outweigh its needs for NADPH, then it may carry out **cyclic photophosphorylation** instead, producing only ATP.
- The **light-independent reactions** of photosynthesis use the ATP and NADPH from the light-dependent reactions to fix CO₂ into organic sugar molecules.

8.7 Biogeochemical Cycles

- The recycling of inorganic matter between living organisms and their nonliving environment is called a **biogeochemical cycle**. Microbes play significant roles in these cycles.
- In the **carbon cycle**, heterotrophs degrade reduced organic molecule to produce carbon dioxide, whereas autotrophs fix carbon dioxide to produce organics. **Methanogens** typically form methane by using CO₂ as a final electron acceptor during anaerobic respiration; methanotrophs oxidize the methane, using it as their carbon source.
- In the **nitrogen cycle**, nitrogen-fixing bacteria convert atmospheric nitrogen into ammonia (ammonification). The ammonia can then be oxidized to nitrite and nitrate (nitrification). Nitrates can then be assimilated by plants. Soil bacteria convert nitrate back to nitrogen gas (denitrification).
- In **sulfur cycling**, many anoxygenic photosynthesizers and chemoautotrophs use hydrogen sulfide as an electron donor, producing elemental sulfur and then sulfate; sulfate-reducing bacteria and archaea then use sulfate as a final electron acceptor in anaerobic respiration, converting it back to hydrogen sulfide.
- Human activities that introduce excessive amounts of naturally limited nutrients (like iron, nitrogen, or phosphorus) to aquatic systems may lead to eutrophication.
- Microbial **bioremediation** is the use of microbial metabolism to remove or degrade **xenobiotics** and other environmental contaminants and pollutants. Enhanced bioremediation techniques may involve the introduction of non-native microbes specifically chosen or engineered for their ability to degrade contaminants.

Review Questions

Multiple Choice

1. Which of the following is an organism that obtains its energy from the transfer of electrons originating from chemical compounds and its carbon from an inorganic source?

- a. chemoautotroph
- b. chemoheterotroph
- c. photoheterotroph
- d. photoautotroph
- 2. Which of the following molecules is reduced?
 - a. NAD⁺
 - b. FAD
 - c. O₂
 - d. NADPH
- **3.** Enzymes work by which of the following?
 - a. increasing the activation energy
 - b. reducing the activation energy
 - c. making exergonic reactions endergonic
 - d. making endergonic reactions exergonic

4. To which of the following does a competitive inhibitor most structurally resemble?

- a. the active site
- b. the allosteric site
- c. the substrate
- d. a coenzyme

5. Which of the following are organic molecules that help enzymes work correctly?

- a. cofactors
- b. coenzymes
- c. holoenzymes
- d. apoenzymes

6. During which of the following is ATP not made by substrate-level phosphorylation?

- a. Embden-Meyerhof pathway
- b. Transition reaction
- c. Krebs cycle
- d. Entner-Doudoroff pathway

7. Which of the following products is made during Embden-Meyerhof glycolysis?

- a. NAD+
- b. pyruvate
- $c. \quad CO_2$
- d. two-carbon acetyl

8. During the catabolism of glucose, which of the following is produced only in the Krebs cycle?

- a. ATP
- b. NADH
- c. NADPH
- d. FADH₂

9. Which of the following is not a name for the cycle resulting in the conversion of a two-carbon acetyl to one ATP, two CO₂, one FADH₂, and three NADH molecules?

- a. Krebs cycle
- b. tricarboxylic acid cycle
- c. Calvin cycle
- d. citric acid cycle

10. Which is the location of electron transports systems in prokaryotes?

- a. the outer mitochondrial membrane
- b. the cytoplasm
- c. the inner mitochondrial membrane
- d. the cytoplasmic membrane

11. Which is the source of the energy used to make ATP by oxidative phosphorylation?

- a. oxygen
- b. high-energy phosphate bonds
- c. the proton motive force
- d. P_i

12. A cell might perform anaerobic respiration for which of the following reasons?

- a. It lacks glucose for degradation.
- b. It lacks the transition reaction to convert pyruvate to acetyl-CoA.
- c. It lacks Krebs cycle enzymes for processing acetyl-CoA to CO₂.
- d. It lacks a cytochrome oxidase for passing electrons to oxygen.
- 13. In prokaryotes, which of the following is true?
 - a. As electrons are transferred through an ETS, H⁺ is pumped out of the cell.
 - b. As electrons are transferred through an ETS, H⁺ is pumped into the cell.
 - c. As protons are transferred through an ETS, electrons are pumped out of the cell.
 - d. As protons are transferred through an ETS, electrons are pumped into the cell.

14. Which of the following is not an electron carrier within an electron transport system?

- a. flavoprotein
- b. ATP synthase
- c. ubiquinone
- d. cytochrome oxidase

15. Which of the following is the purpose of fermentation?

- a. to make ATP
- b. to make carbon molecule intermediates for anabolism
- c. to make NADH
- d. to make NAD⁺

16. Which molecule typically serves as the final electron acceptor during fermentation?

- a. oxygen
- b. NAD^+
- c. pyruvate
- d. CO_2

17. Which fermentation product is important for making bread rise?

- a. ethanol
- b. CO₂
- c. lactic acid
- d. hydrogen gas

18. Which of the following is not a commercially important fermentation product?

- a. ethanol
- b. pyruvate
- c. butanol
- d. penicillin

19. Which of the following molecules is not produced during the breakdown of phospholipids?

- a. glucose
- b. glycerol
- c. acetyl groups
- d. fatty acids
- 20. Caseinase is which type of enzyme?
 - a. phospholipase
 - b. lipase
 - c. extracellular protease
 - d. intracellular protease

21. Which of the following is the first step in triglyceride degradation?

- a. removal of fatty acids
- b. β -oxidation
- c. breakage of fused rings
- d. formation of smaller peptides

22. During the light-dependent reactions, which molecule loses an electron?

- a. a light-harvesting pigment molecule
- b. a reaction center pigment molecule
- c. NADPH
- d. 3-phosphoglycerate

23. In prokaryotes, in which direction are hydrogen ions pumped by the electron transport system of photosynthetic membranes?

- a. to the outside of the plasma membrane
- b. to the inside (cytoplasm) of the cell
- c. to the stroma
- d. to the intermembrane space of the chloroplast

24. Which of the following does not occur during cyclic photophosphorylation in cyanobacteria?

- a. electron transport through an ETS
- b. photosystem I use
- c. ATP synthesis
- d. NADPH formation

25. Which of the following are two products of the light-dependent reactions?

- a. glucose and NADPH
- b. NADPH and ATP
- c. glyceraldehyde 3-phosphate and CO₂
- d. glucose and oxygen

26. Which of the following is the group of archaea that can use CO_2 as their final electron acceptor during anaerobic respiration, producing CH_4 ?

- a. methylotrophs
- b. methanotrophs
- c. methanogens
- d. anoxygenic photosynthesizers

27. Which of the following processes is not involved in the conversion of organic nitrogen to nitrogen gas?

- a. nitrogen fixation
- b. ammonification
- c. nitrification
- d. denitrification

28. Which of the following processes produces hydrogen sulfide?

- a. anoxygenic photosynthesis
- b. oxygenic photosynthesis
- c. anaerobic respiration
- d. chemoautrophy

29. The biogeochemical cycle of which of the following elements is based on changes in solubility rather than redox chemistry?

- a. carbon
- b. sulfur
- c. nitrogen
- d. phosphorus

True/False

30. Competitive inhibitors bind to allosteric sites.

31. Glycolysis requires oxygen or another inorganic final electron acceptor to proceed.

32. All organisms that use aerobic cellular respiration have cytochrome oxidase.

33. Photosynthesis always results in the formation of oxygen.

34. There are many naturally occurring microbes that have the ability to degrade several of the compounds found in oil.

Matching

35. Match the fermentation pathway with the correct commercial product it is used to produce:

____acetone-butanol-ethanol fermentation a. bread

alcohol fermentation	b. pharmaceuticals
lactic acid fermentation	c. Swiss cheese
mixed acid fermentation	d. yogurt
propionic acid fermentation	e. industrial solvents

Fill in the Blank

36. Processes in which cellular energy is used to make complex molecules from simpler ones are described as

37. The loss of an electron from a molecule is called ______.

38. The part of an enzyme to which a substrate binds is called the ______.

39. Per turn of the Krebs cycle, one acetyl is oxidized, forming _____ CO₂, ____ ATP, ____ NADH, and _____ FADH₂ molecules.

40. Most commonly, glycolysis occurs by the _____ pathway.

41. The final ETS complex used in aerobic respiration that transfers energy-depleted electrons to oxygen to form H₂O is called ______.

42. The passage of hydrogen ions through ______ down their electrochemical gradient harnesses the energy needed for ATP synthesis by oxidative phosphorylation.

43. The microbe responsible for ethanol fermentation for the purpose of producing alcoholic beverages is _____

44. ______ results in the production of a mixture of fermentation products, including lactic acid, ethanol and/or acetic acid, and CO₂.

45. Fermenting organisms make ATP through the process of ______.

46. The process by which two-carbon units are sequentially removed from fatty acids, producing acetyl-CoA, FADH₂, and NADH is called _____.

47. The NADH and FADH₂ produced during β-oxidation are used to make _____

48. _______ is a type of medium used to detect the production of an extracellular protease called caseinase.

49. The enzyme responsible for CO₂ fixation during the Calvin cycle is called ______.

50. The types of pigment molecules found in plants, algae, and cyanobacteria are ______ and _____.

51. The molecule central to the carbon cycle that is exchanged within and between ecosystems, being produced by heterotrophs and used by autotrophs, is _____.

52. The use of microbes to remove pollutants from a contaminated system is called ______.

Short Answer

53. In cells, can an oxidation reaction happen in the absence of a reduction reaction? Explain.

- 54. What is the function of molecules like NAD⁺/NADH and FAD/FADH₂ in cells?
- 55. What is substrate-level phosphorylation? When does it occur during the breakdown of glucose to CO₂?
- 56. Why is the Krebs cycle important in both catabolism and anabolism?
- 57. What is the relationship between chemiosmosis and the proton motive force?
- 58. How does oxidative phosphorylation differ from substrate-level phosphorylation?

59. How does the location of ATP synthase differ between prokaryotes and eukaryotes? Where do protons accumulate as a result of the ETS in each cell type?

60. Why are some microbes, including *Streptococcus* spp., unable to perform aerobic respiration, even in the presence of oxygen?

- **61.** How can fermentation be used to differentiate various types of microbes?
- 62. How are the products of lipid and protein degradation connected to glucose metabolism pathways?
- 63. What is the general strategy used by microbes for the degradation of macromolecules?
- 64. Why would an organism perform cyclic phosphorylation instead of noncyclic phosphorylation?
- **65.** What is the function of photosynthetic pigments in the light-harvesting complex?
- **66.** Why must autotrophic organisms also respire or ferment in addition to fixing CO₂?
- **67.** How can human activity lead to eutrophication?

Critical Thinking

68. What would be the consequences to a cell of having a mutation that knocks out coenzyme A synthesis?

69. The bacterium *E. coli* is capable of performing aerobic respiration, anaerobic respiration, and fermentation. When would it perform each process and why? How is ATP made in each case?

70. Do you think that β-oxidation can occur in an organism incapable of cellular respiration? Why or why not?

71. Is life dependent on the carbon fixation that occurs during the light-independent reactions of photosynthesis? Explain.

72. In considering the symbiotic relationship between *Rhizobium* species and their plant hosts, what metabolic activity does each organism perform that benefits the other member of the pair?

Chapter 9

Microbial Growth

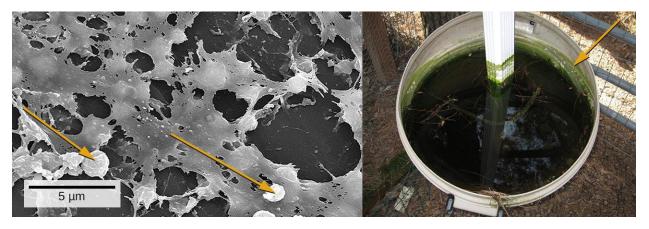


Figure 9.1 Medical devices that are inserted into a patient's body often become contaminated with a thin biofilm of microorganisms enmeshed in the sticky material they secrete. The electron micrograph (left) shows the inside walls of an in-dwelling catheter. Arrows point to the round cells of *Staphylococcus aureus* bacteria attached to the layers of extracellular substrate. The garbage can (right) served as a rain collector. The arrow points to a green biofilm on the sides of the container. (credit left: modification of work by Centers for Disease Control and Prevention; credit right: modification of work by NASA)

Chapter Outline

- 9.1 How Microbes Grow
- 9.2 Oxygen Requirements for Microbial Growth
- 9.3 The Effects of pH on Microbial Growth
- 9.4 Temperature and Microbial Growth
- 9.5 Other Environmental Conditions that Affect Growth
- 9.6 Media Used for Bacterial Growth

Introduction

We are all familiar with the slimy layer on a pond surface or that makes rocks slippery. These are examples of biofilms—microorganisms embedded in thin layers of matrix material (**Figure 9.1**). Biofilms were long considered random assemblages of cells and had little attention from researchers. Recently, progress in visualization and biochemical methods has revealed that biofilms are an organized ecosystem within which many cells, usually of different species of bacteria, fungi, and algae, interact through cell signaling and coordinated responses. The biofilm provides a protected environment in harsh conditions and aids colonization by microorganisms. Biofilms also have clinical importance. They form on medical devices, resist routine cleaning and sterilization, and cause health-acquired infections. Within the body, biofilms form on the teeth as plaque, in the lungs of patients with cystic fibrosis, and on the cardiac tissue of patients with endocarditis. The slime layer helps protect the cells from host immune defenses and antibiotic treatments.

Studying biofilms requires new approaches. Because of the cells' adhesion properties, many of the methods for culturing and counting cells that are explored in this chapter are not easily applied to biofilms. This is the beginning of a new era of challenges and rewarding insight into the ways that microorganisms grow and thrive in nature.

9.1 How Microbes Grow

Learning Objectives

- · Define the generation time for growth based on binary fission
- Identify and describe the activities of microorganisms undergoing typical phases of binary fission (simple cell division) in a growth curve
- Explain several laboratory methods used to determine viable and total cell counts in populations undergoing exponential growth
- · Describe examples of cell division not involving binary fission, such as budding or fragmentation
- · Describe the formation and characteristics of biofilms
- · Identify health risks associated with biofilms and how they are addressed
- Describe quorum sensing and its role in cell-to-cell communication and coordination of cellular activities

The bacterial cell cycle involves the formation of new cells through the replication of DNA and partitioning of cellular components into two daughter cells. In prokaryotes, reproduction is always asexual, although extensive genetic recombination in the form of horizontal gene transfer takes place, as will be explored in a different chapter. Most bacteria have a single circular chromosome; however, some exceptions exist. For example, *Borrelia burgdorferi*, the causative agent of Lyme disease, has a linear chromosome.

Binary Fission

The most common mechanism of cell replication in bacteria is a process called **binary fission**, which is depicted in **Figure 9.2**. Before dividing, the cell grows and increases its number of cellular components. Next, the replication of DNA starts at a location on the circular chromosome called the origin of replication, where the chromosome is attached to the inner cell membrane. Replication continues in opposite directions along the chromosome until the terminus is reached.

The center of the enlarged cell constricts until two daughter cells are formed, each offspring receiving a complete copy of the parental genome and a division of the cytoplasm (cytokinesis). This process of cytokinesis and cell division is directed by a protein called FtsZ. FtsZ assembles into a Z ring on the cytoplasmic membrane (**Figure 9.3**). The Z ring is anchored by FtsZ-binding proteins and defines the division plane between the two daughter cells. Additional proteins required for cell division are added to the Z ring to form a structure called the divisome. The divisome activates to produce a peptidoglycan cell wall and build a **septum** that divides the two daughter cells. The daughter cells are separated by the division septum, where all of the cells' outer layers (the cell wall and outer membranes, if

Clinical Focus

Part 1

Jeni, a 24-year-old pregnant woman in her second trimester, visits a clinic with complaints of high fever, 38.9 °C (102 °F), fatigue, and muscle aches—typical flu-like signs and symptoms. Jeni exercises regularly and follows a nutritious diet with emphasis on organic foods, including raw milk that she purchases from a local farmer's market. All of her immunizations are up to date. However, the health-care provider who sees Jeni is concerned and orders a blood sample to be sent for testing by the microbiology laboratory.

Why is the health-care provider concerned about Jeni's signs and symptoms?

Jump to the next Clinical Focus box

present) must be remodeled to complete division. For example, we know that specific enzymes break bonds between the monomers in peptidoglycans and allow addition of new subunits along the division septum.

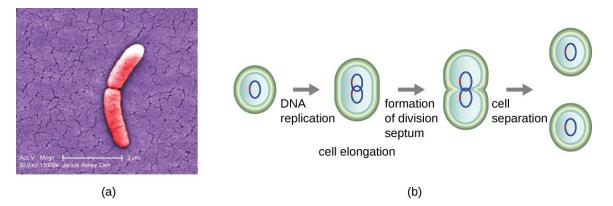


Figure 9.2 (a) The electron micrograph depicts two cells of *Salmonella typhimurium* after a binary fission event. (b) Binary fission in bacteria starts with the replication of DNA as the cell elongates. A division septum forms in the center of the cell. Two daughter cells of similar size form and separate, each receiving a copy of the original chromosome. (credit a: modification of work by Centers for Disease Control and Prevention)

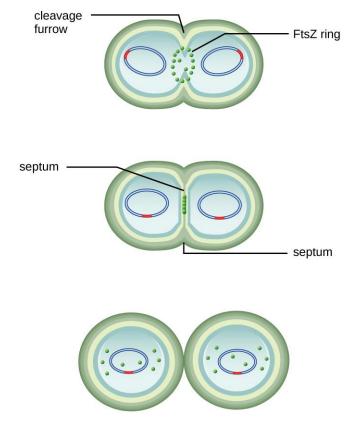


Figure 9.3 FtsZ proteins assemble to form a Z ring that is anchored to the plasma membrane. The Z ring pinches the cell envelope to separate the cytoplasm of the new cells.

🖌 Check Your Understanding

• What is the name of the protein that assembles into a Z ring to initiate cytokinesis and cell division?

Generation Time

In eukaryotic organisms, the generation time is the time between the same points of the life cycle in two successive generations. For example, the typical generation time for the human population is 25 years. This definition is not practical for bacteria, which may reproduce rapidly or remain dormant for thousands of years. In prokaryotes (Bacteria and Archaea), the **generation time** is also called the **doubling time** and is defined as the time it takes for the population to double through one round of binary fission. Bacterial doubling times vary enormously. Whereas *Escherichia coli* can double in as little as 20 minutes under optimal growth conditions in the laboratory, bacteria of the same species may need several days to double in especially harsh environments. Most pathogens grow rapidly, like *E. coli*, but there are exceptions. For example, *Mycobacterium tuberculosis*, the causative agent of tuberculosis, has a generation time of between 15 and 20 hours. On the other hand, *M. leprae*, which causes Hansen's disease (leprosy), grows much more slowly, with a doubling time of 14 days.

Micro Connections

Calculating Number of Cells

It is possible to predict the number of cells in a population when they divide by binary fission at a constant rate. As an example, consider what happens if a single cell divides every 30 minutes for 24 hours. The diagram in **Figure 9.4** shows the increase in cell numbers for the first three generations.

The number of cells increases exponentially and can be expressed as 2^n , where *n* is the number of generations. If cells divide every 30 minutes, after 24 hours, 48 divisions would have taken place. If we apply the formula 2^n , where *n* is equal to 48, the single cell would give rise to 2^{48} or 281,474,976,710,656 cells at 48 generations (24 hours). When dealing with such huge numbers, it is more practical to use scientific notation. Therefore, we express the number of cells as 2.8×10^{14} cells.

In our example, we used one cell as the initial number of cells. For any number of starting cells, the formula is adapted as follows:

$$N_n = N_0 2^n$$

 N_n is the number of cells at any generation n, N_0 is the initial number of cells, and n is the number of generations.

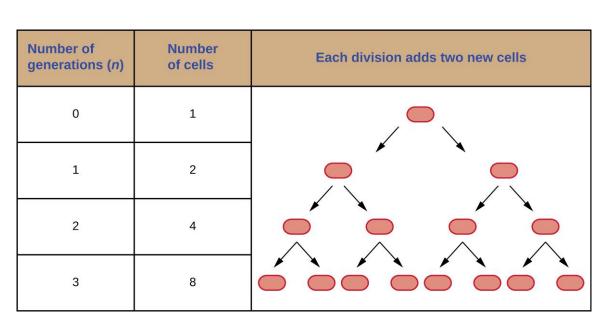


Figure 9.4 The parental cell divides and gives rise to two daughter cells. Each of the daughter cells, in turn, divides, giving a total of four cells in the second generation and eight cells in the third generation. Each division doubles the number of cells.

Check Your Understanding

• With a doubling time of 30 minutes and a starting population size of 1×10^5 cells, how many cells will be present after 2 hours, assuming no cell death?

The Growth Curve

Microorganisms grown in closed culture (also known as a batch culture), in which no nutrients are added and most waste is not removed, follow a reproducible growth pattern referred to as the **growth curve**. An example of a batch culture in nature is a pond in which a small number of cells grow in a closed environment. The **culture density** is defined as the number of cells per unit volume. In a closed environment, the culture density is also a measure of the number of cells in the population. Infections of the body do not always follow the growth curve, but correlations can exist depending upon the site and type of infection. When the number of live cells is plotted against time, distinct phases can be observed in the curve (**Figure 9.5**).

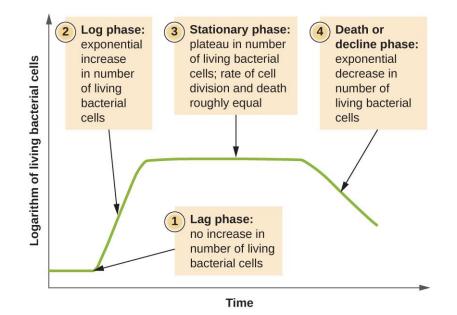


Figure 9.5 The growth curve of a bacterial culture is represented by the logarithm of the number of live cells plotted as a function of time. The graph can be divided into four phases according to the slope, each of which matches events in the cell. The four phases are lag, log, stationary, and death.

The Lag Phase

The beginning of the growth curve represents a small number of cells, referred to as an **inoculum**, that are added to a fresh **culture medium**, a nutritional broth that supports growth. The initial phase of the growth curve is called the **lag phase**, during which cells are gearing up for the next phase of growth. The number of cells does not change during the lag phase; however, cells grow larger and are metabolically active, synthesizing proteins needed to grow within the medium. If any cells were damaged or shocked during the transfer to the new medium, repair takes place during the lag phase. The duration of the lag phase is determined by many factors, including the species and genetic make-up of the cells, the composition of the medium, and the size of the original inoculum.

The Log Phase

In the **logarithmic (log) growth phase**, sometimes called exponential growth phase, the cells are actively dividing by binary fission and their number increases exponentially. For any given bacterial species, the generation time under specific growth conditions (nutrients, temperature, pH, and so forth) is genetically determined, and this generation time is called the **intrinsic growth rate**. During the log phase, the relationship between time and number of cells is not linear but exponential; however, the growth curve is often plotted on a semilogarithmic graph, as shown in **Figure 9.6**, which gives the appearance of a linear relationship.

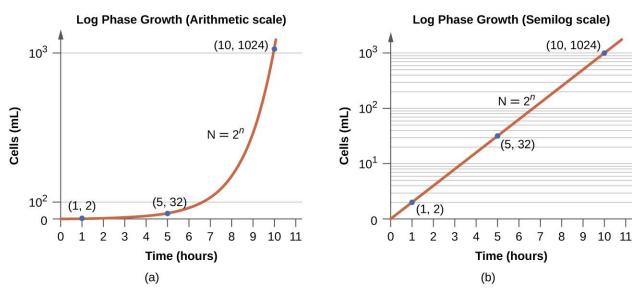


Figure 9.6 Both graphs illustrate population growth during the log phase for a bacterial sample with an initial population of one cell and a doubling time of 1 hour. (a) When plotted on an arithmetic scale, the growth rate resembles a curve. (b) When plotted on a semilogarithmic scale (meaning the values on the *y*-axis are logarithmic), the growth rate appears linear.

Cells in the log phase show constant growth rate and uniform metabolic activity. For this reason, cells in the log phase are preferentially used for industrial applications and research work. The log phase is also the stage where bacteria are the most susceptible to the action of disinfectants and common antibiotics that affect protein, DNA, and cell-wall synthesis.

Stationary Phase

As the number of cells increases through the log phase, several factors contribute to a slowing of the growth rate. Waste products accumulate and nutrients are gradually used up. In addition, gradual depletion of oxygen begins to limit aerobic cell growth. This combination of unfavorable conditions slows and finally stalls population growth. The total number of live cells reaches a plateau referred to as the **stationary phase** (Figure 9.5). In this phase, the number of new cells created by cell division is now equivalent to the number of cells dying; thus, the total population of living cells is relatively stagnant. The culture density in a stationary culture is constant. The culture's carrying capacity, or maximum culture density, depends on the types of microorganisms in the culture and the specific conditions of the culture; however, carrying capacity is constant for a given organism grown under the same conditions.

During the stationary phase, cells switch to a survival mode of metabolism. As growth slows, so too does the synthesis of peptidoglycans, proteins, and nucleic-acids; thus, stationary cultures are less susceptible to antibiotics that disrupt these processes. In bacteria capable of producing endospores, many cells undergo sporulation during the stationary phase. Secondary metabolites, including antibiotics, are synthesized in the stationary phase. In certain pathogenic bacteria, the stationary phase is also associated with the expression of virulence factors, products that contribute to a microbe's ability to survive, reproduce, and cause disease in a host organism. For example, quorum sensing in *Staphylococcus aureus* initiates the production of enzymes that can break down human tissue and cellular debris, clearing the way for bacteria to spread to new tissue where nutrients are more plentiful.

The Death Phase

As a culture medium accumulates toxic waste and nutrients are exhausted, cells die in greater and greater numbers. Soon, the number of dying cells exceeds the number of dividing cells, leading to an exponential decrease in the number of cells (**Figure 9.5**). This is the aptly named **death phase**, sometimes called the decline phase. Many cells lyse and release nutrients into the medium, allowing surviving cells to maintain viability and form endospores. A

few cells, the so-called **persisters**, are characterized by a slow metabolic rate. Persister cells are medically important because they are associated with certain chronic infections, such as tuberculosis, that do not respond to antibiotic treatment.

Sustaining Microbial Growth

The growth pattern shown in **Figure 9.5** takes place in a closed environment; nutrients are not added and waste and dead cells are not removed. In many cases, though, it is advantageous to maintain cells in the logarithmic phase of growth. One example is in industries that harvest microbial products. A chemostat (**Figure 9.7**) is used to maintain a continuous culture in which nutrients are supplied at a steady rate. A controlled amount of air is mixed in for aerobic processes. Bacterial suspension is removed at the same rate as nutrients flow in to maintain an optimal growth environment.

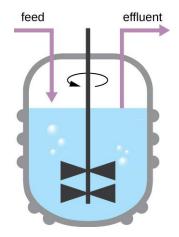


Figure 9.7 A chemostat is a culture vessel fitted with an opening to add nutrients (feed) and an outlet to remove contents (effluent), effectively diluting toxic wastes and dead cells. The addition and removal of fluids is adjusted to maintain the culture in the logarithmic phase of growth. If aerobic bacteria are grown, suitable oxygen levels are maintained.



- · During which phase does growth occur at the fastest rate?
- Name two factors that limit microbial growth.

Measurement of Bacterial Growth

Estimating the number of bacterial cells in a sample, known as a bacterial count, is a common task performed by microbiologists. The number of bacteria in a clinical sample serves as an indication of the extent of an infection. Quality control of drinking water, food, medication, and even cosmetics relies on estimates of bacterial counts to detect contamination and prevent the spread of disease. Two major approaches are used to measure cell number. The direct methods involve counting cells, whereas the indirect methods depend on the measurement of cell presence or activity without actually counting individual cells. Both direct and indirect methods have advantages and disadvantages for specific applications.

Direct Cell Count

Direct cell count refers to counting the cells in a liquid culture or colonies on a plate. It is a direct way of estimating

how many organisms are present in a sample. Let's look first at a simple and fast method that requires only a specialized slide and a compound microscope.

The simplest way to count bacteria is called the **direct microscopic cell count**, which involves transferring a known volume of a culture to a calibrated slide and counting the cells under a light microscope. The calibrated slide is called a **Petroff-Hausser chamber (Figure 9.8)** and is similar to a hemocytometer used to count red blood cells. The central area of the counting chamber is etched into squares of various sizes. A sample of the culture suspension is added to the chamber under a coverslip that is placed at a specific height from the surface of the grid. It is possible to estimate the concentration of cells in the original sample by counting individual cells in a number of squares and determining the volume of the sample observed. The area of the squares and the height at which the coverslip is positioned are specified for the chamber. The concentration must be corrected for dilution if the sample was diluted before enumeration.

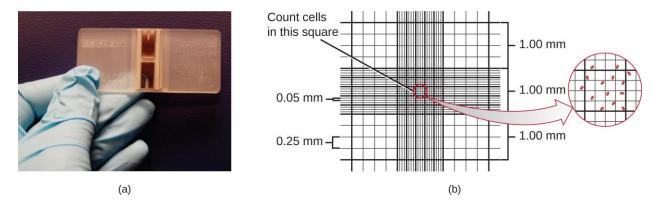


Figure 9.8 (a) A Petroff-Hausser chamber is a special slide designed for counting the bacterial cells in a measured volume of a sample. A grid is etched on the slide to facilitate precision in counting. (b) This diagram illustrates the grid of a Petroff-Hausser chamber, which is made up of squares of known areas. The enlarged view shows the square within which bacteria (red cells) are counted. If the coverslip is 0.2 mm above the grid and the square has an area of 0.04 mm², then the volume is 0.008 mm³, or 0.000008 mL. Since there are 10 cells inside the square, the density of bacteria is 10 cells/0.000008 mL, which equates to 1,250,000 cells/mL. (credit a: modification of work by Jeffrey M. Vinocur)

Cells in several small squares must be counted and the average taken to obtain a reliable measurement. The advantages of the chamber are that the method is easy to use, relatively fast, and inexpensive. On the downside, the counting chamber does not work well with dilute cultures because there may not be enough cells to count.

Using a counting chamber does not necessarily yield an accurate count of the number of live cells because it is not always possible to distinguish between live cells, dead cells, and debris of the same size under the microscope. However, newly developed fluorescence staining techniques make it possible to distinguish viable and dead bacteria. These viability stains (or live stains) bind to nucleic acids, but the primary and secondary stains differ in their ability to cross the cytoplasmic membrane. The primary stain, which fluoresces green, can penetrate intact cytoplasmic membranes, staining both live and dead cells. The secondary stain, which fluoresces red, can stain a cell only if the cytoplasmic membrane is considerably damaged. Thus, live cells fluoresce green because they only absorb the green stain, whereas dead cells appear red because the red stain displaces the green stain on their nucleic acids (**Figure 9.9**).

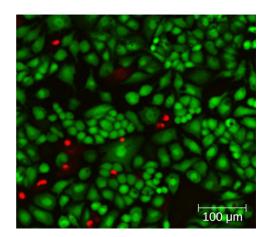


Figure 9.9 Fluorescence staining can be used to differentiate between viable and dead bacterial cells in a sample for purposes of counting. Viable cells are stained green, whereas dead cells are stained red. (credit: modification of work by Panseri S, Cunha C, D'Alessandro T, Sandri M, Giavaresi G, Maracci M, Hung CT, Tampieri A)

Another technique uses an electronic cell counting device (Coulter counter) to detect and count the changes in electrical resistance in a saline solution. A glass tube with a small opening is immersed in an electrolyte solution. A first electrode is suspended in the glass tube. A second electrode is located outside of the tube. As cells are drawn through the small aperture in the glass tube, they briefly change the resistance measured between the two electrodes and the change is recorded by an electronic sensor (**Figure 9.10**); each resistance change represents a cell. The method is rapid and accurate within a range of concentrations; however, if the culture is too concentrated, more than one cell may pass through the aperture at any given time and skew the results. This method also does not differentiate between live and dead cells.

Direct counts provide an estimate of the total number of cells in a sample. However, in many situations, it is important to know the number of live, or **viable**, cells. Counts of live cells are needed when assessing the extent of an infection, the effectiveness of antimicrobial compounds and medication, or contamination of food and water.

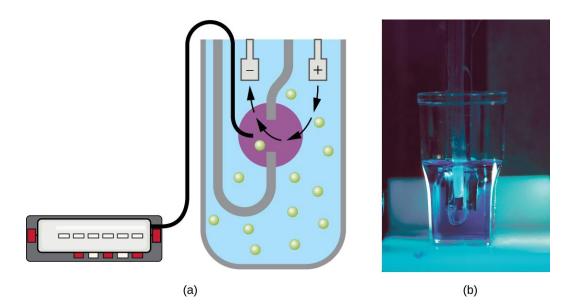


Figure 9.10 A Coulter counter is an electronic device that counts cells. It measures the change in resistance in an electrolyte solution that takes place when a cell passes through a small opening in the inside container wall. A detector automatically counts the number of cells passing through the opening. (credit b: modification of work by National Institutes of Health)



- Why would you count the number of cells in more than one square in the Petroff-Hausser chamber to estimate cell numbers?
- In the viability staining method, why do dead cells appear red?

Plate Count

The **viable plate count**, or simply plate count, is a count of viable or live cells. It is based on the principle that viable cells replicate and give rise to visible colonies when incubated under suitable conditions for the specimen. The results are usually expressed as **colony-forming units** per milliliter (CFU/mL) rather than cells per milliliter because more than one cell may have landed on the same spot to give rise to a single colony. Furthermore, samples of bacteria that grow in clusters or chains are difficult to disperse and a single colony may represent several cells. Some cells are described as viable but nonculturable and will not form colonies on solid media. For all these reasons, the viable plate count is considered a low estimate of the actual number of live cells. These limitations do not detract from the usefulness of the method, which provides estimates of live bacterial numbers.

Microbiologists typically count plates with 30–300 colonies. Samples with too few colonies (<30) do not give statistically reliable numbers, and overcrowded plates (>300 colonies) make it difficult to accurately count individual colonies. Also, counts in this range minimize occurrences of more than one bacterial cell forming a single colony. Thus, the calculated CFU is closer to the true number of live bacteria in the population.

There are two common approaches to inoculating plates for viable counts: the pour plate and the spread plate methods. Although the final inoculation procedure differs between these two methods, they both start with a serial dilution of the culture.

Serial Dilution

The **serial dilution** of a culture is an important first step before proceeding to either the pour plate or spread plate method. The goal of the serial dilution process is to obtain plates with CFUs in the range of 30–300, and the process usually involves several dilutions in multiples of 10 to simplify calculation. The number of serial dilutions is chosen according to a preliminary estimate of the culture density. **Figure 9.11** illustrates the serial dilution method.

A fixed volume of the original culture, 1.0 mL, is added to and thoroughly mixed with the first dilution tube solution, which contains 9.0 mL of sterile broth. This step represents a dilution factor of 10, or 1:10, compared with the original culture. From this first dilution, the same volume, 1.0 mL, is withdrawn and mixed with a fresh tube of 9.0 mL of dilution solution. The dilution factor is now 1:100 compared with the original culture. This process continues until a series of dilutions is produced that will bracket the desired cell concentration for accurate counting. From each tube, a sample is plated on solid medium using either the **pour plate method** (**Figure 9.12**) or the **spread plate method** (**Figure 9.13**). The plates are incubated until colonies appear. Two to three plates are usually prepared from each dilution and the numbers of colonies counted on each plate are averaged. In all cases, thorough mixing of samples with the dilution medium (to ensure the cell distribution in the tube is random) is paramount to obtaining reliable results.

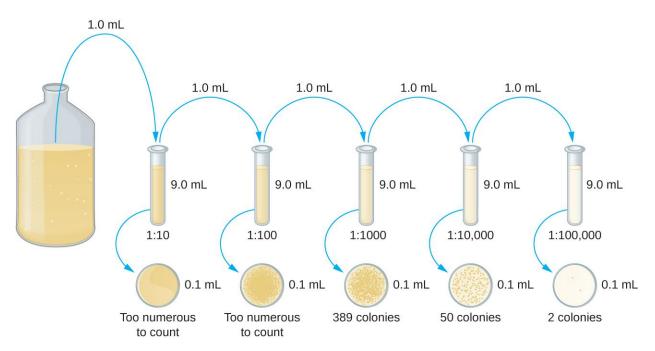


Figure 9.11 Serial dilution involves diluting a fixed volume of cells mixed with dilution solution using the previous dilution as an inoculum. The result is dilution of the original culture by an exponentially growing factor. (credit: modification of work by "Leberechtc"/Wikimedia Commons)

The dilution factor is used to calculate the number of cells in the original cell culture. In our example, an average of 50 colonies was counted on the plates obtained from the 1:10,000 dilution. Because only 0.1 mL of suspension was pipetted on the plate, the multiplier required to reconstitute the original concentration is $10 \times 10,000$. The number of CFU per mL is equal to $50 \times 10 \times 10,000 = 5,000,000$. The number of bacteria in the culture is estimated as 5 million cells/mL. The colony count obtained from the 1:1000 dilution was 389, well below the expected 500 for a 10-fold difference in dilutions. This highlights the issue of inaccuracy when colony counts are greater than 300 and more than one bacterial cell grows into a single colony.

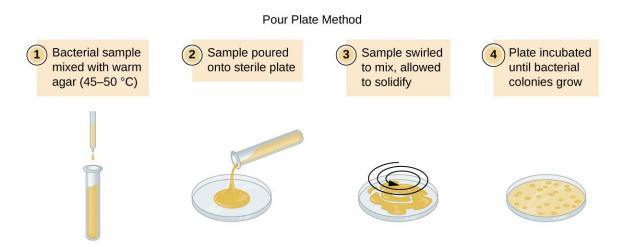


Figure 9.12 In the pour plate method of cell counting, the sample is mixed in liquid warm agar (45–50 °C) poured into a sterile Petri dish and further mixed by swirling. This process is repeated for each serial dilution prepared. The resulting colonies are counted and provide an estimate of the number of cells in the original volume sampled.

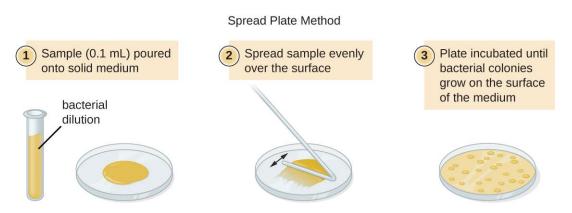


Figure 9.13 In the spread plate method of cell counting, the sample is poured onto solid agar and then spread using a sterile spreader. This process is repeated for each serial dilution prepared. The resulting colonies are counted and provide an estimate of the number of cells in the original volume samples.

A very dilute sample—drinking water, for example—may not contain enough organisms to use either of the plate count methods described. In such cases, the original sample must be concentrated rather than diluted before plating. This can be accomplished using a modification of the plate count technique called the **membrane filtration technique**. Known volumes are vacuum-filtered aseptically through a membrane with a pore size small enough to trap microorganisms. The membrane is transferred to a Petri plate containing an appropriate growth medium. Colonies are counted after incubation. Calculation of the cell density is made by dividing the cell count by the volume of filtered liquid.



The Most Probable Number

The number of microorganisms in dilute samples is usually too low to be detected by the plate count methods described thus far. For these specimens, microbiologists routinely use the **most probable number (MPN) method**, a statistical procedure for estimating of the number of viable microorganisms in a sample. Often used for water and food samples, the MPN method evaluates detectable growth by observing changes in turbidity or color due to metabolic activity.

A typical application of MPN method is the estimation of the number of coliforms in a sample of pond water. Coliforms are gram-negative rod bacteria that ferment lactose. The presence of coliforms in water is considered a sign of contamination by fecal matter. For the method illustrated in **Figure 9.14**, a series of three dilutions of the water sample is tested by inoculating five lactose broth tubes with 10 mL of sample, five lactose broth tubes with 1 mL of sample, and five lactose broth tubes with 0.1 mL of sample. The lactose broth tubes contain a pH indicator that changes color from red to yellow when the lactose is fermented. After inoculation and incubation, the tubes are examined for an indication of coliform growth by a color change in media from red to yellow. The first set of tubes (10-mL sample) showed growth in all the tubes; the second set of tubes (1 mL) showed growth in two tubes out of five; in the third set of tubes, no growth is observed in any of the tubes (0.1-mL dilution). The numbers 5, 2, and 0 are compared with **Figure B1** in **Appendix B**, which has been constructed using a probability model of the sampling procedure. From our reading of the table, we conclude that 49 is the most probable number of bacteria per 100 mL of

pond water.no lo

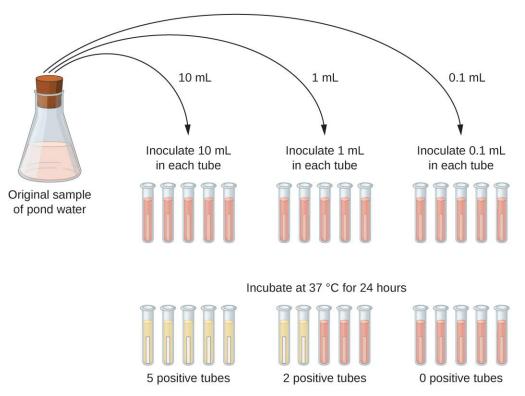


Figure 9.14 In the most probable number method, sets of five lactose broth tubes are inoculated with three different volumes of pond water: 10 mL, 1 mL, and 0.1mL. Bacterial growth is assessed through a change in the color of the broth from red to yellow as lactose is fermented.



· What two methods are frequently used to estimate bacterial numbers in water samples?

Indirect Cell Counts

Besides direct methods of counting cells, other methods, based on an indirect detection of cell density, are commonly used to estimate and compare cell densities in a culture. The foremost approach is to measure the **turbidity** (cloudiness) of a sample of bacteria in a liquid suspension. The laboratory instrument used to measure turbidity is called a spectrophotometer (**Figure 9.15**). In a spectrophotometer, a light beam is transmitted through a bacterial suspension, the light passing through the suspension is measured by a detector, and the amount of light passing through the sample and reaching the detector is converted to either percent transmission or a logarithmic value called absorbance (optical density). As the numbers of bacteria in a suspension increase, the turbidity also increases and causes less light to reach the detector. The decrease in light passing through the sample and reaching the detector is associated with a decrease in percent transmission and increase in absorbance measured by the spectrophotometer.

Measuring turbidity is a fast method to estimate cell density as long as there are enough cells in a sample to produce turbidity. It is possible to correlate turbidity readings to the actual number of cells by performing a viable plate count of samples taken from cultures having a range of absorbance values. Using these values, a calibration curve is generated by plotting turbidity as a function of cell density. Once the calibration curve has been produced, it can be

used to estimate cell counts for all samples obtained or cultured under similar conditions and with densities within the range of values used to construct the curve.

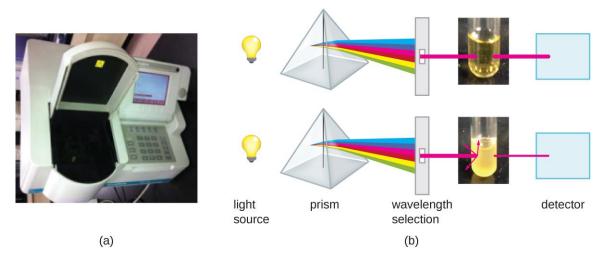


Figure 9.15 (a) A spectrophotometer is commonly used to measure the turbidity of a bacterial cell suspension as an indirect measure of cell density. (b) A spectrophotometer works by splitting white light from a source into a spectrum. The spectrophotometer allows choice of the wavelength of light to use for the measurement. The optical density (turbidity) of the sample will depend on the wavelength, so once one wavelength is chosen, it must be used consistently. The filtered light passes through the sample (or a control with only medium) and the light intensity is measured by a detector. The light passing into a suspension of bacteria is scattered by the cells in such a way that some fraction of it never reaches the detector. This scattering happens to a far lesser degree in the control tube with only the medium. (credit a: modification of work by Hwang HS, Kim MS; credit b "test tube photos": modification of work by Suzanne Wakim)

Measuring dry weight of a culture sample is another indirect method of evaluating culture density without directly measuring cell counts. The cell suspension used for weighing must be concentrated by filtration or centrifugation, washed, and then dried before the measurements are taken. The degree of drying must be standardized to account for residual water content. This method is especially useful for filamentous microorganisms, which are difficult to enumerate by direct or viable plate count.

As we have seen, methods to estimate viable cell numbers can be labor intensive and take time because cells must be grown. Recently, indirect ways of measuring live cells have been developed that are both fast and easy to implement. These methods measure cell activity by following the production of metabolic products or disappearance of reactants. Adenosine triphosphate (ATP) formation, biosynthesis of proteins and nucleic acids, and consumption of oxygen can all be monitored to estimate the number of cells.



- · What is the purpose of a calibration curve when estimating cell count from turbidity measurements?
- What are the newer indirect methods of counting live cells?

Alternative Patterns of Cell Division

Binary fission is the most common pattern of cell division in prokaryotes, but it is not the only one. Other mechanisms usually involve asymmetrical division (as in budding) or production of spores in aerial filaments.

In some cyanobacteria, many nucleoids may accumulate in an enlarged round cell or along a filament, leading to the generation of many new cells at once. The new cells often split from the parent filament and float away in a process called **fragmentation** (Figure 9.16). Fragmentation is commonly observed in the Actinomycetes, a group of gram-positive, anaerobic bacteria commonly found in soil. Another curious example of cell division in prokaryotes, reminiscent of live birth in animals, is exhibited by the giant bacterium *Epulopiscium*. Several daughter cells grow fully in the parent cell, which eventually disintegrates, releasing the new cells to the environment. Other species may form a long narrow extension at one pole in a process called **budding**. The tip of the extension swells and forms a smaller cell, the bud that eventually detaches from the parent cell. Budding is most common in yeast (Figure 9.16), but it is also observed in prosthecate bacteria and some cyanobacteria.

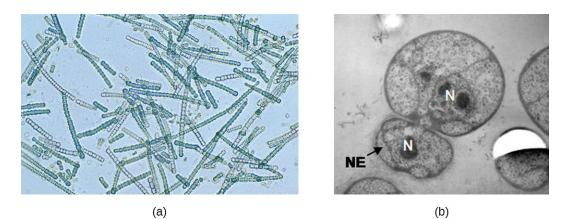


Figure 9.16 (a) Filamentous cyanobacteria, like those pictured here, replicate by fragmentation. (b) In this electron micrograph, cells of the bacterium *Gemmata obscuriglobus* are budding. The larger cell is the mother cell. Labels indicate the nucleoids (N) and the still-forming nuclear envelope (NE) of the daughter cell. (credit a: modification of work by CSIRO; credit b: modification of work by Kuo-Chang Lee, Rick I Webb and John A Fuerst)

The soil bacteria *Actinomyces* grow in long filaments divided by septa, similar to the mycelia seen in fungi, resulting in long cells with multiple nucleoids. Environmental signals, probably related to low nutrient availability, lead to the formation of aerial filaments. Within these aerial filaments, elongated cells divide simultaneously. The new cells, which contain a single nucleoid, develop into spores that give rise to new colonies.



· Identify at least one difference between fragmentation and budding.

Biofilms

In nature, microorganisms grow mainly in **biofilms**, complex and dynamic ecosystems that form on a variety of environmental surfaces, from industrial conduits and water treatment pipelines to rocks in river beds. Biofilms are not restricted to solid surface substrates, however. Almost any surface in a liquid environment containing some minimal nutrients will eventually develop a biofilm. Microbial mats that float on water, for example, are biofilms that contain large populations of photosynthetic microorganisms. Biofilms found in the human mouth may contain hundreds of bacterial species. Regardless of the environment where they occur, biofilms are not random collections of microorganisms; rather, they are highly structured communities that provide a selective advantage to their constituent microorganisms.

Biofilm Structure

Observations using confocal microscopy have shown that environmental conditions influence the overall structure of biofilms. Filamentous biofilms called streamers form in rapidly flowing water, such as freshwater streams, eddies, and specially designed laboratory flow cells that replicate growth conditions in fast-moving fluids. The streamers are

anchored to the substrate by a "head" and the "tail" floats downstream in the current. In still or slow-moving water, biofilms mainly assume a mushroom-like shape. The structure of biofilms may also change with other environmental conditions such as nutrient availability.

Detailed observations of biofilms under confocal laser and scanning electron microscopes reveal clusters of microorganisms embedded in a matrix interspersed with open water channels. The extracellular matrix consists of **extracellular polymeric substances (EPS)** secreted by the organisms in the biofilm. The extracellular matrix represents a large fraction of the biofilm, accounting for 50%–90% of the total dry mass. The properties of the EPS vary according to the resident organisms and environmental conditions.

EPS is a hydrated gel composed primarily of polysaccharides and containing other macromolecules such as proteins, nucleic acids, and lipids. It plays a key role in maintaining the integrity and function of the biofilm. Channels in the EPS allow movement of nutrients, waste, and gases throughout the biofilm. This keeps the cells hydrated, preventing desiccation. EPS also shelters organisms in the biofilm from predation by other microbes or cells (e.g., protozoans, white blood cells in the human body).

Biofilm Formation

Free-floating microbial cells that live in an aquatic environment are called **planktonic** cells. The formation of a biofilm essentially involves the attachment of planktonic cells to a substrate, where they become **sessile** (attached to a surface). This occurs in stages, as depicted in **Figure 9.17**. The first stage involves the attachment of planktonic cells to a surface coated with a conditioning film of organic material. At this point, attachment to the substrate is reversible, but as cells express new phenotypes that facilitate the formation of EPS, they transition from a planktonic to a sessile lifestyle. The biofilm develops characteristic structures, including an extensive matrix and water channels. Appendages such as fimbriae, pili, and flagella interact with the EPS, and microscopy and genetic analysis suggest that such structures are required for the establishment of a mature biofilm. In the last stage of the biofilm life cycle, cells on the periphery of the biofilm revert to a planktonic lifestyle, sloughing off the mature biofilm to colonize new sites. This stage is referred to as dispersal.

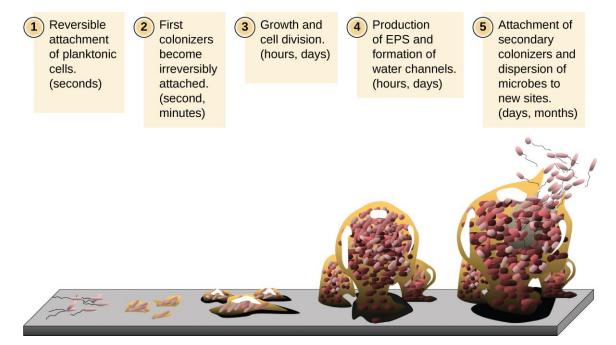


Figure 9.17 Stages in the formation and life cycle of a biofilm. (credit: modification of work by Public Library of Science and American Society for Microbiology)

Within a biofilm, different species of microorganisms establish metabolic collaborations in which the waste product of one organism becomes the nutrient for another. For example, aerobic microorganisms consume oxygen, creating

anaerobic regions that promote the growth of anaerobes. This occurs in many polymicrobial infections that involve both aerobic and anaerobic pathogens.

The mechanism by which cells in a biofilm coordinate their activities in response to environmental stimuli is called **quorum sensing**. Quorum sensing—which can occur between cells of different species within a biofilm—enables microorganisms to detect their cell density through the release and binding of small, diffusible molecules called **autoinducers**. When the cell population reaches a critical threshold (a quorum), these autoinducers initiate a cascade of reactions that activate genes associated with cellular functions that are beneficial only when the population reaches a critical density. For example, in some pathogens, synthesis of virulence factors only begins when enough cells are present to overwhelm the immune defenses of the host. Although mostly studied in bacterial populations, quorum sensing takes place between bacteria and eukaryotes and between eukaryotic cells such as the fungus *Candida albicans*, a common member of the human microbiota that can cause infections in immunocompromised individuals.

The signaling molecules in quorum sensing belong to two major classes. Gram-negative bacteria communicate mainly using N-acylated homoserine lactones, whereas gram-positive bacteria mostly use small peptides (Figure 9.18). In all cases, the first step in quorum sensing consists of the binding of the autoinducer to its specific receptor only when a threshold concentration of signaling molecules is reached. Once binding to the receptor takes place, a cascade of signaling events leads to changes in gene expression. The result is the activation of biological responses linked to quorum sensing, notably an increase in the production of signaling molecules themselves, hence the term autoinducer.

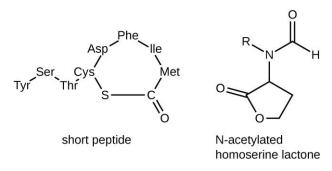


Figure 9.18 Short peptides in gram-positive bacteria and N-acetylated homoserine lactones in gram-negative bacteria act as autoinducers in quorum sensing and mediate the coordinated response of bacterial cells. The R side chain of the N-acetylated homoserine lactone is specific for the species of gram-negative bacteria. Some secreted homoserine lactones are recognized by more than one species.

Biofilms and Human Health

The human body harbors many types of biofilms, some beneficial and some harmful. For example, the layers of normal microbiota lining the intestinal and respiratory mucosa play a role in warding off infections by pathogens. However, other biofilms in the body can have a detrimental effect on health. For example, the plaque that forms on teeth is a biofilm that can contribute to dental and periodontal disease. Biofilms can also form in wounds, sometimes causing serious infections that can spread. The bacterium *Pseudomonas aeruginosa* often colonizes biofilms in the airways of patients with cystic fibrosis, causing chronic and sometimes fatal infections of the lungs. Biofilms can also form on medical devices used in or on the body, causing infections in patients with in-dwelling catheters, artificial joints, or contact lenses.

Pathogens embedded within biofilms exhibit a higher resistance to antibiotics than their free-floating counterparts. Several hypotheses have been proposed to explain why. Cells in the deep layers of a biofilm are metabolically inactive and may be less susceptible to the action of antibiotics that disrupt metabolic activities. The EPS may also slow the diffusion of antibiotics and antiseptics, preventing them from reaching cells in the deeper layers of the biofilm. Phenotypic changes may also contribute to the increased resistance exhibited by bacterial cells in biofilms. For example, the increased production of efflux pumps, membrane-embedded proteins that actively extrude antibiotics out of bacterial cells, have been shown to be an important mechanism of antibiotic resistance among biofilm-associated bacteria. Finally, biofilms provide an ideal environment for the exchange of extrachromosomal DNA, which often

includes genes that confer antibiotic resistance.



- · What is the matrix of a biofilm composed of?
- · What is the role of quorum sensing in a biofilm?

9.2 Oxygen Requirements for Microbial Growth

Learning Objectives

- Interpret visual data demonstrating minimum, optimum, and maximum oxygen or carbon dioxide requirements for growth
- Identify and describe different categories of microbes with requirements for growth with or without oxygen: obligate aerobe, obligate anaerobe, facultative anaerobe, aerotolerant anaerobe, microaerophile, and capnophile
- Give examples of microorganisms for each category of growth requirements

Ask most people "What are the major requirements for life?" and the answers are likely to include water and oxygen. Few would argue about the need for water, but what about oxygen? Can there be life without oxygen?

The answer is that molecular oxygen (O_2) is not always needed. The earliest signs of life are dated to a period when conditions on earth were highly reducing and free oxygen gas was essentially nonexistent. Only after cyanobacteria started releasing oxygen as a byproduct of photosynthesis and the capacity of iron in the oceans for taking up oxygen was exhausted did oxygen levels increase in the atmosphere. This event, often referred to as the Great Oxygenation Event or the Oxygen Revolution, caused a massive extinction. Most organisms could not survive the powerful oxidative properties of **reactive oxygen species** (ROS), highly unstable ions and molecules derived from partial reduction of oxygen that can damage virtually any macromolecule or structure with which they come in contact. Singlet oxygen (O_2^{-}), superoxide (O_2^{-}), peroxides (H_2O_2), hydroxyl radical (OH•), and hypochlorite ion (OCl⁻), the active ingredient of household bleach, are all examples of ROS. The organisms that were able to detoxify reactive oxygen species harnessed the high electronegativity of oxygen to produce free energy for their metabolism and thrived in the new environment.

Oxygen Requirements of Microorganisms

Many ecosystems are still free of molecular oxygen. Some are found in extreme locations, such as deep in the ocean or in earth's crust; others are part of our everyday landscape, such as marshes, bogs, and sewers. Within the bodies of humans and other animals, regions with little or no oxygen provide an anaerobic environment for microorganisms. (Figure 9.19).



Figure 9.19 Anaerobic environments are still common on earth. They include environments like (a) a bog where undisturbed dense sediments are virtually devoid of oxygen, and (b) the rumen (the first compartment of a cow's stomach), which provides an oxygen-free incubator for methanogens and other obligate anaerobic bacteria. (credit a: modification of work by National Park Service; credit b: modification of work by US Department of Agriculture)

We can easily observe different requirements for molecular oxygen by growing bacteria in **thioglycolate tube cultures**. A test-tube culture starts with autoclaved **thioglycolate medium** containing a low percentage of agar to allow motile bacteria to move throughout the medium. Thioglycolate has strong reducing properties and autoclaving flushes out most of the oxygen. The tubes are inoculated with the bacterial cultures to be tested and incubated at an appropriate temperature. Over time, oxygen slowly diffuses throughout the thioglycolate tube culture from the top. Bacterial density increases in the area where oxygen concentration is best suited for the growth of that particular organism.

The growth of bacteria with varying oxygen requirements in thioglycolate tubes is illustrated in **Figure 9.20**. In tube A, all the growth is seen at the top of the tube. The bacteria are **obligate (strict) aerobes** that cannot grow without an abundant supply of oxygen. Tube B looks like the opposite of tube A. Bacteria grow at the bottom of tube B. Those are **obligate anaerobes**, which are killed by oxygen. Tube C shows heavy growth at the top of the tube and growth throughout the tube, a typical result with **facultative anaerobes**. Facultative anaerobes are organisms that thrive in the presence of oxygen but also grow in its absence by relying on fermentation or anaerobic respiration, if there is a suitable electron acceptor other than oxygen and the organism is able to perform anaerobic respiration. The **aerotolerant anaerobes** in tube D are indifferent to the presence of oxygen. They do not use oxygen because they usually have a fermentative metabolism, but they are not harmed by the presence of oxygen as obligate anaerobes are. Tube E on the right shows a "Goldilocks" culture. The oxygen level has to be just right for growth, not too much and not too little. These **microaerophiles** are bacteria that require a minimum level of oxygen for growth, about 1%–10%, well below the 21% found in the atmosphere.

Examples of obligate aerobes are *Mycobacterium tuberculosis*, the causative agent of tuberculosis and *Micrococcus luteus*, a gram-positive bacterium that colonizes the skin. *Neisseria meningitidis*, the causative agent of severe bacterial meningitis, and *N. gonorrhoeae*, the causative agent of sexually transmitted gonorrhea, are also obligate aerobes.

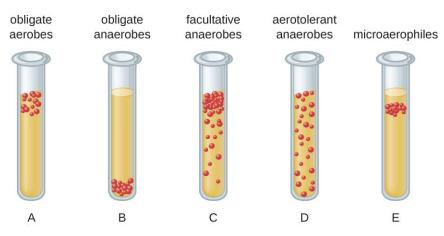
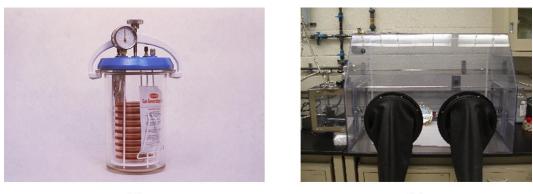


Figure 9.20 Diagram of bacterial cell distribution in thioglycolate tubes.

Many obligate anaerobes are found in the environment where anaerobic conditions exist, such as in deep sediments of soil, still waters, and at the bottom of the deep ocean where there is no photosynthetic life. Anaerobic conditions also exist naturally in the intestinal tract of animals. Obligate anaerobes, mainly *Bacteroidetes*, represent a large fraction of the microbes in the human gut. Transient anaerobic conditions exist when tissues are not supplied with blood circulation; they die and become an ideal breeding ground for obligate anaerobes. Another type of obligate anaerobe encountered in the human body is the gram-positive, rod-shaped *Clostridium* spp. Their ability to form endospores allows them to survive in the presence of oxygen. One of the major causes of health-acquired infections is *C. difficile*, known as C. diff. Prolonged use of antibiotics for other infections increases the probability of a patient developing a secondary *C. difficile* infection. Antibiotic treatment disrupts the balance of microorganisms in the intestine and allows the colonization of the gut by *C. difficile*, causing a significant inflammation of the colon.

Other clostridia responsible for serious infections include *C. tetani*, the agent of tetanus, and *C. perfringens*, which causes gas gangrene. In both cases, the infection starts in necrotic tissue (dead tissue that is not supplied with oxygen by blood circulation). This is the reason that deep puncture wounds are associated with tetanus. When tissue death is accompanied by lack of circulation, gangrene is always a danger.

The study of obligate anaerobes requires special equipment. Obligate anaerobic bacteria must be grown under conditions devoid of oxygen. The most common approach is culture in an **anaerobic jar** (**Figure 9.21**). Anaerobic jars include chemical packs that remove oxygen and release carbon dioxide (CO₂). An **anaerobic chamber** is an enclosed box from which all oxygen is removed. Gloves sealed to openings in the box allow handling of the cultures without exposing the culture to air (**Figure 9.21**).



(a)

(b)

Figure 9.21 (a) An anaerobic jar is pictured that is holding nine Petri plates supporting cultures. (b) Openings in the side of an anaerobic box are sealed by glove-like sleeves that allow for the handling of cultures inside the box. (credit a: modification of work by Centers for Disease Control and Prevention; credit b: modification of work by NIST)

Staphylococci and Enterobacteriaceae are examples of facultative anaerobes. Staphylococci are found on the skin and upper respiratory tract. Enterobacteriaceae are found primarily in the gut and upper respiratory tract but can sometimes spread to the urinary tract, where they are capable of causing infections. It is not unusual to see mixed bacterial infections in which the facultative anaerobes use up the oxygen, creating an environment for the obligate anaerobes to flourish.

Examples of aerotolerant anaerobes include lactobacilli and streptococci, both found in the oral microbiota. *Campylobacter jejuni*, which causes gastrointestinal infections, is an example of a microaerophile and is grown under low-oxygen conditions.

The **optimum oxygen concentration**, as the name implies, is the ideal concentration of oxygen for a particular microorganism. The lowest concentration of oxygen that allows growth is called the **minimum permissive oxygen concentration**. The highest tolerated concentration of oxygen is the **maximum permissive oxygen concentration**. The organism will not grow outside the range of oxygen levels found between the minimum and maximum permissive oxygen coxygen concentrations.



- Would you expect the oldest bacterial lineages to be aerobic or anaerobic?
- Which bacteria grow at the top of a thioglycolate tube, and which grow at the bottom of the tube?

Case in Point

An Unwelcome Anaerobe

Charles is a retired bus driver who developed type 2 diabetes over 10 years ago. Since his retirement, his lifestyle has become very sedentary and he has put on a substantial amount of weight. Although he has felt tingling and numbness in his left foot for a while, he has not been worried because he thought his foot was simply "falling asleep." Recently, a scratch on his foot does not seem to be healing and is becoming increasingly ugly. Because the sore did not bother him much, Charles figured it could not be serious until his daughter noticed a purplish discoloration spreading on the skin and oozing (Figure 9.22). When he was finally seen by his physician, Charles was rushed to the operating room. His open sore, or ulcer, is the result of a diabetic foot.

The concern here is that gas gangrene may have taken hold in the dead tissue. The most likely agent of gas gangrene is *Clostridium perfringens*, an endospore-forming, gram-positive bacterium. It is an obligate anaerobe that grows in tissue devoid of oxygen. Since dead tissue is no longer supplied with oxygen by the circulatory system, the dead tissue provides pockets of ideal environment for the growth of C. perfringens.

A surgeon examines the ulcer and radiographs of Charles's foot and determines that the bone is not yet infected. The wound will have to be surgically debrided (debridement refers to the removal of dead and infected tissue) and a sample sent for microbiological lab analysis, but Charles will not have to have his foot amputated. Many diabetic patients are not so lucky. In 2008, nearly 70,000 diabetic patients in the United States lost a foot or limb to amputation, according to statistics from the Centers for Disease Control and Prevention.^[1]



Which growth conditions would you recommend for the detection of C. perfringens?

Figure 9.22 This clinical photo depicts ulcers on the foot of a diabetic patient. Dead tissue accumulating in ulcers can provide an ideal growth environment for the anaerobe C. perfringens, a causative agent of gas gangrene. (credit: Shigeo Kono, Reiko Nakagawachi, Jun Arata, Benjamin A Lipsky)

Detoxification of Reactive Oxygen Species

Aerobic respiration constantly generates reactive oxygen species (ROS), byproducts that must be detoxified. Even organisms that do not use aerobic respiration need some way to break down some of the ROS that may form from atmospheric oxygen. Three main enzymes break down those toxic byproducts: superoxide dismutase, peroxidase, and catalase. Each one catalyzes a different reaction. Reactions of type seen in Reaction 1 are catalyzed by **peroxidase**.

(1)
$$X - (2H^+) + H_2O_2 \rightarrow \text{oxidized-}X + 2H_2O$$

In these reactions, an electron donor (reduced compound; e.g., reduced nicotinamide adenine dinucleotide [NADH]) oxidizes hydrogen peroxide, or other peroxides, to water. The enzymes play an important role by limiting the damage caused by peroxidation of membrane lipids. Reaction 2 is mediated by the enzyme **superoxide dismutase** (SOD) and breaks down the powerful superoxide anions generated by aerobic metabolism:

(2)
$$2O^{2-} + 2H^+ \rightarrow H_2O_2 + O_2$$

The enzyme catalase converts hydrogen peroxide to water and oxygen as shown in Reaction 3.

$$(3) \qquad 2H_2O_2 \rightarrow 2H_2O + O_2$$

Obligate anaerobes usually lack all three enzymes. Aerotolerant anaerobes do have SOD but no catalase. Reaction

^{1.} Centers for Disease Control and Prevention. "Living With Diabetes: Keep Your Feet Healthy." http://www.cdc.gov/Features/ DiabetesFootHealth/

3, shown occurring in **Figure 9.23**, is the basis of a useful and rapid test to distinguish streptococci, which are aerotolerant and do not possess catalase, from staphylococci, which are facultative anaerobes. A sample of culture rapidly mixed in a drop of 3% hydrogen peroxide will release bubbles if the culture is catalase positive.

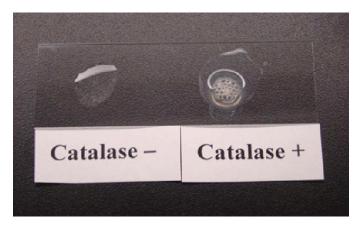


Figure 9.23 The catalase test detects the presence of the enzyme catalase by noting whether bubbles are released when hydrogen peroxide is added to a culture sample. Compare the positive result (right) with the negative result (left). (credit: Centers for Disease Control and Prevention)

Bacteria that grow best in a higher concentration of CO_2 and a lower concentration of oxygen than present in the atmosphere are called **capnophiles**. One common approach to grow capnophiles is to use a **candle jar**. A candle jar consists of a jar with a tight-fitting lid that can accommodate the cultures and a candle. After the cultures are added to the jar, the candle is lit and the lid closed. As the candle burns, it consumes most of the oxygen present and releases CO_2 .

Check Your Understanding

- · What substance is added to a sample to detect catalase?
- What is the function of the candle in a candle jar?

Clinical Focus

Part 2

The health-care provider who saw Jeni was concerned primarily because of her pregnancy. Her condition enhances the risk for infections and makes her more vulnerable to those infections. The immune system is downregulated during pregnancy, and pathogens that cross the placenta can be very dangerous for the fetus. A note on the provider's order to the microbiology lab mentions a suspicion of infection by *Listeria monocytogenes*, based on the signs and symptoms exhibited by the patient.

Jeni's blood samples are streaked directly on sheep blood agar, a medium containing tryptic soy agar enriched with 5% sheep blood. (Blood is considered sterile; therefore, competing microorganisms are not expected in the medium.) The inoculated plates are incubated at 37 °C for 24 to 48 hours. Small grayish colonies surrounded by a clear zone emerge. Such colonies are typical of *Listeria* and other pathogens such as streptococci; the clear zone surrounding the colonies indicates complete lysis of blood in the medium, referred to as beta-hemolysis (Figure 9.24). When tested for the presence of catalase, the colonies give a positive response, eliminating *Streptococcus* as a possible cause. Furthermore, a Gram stain shows short gram-positive bacilli. Cells from a broth culture grown at room temperature displayed the tumbling motility

characteristic of *Listeria* (Figure 9.24). All of these clues lead the lab to positively confirm the presence of *Listeria* in Jeni's blood samples.

· How serious is Jeni's condition and what is the appropriate treatment?

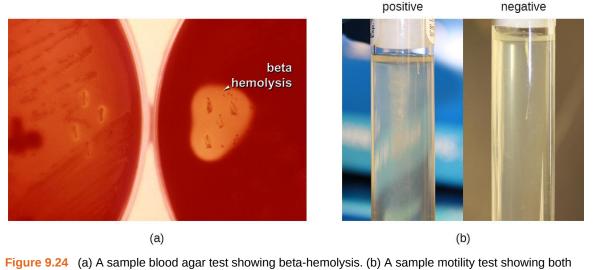


Figure 9.24 (a) A sample blood agar test showing beta-hemolysis. (b) A sample motility test showing both positive and negative results. (credit a: modification of work by Centers for Disease Control and Prevention; credit b: modification of work by "VeeDunn"/Flickr)

Jump to the next Clinical Focus box. Go back to the previous Clinical Focus box.

9.3 The Effects of pH on Microbial Growth

Learning Objectives

- Illustrate and briefly describe minimum, optimum, and maximum pH requirements for growth
- Identify and describe the different categories of microbes with pH requirements for growth: acidophiles, neutrophiles, and alkaliphiles
- Give examples of microorganisms for each category of pH requirement

Yogurt, pickles, sauerkraut, and lime-seasoned dishes all owe their tangy taste to a high acid content (**Figure 9.25**). Recall that acidity is a function of the concentration of hydrogen ions $[H^+]$ and is measured as pH. Environments with pH values below 7.0 are considered acidic, whereas those with pH values above 7.0 are considered basic. Extreme pH affects the structure of all macromolecules. The hydrogen bonds holding together strands of DNA break up at high pH. Lipids are hydrolyzed by an extremely basic pH. The proton motive force responsible for production of ATP in cellular respiration depends on the concentration gradient of H⁺ across the plasma membrane (see **Cellular Respiration**). If H⁺ ions are neutralized by hydroxide ions, the concentration gradient collapses and impairs energy production. But the component most sensitive to pH in the cell is its workhorse, the protein. Moderate changes in pH modify the ionization of amino-acid functional groups and disrupt hydrogen bonding, which, in turn, promotes changes in the folding of the molecule, promoting denaturation and destroying activity.



Figure 9.25 Lactic acid bacteria that ferment milk into yogurt or transform vegetables in pickles thrive at a pH close to 4.0. Sauerkraut and dishes such as pico de gallo owe their tangy flavor to their acidity. Acidic foods have been a mainstay of the human diet for centuries, partly because most microbes that cause food spoilage grow best at a near neutral pH and do not tolerate acidity well. (credit "yogurt": modification of work by "nina.jsc"/Flickr; credit "pickles": modification of work by Noah Sussman; credit "sauerkraut": modification of work by Jesse LaBuff; credit "pico de gallo": modification of work by "regan76"/Flickr)

The **optimum growth pH** is the most favorable pH for the growth of an organism. The lowest pH value that an organism can tolerate is called the **minimum growth pH** and the highest pH is the **maximum growth pH**. These values can cover a wide range, which is important for the preservation of food and to microorganisms' survival in the stomach. For example, the optimum growth pH of *Salmonella* spp. is 7.0–7.5, but the minimum growth pH is closer to 4.2.

Most bacteria are **neutrophile**s, meaning they grow optimally at a pH within one or two pH units of the neutral pH of 7 (see **Figure 9.26**). Most familiar bacteria, like *Escherichia coli*, staphylococci, and *Salmonella* spp. are neutrophiles and do not fare well in the acidic pH of the stomach. However, there are pathogenic strains of *E. coli*, *S. typhi*, and other species of intestinal pathogens that are much more resistant to stomach acid. In comparison, fungi thrive at slightly acidic pH values of 5.0–6.0.

Microorganisms that grow optimally at pH less than 5.55 are called **acidophile**s. For example, the sulfur-oxidizing *Sulfolobus* spp. isolated from sulfur mud fields and hot springs in Yellowstone National Park are extreme acidophiles. These archaea survive at pH values of 2.5–3.5. Species of the archaean genus *Ferroplasma* live in acid mine drainage at pH values of 0–2.9. *Lactobacillus* bacteria, which are an important part of the normal microbiota of the vagina, can tolerate acidic environments at pH values 3.5–6.8 and also contribute to the acidity of the vagina (pH of 4, except at the onset of menstruation) through their metabolic production of lactic acid. The vagina's acidity plays an important role in inhibiting other microbes that are less tolerant of acidity. Acidophilic microorganisms display a number of adaptations to survive in strong acidic environments. For example, proteins show increased negative surface charge that stabilizes them at low pH. Pumps actively eject H⁺ ions out of the cells. The changes in the composition of membrane phospholipids probably reflect the need to maintain membrane fluidity at low pH.

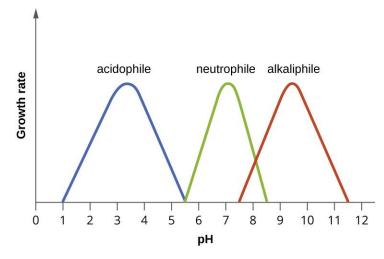


Figure 9.26 The curves show the approximate pH ranges for the growth of the different classes of pH-specific prokaryotes. Each curve has an optimal pH and extreme pH values at which growth is much reduced. Most bacteria are neutrophiles and grow best at near-neutral pH (center curve). Acidophiles have optimal growth at pH values near 3 and alkaliphiles have optimal growth at pH values above 9.

At the other end of the spectrum are **alkaliphile**s, microorganisms that grow best at pH between 8.0 and 10.5. *Vibrio cholerae*, the pathogenic agent of cholera, grows best at the slightly basic pH of 8.0; it can survive pH values of 11.0 but is inactivated by the acid of the stomach. When it comes to survival at high pH, the bright pink archaean *Natronobacterium*, found in the soda lakes of the African Rift Valley, may hold the record at a pH of 10.5 (**Figure 9.27**). Extreme alkaliphiles have adapted to their harsh environment through evolutionary modification of lipid and protein structure and compensatory mechanisms to maintain the proton motive force in an alkaline environment. For example, the alkaliphile *Bacillus firmus* derives the energy for transport reactions and motility from a Na⁺ ion gradient rather than a proton motive force. Many enzymes from alkaliphiles have a higher isoelectric point, due to an increase in the number of basic amino acids, than homologous enzymes from neutrophiles.



Figure 9.27 View from space of Lake Natron in Tanzania. The pink color is due to the pigmentation of the extreme alkaliphilic and halophilic microbes that colonize the lake. (credit: NASA)

Micro Connections

Survival at the Low pH of the Stomach

Peptic ulcers (or stomach ulcers) are painful sores on the stomach lining. Until the 1980s, they were believed to be caused by spicy foods, stress, or a combination of both. Patients were typically advised to eat bland foods, take anti-acid medications, and avoid stress. These remedies were not particularly effective, and the condition often recurred. This all changed dramatically when the real cause of most peptic ulcers was discovered to be a slim, corkscrew-shaped bacterium, *Helicobacter pylori*. This organism was identified and isolated by Barry Marshall and Robin Warren, whose discovery earned them the Nobel Prize in Medicine in 2005.

The ability of *H. pylori* to survive the low pH of the stomach would seem to suggest that it is an extreme acidophile. As it turns out, this is not the case. In fact, *H. pylori* is a neutrophile. So, how does it survive in the stomach? Remarkably, *H. pylori* creates a microenvironment in which the pH is nearly neutral. It achieves this by producing large amounts of the enzyme urease, which breaks down urea to form NH_4^+ and CO_2 . The ammonium ion raises the pH of the immediate environment.

This metabolic capability of *H. pylori* is the basis of an accurate, noninvasive test for infection. The patient is given a solution of urea containing radioactively labeled carbon atoms. If *H. pylori* is present in the stomach, it will rapidly break down the urea, producing radioactive CO₂ that can be detected in the patient's breath. Because peptic ulcers may lead to gastric cancer, patients who are determined to have *H. pylori* infections are treated with antibiotics.

Check Your Understanding

- What effect do extremes of pH have on proteins?
- What pH-adaptive type of bacteria would most human pathogens be?

9.4 Temperature and Microbial Growth

Learning Objectives

- Illustrate and briefly describe minimum, optimum, and maximum temperature requirements for growth
- Identify and describe different categories of microbes with temperature requirements for growth: psychrophile, psychrotrophs, mesophile, thermophile, hyperthermophile
- Give examples of microorganisms in each category of temperature tolerance

When the exploration of Lake Whillans started in Antarctica, researchers did not expect to find much life. Constant subzero temperatures and lack of obvious sources of nutrients did not seem to be conditions that would support a thriving ecosystem. To their surprise, the samples retrieved from the lake showed abundant microbial life. In a different but equally harsh setting, bacteria grow at the bottom of the ocean in sea vents (Figure 9.28), where temperatures can reach 340 °C (700 °F).

Microbes can be roughly classified according to the range of temperature at which they can grow. The growth rates are the highest at the **optimum growth temperature** for the organism. The lowest temperature at which the organism can survive and replicate is its **minimum growth temperature**. The highest temperature at which growth can occur is its **maximum growth temperature**. The following ranges of permissive growth temperatures are approximate only and can vary according to other environmental factors.

Organisms categorized as mesophiles ("middle loving") are adapted to moderate temperatures, with optimal growth

temperatures ranging from room temperature (about 20 °C) to about 45 °C. As would be expected from the core temperature of the human body, 37 °C (98.6 °F), normal human microbiota and pathogens (e.g., *E. coli, Salmonella* spp., and *Lactobacillus* spp.) are mesophiles.

Organisms called **psychrotrophs**, also known as psychrotolerant, prefer cooler environments, from a high temperature of 25 °C to refrigeration temperature about 4 °C. They are found in many natural environments in temperate climates. They are also responsible for the spoilage of refrigerated food.

Clinical Focus

Resolution

The presence of *Listeria* in Jeni's blood suggests that her symptoms are due to listeriosis, an infection caused by *L. monocytogenes*. Listeriosis is a serious infection with a 20% mortality rate and is a particular risk to Jeni's fetus. A sample from the amniotic fluid cultured for the presence of *Listeria* gave negative results. Because the absence of organisms does not rule out the possibility of infection, a molecular test based on the nucleic acid amplification of the 16S ribosomal RNA of *Listeria* was performed to confirm that no bacteria crossed the placenta. Fortunately, the results from the molecular test were also negative.

Jeni was admitted to the hospital for treatment and recovery. She received a high dose of two antibiotics intravenously for 2 weeks. The preferred drugs for the treatment of listeriosis are ampicillin or penicillin G with an aminoglycoside antibiotic. Resistance to common antibiotics is still rare in *Listeria* and antibiotic treatment is usually successful. She was released to home care after a week and fully recovered from her infection.

L. monocytogenes is a gram-positive short rod found in soil, water, and food. It is classified as a psychrophile and is halotolerant. Its ability to multiply at refrigeration temperatures (4–10 °C) and its tolerance for high concentrations of salt (up to 10% sodium chloride [NaCl]) make it a frequent source of food poisoning. Because *Listeria* can infect animals, it often contaminates food such as meat, fish, or dairy products. Contamination of commercial foods can often be traced to persistent biofilms that form on manufacturing equipment that is not sufficiently cleaned.

Listeria infection is relatively common among pregnant women because the elevated levels of progesterone downregulate the immune system, making them more vulnerable to infection. The pathogen can cross the placenta and infect the fetus, often resulting in miscarriage, stillbirth, or fatal neonatal infection. Pregnant women are thus advised to avoid consumption of soft cheeses, refrigerated cold cuts, smoked seafood, and unpasteurized dairy products. Because *Listeria* bacteria can easily be confused with diphtheroids, another common group of gram-positive rods, it is important to alert the laboratory when listeriosis is suspected.

Go back to the previous Clinical Focus box.

The organisms retrieved from arctic lakes such as Lake Whillans are considered extreme **psychrophiles** (cold loving). Psychrophiles are microorganisms that can grow at 0 °C and below, have an optimum growth temperature close to 15 °C, and usually do not survive at temperatures above 20 °C. They are found in permanently cold environments such as the deep waters of the oceans. Because they are active at low temperature, psychrophiles and psychrotrophs are important decomposers in cold climates.

Organisms that grow at optimum temperatures of 50 °C to a maximum of 80 °C are called **thermophiles** ("heat loving"). They do not multiply at room temperature. Thermophiles are widely distributed in hot springs, geothermal soils, and manmade environments such as garden compost piles where the microbes break down kitchen scraps and vegetal material. Examples of thermophiles include *Thermus aquaticus* and *Geobacillus* spp. Higher up on the extreme temperature scale we find the **hyperthermophiles**, which are characterized by growth ranges from 80 °C to a maximum of 110 °C, with some extreme examples that survive temperatures above 121 °C, the average temperature of an autoclave. The hydrothermal vents at the bottom of the ocean are a prime example of extreme environments, with temperatures reaching an estimated 340 °C (**Figure 9.28**). Microbes isolated from the vents achieve optimal growth at temperatures higher than 100 °C. Noteworthy examples are *Pyrobolus* and *Pyrodictium*, archaea that grow

at 105 °C and survive autoclaving. **Figure 9.29** shows the typical skewed curves of temperature-dependent growth for the categories of microorganisms we have discussed.

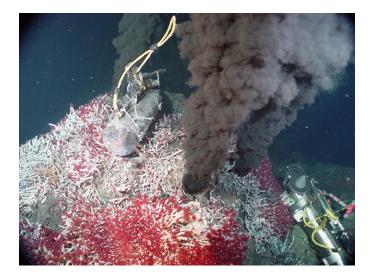


Figure 9.28 A black smoker at the bottom of the ocean belches hot, chemical-rich water, and heats the surrounding waters. Sea vents provide an extreme environment that is nonetheless teeming with macroscopic life (the red tubeworms) supported by an abundant microbial ecosystem. (credit: NOAA)

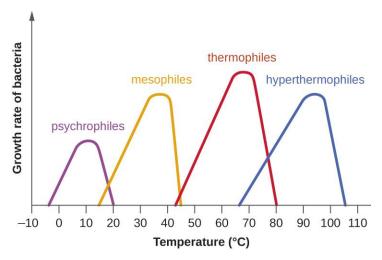


Figure 9.29 The graph shows growth rate of bacteria as a function of temperature. Notice that the curves are skewed toward the optimum temperature. The skewing of the growth curve is thought to reflect the rapid denaturation of proteins as the temperature rises past the optimum for growth of the microorganism.

Life in extreme environments raises fascinating questions about the adaptation of macromolecules and metabolic processes. Very low temperatures affect cells in many ways. Membranes lose their fluidity and are damaged by ice crystal formation. Chemical reactions and diffusion slow considerably. Proteins become too rigid to catalyze reactions and may undergo denaturation. At the opposite end of the temperature spectrum, heat denatures proteins and nucleic acids. Increased fluidity impairs metabolic processes in membranes. Some of the practical applications of the destructive effects of heat on microbes are sterilization by steam, pasteurization, and incineration of inoculating loops. Proteins in psychrophiles are, in general, rich in hydrophobic residues, display an increase in flexibility, and have a lower number of secondary stabilizing bonds when compared with homologous proteins from mesophiles. Antifreeze proteins and solutes that decrease the freezing temperature of the cytoplasm are common. The lipids in the membranes tend to be unsaturated to increase fluidity. Growth rates are much slower than those encountered at moderate temperatures. Under appropriate conditions, mesophiles and even thermophiles can survive freezing.

Liquid cultures of bacteria are mixed with sterile glycerol solutions and frozen to -80 °C for long-term storage as stocks. Cultures can withstand freeze drying (lyophilization) and then be stored as powders in sealed ampules to be reconstituted with broth when needed.

Macromolecules in thermophiles and hyperthermophiles show some notable structural differences from what is observed in the mesophiles. The ratio of saturated to polyunsaturated lipids increases to limit the fluidity of the cell membranes. Their DNA sequences show a higher proportion of guanine–cytosine nitrogenous bases, which are held together by three hydrogen bonds in contrast to adenine and thymine, which are connected in the double helix by two hydrogen bonds. Additional secondary ionic and covalent bonds, as well as the replacement of key amino acids to stabilize folding, contribute to the resistance of proteins to denaturation. The so-called thermoenzymes purified from thermophiles have important practical applications. For example, amplification of nucleic acids in the polymerase chain reaction (PCR) depends on the thermal stability of *Taq* polymerase, an enzyme isolated from *T. aquaticus*. Degradation enzymes from thermophiles are added as ingredients in hot-water detergents, increasing their effectiveness.

Check Your Understanding

- What temperature requirements do most bacterial human pathogens have?
- · What DNA adaptation do thermophiles exhibit?

Eye on Ethics



Feeding the World...and the World's Algae

Artificial fertilizers have become an important tool in food production around the world. They are responsible for many of the gains of the so-called green revolution of the 20th century, which has allowed the planet to feed many of its more than 7 billion people. Artificial fertilizers provide nitrogen and phosphorus, key limiting nutrients, to crop plants, removing the normal barriers that would otherwise limit the rate of growth. Thus, fertilized crops grow much faster, and farms that use fertilizer produce higher crop yields.

However, careless use and overuse of artificial fertilizers have been demonstrated to have significant negative impacts on aquatic ecosystems, both freshwater and marine. Fertilizers that are applied at inappropriate times or in too-large quantities allow nitrogen and phosphorus compounds to escape use by crop plants and enter drainage systems. Inappropriate use of fertilizers in residential settings can also contribute to nutrient loads, which find their way to lakes and coastal marine ecosystems. As water warms and nutrients are plentiful, microscopic algae bloom, often changing the color of the water because of the high cell density.

Most algal blooms are not directly harmful to humans or wildlife; however, they can cause harm indirectly. As the algal population expands and then dies, it provides a large increase in organic matter to the bacteria that live in deep water. With this large supply of nutrients, the population of nonphotosynthetic microorganisms explodes, consuming available oxygen and creating "dead zones" where animal life has virtually disappeared.

Depletion of oxygen in the water is not the only damaging consequence of some algal blooms. The algae that produce red tides in the Gulf of Mexico, *Karenia brevis*, secrete potent toxins that can kill fish and other organisms and also accumulate in shellfish. Consumption of contaminated shellfish can cause severe neurological and gastrointestinal symptoms in humans. Shellfish beds must be regularly monitored for the presence of the toxins, and harvests are often shut down when it is present, incurring economic costs to the fishery. Cyanobacteria, which can form blooms in marine and freshwater ecosystems, produce toxins called

microcystins, which can cause allergic reactions and liver damage when ingested in drinking water or during swimming. Recurring cyanobacterial algal blooms in Lake Erie (Figure 9.30) have forced municipalities to issue drinking water bans for days at a time because of unacceptable toxin levels.

This is just a small sampling of the negative consequences of algal blooms, red tides, and dead zones. Yet the benefits of crop fertilizer—the main cause of such blooms—are difficult to dispute. There is no easy solution to this dilemma, as a ban on fertilizers is not politically or economically feasible. In lieu of this, we must advocate for responsible use and regulation in agricultural and residential contexts, as well as the restoration of wetlands, which can absorb excess fertilizers before they reach lakes and oceans.



Figure 9.30 Heavy rains cause runoff of fertilizers into Lake Erie, triggering extensive algal blooms, which can be observed along the shoreline. Notice the brown unplanted and green planted agricultural land on the shore. (credit: NASA)

Link to Learning



This video (https://openstax.org/l/22algaebloomvid) discusses algal blooms and dead zones in more depth.

9.5 Other Environmental Conditions that Affect Growth

Learning Objectives

- Identify and describe different categories of microbes with specific growth requirements other than oxygen, pH, and temperature, such as altered barometric pressure, osmotic pressure, humidity, and light
- · Give at least one example microorganism for each category of growth requirement

Microorganisms interact with their environment along more dimensions than pH, temperature, and free oxygen levels,

although these factors require significant adaptations. We also find microorganisms adapted to varying levels of salinity, barometric pressure, humidity, and light.

Osmotic and Barometric Pressure

Most natural environments tend to have lower solute concentrations than the cytoplasm of most microorganisms. Rigid cell walls protect the cells from bursting in a dilute environment. Not much protection is available against high osmotic pressure. In this case, water, following its concentration gradient, flows out of the cell. This results in plasmolysis (the shrinking of the protoplasm away from the intact cell wall) and cell death. This fact explains why brines and layering meat and fish in salt are time-honored methods of preserving food. Microorganisms called **halophiles** ("salt loving") actually require high salt concentrations for growth. These organisms are found in marine environments where salt concentrations hover at 3.5%. Extreme halophilic microorganisms, such as the red alga *Dunaliella salina* and the archaeal species *Halobacterium* in **Figure 9.31**, grow in hypersaline lakes such as the Great Salt Lake, which is 3.5–8 times saltier than the ocean, and the Dead Sea, which is 10 times saltier than the ocean.



Figure 9.31 Photograph taken from space of the Great Salt Lake in Utah. The purple color is caused by high density of the alga *Dunaliella* and the archaean *Halobacterium* spp. (credit: NASA)

Dunaliella spp. counters the tremendous osmotic pressure of the environment with a high cytoplasmic concentration of glycerol and by actively pumping out salt ions. *Halobacterium* spp. accumulates large concentrations of K^+ and other ions in its cytoplasm. Its proteins are designed for high salt concentrations and lose activity at salt concentrations below 1–2 M. Although most **halotolerant** organisms, for example *Halomonas* spp. in salt marshes, do not need high concentrations of salt for growth, they will survive and divide in the presence of high salt. Not surprisingly, the staphylococci, micrococci, and corynebacteria that colonize our skin tolerate salt in their environment. Halotolerant pathogens are an important cause of food-borne illnesses because they survive and multiply in salty food. For example, the halotolerant bacteria *S. aureus, Bacillus cereus*, and *V. cholerae* produce dangerous enterotoxins and are major causes of food poisoning.

Microorganisms depend on available water to grow. Available moisture is measured as water activity (a_w) , which is the ratio of the vapor pressure of the medium of interest to the vapor pressure of pure distilled water; therefore, the a_w of water is equal to 1.0. Bacteria require high a_w (0.97–0.99), whereas fungi can tolerate drier environments; for example, the range of a_w for growth of *Aspergillus* spp. is 0.8–0.75. Decreasing the water content of foods by drying, as in jerky, or through freeze-drying or by increasing osmotic pressure, as in brine and jams, are common methods of preventing spoilage.

Microorganisms that require high atmospheric pressure for growth are called **barophiles**. The bacteria that live at the bottom of the ocean must be able to withstand great pressures. Because it is difficult to retrieve intact specimens and reproduce such growth conditions in the laboratory, the characteristics of these microorganisms are largely unknown.

Light

Photoautotrophs, such as cyanobacteria or green sulfur bacteria, and photoheterotrophs, such as purple nonsulfur bacteria, depend on sufficient light intensity at the wavelengths absorbed by their pigments to grow and multiply. Energy from light is captured by pigments and converted into chemical energy that drives carbon fixation and other metabolic processes. The portion of the electromagnetic spectrum that is absorbed by these organisms is defined as photosynthetically active radiation (PAR). It lies within the visible light spectrum ranging from 400 to 700 nanometers (nm) and extends in the near infrared for some photosynthetic bacteria. A number of accessory pigments, such as fucoxanthin in brown algae and phycobilins in cyanobacteria, widen the useful range of wavelengths for photosynthesis and compensate for the low light levels available at greater depths of water. Other microorganisms, such as the archaea of the class Halobacteria, use light energy to drive their proton and sodium pumps. The light is absorbed by a pigment protein complex called bacteriorhodopsin, which is similar to the eye pigment rhodopsin. Photosynthetic bacteria are present not only in aquatic environments but also in soil and in symbiosis with fungi in lichens. The peculiar watermelon snow is caused by a microalga *Chlamydomonas nivalis*, a green alga rich in a secondary red carotenoid pigment (astaxanthin) which gives the pink hue to the snow where the alga grows.

Check Your Understanding

- · Which photosynthetic pigments were described in this section?
- · What is the fundamental stress of a hypersaline environment for a cell?

9.6 Media Used for Bacterial Growth

Learning Objectives

• Identify and describe culture media for the growth of bacteria, including examples of all-purpose media, enriched, selective, differential, defined, and enrichment media

The study of microorganisms is greatly facilitated if we are able to culture them, that is, to keep reproducing populations alive under laboratory conditions. Culturing many microorganisms is challenging because of highly specific nutritional and environmental requirements and the diversity of these requirements among different species.

Nutritional Requirements

The number of available media to grow bacteria is considerable. Some media are considered general all-purpose media and support growth of a large variety of organisms. A prime example of an all-purpose medium is tryptic soy broth (TSB). Specialized media are used in the identification of bacteria and are supplemented with dyes, pH indicators, or antibiotics. One type, **enriched media**, contains growth factors, vitamins, and other essential nutrients to promote the growth of **fastidious organisms**, organisms that cannot make certain nutrients and require them to be added to the medium. When the complete chemical composition of a medium is known, it is called a **chemically defined medium**. For example, in EZ medium, all individual chemical components are identified and the exact amounts of each is known. In **complex media**, which contain extracts and digests of yeasts, meat, or plants, the precise chemical composition of the medium is not known. Amounts of individual components are undetermined and variable. Nutrient broth, tryptic soy broth, and brain heart infusion, are all examples of complex media.

Media that inhibit the growth of unwanted microorganisms and support the growth of the organism of interest by

supplying nutrients and reducing competition are called **selective media**. An example of a selective medium is MacConkey agar. It contains bile salts and crystal violet, which interfere with the growth of many gram-positive bacteria and favor the growth of gram-negative bacteria, particularly the Enterobacteriaceae. These species are commonly named enterics, reside in the intestine, and are adapted to the presence of bile salts. The **enrichment cultures** foster the preferential growth of a desired microorganism that represents a fraction of the organisms present in an inoculum. For example, if we want to isolate bacteria that break down crude oil, hydrocarbonoclastic bacteria, sequential subculturing in a medium that supplies carbon only in the form of crude oil will enrich the cultures with oil-eating bacteria. The **differential media** make it easy to distinguish colonies of different bacteria by a change in the color of the colonies or the color of the medium. Color changes are the result of end products created by interaction of bacterial enzymes with differential substrates in the medium or, in the case of hemolytic reactions, the lysis of red blood cells in the medium. In **Figure 9.32**, the differential fermentation of lactose can be observed on MacConkey agar. The lactose fermenters produce acid, which turns the medium and the colonies of strong fermenters hot pink. The medium is supplemented with the pH indicator neutral red, which turns to hot pink at low pH. Selective and differential media can be combined and play an important role in the identification of bacteria by biochemical methods.



Figure 9.32 On this MacConkey agar plate, the lactose-fermenter *E. coli* colonies are bright pink. *Serratia marcescens*, which does not ferment lactose, forms a cream-colored streak on the tan medium. (credit: American Society for Microbiology)



- Distinguish complex and chemically defined media.
- Distinguish selective and enrichment media.

Link to Learning Openstax Compare the compositions of EZ medium (https://openstax.org/l/ 22EZMedium) and sheep blood (https://openstax.org/l/22bloodagar) agar.

Case in Point

The End-of-Year Picnic

The microbiology department is celebrating the end of the school year in May by holding its traditional picnic on the green. The speeches drag on for a couple of hours, but finally all the faculty and students can dig into the food: chicken salad, tomatoes, onions, salad, and custard pie. By evening, the whole department, except for two vegetarian students who did not eat the chicken salad, is stricken with nausea, vomiting, retching, and abdominal cramping. Several individuals complain of diarrhea. One patient shows signs of shock (low blood pressure). Blood and stool samples are collected from patients, and an analysis of all foods served at the meal is conducted.

Bacteria can cause gastroenteritis (inflammation of the stomach and intestinal tract) either by colonizing and replicating in the host, which is considered an infection, or by secreting toxins, which is considered intoxication. Signs and symptoms of infections are typically delayed, whereas intoxication manifests within hours, as happened after the picnic.

Blood samples from the patients showed no signs of bacterial infection, which further suggests that this was a case of intoxication. Since intoxication is due to secreted toxins, bacteria are not usually detected in blood or stool samples. MacConkey agar and sorbitol-MacConkey agar plates and xylose-lysine-deoxycholate (XLD) plates were inoculated with stool samples and did not reveal any unusually colored colonies, and no black colonies or white colonies were observed on XLD. All lactose fermenters on MacConkey agar also ferment sorbitol. These results ruled out common agents of food-borne illnesses: *E. coli, Salmonella* spp., and *Shigella* spp.

Analysis of the chicken salad revealed an abnormal number of gram-positive cocci arranged in clusters (Figure 9.33). A culture of the gram-positive cocci releases bubbles when mixed with hydrogen peroxide. The culture turned mannitol salt agar yellow after a 24-hour incubation.

All the tests point to *Staphylococcus aureus* as the organism that secreted the toxin. Samples from the salad showed the presence of gram-positive cocci bacteria in clusters. The colonies were positive for catalase. The bacteria grew on mannitol salt agar fermenting mannitol, as shown by the change to yellow of the medium. The pH indicator in mannitol salt agar is phenol red, which turns to yellow when the medium is acidified by the products of fermentation.

The toxin secreted by *S. aureus* is known to cause severe gastroenteritis. The organism was probably introduced into the salad during preparation by the food handler and multiplied while the salad was kept in the warm ambient temperature during the speeches.

- What are some other factors that might have contributed to rapid growth of *S. aureus* in the chicken salad?
- Why would S. aureus not be inhibited by the presence of salt in the chicken salad?

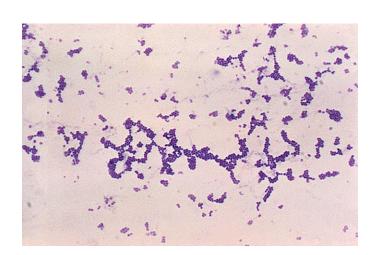


Figure 9.33 Gram-positive cocci in clusters. (credit: Centers for Disease Control and Prevention)

Summary

9.1 How Microbes Grow

- Most bacterial cells divide by **binary fission**. **Generation time** in bacterial growth is defined as the **doubling time** of the population.
- Cells in a closed system follow a pattern of growth with four phases: **lag**, **logarithmic (exponential)**, **stationary**, and **death**.
- Cells can be counted by **direct viable cell count**. The **pour plate** and **spread plate** methods are used to plate **serial dilutions** into or onto, respectively, agar to allow counting of viable cells that give rise to **colony-forming units**. **Membrane filtration** is used to count live cells in dilute solutions. The **most probable cell number (MPN)** method allows estimation of cell numbers in cultures without using solid media.
- Indirect methods can be used to estimate **culture density** by measuring **turbidity** of a culture or live cell density by measuring metabolic activity.
- Other patterns of cell division include multiple nucleoid formation in cells; asymmetric division, as in **budding**; and the formation of hyphae and terminal spores.
- **Biofilms** are communities of microorganisms enmeshed in a matrix of **extracellular polymeric substance**. The formation of a biofilm occurs when **planktonic** cells attach to a substrate and become **sessile**. Cells in biofilms coordinate their activity by communicating through **quorum sensing**.
- Biofilms are commonly found on surfaces in nature and in the human body, where they may be beneficial or cause severe infections. Pathogens associated with biofilms are often more resistant to antibiotics and disinfectants.

9.2 Oxygen Requirements for Microbial Growth

- Aerobic and anaerobic environments can be found in diverse niches throughout nature, including different sites within and on the human body.
- Microorganisms vary in their requirements for molecular oxygen. **Obligate aerobes** depend on aerobic respiration and use oxygen as a terminal electron acceptor. They cannot grow without oxygen.
- **Obligate anaerobes** cannot grow in the presence of oxygen. They depend on fermentation and anaerobic respiration using a final electron acceptor other than oxygen.
- Facultative anaerobes show better growth in the presence of oxygen but will also grow without it.

- Although **aerotolerant anaerobes** do not perform aerobic respiration, they can grow in the presence of oxygen. Most aerotolerant anaerobes test negative for the enzyme **catalase**.
- Microaerophiles need oxygen to grow, albeit at a lower concentration than 21% oxygen in air.
- **Optimum oxygen concentration** for an organism is the oxygen level that promotes the fastest growth rate. The **minimum permissive oxygen concentration** and the **maximum permissive oxygen concentration** are, respectively, the lowest and the highest oxygen levels that the organism will tolerate.
- **Peroxidase**, **superoxide dismutase**, and **catalase** are the main enzymes involved in the detoxification of the **reactive oxygen species**. Superoxide dismutase is usually present in a cell that can tolerate oxygen. All three enzymes are usually detectable in cells that perform aerobic respiration and produce more ROS.
- A **capnophile** is an organism that requires a higher than atmospheric concentration of CO₂ to grow.

9.3 The Effects of pH on Microbial Growth

- Bacteria are generally neutrophiles. They grow best at neutral pH close to 7.0.
- Acidophiles grow optimally at a pH near 3.0. Alkaliphiles are organisms that grow optimally between a pH of 8 and 10.5. Extreme acidophiles and alkaliphiles grow slowly or not at all near neutral pH.
- Microorganisms grow best at their **optimum growth pH**. Growth occurs slowly or not at all below the **minimum growth pH** and above the **maximum growth pH**.

9.4 Temperature and Microbial Growth

- Microorganisms thrive at a wide range of temperatures; they have colonized different natural environments and have adapted to extreme temperatures. Both extreme cold and hot temperatures require evolutionary adjustments to macromolecules and biological processes.
- **Psychrophiles** grow best in the temperature range of 0–15 °C whereas **psychrotrophs** thrive between 4°C and 25 °C.
- **Mesophiles** grow best at moderate temperatures in the range of 20 °C to about 45 °C. Pathogens are usually mesophiles.
- Thermophiles and hyperthemophiles are adapted to life at temperatures above 50 °C.
- Adaptations to cold and hot temperatures require changes in the composition of membrane lipids and proteins.

9.5 Other Environmental Conditions that Affect Growth

- **Halophiles** require high salt concentration in the medium, whereas **halotolerant** organisms can grow and multiply in the presence of high salt but do not require it for growth.
- Halotolerant pathogens are an important source of foodborne illnesses because they contaminate foods preserved in salt.
- Photosynthetic bacteria depend on visible light for energy.
- Most bacteria, with few exceptions, require high moisture to grow.

9.6 Media Used for Bacterial Growth

- Chemically defined media contain only chemically known components.
- Selective media favor the growth of some microorganisms while inhibiting others.
- Enriched media contain added essential nutrients a specific organism needs to grow
- Differential media help distinguish bacteria by the color of the colonies or the change in the medium.

Review Questions

Multiple Choice

1. Which of the following methods would be used to measure the concentration of bacterial contamination in processed peanut butter?

- a. turbidity measurement
- b. total plate count
- c. dry weight measurement
- d. direct counting of bacteria on a calibrated slide under the microscope

2. In which phase would you expect to observe the most endospores in a *Bacillus* cell culture?

- a. death phase
- b. lag phase
- c. log phase
- d. log, lag, and death phases would all have roughly the same number of endospores.

3. During which phase would penicillin, an antibiotic that inhibits cell-wall synthesis, be most effective?

- a. death phase
- b. lag phase
- c. log phase
- d. stationary phase

4. Which of the following is the best definition of generation time in a bacterium?

- a. the length of time it takes to reach the log phase
- b. the length of time it takes for a population of cells to double
- c. the time it takes to reach stationary phase
- d. the length of time of the exponential phase
- 5. What is the function of the Z ring in binary fission?
 - a. It controls the replication of DNA.
 - b. It forms a contractile ring at the septum.
 - c. It separates the newly synthesized DNA molecules.
 - d. It mediates the addition of new peptidoglycan subunits.

6. If a culture starts with 50 cells, how many cells will be present after five generations with no cell death?

- a. 200
- b. 400
- c. 1600
- d. 3200

- **7.** Filamentous cyanobacteria often divide by which of the following?
 - a. budding
 - b. mitosis
 - c. fragmentation
 - d. formation of endospores

8. Which is a reason for antimicrobial resistance being higher in a biofilm than in free-floating bacterial cells?

- a. The EPS allows faster diffusion of chemicals in the biofilm.
- b. Cells are more metabolically active at the base of a biofilm.
- c. Cells are metabolically inactive at the base of a biofilm.
- d. The structure of a biofilm favors the survival of antibiotic resistant cells.

9. Quorum sensing is used by bacterial cells to determine which of the following?

- a. the size of the population
- b. the availability of nutrients
- c. the speed of water flow
- d. the density of the population

10. Which of the following statements about autoinducers is incorrect?

- a. They bind directly to DNA to activate transcription.
- b. They can activate the cell that secreted them.
- c. N-acylated homoserine lactones are autoinducers in gram-negative cells.
- d. Autoinducers may stimulate the production of virulence factors.

11. An inoculated thioglycolate medium culture tube shows dense growth at the surface and turbidity throughout the rest of the tube. What is your conclusion?

- a. The organisms die in the presence of oxygen
- b. The organisms are facultative anaerobes.
- c. The organisms should be grown in an anaerobic chamber.
- d. The organisms are obligate aerobes.

12. An inoculated thioglycolate medium culture tube is clear throughout the tube except for dense growth at the bottom of the tube. What is your conclusion?

- a. The organisms are obligate anaerobes.
- b. The organisms are facultative anaerobes.
- c. The organisms are aerotolerant.
- d. The organisms are obligate aerobes.

13. *Pseudomonas aeruginosa* is a common pathogen that infects the airways of patients with cystic fibrosis. It does not grow in the absence of oxygen. The bacterium is probably which of the following?

- a. an aerotolerant anaerobe
- b. an obligate aerobe
- c. an obligate anaerobe
- d. a facultative anaerobe

14. *Streptococcus mutans* is a major cause of cavities. It resides in the gum pockets, does not have catalase activity, and can be grown outside of an anaerobic chamber. The bacterium is probably which of the following?

- a. a facultative anaerobe
- b. an obligate aerobe
- c. an obligate anaerobe
- d. an aerotolerant anaerobe

15. Why do the instructions for the growth of *Neisseria gonorrhoeae* recommend a CO₂-enriched atmosphere?

- a. It uses CO₂ as a final electron acceptor in respiration.
- b. It is an obligate anaerobe.
- c. It is a capnophile.
- d. It fixes CO₂ through photosynthesis.

16. Bacteria that grow in mine drainage at pH 1–2 are probably which of the following?

- a. alkaliphiles
- b. acidophiles
- c. neutrophiles
- d. obligate anaerobes

17. Bacteria isolated from Lake Natron, where the water pH is close to 10, are which of the following?

- a. alkaliphiles
- b. facultative anaerobes
- c. neutrophiles
- d. obligate anaerobes

18. In which environment are you most likely to encounter an acidophile?

- a. human blood at pH 7.2
- b. a hot vent at pH 1.5
- c. human intestine at pH 8.5
- d. milk at pH 6.5

19. A soup container was forgotten in the refrigerator and shows contamination. The contaminants are probably which of the following?

- a. thermophiles
- b. acidophiles
- c. mesophiles
- d. psychrotrophs

20. Bacteria isolated from a hot tub at 39 °C are probably which of the following?

- a. thermophiles
- b. psychrotrophs
- c. mesophiles
- d. hyperthermophiles

21. In which environment are you most likely to encounter a hyperthermophile?

- a. hot tub
- b. warm ocean water in Florida
- c. hydrothermal vent at the bottom of the ocean
- d. human body

22. Which of the following environments would harbor psychrophiles?

- a. mountain lake with a water temperature of 12 °C
- b. contaminated plates left in a 35 °C incubator
- c. yogurt cultured at room temperature
- d. salt pond in the desert with a daytime temperature of 34 °C

23. Which of the following is the reason jams and dried meats often do not require refrigeration to prevent spoilage?

- a. low pH
- b. toxic alkaline chemicals
- c. naturally occurring antibiotics
- d. low water activity

24. Bacteria living in salt marshes are most likely which of the following?

- a. acidophiles
- b. barophiles
- c. halotolerant
- d. thermophiles

25. EMB agar is a medium used in the identification and isolation of pathogenic bacteria. It contains digested meat proteins as a source of organic nutrients. Two indicator dyes, eosin and methylene blue, inhibit the growth of gram-positive bacteria and distinguish between lactose fermenting and nonlactose fermenting organisms. Lactose fermenters form metallic green or deep purple colonies, whereas the nonlactose fermenters form completely colorless colonies. EMB agar is an example of which of the following?

- a. a selective medium only
- b. a differential medium only
- c. a selective medium and a chemically defined medium
- d. a selective medium, a differential medium, and a complex medium

26. *Haemophilus influenzae* must be grown on chocolate agar, which is blood agar treated with heat to release growth factors in the medium. *H. influenzae* is described as _____.

- a. an acidophile
- b. a thermophile
- c. an obligate anaerobe
- d. fastidious

Matching

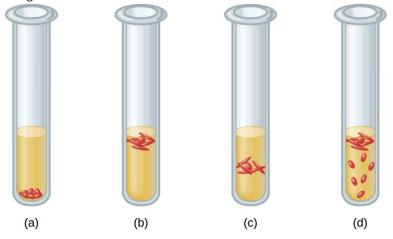
27. Match the definition with the name of the growth phase in the growth curve.

- ____Number of dying cells is higher than the number of cells dividing A. Lag phase
- ____Number of new cells equal to number of dying cells

New enzymes to use available nutrients are induced

- B. Log phase C. Stationary phase
- _____
 - Binary fission is occurring at maximum rate
- D. Death phase

28. Four tubes are illustrated with cultures grown in a medium that slows oxygen diffusion. Match the culture tube with the correct type of bacteria from the following list: facultative anaerobe, obligate anaerobe, microaerophile, aerotolerant anaerobe, obligate aerobe.



29. Match the type of bacterium with its environment. Each choice may be used once, more than once, or not at all. Put the appropriate letter beside the environment.

- ____psychotroph A. food spoiling in refrigerator
- ____mesophile B. hydrothermal vent
- ____thermophile C. deep ocean waters
- ____hyperthermophile D. human pathogen
- ____psychrophile E. garden compost

Fill in the Blank

30. Direct count of total cells can be performed using a _____ or a _____.

31. The ______ method allows direct count of total cells growing on solid medium.

32. A statistical estimate of the number of live cells in a liquid is usually done by _____

33. For this indirect method of estimating the growth of a culture, you measure ______ using a spectrophotometer.

34. Active growth of a culture may be estimated indirectly by measuring the following products of cell metabolism: ______ or _____.

35. A bacterium that thrives in a soda lake where the average pH is 10.5 can be classified as a(n) ______.

36. Lactobacillus acidophilus grows best at pH 4.5. It is considered a(n)

37. A bacterium that thrives in the Great Salt Lake but not in fresh water is probably a ______

38. Bacteria isolated from the bottom of the ocean need high atmospheric pressures to survive. They are _____

39. *Staphylococcus aureus* can be grown on multipurpose growth medium or on mannitol salt agar that contains 7.5% NaCl. The bacterium is _____.

40. Blood agar contains many unspecified nutrients, supports the growth of a large number of bacteria, and allows differentiation of bacteria according to hemolysis (breakdown of blood). The medium is ______ and _____.

41. Rogosa agar contains yeast extract. The pH is adjusted to 5.2 and discourages the growth of many microorganisms; however, all the colonies look similar. The medium is ______ and _____.

Short Answer

42. Why is it important to measure the transmission of light through a control tube with only broth in it when making turbidity measures of bacterial cultures?

43. In terms of counting cells, what does a plating method accomplish that an electronic cell counting method does not?

44. Order the following stages of the development of a biofilm from the earliest to the last step.

- a. secretion of EPS
- b. reversible attachment
- c. dispersal
- d. formation of water channels
- e. irreversible attachment

45. Infections among hospitalized patients are often related to the presence of a medical device in the patient. Which conditions favor the formation of biofilms on in-dwelling catheters and prostheses?

46. Why are some obligate anaerobes able to grow in tissues (e.g., gum pockets) that are not completely free of oxygen?

47. Why should *Haemophilus influenzae* be grown in a candle jar?

48. In terms of oxygen requirements, what type of organism would most likely be responsible for a foodborne illness associated with canned foods?

49. Which macromolecule in the cell is most sensitive to changes in pH?

- **50.** Which metabolic process in the bacterial cell is particularly challenging at high pH?
- 51. How are hyperthermophile's proteins adapted to the high temperatures of their environment?
- 52. Why would NASA be funding microbiology research in Antarctica?

53. Fish sauce is a salty condiment produced using fermentation. What type of organism is likely responsible for the fermentation of the fish sauce?

54. What is the major difference between an enrichment culture and a selective culture?

Critical Thinking

55. A patient in the hospital has an intravenous catheter inserted to allow for the delivery of medications, fluids, and electrolytes. Four days after the catheter is inserted, the patient develops a fever and an infection in the skin around the catheter. Blood cultures reveal that the patient has a blood-borne infection. Tests in the clinical laboratory identify the blood-borne pathogen as *Staphylococcus epidermidis*, and antibiotic susceptibility tests are performed to provide doctors with essential information for selecting the best drug for treatment of the infection. Antibacterial chemotherapy is initiated and delivered through the intravenous catheter that was originally inserted into the patient. Within 7 days, the skin infection is gone, blood cultures are negative for *S. epidermidis*, and the antibacterial chemotherapy is discontinued. However, 2 days after discontinuing the antibacterial chemotherapy, the patient develops another fever and skin infection and the blood cultures are positive for the same strain of *S. epidermidis* that had been isolated the previous week. This time, doctors remove the intravenous catheter and administer oral antibiotics, which successfully treat both the skin and blood-borne infection caused by *S. epidermidis*. Furthermore, the infection does not return after discontinuing the oral antibacterial chemotherapy. What are some possible reasons why intravenous chemotherapy failed to completely cure the patient despite laboratory tests showing the bacterial strain was susceptible to the prescribed antibiotic? Why might the second round of antibiotic therapy have been more successful? Justify your answers.

56. Why are autoinducers small molecules?

57. Refer to **Figure B1** in **Appendix B**. If the results from a pond water sample were recorded as 3, 2, 1, what would be the MPN of bacteria in 100 mL of pond water?

58. Refer to **Figure 9.15**. Why does turbidity lose reliability at high cell concentrations when the culture reaches the stationary phase?

59. A microbiology instructor prepares cultures for a gram-staining practical laboratory by inoculating growth medium with a gram-positive coccus (nonmotile) and a gram-negative rod (motile). The goal is to demonstrate staining of a mixed culture. The flask is incubated at 35 °C for 24 hours without aeration. A sample is stained and reveals only gram-negative rods. Both cultures are known facultative anaerobes. Give a likely reason for success of the gram-negative rod. Assume that the cultures have comparable intrinsic growth rates.

60. People who use proton pumps inhibitors or antacids are more prone to infections of the gastrointestinal tract. Can you explain the observation in light of what you have learned?

61. The bacterium that causes Hansen's disease (leprosy), *Mycobacterium leprae*, infects mostly the extremities of the body: hands, feet, and nose. Can you make an educated guess as to its optimum temperature of growth?

62. Refer to **Figure 9.29**. Some hyperthermophiles can survive autoclaving temperatures. Are they a concern in health care?

63. *Haemophilus, influenzae* grows best at 35–37 °C with ~5% CO₂ (or in a candle-jar) and requires hemin (X factor) and nicotinamide-adenine-dinucleotide (NAD, also known as V factor) for growth.^[2] Using the vocabulary learned in this chapter, describe *H. influenzae*.

^{2.} Centers for Disease Control and Prevention, World Health Organization. "*CDC Laboratory Methods for the Diagnosis of Meningitis Caused by* Neisseria meningitidis, Streptococcus pneumoniae, *and* Haemophilus influenza. WHO Manual, 2nd edition." 2011. http://www.cdc.gov/meningitis/lab-manual/full-manual.pdf